

*The Cosmic Handbook:*

1. Driving at night on the New Macroom By-pass and through Tree Tunnels
2. Closing Your Eyes (in a safe place)
3. A single lamp-post in the middle of Nowhere in the Dark
4. Staring at Stars
5. Listening to Euphoria – ‘A Decade of Trance Anthems’ – continuous mix 3
6. Dancing to ‘Sash’ like you are 12 years young
7. Watching clouds and bird murmurations
8. Falling into Joseph Albers Colour Swatches
9. Listening to Silence
10. Reading ‘Finnegans Wake’ by James Joyce <sup>110</sup>
11. Thinking About Reading ‘Finnegans Wake’ by James Joyce
12. Browsing Derek's Library of Books
13. Having no gender and imagining you are a Cyborg
14. Contemplating The Paradox of Time
15. Reflections of oncoming car headlights on a Rainy Night
16. Walking on a beach, watching the Horizon
17. Lying on the ground watching the clouds and feeling the spin of the Planet
18. Reading ‘Howe Strand’ by Derek Mahon <sup>111</sup>
19. Looking at The Moon
20. Watching the Film ‘Into the Inferno’ by Werner Herzog
21. Imagining your house is a Spaceship when the Heat Pump is running
22. Looking at the patterns created by ice in a frozen birdbath

23. Thinking of Time as a constant Present Presence
24. When The Moon Has a Huge Halo
25. The Blue Ultramarine Light of Evening
26. Exploring Google Earth
27. News Reports of Moon Landings, especially the ones that tip over
28. Collecting Artist's Impressions of Star Formations from the Internet
29. William Orbit - his name and music
30. Visualising Impossible Images of Dark Matter and Black Holes
31. Contemplating Edouard Manet's painting 'Olympia'
32. Thinking About How Gravity Affects Us
32. When collective consciousness asserts itself and becomes evident
33. An Aaahhhh moment.....
34. Seeing the history of the world as light projected out into space
35. Exploding supernovas
36. The ancient light of stars as it reaches us
37. Thoughts about immortality
38. The idea of infinity

<sup>110</sup> James Joyce, *Finnegans Wake*, (1939), Wordsworth Classics, 2012

<sup>111</sup> Derek Mahon, *The Poems*, The Gallery Press, 2020