



## **Young Israel of Bal Harbour**

### **The Dose**

Thursday December 10, 2015, Kislev 28 , 5776

**Sponsored by: Susan and Aaron Weinberg**

in honor of our Rav, Rabbi Moshe Gruenstein for his teaching and spiritual leadership.

The Sanzer Rebbi would often extol the power of Meseiras Nefesh (self-sacrifice) with the following observation. There were two great mountains in Jewish history Har Sinai and Har Hamoriah. On Mount Sinai G-d gave the Torah with the Jewish people present. On Har Hamoriah, Avraham tied up his son Yitzchok to prepare him as a Korban (sacrifice). Yet the Almighty chose to build His holy temple on Har Hamoriah. G-d chose the sacrifice of one individual over the Kabalos Hatorah of the entire Jewish nation. Such is the power of Mesiras Nefesh.

*(Quote- from our Chanukas Habayis)*

Wishing you an inspiring day and a Chanukah Sameach!

Rabbi Moshe Gruenstein