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Kiddush:

No Kiddush this week.

The next Celebration Kiddush will be 9/3.
Sponsor at www.thebayit.org/celebration.

To sponsor a future Kiddush, please contact
Seth Aronson - kiddush@hir.org.

**This Shabbat: Shabbat Nachamu
Parshat Vaetchanan**

- Mincha/Kabbalat Shabbat: 7:00pm
- Candle Lighting: 7:29pm
- Shalom Bayit: 7:00am
- Shacharit Main Tefillah: 8:30am
- Sof Zman Kriat Shema: 9:35am
- Listening Room: 6:00pm
- Parsha Shiur: Not Taking Place
- Mincha (Main/Sephardic): 7:15pm
- Maariv/Shabbat Ends: 8:31pm

Weekday Times

- **Shacharit:** Sun: 8:30am
Mon/Thur: 6:40, 8:00am
Tues/Wed/Fri: 6:45, 8:00am
- **Mincha/Maariv:**
Sun - Thur: 7:25pm

**Next Shabbat: Mevarchim
Parshat Eikev**

- Mincha/Kabbalat Shabbat: 7:00pm
- Candle Lighting: 7:18pm
- Shacharit Main Tefillah: 8:30am
- Mincha (Main/Sephardic): 7:00pm
- Maariv/Shabbat Ends: 8:20pm

Mazal Tov To: Dr. Shira Berkovits on receiving a grant from the Natan Foundation for Sacred Spaces, a new organization founded to help combat child sexual abuse in the Jewish community by developing policies to prevent it, and to properly handle it when it occurs. In addition to her leadership on this issue for the Jewish people, Dr. Berkovits helped us establish the Bayit's Child Protection Committee and has provided invaluable guidance and consulting in our work. Over the past year our Child Protection Committee has been working tirelessly to develop a robust policy to keep our Bayit's children safe.

- Rachel & Yonah Berman on the birth of a boy. Mazal tov to big brother Lev.

Condolences To: Selma Berson and Beth & Peter Kolevzon on the loss of their brother/uncle, Abraham Sopher. Shiva will be observed until Sunday morning, 8/21, at 3530 Henry Hudson Parkway, apt 9G.

Rabbi Scott Glass on the loss of his father, Bernard Glass. Condolences to granddaughter Ann Lapin and the entire family. Shiva details to be announced.

Welcome New Members: Debbie & Jeffrey Gelfand.

JEWISH SPIRITUALITY RETREAT AT THE BAYIT

Sunday | August 28th | 8:30am - 1:30pm

Join us as we pray, chant, study, and meditate, guided by ancient and modern Jewish wisdom and practices. Advance registration is required.

\$25 includes lunch and workshops. Register at www.thebayit.org/retreat!



BAYIT CHESED DAY - SUNDAY, SEPTEMBER 11TH

Do a Mitzvah: donate blood; donate clothing; take a bone marrow swab, or volunteer at one of the three drives.

9:00am-3:00pm: Give Blood, the Gift of Life:

HIR's 9/11 Fifteenth Anniversary Commemorative Blood Drive:

Our area blood supply is in life-threatening crisis. A Blood Emergency for certain blood types has been declared. Please honor 9/11 on this 15th anniversary as a national day of service, charity & compassion by donating blood. The New York Blood Center is a proud partner of the Magen David Adom so your donation is a double mitzvah.

To donate you must be healthy, aged 17-75 (16 with NYBC parental consent form) & have photo or signature ID.



If you have a blood donor card please bring it with you - it will speed up your registration.

Walk-ins welcome! Appointments take precedence.

Questions/reserve a time?

Call Blood Drive Coordinator, Seryl Ritter at (718)549-8152 or email sermc@aol.com.

Volunteers Needed!! Please call or email Seryl to volunteer.

9:00am-2:00pm: Gift of Life Bone Marrow Registry: Swab a Cheek, Save a Life!

Have your cheek swabbed and be registered in the Gift of Life Bone Marrow registry.

To volunteer or to learn more contact

Bone Marrow Drive Coordinator: James Lapin at tent@hir.org.



9:30am-12:30pm: HIR's Semi-Annual Clothing Drive:

Please sort and separately bag men's, women's and children's clothing in sturdy garbage bags.

We are also collecting gently used sheets, blankets, quilts, and towels.

Please bag those separately.

Deposit donations at the truck that will be stationed outside the HIR.

