

# **GEARJUNKIE**

## ***Triathlon Bike Inspection***

- ☐ Wheels move freely
- ☐ Chain & chainrings run smoothly
- ☐ Handlebars are secure
- ☐ Seat is secure
- ☐ Gears shift properly
- ☐ Brakes work as designed
- ☐ Tires are filled (do morning of race)
- ☐ Tires & tubes have no holes
- ☐ Take bike around the block to be sure everything is running smoothly