Slide 2

Learning Objectives

- By participating in this workshop, the participant will be able to:
  - Identify the differences between luck and opportunity
  - Discuss the steps taken by “lucky” people
  - Apply those steps to increase your own chances of being successful

Slide 3

Definitions of Luck

- The fortuitous happening of an event favorable or unfavorable to the interest of a person. Must involve chance and unpredictability.

- Winning in the short term or being successful in the long term, owing to chance.
Sayings Related to Luck (1)
- Caught a lucky break
- Stroke of luck
- Ride a lucky streak
- Trust to luck
- Break a leg
- Lucky in cards, unlucky in love
- God bless you

Sayings Related to Luck (2)
- Thank your lucky stars
- Luck be a lady tonight
- Try one's luck
- Luck of the draw
- He pushed his luck
- Luck is on my side
- If it weren't for bad luck...
- I'd have no luck at all

Luck Related Things
- Horseshoes
- Black cats
- Four leaf clovers
- Broken mirrors
- Rabbits' feet
- The numbers 7 and 13
- Lucky charms
Slide 7

Good Luck Superstitions

- Walking around a standing ladder
- Knocking on wood
- Finding nine peas in a pea pod
- Sleeping facing south
- Avoiding cracks in the sidewalk
- Sleeping on un-ironed sheets
- Having an itch on top of your head

Slide 8

Luck in Nature

- Elephants
- Pigs
- Ladybugs
- Rabbits
- Carp and goldfish
- Dolphins
- Grapes, mushrooms, black-eyed peas
- Frogs

Slide 9

Luck in Color

- Blue – sacred in religion back to pre-historic times. Represents truth, wisdom, loyalty & openness
- Burgundy – symbolizes wealth, success and prosperity
- Purple – royalty, dignity, power & wisdom
- Red – empowering and energetic
- Gold/Yellow – reflects spiritual rewards, richness, and refinement
Slide 10

Skill and Luck

- Deliberate effort and the exercise of skill, talent and insight remove luck from the scene.

- The person for whom things go wrong by incompetence is unfortunate rather than unlucky.

- The General gives it a rip

Slide 11

However...

- Doug Flutie's 48-yard "Hail Mary" touchdown pass with 6 seconds left in the 1984 Orange Bowl.

- The Immaculate Reception of Franco Harris in the 1972 AFC Divisional Playoff game.

- Captain Sullenberger landing his plane on the Hudson River a few years ago.

Slide 12

Luck vs Fate and Fortune

- The positive and negative things that come our way in the world's ordinary course - heritage, abilities, talents, place and time - are characterized as fate and fortune.

- The positive and negative things that come our way by chance or unforeseen happenstance are matters of luck.
Where Does All of This Bring Us?

- We as a people have believed in luck for years
- We have all of this stuff wrapped around it
- We ascribe all manner of good and evil to it
- We curse it; We blame it
- We lament others having it and not us
- We want our share

Build & Maintain a Network of Luck

- Meeting a large number of people
- Sharing interests and experiences
- Being a social magnet
- Maintaining contact with people

Try This

- Initiate conversation with someone
- Choose a natural occurring situation
- Use ice breaker
- Use open questions
- Elaborate
- Meet again
- Deal with rejection
- Move on
Slide 16

Relaxed Attitude Toward Life

- Lucky people tend to be more relaxed
- They see what is there and not what they want to see
- They are realistic in their judgments
- They are realistic in their expectations
- They are prudently adventuresome
- They are cautiously optimistic

Slide 17

Create Unplanned Events

- Say yes and then figure out how to do it
- Celebrate your small successes
- Stop making excuses
- Talk with all kinds of people
- Find ways to help others
- Continue learning
- Try new activities/hobbies
- Volunteer
- Involve yourself in a project

Slide 18

Be Open to New Experiences

- Variety
- Novelty
- New activities
- New kinds of food
- New ways of doing things
- Not bound by convention
- Unpredictability
Slide 19

How About This?
- Take risks that are likely to pay off
- Be prepared for the unexpected
- Discover the unknown
- Take risks that may fail
- Use media
- Stay in touch
- Assume your interests will change

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Slide 20

Being Prepared
- Walter’s story
- The other guys

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Listen to Your Lucky Hunches
- Listen to gut feelings and hunches
- Boost intuition
  - Meditation
  - Return to the problem later
  - Clear the mind
  - Find a quiet place

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Expect Good Fortune
- Expect good luck to continue
- Uncontrollable things will work out for them
- Self-fulfilling prophecy
- Attempt to achieve goals
- Persevere in the face of failure
- Evaluate risk
- Positive expectations motivate us to take control
- Recognize chance plays a part in decisions
- Expect interactions to be lucky

Wake Up
- Move on to something else
- Don’t stick with a bad choice
- Listen to others, then make up your own mind
- Create passion by taking action
- Be open to other alternatives
- Develop helpful beliefs

Turn Bad Luck Into Good
- Seeing the positive side
- Counterfactual thinking
- Could have been worse
- Comparing to others
- Things work out for the best
- Don’t dwell on ill fortune
- Take constructive steps
Remember

- Build and maintain a network of luck
- Unplanned events will impact our lives/careers
- Varied activities help decide likes/dislikes
- Make mistakes and experience failure
- Create own unplanned lucky events
- Every experience is a way to learn
- Beliefs help overcome internal obstacles
- Positive thinking for positive results

Questions?

Which Is It?

Beetle Bailey by Greg & Mort Walker