

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 100 Meter Dash 8-under**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Kolin Jones	14 Nva Track	14.41q	NWI	4
2 Jamir Murphy	14 Virginia Tigers	14.73q	NWI	1
3 Jamal Hill Jr	15 757 Colts Tr	14.85q	NWI	1
4 Kingston Hamilton	14 5 Star Eagle	14.86q	NWI	2
5 Ayden Harrison	14 Hampton Road	15.15q	NWI	3
6 Derrick Whittington	14 5 Star Eagle	15.53q	NWI	3
7 Joshua Collier	14 5 Star Eagle	15.77q	NWI	4
8 Carter Brundidge	15 757 Colts Tr	15.93q	NWI	2
9 Arinze Uketui	14 Dale City Li	16.06	NWI	2
10 Tristan Skinner	14 Eastend Lightning	16.11	NWI	2
11 Caleb Lumas	14 Track 757 Tr	16.30	NWI	4
12 Isaiah Dumbravo	14 Hampton Road	16.37	NWI	4
13 Bryson Cherry	14 Legion of Zo	16.38	NWI	2
14 Nasir Peay	14 Nva Track	16.39	NWI	1
15 Colby Hall	14 Eastend Lightning	16.66	NWI	1
16 Jordan Mitchell	14 Virginia Pri	16.68	NWI	4
17 Langston Rhea	14 Track 757 Tr	16.69	NWI	4
18 Timothy Chapman Jr	14 Virginia Pri	16.71	NWI	1
19 Aiden Keene	15 Global Trans	16.96	NWI	3
20 Jamison Rodgers	15 Virginia Bea	17.00	NWI	3
21 Kason Chisholm	15 Eastend Lightning	17.01	NWI	2
22 Jordan Wiley	14 Global Trans	17.02	NWI	1
23 Cecil Lee	14 Dale City Li	17.11	NWI	4
24 Josiah White	15 Technique TC	17.11	NWI	1
25 David Malloy Jr	15 Spartan Chos	17.49	NWI	3
26 Jace Hutcherson	14 Virginia Blaze	17.62	NWI	3
27 Tahj Roy	16 Virginia Sta	17.65	NWI	3
28 Deion Harvey	15 Nva Track	17.70	NWI	2
29 William Pete	14 Dale City Li	17.99	NWI	1

Boys 100 Meter Dash 8-under

Name	Year Team	Finals	Wind
Finals			
1 Kolin Jones	14 Nva Track	14.27	NWI
2 Kingston Hamilton	14 5 Star Eagle	14.37	NWI
3 Jamal Hill Jr	15 757 Colts Tr	14.66	NWI
4 Jamir Murphy	14 Virginia Tigers	14.75	NWI
5 Ayden Harrison	14 Hampton Road	15.08	NWI
6 Derrick Whittington	14 5 Star Eagle	15.42	NWI
7 Carter Brundidge	15 757 Colts Tr	15.79	NWI
8 Joshua Collier	14 5 Star Eagle	16.13	NWI

Boys 200 Meter Dash 8-under

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Kingston Hamilton	14 5 Star Eagle	30.92q	NWI	4
2 Kolin Jones	14 Nva Track	30.97q	NWI	3
3 Ayden Harrison	14 Hampton Road	31.37q	NWI	2

