



AAU Track & Field District Qualifier Meet Requirements/Guidelines

Program Objective:

The objective of the AAU Regional Qualifier Program is to increase grassroots participation in the overall AAU track & field program, expanding AAU District level qualifying programs, increasing overall AAU membership and standardizing the AAU Junior Olympic registration and advancement process.

District Qualifier Meet Management Guidelines:

The following guidelines have been established at the District level to assure the quality and consistency of all AAU District level qualifiers:

*At the AAU District Qualifier level all inquiries pertaining to the Regional Qualifier will be handled through the AAU Regional Qualifier Program Coordinator and/or the AAU National Office Track & Field Sports Manager.

*The AAU Codebook designates the District Track & Field Committee responsible for the conduct of the District Championship/qualifier. As the District Track & Field Director heads that Committee, it is his/her duty to ensure that the event is managed per National and District Committee rules.

*Additional qualifiers can be scheduled by the AAU National Track & Field Committee Chair. If the District Track & Field Director wishes to conduct an additional qualifier, the event must be approved by the Regional Bid Committee or National Committee Chair. It is the responsibility of the District Track & Field Director to obtain approval from the National Committee Chair for the additional qualifiers to be held within the district.

*Online registration event is mandatory at the District level. Coach O Registration has been designated as the track & field online event registration system for the AAU Track & Field Committee.

*Use of a FAT timing system and the Hy-Tek Meet backup is mandatory at the District level.

*The District Qualifier is an advancement meet. Athletes must compete in an AAU Licensed District Qualifier in order to be eligible to compete in a Regional Qualifier meet.

***THE TOP 16 FINISHERS IN EACH EVENT WILL ADVANCE TO THE REGIONAL QUALIFIER.**

***AN ATHLETE MAY ONLY ADVANCE TO THE REGIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE/SHE QUALIFIED AT THE DISTRICT QUALIFIER.**

***All events at the District Qualifier may be contested as time finals.**

*Results from the District Qualifiers shall be made available to the athletes, coaches, spectators and parents during the course of the track meet.

*All discrepancies and challenges must be cleared up by meet management at the end of the meet.

*The Meet Director shall email a HYTEK backup of the meet database to AAU Support within four (4) hours after the conclusion of the track meet. **Before submitting the HYTEK database to the AAU support staff, the Meet Director shall proof the database for mistakes (DNS, athletes in wrong age groups, incorrect or no marks in an event, etc.).**

*Corrections to results will only be accepted from the Meet Director if they are omissions or corrections resulting from a specific document challenge made by the coach, parent, or athlete. These corrections must be initiated, corrected and submitted by the Meet Director to AAU Support with proper documentation within twenty-four (24) hours of the conclusion of the meet.

*All corrections to results must be submitted electronically. An electronic form will be supplied by AAU Support. This form can only be submitted once and the results submission period will end when the twenty-four (24) hour time period expires. **THERE WILL BE NO CHANGES TO RESULTS AFTER THE 24 HOUR RESULTS SUBMISSION PERIOD ENDS.**

****Any athlete scheduled to take a college entrance exam (SAT/ACT will be waived into the Regional Qualifier by the Track and Field Waiver Committee upon receipt of the proper documentation. Documentation and the request in writing must be received PRIOR to the first date of District Qualifier competition.** PLEASE FILL OUT THE WAIVER REQUEST FORM FOUND [HERE](#). Exam waivers are to be requested at aaawaivers@aausports.org. Please do not send waiver requests to any other email address.**

*Meet MUST be properly licensed according to the AAU Code.

*Security and medical personnel available in case of an emergency.

* There must be adequate Officials to properly conduct the meet according to AAU and/orUSATF rules as outlined in the AAU Track & Field Handbook.

