Dear WA Chapter Members,

as your President for the last six months, this has truly been one of the most rewarding and busy times of my career!

I've been on the board in some capacity since our chapter was formed, but no position was quite as active as the President! I have new-found respect for those who served before me. Dave Davis, Karen Fitzthum, Christine Warnock, Nelson Park, Cheryl Manke.....did I really just follow in your footsteps? SWEET!! Loved every minute of it. I cannot think of a better group of people to work with, and knowing you're in such good hands with the incoming board is a win-win!

My very best wishes to each and every one of you for a happy and healthy 2016!....and GO HAWKS!!

Sue
NAME:  Rena Jackson, CPPB

PERSONAL STATUS:
I am the middle child out of three children and grew up on the Southern Oregon coast in the town of Gold Beach, which is just 32 miles from the California border. It was big news when they installed the first stop light in my home town! My first job in High School was at a cable company and they assigned me the tasks of collecting past due bills during my first week of employment. One of my first collection calls was to a man who stated he was going to chop down the cable himself prior to having us disconnecting it and I simply responded back by saying “As a reminder, you have until close of business tomorrow to pay your bill in full prior to having your cable disconnected”. Now for the rest of the story, He came in to the office and paid his bill in full that afternoon!

Two weeks after I turned 18 years old I married my husband and we just celebrated our 33rd wedding anniversary this past July. I have a 31 year old son who’s worked for the Seattle Seahawks for 7 years. I enjoy spending time with family and friends, cooking, entertaining, crafts, public speaking and of course traveling (which includes attending the last two Super Bowls… “Go Hawks”)

EMPLOYED BY:  King County

HOW LONG:  5 years, 3 months

HOW LONG IN PUBLIC PURCHASING:  Over 16 years

NIGP CHAPTER MEMBER SINCE:  2011

WHAT DO YOU THINK ABOUT YOUR JOB:
- I enjoy working for an organization with an empowering work environment which supports work/life balance
- Professional development opportunities so you never stop learning which includes NIGP
- Appreciate the Lean culture and how it’s becoming the way of life around the office by supporting process improvements and standardization of work
- It allows me the opportunity to give back to my community

WHAT ADVISE WOULD YOU GIVE SOMEONE NEW TO YOUR PROFESSION?
- Always look for opportunities to grow
- Ask others for help
- Jump out there…. Volunteer!
- Listen and don’t be afraid to ask questions
TO STOP THE GLOBAL WHINING – IT STARTS WITH YOU AND ME!

At the 2015 National Institute of Governmental Purchasing (NIGP) Forum held in Kansas City, MO, this August, I had the pleasure of hearing keynote motivational speaker, Christine Holton Cashen, MAEd, CSP. The title of her presentation was “Stop the Global Whining.”

Close your eyes and in your mind, take a minute to think about things that bug you daily; I’ll wait.

For me, a few things that bug me are listed below:

| 1. ELEVATORS | 2. WORK | 3. PEOPLE |
| 4. BLACK ICE | 5. RAIN | 6. PEOPLE |
| 7. TRAFFIC | 8. STRAY DOGS | 9. PEOPLE |

As we broach the New Year, the stresses of each day will remain static. People will continue to “bug” us. Around the world, workers will continue to do more with less and this reality appears unwavering in 2016. Change is constant and runs rampant in the public and private sectors.

According to Christine Holton Cashen, to compensate for these stresses we often waste energy complaining and reacting to others. She recommends that we each have a great day despite the challenges we face and make others apart of the solution, not the problem.

Christine Holton Cashen provided participants with her #1 tip for managing stress, provided some activities to assist in this management, and imparted words of wisdom for sustainability through statements to ponder further.

#1 TIP

It’s not about YOU! It’s not about ME! It’s about the other PEOPLE!

ACTIVTIES TO ASSIST

Two-hour daily good mood commitment
- For two hours, keep saying to yourself I am in a good mood and as amazing as it may sound you will find yourself in a good mood.

What you say comes your way!
- Rather than saying things in a negative connotation put a positive spin on it. For example, rather than saying that you’re “fat”, say I come from a long-line of full-figured, beautiful women and I’m going to “work” what I got. It works, if you work it!