Volunteers are needed. To volunteer or learn more, contact Clothing Drive Coordinators: Steven Prefsfelder or Barbara Gochberg at sprefsfelder@vanwagner.com or 718-601-3586.



NEW CHESED OPPORTUNITY THIS YEAR: We will be making cards and decorating cupcakes for the local firefighters and police officers on September 11th from 10:00am - 12:00pm.

SELICHOT CONCERT: SATURDAY NIGHT, SEPTEMBER 24TH

Everyone is welcome to join us **Saturday night, September 24th** for our annual Selichot Concert, led by our beloved Shaliach Tzibur, Dr. Elli Kranzler. The concert will be followed by Selichot.

Doors open: 9:30pm Concert Begins: 9:45pm

Concert is free. Suggested donation \$15. Seating is on a first come, first served basis. A select number of seats will be reserved for sponsors. www.thebayit.org/selichot.



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This Week's Classes @ the Bayit

Joe Hoch z"l Memorial Daf Yomi Shiur with Rabbi Dov Linzer meets
7:30am - 8:30am Sun. - Fri and Shabbat after Mincha in Room 3-7.
Open and accessible to all. You are invited to join at any time!

Shabbat

8:05am - Midrash Hashavua with *Dan Margulies*

6:00pm - Listening Room with *Myra Estelle*.

Parsha Shiur not taking place this week.

After Mincha - Mila Ba'Parasha at Beth Aharon: Basic (and love of) Hebrew is sufficient. This week: "וַאֲתָנָחַן" - Vaet'hanan"

All Rabbinic classes will resume in the fall.

Hebrew Classes with Sara Kinberg*

Monday: 7:30pm - Advanced Hebrew Ulpan (at the Atria)

Wednesday: 7:30pm - Intermediate Hebrew Ulpan (Lobby)

Thursday: 7:30pm - Biblical Hebrew and Siddur Study (Lobby)

READ HEBREW AMERICA: Once again in conjunction with NJOP we are offering a free Crash Course in Hebrew reading. This course will take place on Wednesdays in the Main Lobby, 7:00pm - 7:45pm. Upcoming dates are: **8/24 (note date change)**, 9/7, 9/14, 9/21, 9/28. Questions? Please contact the teacher Sara Kinberg at 718-548-2461.



*Sara Kinberg is an experienced Hebrew teacher. For info and guidance on placement, please call Sara at 718-548-2461
Payment made directly to the teacher.

Happenings @ the Bayit

Dedicated in Memory of Henry and Goldie Guttman z"l Abraham & Sarah's Tent, Sponsored by Joe Guttman (co-sponsors welcome): Join us this Shabbat for our open communal dinner. To see which Shabbatot are available for sponsorship and to choose your week, go to www.thebayit.org/tent, or email James Lapin at tent@hir.org.

Learning Service with Rav Ari will resume in the fall.

**Do you know someone who needs any of the following?
Would you like to volunteer for any of these committees?**

Meals For Ill Members:

Jackie Binstock - 718-543-9135, jacalyn.binstock@gmail.com

Shiva: Beth Braunstein, braunsteinbeth@gmail.com

Bikur Cholim:

Ruth Licht: 718-796-3491, ruth.licht@outlook.com

We have many ways to become meaningfully involved.

Please pick up a flyer, consider becoming a Bikur Cholim Volunteer.

Meals for New Parents:

Becca Linden: 434-962-7899, beccalinden@gmail.com

Hospitality and Welcome: hirwelcome@gmail.com

Bayit Band: Rav Ari Hart, ravari@thebayit.org

Green Committee: Alisa Eilenberg and Ann Rauch, green@hir.org



HIR GIFT CARDS - Support our Bayit by purchasing Gift Cards - Buy it for the Bayit! For more information on volunteering or to place an order, email giftcard@hir.org or call Shira Gordon at 718-549-5280. **NOTE: Purchases do not cost you anything extra.**
New: Moss Cafe is now participating in the HIR Scrip program and is offering the Bayit a 10% rebate on the gift cards.

CHESED OPPORTUNITIES

RIVERDALE FREE LOAN GEMACH: The Gemach of Riverdale is a non-profit organization providing interest-free loans to those with cash flow challenges, with dignity and respect. For further info contact Rabbi Moshe Drellich (917-408-3035, GemachofRiverdale@gmail.com).