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 200 Meter Dash 8-under**

4	Jamal Hill Jr	15	757 Colts Tr	31.68q	NWI	1
5	Stephon Bowman	15	Technique TC	32.14q	NWI	3
6	Jamir Murphy	14	Virgina Tigers	32.26q	NWI	1
7	Derrick Whittington	14	5 Star Eagle	32.93q	NWI	2
8	Joshua Collier	14	5 Star Eagle	33.44q	NWI	4
9	Landon Beander	14	Dale City Li	33.99	NWI	3
10	Arinze Uketui	14	Dale City Li	34.34	NWI	4
11	Jayden Allen	14	Eastend Lightning	34.37	NWI	1
12	Caleb Lumas	14	Track 757 Tr	34.47	NWI	3
13	Jesiah James	14	Jdc3 Elite	34.66	NWI	3
14	Cecil Lee	14	Dale City Li	34.80	NWI	4
15	Tristan Skinner	14	Eastend Lightning	34.95	NWI	4
16	Bryson Cherry	14	Legion of Zo	35.03	NWI	3
17	Carter Brundidge	15	757 Colts Tr	35.27	NWI	2
18	Isaiah Dumbravo	14	Hampton Road	35.58	NWI	1
19	Jamie Hawkins	14	WolfPack	35.63	NWI	2
20	Nasir Peay	14	Nva Track	36.17	NWI	1
21	Aiden Keene	15	Global Trans	36.19	NWI	2
22	Jordan Mitchell	14	Virginia Pri	36.46	NWI	4
23	Jordan Wiley	14	Global Trans	36.48	NWI	2
24	Rylee Brown	15	Superior Track Club	36.49	NWI	4
25	Caiden Williams	14	Eastend Lightning	36.65	NWI	1
26	Jamison Rodgers	15	Virginia Bea	37.08	NWI	4
27	Timothy Chapman Jr	14	Virginia Pri	38.01	NWI	1
28	Cameron Roundtree	15	Nva Track	38.07	NWI	1
29	William Pete	14	Dale City Li	38.14	NWI	2
30	Deion Harvey	15	Nva Track	38.51	NWI	3

Boys 200 Meter Dash 8-under

Name	Year	Team	Finals	Wind
Finals				
1 Kingston Hamilton	14	5 Star Eagle	29.19	NWI
2 Kolin Jones	14	Nva Track	29.30	NWI
3 Jamir Murphy	14	Virgina Tigers	31.05	NWI
4 Ayden Harrison	14	Hampton Road	31.25	NWI
5 Jamal Hill Jr	15	757 Colts Tr	31.28	NWI
6 Stephon Bowman	15	Technique TC	31.31	NWI
7 Derrick Whittington	14	5 Star Eagle	32.29	NWI
8 Joshua Collier	14	5 Star Eagle	32.94	NWI

Boys 400 Meter Dash 8-under

Name	Year	Team	Finals	H#	
1	Jamir Murphy	14	Virginia Tigers	1:12.12	4
2	Landon Beander	14	Dale City Li	1:13.28	3
3	Stephon Bowman	15	Technique TC	1:14.57	4
4	Corey Johnson Jr	14	Eastend Lightning	1:15.04	2
5	Jamal Hill Jr	15	757 Colts Tr	1:15.45	4
6	Jesiah James	14	Jdc3 Elite	1:15.50	4
7	Jayden Allen	14	Eastend Lightning	1:15.57	3
8	Lincoln Wooden	14	Nva Track	1:17.19	2
9	Arinze Uketui	14	Dale City Li	1:18.21	3

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 400 Meter Dash 8-under**

10 Rylee Brown	15 Superior Track Club	1:19.64	3
11 Andrew Crawford	14 Legion of Zo	1:20.98	4
12 Josiah White	15 Technique TC	1:21.34	4
13 Bryson Cherry	14 Legion of Zo	1:21.47	4
14 Cecil Lee	14 Dale City Li	1:21.89	3
15 Deion Bryant	14 360 Elite Tr	1:22.63	2
16 William Pete	14 Dale City Li	1:24.31	3
17 Jamie Hawkins	14 WolfPack	1:25.39	4
18 Cameron Roundtree	15 Nva Track	1:26.56	3
19 Timothy Chapman Jr	14 Virginia Pri	1:29.58	2
20 Alexander Galloway	14 Track 757 Tr	1:34.61	2
21 Bryson Whitted	16 Triangle Cha	1:36.61	2
22 Jaxon Stephenson	17 Technique TC	1:37.01	1
23 Donnell Taborn	16 Global Trans	1:38.11	2
24 Josiah McMullen	14 Central Virg	1:39.21	1

Boys 800 Meter Run 8-under

Name	Year Team	Finals
1 Corey Johnson Jr	14 Eastend Lightning	2:56.85
2 Andrew Crawford	14 Legion of Zo	2:59.74
3 Alexander Galloway	14 Track 757 Tr	3:24.80
4 Caiden Williams	14 Eastend Lightning	3:33.89