Go 24 hours without complaining about something
- In the office, create a WHINE JAR. Have individuals pay a nominal fee each time they whine. Hold people accountability. When in ear range, call people out who whine and make them pay the nominal fee (i.e., 25 cents).
- At work every day, we affect each other either positively or negatively.
Take the 10-point challenge:
- Put 10 coins in your pocket.
- Look for 10 people that you can give a sincere compliment to.
- Each time you do, move one coin from one pocket to the other.

This is called the change for change program.

Look for things going right in the day rather than things going wrong.
- When you encounter things going well, google the word *grateful*!

### STATEMENTS TO PONDER FURTHER

- We can be the fountain or the drain based on what we put into the world (i.e., positive, negative or indifference).
- No one can make you do anything. You decide your life on a daily basis. Make your decisions your responsibility.
- Don’t take up space in someone else’s dream.
- We all have different rules. An example that the presenter gave was she likes the toilet paper to go over the top rather than under. She went on to state that it’s easier to grab and you can make cute triangles for when you’re going to have company. She is so serious about this rule that she even wrote a poem titled: TP (Toilet Paper) goes over the top! An excerpt: “It’s hard to make a change but try it if you please. When TP is over the top, you can grab it with greater ease. Your guest will really thank you, your company will be impressed – not scrambling underneath becoming all distressed.”
- Stop judging other people’s rules. We don’t know what people are going through or what their life experience has been. Let’s show them grace, understanding, compassion, love and support.
- Make up stories about people to help you feel better about them.
- Small deeds can connect us to each other.
- You need to be present (i.e., right here, right now) to **WIN**!
- Face book is not your diary.
- Say what you mean and mean what you say.
- Mood poisoning can affect the office; it’s catching. Recognition is half the steps to resolution.
- Be careful how you say stuff.
- We are all “hot” messes doing the best we can!

In closing, Christine Holton Cashen gave each of us permission to…

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**GET WHAT YOU WANT WITH WHAT YOU GOT!**

**RIGHT HERE**

**RIGHT NOW**

If it’s within your “reach”

**TAKE IT**

*(Without hurting others)*

**AND**

**STOP the WHINING**

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*Cynthia Shaw, CPPB, CPSM, LSSGB*

*Department of Enterprise Services*
The Washington Chapter Chat will be published bi-monthly: February, April, June, August, October and December.

Do you have something to share with your purchasing peers? Want to be a newsletter contributor?

Benefits: 
Receive re-certification points for articles published
Get published in an upcoming newsletter

You may submit articles to Heidi Bohl at herziaura.HB@gmail.com for publication in

April’s Edition by March 30th
August’s Edition by July 30th
December’s Edition by November 30th

June’s Edition by May 30th
October’s Edition by September 30th
February’s Edition by January 30th

Chapter Membership
Current active WA Chapter of NIGP: 264

Liz Alzeer, Deputy Advisory, City of Seattle
Selina Chambliss, Purchasing Agent, Tacoma-Pierce County Health Department
Paul Nowell, Contracts & Procurement Specialist, KCDA
Michele Ortiz, Contracts & Procurement Specialist, KCDA
Jana Prince, Sr. Contract Administrator-Public Works, Port of Tacoma
Tina Shields, Buyer, King County
Paula Shilling, Purchasing & Contracts Specialist, KCDA
National Seminar Fee

The NIGP Board of Directors sets all fees including seminar registration fees during the budget approval process each spring. The Board met April 25th and approved the Institute’s budget to include the following seminar fee increases effective July 1, 2015 for Face-to-Face Courses.

One-day Course:
$305 Institute Member
$405 Non-Member

Two-day Course:
$500 Institute Member
$700 Non-Member

Three-day Course:
$700 Institute Member
$900 Non-Member

Courses already scheduled for FY16 will be updated with the new fees. Registrations that have already been received for future courses will not be charged the difference in fees; however, new registrants will be invoiced at the FY16 fees. Please ensure any forms, webpages, etc. are updated with the current information.