CHAI LIFELINE SUMMER TOY DRIVE: Thank you to all those who have donated brand new toys for children in need!
We have collected 4 boxes filled with toys!



VOLUNTEER FOR MJHS HOSPICE AND PALLIATIVE CARE IN THE BRONX: MJHS Hospice provides a specialized program of care and services for end-of-life patients. Volunteers provide companionship and participate in leisure activities (reading, listening to music, playing games, etc.) Volunteers agree to 3-4 hours/week for one year and can choose services for patients in homes or MJHS facilities throughout the Bronx including the Zicklin Residence (at the Atria building). For more information, please call Tiara Moultrie, Coordinator of Volunteer Services, at 347-988-4043 or email tmoultrie@mjhs.org.

SOCIAL WORKER @ THE BAYIT:

Questions about an aging loved one, financial pressures, concerns about children? Contact HIR social worker Anna Kirshblum for guidance, information, referrals and a sympathetic ear. There is no fee and all conversations are strictly confidential.



Anna can be reached on Mon. 8:00am - 7:30pm,

Tues. 8:00am - 7:30pm and Thurs. 8:00am - 4:00pm

at 718-601-9714 or e-mail her at akirshblum@jbfcs.org.

(In partnership with UJA & JBFCS).

Jewish Caregivers Support Group: Share experiences, benefit from mutual support and gain practical advice. Group meetings are held once a month on Tuesday at the Beatman Center.

Jewish Bereavement Group - Spousal Loss

(for older adults): The Shira Ruskey Center of Riverdale invites you to share the journey of loss while gaining strength from each other. The group will meet for six sessions at the Beatman Center from 10:00 - 11:30am. **Session Dates: 8/25, 9/1, 9/8, 9/15.**

Riverdale Mikveh Hours: Enter through rear

Sunday - Thursday: 8:30pm - 10:00pm.

Friday night: 40 minutes after candle lighting. No appointment is necessary but please be on time. Mikvah attendant will be there for 15 min.

Saturday night: 9:45pm - 11:00pm

Keilim Mikvah: Open during daylight hours

For up-to-date information, call the Mikvah at 718-549-8336.

BAYIT SEFARIM FUND:

Donations to the Sefarim fund will be used to purchase the books we need as determined by the rabbinic team and gabbaim. Donors will be recognized with a thank you in the **2nd bulletin of every month** and a dedication label in the book when it is purchased. To donate visit our website at www.thebayit.org/sefarim.



THE BAYIT

The Hebrew Institute of Riverdale – The Bayit – is an open Orthodox synagogue serving the entire Jewish community by warmly embracing all Jews, regardless of affiliation, commitment, orientation or background. It is affectionately known as the "Bayit," which is a home – a place of love and welcome. We are known nationally for bringing spirituality into the synagogue; activism on behalf of the oppressed; youth and teen engagement; learning programs; and work on behalf of the elderly, the homebound, and those with developmental and physical challenges.

If these words resonate with you, if our Bayit has touched your life, then please join our growing membership.

BEYOND THE BAYIT - August 19 - 26, 2016

JASA VAN CORTLANDT SENIOR CENTER: Nutrition and Music Presentation by Sylvia Elbaz, MS, CNS on **8/24/2016**. Enjoy a delectable lunch at 12:15pm followed by a nutrition talk and original music by Sylvia Elbaz, MS, CNS, host of Health's Kitchen, a cable TV cooking show at 1:00pm. Ms. Elbaz, who has a Masters degree in nutrition, has taught at Nassau Community College and Kingsborough Community College. An accomplished guitarist, she has composed many original songs, some of which she will share with us along with international selections. Ms. Elbaz taught science courses for ten years in New York City Public Schools. In addition to her private practice as a nutritional consultant, she lectures frequently at health clubs and for community organizations. Menu (catered by Mauzone): Beef Moussaka or Breaded Pollack Fillet, garden salad, roasted eggplant, orange. Refreshments will be served. Recommended senior contribution is \$2.00 for the meal and \$1.00 for the event. Non senior fee is \$5.00 for the meal and \$2.00 for the event. Kindly call the senior center office: 718-549-4700 for meal reservations by Mon. Aug. 22nd. Contact: S. Wolfe, Director/JASA Van Cortlandt Senior Center 718-549-4700.