Boys 4x100 Meter Relay 8-under

Team	Finals
1 Nva Track 'A'	1:00.26
2 Eastend Lightning 'A'	1:03.45
3 Track 757 Track & Field Club 'A'	1:09.00
4 Eastend Lightning 'B'	1:10.09

Boys Long Jump 8-under

Name	Year Team	Finals	Wind
1 Lincoln Wooden	14 Nva Track	12-01.00	NWI 3.68m
2 Derrick Whittington	14 5 Star Eagle	11-01.50	NWI 3.39m
3 Ayden Harrison	14 Hampton Road	10-08.50	NWI 3.26m
4 Kingston Hamilton	14 5 Star Eagle	10-07.00	NWI 3.22m
5 Joshua Collier	14 5 Star Eagle	10-05.25	NWI 3.18m
6 Jamison Rodgers	15 Virginia Bea	9-10.50	NWI 3.00m
7 Jordan Wiley	14 Global Trans	9-06.50	NWI 2.90m
8 Aiden Keene	15 Global Trans	9-05.00	NWI 2.87m
9 Richard Rodgers	15 5 Star Eagle	8-09.25	NWI 2.67m
10 Jordan Mitchell	14 Virginia Pri	8-04.00	NWI 2.54m
11 Jesiah James	14 Jdc3 Elite	8-02.50	NWI 2.50m
12 Donnell Taborn	16 Global Trans	7-07.50	NWI 2.32m
13 Davari Whitehead	14 Club Blue AllStars	6-01.25	NWI 1.86m

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys Shot Put 4 lbs 8-under**

Name	Year	Team	Finals	
1 Adonnis Ashby	14	Club Blue AllStars	22-08.75	6.92m
2 Davari Whitehead	14	Club Blue AllStars	18-07.00	5.66m
3 Zechariah Greene	14	Spartan Chos	15-05.00	4.69m
4 Bryson Whitted	16	Triangle Cha	12-02.00	3.70m

Boys Javelin Throw Turbo (300 g 8-under

Name	Year	Team	Finals	H#
1 Andrew Crawford	14	Legion of Zo	54-10.50	16.72m 3
2 Colby Hall	14	Eastend Lightning	51-07.75	15.74m 2
3 Landon Beander	14	Dale City Li	49-08.25	15.14m 2
4 Adonnis Ashby	14	Club Blue AllStars	41-08.25	12.70m 3
5 Austin Shunregun	15	Legion of Zo	40-11.50	12.48m 2
6 Davari Whitehead	14	Club Blue AllStars	40-09.50	12.43m 3
7 Stephon Bowman	15	Technique TC	40-05.25	12.32m 3
8 Jace Hutcherson	14	Virginia Blaze	39-05.25	12.02m 2
9 David Malloy Jr	15	Spartan Chos	34-03.25	10.44m 2
10 Tahj Roy	16	Virginia Sta	34-00	10.36m 3
11 Amari Childs	14	Future Flyers	33-11.50	10.35m 2
12 Zechariah Greene	14	Spartan Chos	33-03.50	10.14m 2
13 Jonte Depriest	16	Virginia Sta	31-08.75	9.67m 2
14 Bryson Whitted	16	Triangle Cha	31-06	9.60m 3
15 Isaiah Dumbravo	14	Hampton Road	30-01.25	9.17m 3
16 Delrico Datcher	17	Virginia Blaze	28-07.75	8.73m 2
17 Carter Brundidge	15	757 Colts Tr	25-11	7.89m 3
18 Noah Quesada	15	Eastend Lightning	25-08.50	7.83m 3
19 Bernard Comer Jr.	17	Legion of Zo	22-02.75	6.77m 1
20 Joshua Fergusson, Jr	16	Technique TC	14-10	4.52m 1
21 Prince Thomas	17	West End Ric	13-02	4.01m 1

