Regarding this the poet would say: come to heshbon let it be built and established as the city of Sihon. Bamidbar 21:27

The word the Torah uses for "poet" Moshel also means "ruler". The word Heshbon is the Hebrew word for "accounting". The Talmud therefore offers this interpretation of the above verse: Those who rule over themselves can make an accounting, calculating the gains and losses in life. The gain of mitzvah as opposed to its cost, and the cost of a sin as opposed to its gain. Much of western civilization lives under the influence of seizing the pleasure of the moment. The American economy is built upon credit, with people being urged to buy now, pay later. If people would calculate the ultimate cost of credit purchases, which may be outrageous, they might delay buying things until they can afford to pay for them. But persistent and impressive...
advertising seduces people to get what they want and to get it now. Blinded by their desires, people do not calculate. How many people who know the long term danger of smoking but ignore it, because the desire for the immediate pleasure of smoking overwhelms their rational thought? The Talmud's statement is correct and only "those who rule over themselves, who are not enslaved by their physical desires, can be objective and make an accurate accounting of the positives and negatives in life choices. Animals do not choose. They follow their instincts and do whatever is most pleasing. They are not rulers over their lives, but merely slaves to their physical drives which they cannot resist. Human beings should take pride in being rulers. Allowing one's self to be governed by a physical drive is essentially an abdication of one's humanity. The purpose of life is to be king over our emotions and desires. Only then can we make an honest calculation, gaining the most out of life.

*Sefer- Twerski on Chumash*
*Rabbi Dr. Abraham Twerski*

Wishing you an inspiring Shabbos!

Rabbi Moshe Gruenstein

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The last statements for this fiscal year were mailed. Please pay your balance before July 31, 2016. Membership renewal starts as of August 1, 2016. It is very important to clear the account by then. Should you have any question regarding your statement, please contact the Young Israel office. The membership renewal/High Holidays reservation letter was sent out – by both email and US mail. Please respond at your earliest convenience. Should you have any questions please contact the Shul’s office.

Thank you for supporting your shul!
If you are interested in sponsoring Kiddush or Seuda Shlishis, please contact Stuart Harris or Yakira at (305) 866-0203.

Classes and Upcoming Events

- Table Talk is on hiatus.
- Ladies Tehillim group will meet Monday 10:30AM at the Young Israel.

Congregational Family and Shul News

- Kiddush is sponsored by Susan and Aaron Weinberg, commemorating the yahrtzeit of Aaron's father, Jack Weinberg, Yaakov Ben Aharon Asher z"l.
- We wish our president Menno Ratzker a refua shelema! May Hashem grant him a speedy recovery.
- Mazal-Tov to Ellen and Stanley Wasserman on the birth of their great grandson, Avraham Chaim, Mazal-Tov to the parents Bailey and Andrew Stein.
- Mazal-Tov to Ellen and Stanley Wasserman on the birth of great granddaughter, Shaina Malka born to their grandchildren, Zahava and Aaron Sieratzki. Mazal Tov to the grandparents, Mark and Anne Wasserman.

Youth Program

- All youth may turn in this Shabbos their tickets they received for their wonderful participation for great prizes.
- Any parents who would like their young sons to lead parts of davening in shul please speak to Rabbi Fried.
New Mailing Address: 9580 Abbott Avenue, Surfside, FL  33154
P.O. Box 545985, Surfside, FL  33154-5985

Shabbos/Holiday Schedule: To view the schedule, please go to our website, www.yicbh.org and click on Holidays/Shabbos Info.

Email Addresses: To contact Rabbi, Office, Youth Director or Gabbaim, please email Rabbi@yicbh.org; yakira@yicbh.org; Rabbifried@yicbh.org; gabbai@yicbh.org

Please coordinate with the office prior to setting up a meeting at our shul. The office will coordinate and make sure the building is open at the appropriate time and that there is no conflict in scheduling.

Thank You

The Young Israel Congregation of Bal Harbour has an extensive Torah Library both in Hebrew and English. Our English Torah lending Library is located in the conference room and will be open Monday-Thursday 9:00AM-5:00PM. The Torah library has been made possible through the generous sponsorship of Andrew and Basya Lowinger in memory of Maurice Lowinger z”l, משה בן ב-ציון הלוי ז”ל.

We can now accept on-line donations via our shul website directly through PayPal. Please use this link http://www.yicbh.org/payment.php, or first go the website, www.yicbh.org, and click on Membership & Donation and press Donate. Please note it is very important you indicate in the “Payment Notes” the specific donation that is being paid for (membership, kiddush, aliyah, etc.).

Please submit all insertions for the Shmooze News to yakira@yicbh.org by noon on Thursday.