JASA VAN CORTLANDT SENIOR CENTER: Career consultant Janice Hermanlyn will conduct a workshop on Communication skills on Thursday, **9/8/2016** at 1:00pm. Lunch of stuffed cabbage (beef) or tuna salad will be served at 12:15pm. Recommended senior meal contribution: \$2.00. For more information, please call the senior center office at 718-549-4700.

SAR BACK-TO-SCHOOL MINI MALL: Find Everything you Need for Back-to-School and Yom Tov Shopping ... all under one roof at the SAR BACK-TO-SCHOOL MINI MALL. **9/11/2016** from 11am - 8pm at SAR Academy, 655 West 254th Street.

TEXTILE RECYCLING AT THE RIVERDALE Y FARMER'S MARKET: This year, the Riverdale Y is offering a booth at the Farmer's Market where you can drop off shoes, clothing and linens in any condition to increase awareness of textile recycling. The Sunday Market is open from 9:00am - 2:00pm at RKA- Riverdale Kingsbridge Academy (MS/HS 141) (Independence Ave. & W 237th St.).

HEBREW CLUB: Tuesdays at 11:00am, Hebrew short stories and songs in Hebrew. Hebrew for Beginners-Wednesdays at 11:00am, learn to read, write, and speak Hebrew. Agnon short stories -Thursdays at 11:00am, in English. All classes free at Riverdale Y Senior Center. Teacher: Avigdor Gargy, 917-498-8013.

SHIR FUN: The popular Hebrew music program for kids ages 0-5 and their caregivers, has started its summer session at HIR! This one of a kind program is led by Israeli singer/recording artist and music therapist, Dafna. Shir Fun uses traditional and original Hebrew music along with instruments and learning aides in an interactive and uniquely personal way to develop your child's language and motor skills, and foster a love of Israel, the Hebrew language, tradition and community. The Shir Fun experience is a true celebration of music, joy and Am Yisrael. Your kids will not want to miss this! No background in Hebrew necessary. To register, email: contact@shirfun.com and for more info about the program, go to: www.shirfun.com.

END OF SUMMER PROGRAMS AT RIVERDALE Y: What are your kids doing in the weeks between the end of camp and the start of school? The Riverdale Y is offering a basketball clinic with former NBA star Felipe Lopez, a Super Soccer Stars football clinic, a dance intensive, an art intensive, photography camp, and a tween fitness camp. Spots are limited. Register at www.riverdaley.org/endofsummer.

RIVERDALE Y—EXPANDING OUR EARLY CHILDHOOD CENTER: Due to popular demand, we are expanding our Early Childhood Center! We have a new full-day class for three-year-olds beginning this fall, and it is half full already. Only 2 spots remain for two-year-olds and 4 spots for Pre-K for All (UPK). For more information or to register please contact Milissa Finkel at 347-913-4445 or at mfinkel@riverdaley.org.

CAMP ZEKE: Bring the whole family to Camp Zeke for an active, healthy Labor Day weekend retreat! Just like Camp Zeke's summer programs, Family Camp is an opportunity to celebrate healthy, active living! This food-filled, action-packed weekend is for campers of all ages from little ones to grandparents. Enjoy a camp Shabbat, relax by the pool, canoe around the lake, work out in the gym, hike on pristine trails, or play some basketball with new friends. Stay in just-renovated, private air conditioned and heated rooms. September 2nd - 5th in beautiful Lakewood, PA. Register now at campzeke.org/family-camp-application or email questions@campzeke.org.

TEAM LIFELINE: We are getting ready for the Miami half marathon with Team lifeline, on **1/29/2017** to raise funds for the children of Chai Lifeline. These funds help put smiles on the faces of 5,000 children and families helped by Chai Lifeline. As Team Sean we're looking for runners to join our team to raise funds. For more info contact: Talia Michaeli at Taliteamlifeline@gmail.com.

HIR Youth Department**REMINDER ABOUT SAFETY AND BALL-PLAYING IN THE BAYIT:**

Please remember our current no-ball-playing policy:

"Please do not bring balls or other sports equipment into the Bayit. If you or your children must do so, please make sure to leave the sports equipment in the coatroom."

Parents, please ensure your children adhere to this policy - it can pose a safety issue and impact the welfare of our building.

**SUMMER GROUPS:**

10:00am - 11:30am (unless otherwise noted):

Please note that Shabbat morning groups will continue to be offered throughout the summer. Summer groups are friendly and relaxed and support a fun, social environment with Tefillah and Torah. **Malka Hirsch will be supervising groups this Shabbat.**

BECOME A YOUTH GROUPS LEADER!