***Meet Management is responsible for assuring that there is proper shading (tents) and hydration (fluids) for all athletes and Officials at all times during competition.**

Age Groups:

The AAU Track & Field program is comprised of nine (9) age divisions. **The athlete's YEAR OF BIRTH shall determine the appropriate age division for current year competition for all age divisions 8 & Under through 15-16. The DATE of birth shall be used to determine the appropriate age division for the 17-18 age division thus assuring that any athlete that DOES NOT turn 19 before the last day of the AAU Junior Olympic Games competition is still eligible to compete. Athletes MUST NOT turn 19 before the final day of AAU Junior Olympic Games competition.**

The agegroups **MUST** be listed on all track & field related information as follows:

8 & Under
9 Years
10 Years
11 Years
12 Years
13 Years
14 Years
15-16 Years
17-18 Years

Events:

8 & UNDER DIVISION						
100m Dash	200m Dash	400m Dash	800m Dash	Long Jump	Shot Put (4lbs)	4x100m Relay
1500m Run						

9 YEAR OLD & 10 YEAR OLD DIVISIONS		
Track & Field Events		Multi Events (Triathlon)
100m Dash	1500m Racewalk	Shot Put (6 lbs.)
200 m Dash	Long Jump	High Jump
400m Dash	High Jump	200m Dash (Girls)
800m Run	Shot Put (6 lbs.)	400m Dash (Boys)
1500m Run	4x100m Relay	
4x400m Relay		

11 YEAR OLD & 12 YEAR OLD DIVISIONS		
Track & Field Events		Multi Events (Pentathlon)
100m Dash	80m Hurdles (8-30")	80m Hurdles (8-30")
200m Dash	Long Jump	Shot Put (6 lbs.)
400m Dash	High Jump	High Jump
800m Run	Discus (1.0 kg)	Long Jump
1500m Run	Shot Put (6 lbs.)	800m Run (Girls)
3000m Run	1500m Racewalk	1500m Run (Boys)
4x100m Relay	4x400m Relay	
4x800m Relay		

13 YEAR OLD & 14 YEAR OLD DIVISIONS		
Track & Field Events		Multi Events (Pentathlon)
100m Dash	3000m Racewalk	100m Hurdles (10-30" Girls)
200m Dash	Long Jump	100m Hurdles (10-33" Boys)
400m Dash	Triple Jump	Shot Put (6 lbs. Girls)
800m Run	High Jump	Shot Put (4 kg Boys)
1500m Run	Pole Vault	High Jump
3000m Run	Shot Put (4 kg Boys)	Long Jump
200m Hurdles (5-30")	Shot Put (6 lbs. Girls)	800m Run (Girls)
100m Hurdles (10-33" Boys)	Discus (1.0 kg)	1500m Run (Boys)
	Javelin (600g)	
100m Hurdles (10-30" Girls)	4x100m Relay	
4x400m Relay	4x800m Relay	

15-16 YEAR OLD & 17-18 YEAR OLD DIVISIONS			
Track & Field Events		Multi Events	
100m Dash	Long Jump	Decathlon (Boys)	Heptathlon (Girls)
200m Dash	Triple Jump	Day 1	Day 1
400m Dash	High Jump	100m Dash	100m Hurdle (10-33")
800m Run	Pole Vault	Long Jump	High Jump
1500m Run	Shot Put (4 kg Girls)	Shot Put (12 lbs.)	Shot Put (4 kg)
3000m Run	Shot Put (12 lbs. Boys)	High Jump	200m Dash
3000m Racewalk	Discus (1.0 kg Girls)	400m Dash	
110m Hurdles (10-39" Boys)	Discus (1.6 kg Boys)	Day 2	Day 2
	Javelin (600g Girls)	110m Hurdles (10-39")	Long Jump
100m Hurdles (10-30" Girls)	Javelin (800g Boys)	Discus (1.6 kg)	Javelin (600g)
		Pole Vault	800m Run
400m Hurdles (10-36" Boys)	2000m Steeplechase (30" Girls/36" Boys) 18 hurdle jumps 5 water jumps	Javelin (800g)	
		1500m Run	
400m Hurdles (10-30" Girls)	4x100m Relay		
4x400m Relay	4x800m Relay		

Stadium Guidelines/Requirements:

Depending on the number of athletes you expect for the meet you should be prepared to handle all athletes and spectators. The AAU Track & Field Executive Committee recommends that you select your meet venue based on the facility standards set below.