WA NIGP Scholarship Program

The Washington State Chapter of the NIGP (hereafter known as the "Chapter") values the contributions, efforts and professionalism of its members. With the challenges that public entities face with constrained budgets, the Chapter recognizes that it has become increasingly difficult for public entities to provide funding for professional development and continuing education.

Therefore, the Chapter hereby has established a Scholarship Program for the purpose of assisting individual Chapter members who are interested in furthering the development of their purchasing and material management skills and professionalism that may otherwise be unable to do so.

For more information about the Scholarship Program visit the WA NIGP Chapter website
Complimentary NIGP Webinars for Members

Looking to become certified or strengthen your professional skills? Take advantage of NIGP’s webinar offerings.

NIGP Webinars are 90-minute topical online classes that provide time-challenged professionals the opportunity to earn contact hours without ever having to leave the office. All you need is a computer. Offered throughout the year, Webinars are a great way for you and the entire procurement team to stay abreast of the best practices and current issues in the profession.

Offered at various times during the day, a Webinar includes 60-70 minutes of information followed by a Q & A session. Effective January 1, 2014: All webinar attendees may view their credit of 1 contact hour on their NIGP Profile Under My Transactions. For details please refer to this link: Webinar FAQ’s

Train without the travel. Register today!

Complimentary – Members

$190 - Non-Members (Includes a one-year complimentary NIGP membership for eligible individuals)

Please contact us directly at membershipinfo@nigp.org for more information.

Please note: To receive credit one must register and attend the webinar.

January 2016

• January 27 – Evaluating Responsiveness of Bids

February 2016

• February 10 – Wrangling the P3: The Best Practices for Public Private Partnerships

General Webinar Information

• Participant Tips for Attending a Webinar
• FAQs
• VoIP Fact Sheet
• System Requirements
• On-Demand Webinar Recordings are available for free download to Institute members in the NIGP Online Store
• Directions for downloading FREE webinar recordings
• Search for all upcoming webinars in Course Schedule (Helpful Search Tips: To optimize your webinar class search in the Course Schedule use the "Search by Keyword" criteria and type in "Webinar." You can also use the drop-down "Select a Topic" browse criteria and look for "Webinar.")
Public Servants Doing Public Service Opportunity Continues

City of Yakima Employees fundraiser for the Yakima Humane Society!

Thank you City of Yakima Employees for thinking and helping our four legged friends in need!

They raised over $600 for the Yakima Human Society's Emergency Medical fund and donated dog food, pet beds, toys, treats, cleaning supplies, cat litter and towels. You are awesome!
Upcoming Volunteer Opportunity

In an effort to continue our Chapter’s public service, WANIGP will be hosting another work party at the Northwest Harvest warehouse location in Kent, WA this **February 20, 2016** from 9AM-NOON. Please contact Craig Bush at craig.bush@seattlecolleges.edu if interested in attending the Kent event.

**Spots are limited, so please sign up right away. It is a great opportunity to get to know your peers outside of the workplace.**

**Northwest Harvest.** The mission of Northwest Harvest is to provide nutritious food to hungry people statewide in a manner that respects their dignity, while fighting to eliminate hunger. Their vision is to have ample nutritious food available to everyone in Washington State.

Northwest Harvest is the only non-profit food bank distributor operating statewide in Washington with a network of more than 350 food banks, meal programs and high-need schools. They provide over 1.7 million meals every month to this network.

*If you or some you know would like to be part of the Charitable Events Committee or have suggestions for future charitable events please contact Craig Bush.*
Answers to October’s Puzzle:
Standardize, Proposal, Award, Protest, Specifications, Globalization, Novation, Solicitation, Environmental, Manifest, Gratuity, Voucher, Debarment, Unbundling

“PROCUREMENT”
Have you thought about becoming more involved with the chapter, but just haven’t felt ready to commit? There are a number of opportunities you may explore. May it be running for a board position in the fall or joining one of the Chapter committees. It will benefit the member committees by bringing fresh ideas, different perspectives, experiences, etc. and will strengthen our chapter. You will gain knowledge, networking skills, meet other purchasing peers and much, much more……………

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<tr>
<th>Committee</th>
<th>Chair</th>
<th>Contact Info</th>
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