

# GEARJUNKIE

## What to Wear Hiking Checklist

### Footwear

- Hiking shoes
- Hiking sandals

### Clothing

- Tank, tee, or long-sleeve top (depending on weather)
- Merino wool socks
- Gloves
- Hiking pants (thin, medium, or thick depending on weather)
- Hiking shorts, skirt, or skort
- Top layer (fleece, Nano Puff, vest, or warm base layer)
- Windbreaker
- Undergarments
- Sports bra

### Accessories

- Baseball cap
- Wide-brim visor
- Fingerless gloves (with SPF)
- Bandana/Buff
- Beanie hat
- Sunglasses with UV protection

### Rain Gear

- Rain jacket
- Rain pants
- Rain poncho

### Extra Gear

- Bathing suit
- Camp towel
- Gaiters