The Youth Department wants YOU! Join your friends and become a part of our team of teen leaders. Welcoming applicants now. Teens in 7th grade and above who are interested in becoming group leaders either over the summer or next year should reach out to David Fain.

SHARE YOUR IDEAS:

The Youth Department would like to hear from you. What kinds of programs are you and your children looking for? What programs do your children enjoy and want to experience more frequently? We are currently assessing our educational & programming offering and would love your feedback! Fill out a survey on our website at www.thebayit.org.

For assistance, please contact:

David Fain, Youth Director - David@thebayit.org.

**HOSTING NEW BAYIT MEMBERS**

Love to host and build community? Join our welcoming efforts! As new members move into the neighborhood this summer, help us integrate them into our wonderful community by hosting them for shabbat meals. Contact Rav Ari (ravari@thebayit.org) if you can help!

HELP US BUILD A BETTER BAYIT

We need your help to do our jobs better. Please take a few minutes to update your personal information in our database. Birthdays, Hebrew names, phones, emails, children and their ages - it will take only a minute or two to log into your account, review your information, and fill in any blanks.

We use this information to assign Aliyot and other kibbudim, send out Yahrzeit reminders, and plan events and programs. We also use this information to keep you informed about community and lifecycle events.

For more info visit www.thebayit.org/data.

BUSINESS ADVERTISING IN THE BAYIT BULLETIN*

Promote your business to Bayit Bulletin readers in the first bulletin of every month. Contact the office at 718-796-4730 or office@thebayit.org for more information.

***HIR's posting of any advertisement shall not be considered an endorsement of the advertiser, or of the product or service involved.**

Please Note:

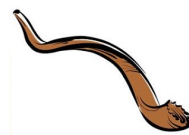
The HIR office will be closed this Monday, August 22

High Holidays 2016/5777

Please join us as we gather together for Prayer, Study, Chesed Projects and Celebrations.

For a full list of High Holiday services:

- Seats
- Childcare
- Kol Nidre Appeal
- Selichot Concert
- Late Selichot
- Laws and Customs
- Sukkot at the Bayit



Visit www.thebayit.org/holidays.

Driving Bayit Community Members to Cemetery Visits

Are you planning a cemetery visit before Rosh Hashanah? Drivers, are you willing to offer a ride to other members when you go? Would you like to visit a relative's resting place, but don't have a car? Please let us know which cemetery or cemeteries you are driving to and when, or which cemeteries you would appreciate getting a ride to and we will match up drivers and passengers as best we can.

Visit www.thebayit.org/cemetery. 718-796-4730 ext. 101.

Riverdale Community Infertility & Pregnancy Loss Support Groups, Co-Sponsored by RJC and The Bayit

New monthly support groups for Infertility and Pregnancy Loss, for **WOMEN ONLY**, will be starting in August. Both groups are open to the entire community. All groups will meet at the Riverdale Jewish Center, 3700 Independence Avenue, Riverdale NY 10463.

The **Infertility** group will meet in the RJC board room on the 2nd Monday of each month from 7- 9pm. (Meetings started on 8/8)

The **Pregnancy Loss** group (co-sponsored by NechamaComfort) will meet in the RJC board room on the 3rd Monday of every month, starting on August 15th, from 8-10pm.

RSVP is not necessary, but is appreciated. Groups will always meet, regardless of the size.

For details, contact Bonnie Pollak, JD, LMSW, PhD (Infertility group) at bgpoll@aol.com

or

Aimee Baron, MD (Pregnancy Loss group) at aimeebaron1818@gmail.com or nechamacomfort@gmail.com

or

Rabba Anat at rabbanaat@thebayit.org.

Coping with Conception:**A Men's Group for Dealing with Infertility Issues**

"Coping with Conception" will be meeting the first Wednesday of each month at the Beatman Center, 521 W. 239th St., from 7:30-9:00pm. First meeting will be Wednesday, September 7th. The group will be co-facilitated by Rabbi Steven Exler and Dr. Josh Altman, Ph.D., LCSW. Its initial course will be 4 meetings, open to renewal. RSVP requested (or for more information) - Rav Steven (ravsteven@thebayit.org) or Dr. Altman (joshaltmantherapy@gmail.com).