Boys 100 Meter Dash 9 years old

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Nasir Riley	13	Norfolk Real Deal	13.43q	NWI	1
2 Jasen Freeman	13	5 Star Eagle	14.04q	NWI	4
3 Caden Croom	13	Virgina Tigers	14.08q	NWI	2
4 Jaecion White-Blow	13	Hampton Road	14.62q	NWI	3
5 Legend Adams	13	Dale City Li	14.80q	NWI	3
6 Gregory Palmer Ii	13	360 Elite Tr	14.85q	NWI	1
7 Arion Morgan	13	Technique TC	14.95q	NWI	3
8 Aaron Cofield	13	Hampton City	15.02q	NWI	1
9 Kymari Jenkins	13	Smithfield Packers	15.17	NWI	4
10 Cameron Turner	13	Virginia Bea	15.30	NWI	2
11 Duke Okonta	13	Unattached	15.49	NWI	2
12 Joshua Coulter	13	Virginia Blaze	15.54	NWI	2
13 Chase Berisha	13	Dale City Li	15.55	NWI	4
14 Andremari Williams	13	Hampton Road	15.64	NWI	4
15 William Rhoden	13	Eastend Lightning	15.76	NWI	1
16 Mattheus King	13	Dale City Li	16.22	NWI	4
17 Kyle Cleveland	13	West End Ric	16.25	NWI	1

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18 Roman Osborne	13 Pathfinders	16.34	NWI	3
19 Jawarren Cowles	13 Track 757 Tr	16.57	NWI	2
20 Kaedon Cherry	13 Hampton Road	16.80	NWI	1
21 Anuoluwapo Oyenekan	13 Pwc Panthers	17.40	NWI	3

Boys 100 Meter Dash 9 years old

Name	Year Team	Finals	Wind
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Finals

1 Nasir Riley	13 Norfolk Real Deal	13.65	NWI
2 Caden Croom	13 Virginia Tigers	14.13	NWI
3 Jasen Freeman	13 5 Star Eagle	14.62	NWI
4 Jaecion White-Blow	13 Hampton Road	14.74	NWI
5 Gregory Palmer Ii	13 360 Elite Tr	14.93	NWI
6 Arion Morgan	13 Technique TC	14.94	NWI
7 Legend Adams	13 Dale City Li	15.14	NWI
8 Aaron Cofield	13 Hampton City	15.20	NWI

Boys 200 Meter Dash 9 years old

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Nasir Riley	13 Norfolk Real Deal	28.08q	NWI	3
2 Aries Harrison	13 Virginia Tigers	28.67q	NWI	2
3 Jasen Freeman	13 5 Star Eagle	29.46q	NWI	4
4 Legend Adams	13 Dale City Li	30.86q	NWI	1
5 Jaecion White-Blow	13 Hampton Road	31.05q	NWI	1
6 Eli Baker	13 Eastend Lightning	32.02q	NWI	4
7 Aaron Cofield	13 Hampton City	32.17q	NWI	2
8 Arion Morgan	13 Technique TC	32.41q	NWI	3
9 Cai Woodson	13 Eastend Lightning	32.42	NWI	2
10 Chase Berisha	13 Dale City Li	32.55	NWI	2
11 Andremari Williams	13 Hampton Road	32.95	NWI	1
12 Kymari Jenkins	13 Smithfield Packers	33.05	NWI	4
13 Gregory Palmer Ii	13 360 Elite Tr	33.06	NWI	3
14 Jayden Gaither	13 Virginia Blaze	34.34	NWI	4
15 Julius Gunning	13 Track 757 Tr	34.68	NWI	2
16 Kaedon Cherry	13 Hampton Road	34.73	NWI	2
17 Dallas Lancaster	13 Legacy Track	35.02	NWI	1
18 Joshua Coulter	13 Virginia Blaze	35.04	NWI	1
19 Kyle Cleveland	13 West End Ric	35.97	NWI	4
20 Mattheus King	13 Dale City Li	36.36	NWI	3
21 Anthony Broadway	13 Unattached	37.17	NWI	4
22 Tyler House	13 VA House of Speed	37.34	NWI	3
23 Anuoluwapo Oyenekan	13 Pwc Panthers	37.37	NWI	1
24 Kayden Johnson	13 Virginia Bea	45.04	NWI	4

Boys 200 Meter Dash 9 years old

Name	Year Team	Finals	Wind
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Finals

1 Nasir Riley	13 Norfolk Real Deal	27.63	NWI
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2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 200 Meter Dash 9 years old**