The number of athletes you expect at your AAU District Qualifier will determine the minimum requirements.

1 - 500 ATHLETES	500 or MORE
Minimum of 8 lane track	Minimum of 8 lane track
1-2 horizontal jumping pits	2 or more horizontal jumping pits
1-2 high jump pits	2 or more high jump pits
1-2 shot put rings	2 or more shot put rings
1 pole vault pit that meets NFHS guidelines	1 pole vault pit that meets NFHS guidelines
Seating capacity of at least 1,000	Seating capacity of at least 2,000
Proper restroom facilities	Proper restroom facilities
1 discus ring located outside stadium	1-2 discus ring located outside stadium
1 javelin area located outside stadium	1 javelin area located outside stadium
Proper warm up area	Proper warm up area
* IMPORTANT - Throwing sector lines cannot intersect any other throwing area	

Meet Management Checklist

Please use this checklist to make sure that you have provided for and prepared for all components of the AAU District Qualifier.

Secure Facility - Required

A facility needs to be obtained to run the meet. The facility must have the capability of contesting all events.

Date - All District Qualifier meets must be completed by date determined by the AAU Track & Field Executive Committee.

The date that is determined should not conflict with any other local, regional or national events (including USATF events in your area). This will allow for increased participation from local clubs and athletes.

Dates, venue, Meet Director information (to include phone and email) and event schedule MUST be turned in to the AAU National Office. No meet will be listed on the AAU website until the Event Licensing of the event is complete.

Event License - Mandatory

District Qualifier Event Licenses **MUST** be completed online. Your District event(s) must be licensed online at www.aausports.org. Event Licenses are subject to approval. District events are approved by the District Sports Director. All athletes and coaches must have a current AAU Membership to participate in an AAU Licensed Event.

Entry/Registration - Mandatory

Prepare a Meet Information Sheet to comply with the requirements of the AAU. **The use of the Coach O Online Registration program is mandated.**

It must also include the following information:

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership before competition begins (pending status is not acceptable).
- Visit www.aautrackandfield.org to obtain membership (club, non-athlete membership required)
- Membership is not included in the event entry fee.

Entry Fees

Determine fee, if any, to be charged, not to exceed \$25.00 for an AAU District Qualifier Meet. This should be in line with fees charged by other meets and in accordance with the National AAU Track & Field Handbook.

Organizing Host/Committee

This committee should bring together a representative cross section of a community or area track and field leaders and coaches, newspaper and radio, business, service clubs, Chamber of Commerce, industry, civic officials and labor to present the idea.

Items to be discussed include type of meet, date of competition, facilities available, tentative list of teams and available athletes, tentative budget and the recommendation for selection of a chairman. After a chairman is selected, the committee should choose a meet director- someone who has a thorough understanding of track and field and has a good relationship with schools, colleges, and clubs in the region.

Meet Director

In the smallest or the largest meet, the Meet Director is the key to the entire presentation. He or she must be a person who not only understands the sport but must also be able to direct the efforts of others and have a general understanding of all aspects of the undertaking. They must be able to foresee everything that must go into the meet in the way of planning. They should be flexible and creative. The Meet Director shall serve as the coordinator of the event.

Promotion

Select a publicity director who is well versed with the sport and who has a good relationship with local newspapers in sports and general news. Early releases relating to the planning and progress of the meet are important. The AAU National Office will help by advertising through Email Blasts and posting your Event Flyer.

Tentative Schedule of Events

As soon as the meet has been developed, the Meet Director should organize a tentative schedule of events. The best guidance for this task is knowledge of the events and the rulebook. The schedule must not only follow a proper order but an interval of time between each event must be allowed for the completion of the previous event and the calling of the next event. Other details should acknowledge the variety of events to maintain spectator interest.

Awards

You must order awards directly from the AAU. Visit www.aausports.org for more information. All District Qualifier Meets MUST use “AAU District Championship medals” for 1st – 3rd place finishers in each event contested, including all competing relay team members. If you are awarding ribbons for 4th – 8th place, they must be AAU Ribbons purchased through the AAU National Office.

Meet Program - Optional

The program is one of the strongest aspects of a meet. A good program brings spectators back next year and is also a document which athletes prize. Advertising sales, program editing, and program sales are all important. An editor should be selected. The Games Committee should take the task of personal contacts for advertising. Sometimes a local service organization such as the Junior Chamber of Commerce will assist with the task for the public service recognition.

Officials/Officials Meeting

Working with your local USATF officials' association is very important. No meet can be properly conducted without competent officials. The supervisor of track and field officials for your local association should be notified of your requirements at least 3 months before your meet. Visit www.usatf.org to find out who is your association's officials chairperson. An Officials meeting must be held prior to the start of competition to assure familiarity with the facility and a clear understanding of the AAU and USATF rules.

Information for Athletes, Teams and Coaches

Make certain that detailed information is mailed or posted on a website in advance so that all persons concerned can be informed.

Transportation and Housing

A sub-committee should arrange information to be available about car rental and motel/hotel information.

Security

A local police representative should be invited to serve on your Games Committee. With this relationship you may avoid off-duty charges. They can assist you with crowd and traffic control. It is very important for the meet director to have security for the safety of all those involved with the meet. Police Explorers from your local police department might be a source for you to contact.

Announcer

Do not select someone who likes to talk for the job. Get a genuine authority on the microphone, one that is impartial and has a good voice. He or she will help your meet. Your announcer should have adequate assistance.

Trainers

First aid, medical and training facilities for athletes are a necessity! Local school and club trainers are often willing to assist if supplies and facilities are provided by the meet. We recommend that you include a doctor as part of your Games Committee.

Meet Management Team

A meet management team should be appointed to direct the mechanics of the meet on the day of competition. They should have a minimum of 5 assistants. Their responsibilities and assignments shall be determined by the Meet Director.

AAU Regional Qualifier Program Regions (revised June 2023)

Region 1	(1)	Adirondack / Connecticut / New England / New Jersey / New York Metropolitan
Region 2	(1)	Middle Atlantic (Delaware / New Jersey [Southern] / Pennsylvania [Eastern])
Region 3	(1)	Maryland (Baltimore area) / Potomac Valley (Washington DC)
Region 4	(1)	Lake Erie / Ohio / Niagara / West Virginia / Western Pennsylvania
Region 5	(1)	Virginia
Region 6	(1)	Kentucky / Southeastern (Alabama / Tennessee)
Region 7	(1)	Puerto Rico
Region 8	(1)	Georgia / South Carolina
Region 9	(2)	Florida
Region 10	(1)	Florida Gold Coast
Region 11	(1)	Southern (Louisiana / Mississippi)
Region 12	(1)	Michigan
Region 13	(1)	Central (Illinois) / Indiana
Region 14	(1)	Iowa / Minnesota / Nebraska / North Dakota / South Dakota / Wisconsin
Region 15	(1)	Ozark (Eastern Missouri / St. Louis area)
Region 16	(1)	Arkansas / Missouri Valley (Kansas / Western Missouri) / Oklahoma
Region 17	(1)	Gulf (Houston area)
Region 18	(1)	Southwestern (Dallas area)
Region 19	(1)	South Texas
Region 20	(1)	Arizona / Colorado / New Mexico / Utah (Northeast Nevada / Utah) / Wyoming
Region 21	(1)	Alaska / Inland Empire (Eastern Washington / Idaho) / Montana / Oregon / Pacific Northwest (Western Washington)
Region 22	(1)	Central California / Pacific (Northern California / Northwest Nevada / Southern Nevada)
Region 23	(1)	Pacific Southwest (San Diego area) / Southern Pacific (LA area)
Region 24	(1)	Hawaii
Region 25	(1)	North Carolina
Region 26	(1)	West Texas

****The AAU Track & Field National Committee/National Chair can add additional Regional Qualifying opportunities as deemed necessary. Please be advised that requests for permission to compete in a Regional Qualifier outside of your original competition area will not be approved. All decisions shall be binding. Competitors can only compete in one (1) Regional Qualifier.**