2	Aries Harrison	13	Virginia Tigers	28.30	NWI
3	Jasen Freeman	13	5 Star Eagle	28.87	NWI
4	Legend Adams	13	Dale City Li	30.16	NWI
5	Jaecion White-Blow	13	Hampton Road	30.42	NWI
6	Eli Baker	13	Eastend Lightning	31.23	NWI
7	Arion Morgan	13	Technique TC	31.65	NWI
8	Aaron Cofield	13	Hampton City	31.84	NWI

Boys 400 Meter Dash 9 years old

Name	Year	Team	Finals	H#
1 Aries Harrison	13	Virgina Tigers	1:04.92	3
2 Legend Adams	13	Dale City Li	1:10.56	3
3 Chase Berisha	13	Dale City Li	1:11.94	3
4 Vaughn Johnson	13	Pathfinders	1:14.63	2
5 Jayden Gaither	13	Virginia Blaze	1:17.81	2
6 Gregory Palmer Ii	13	360 Elite Tr	1:19.14	3
7 Jamel Vinnie	13	360 Elite Tr	1:20.41	2
8 Dallas Lancaster	13	Legacy Track	1:21.82	3
9 Landon Parker	13	Eastend Lightning	1:22.70	3
10 Raylen Summers	13	Virginia Bea	1:22.84	3
11 Kymari Jenkins	13	Smithfield Packers	1:24.93	2
12 Julius Gunning	13	Track 757 Tr	1:25.24	2
13 Gregory Pope	13	Track 757 Tr	1:27.90	2
14 Anthony Broadway	13	Unattached	1:28.10	2
15 Anuoluwapo Oyenekan	13	Pwc Panthers	1:29.18	3

Boys 800 Meter Run 9 years old

Name	Year	Team	Finals
1 Konnor Rakowitz	13	Virginia Pri	2:40.11
2 Raylen Summers	13	Virginia Bea	2:49.13
3 Jamel Vinnie	13	360 Elite Tr	3:05.67
4 Justin Taylor	13	Virginia Pri	3:10.99
5 Samuel Lott	13	Virginia Bea	3:27.89

Boys 1500 Meter Run 9 years old

Name	Year	Team	Finals
1 Konnor Rakowitz	13	Virginia Pri	5:40.55
2 Jamel Vinnie	13	360 Elite Tr	6:05.67
3 Samuel Lott	13	Virginia Bea	7:35.63

Boys High Jump 9 years old

Name	Year	Team	Finals
1 Cameron Turner	13	Virginia Bea	4-02.00 1.27m
2 Eli Baker	13	Eastend Lightning	3-06.00 1.06m

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys Long Jump 9 years old**

Name	Year Team	Finals	Wind
1 Cameron Turner	13 Virginia Bea	13-02.75	NWI
2 Jaecion White-Blow	13 Hampton Road	12-10.00	NWI
3 Caden Croom	13 Virginia Tigers	12-02.25	NWI
4 Vaughn Johnson	13 Pathfinders	11-09.75	NWI
5 Tyler House	13 VA House of Speed	10-04.50	NWI
6 Justin Taylor	13 Virginia Pri	9-08.25	NWI
7 Dahvione Whitehead	13 Club Blue AllStars	9-05.75	NWI
8 Gregory Pope	13 Track 757 Tr	8-04.00	NWI

Boys Shot Put 6 lbs 9 years old

Name	Year Team	Finals
1 Khalil Roane	13 Hampton Road	23-05.00
2 Jawarren Cowles	13 Track 757 Tr	21-09.25
3 Dahvione Whitehead	13 Club Blue AllStars	19-04.00
4 Landon Parker	13 Eastend Lightning	18-06.00
5 William Rhoden	13 Eastend Lightning	15-08.50
6 Rudy Kovats	13 Legacy Track	13-11.50

Boys Javelin Throw Turbo (400 g 9 years old)

Name	Year Team	Finals	H#
1 Tyler House	13 VA House of Speed	75-01.25	22.89m
2 Khalil Roane	13 Hampton Road	66-03.50	20.20m
3 Joshua Coulter	13 Virginia Blaze	57-11.75	17.67m
4 Dahvione Whitehead	13 Club Blue AllStars	56-11.75	17.36m
5 Jawarren Cowles	13 Track 757 Tr	52-01.25	15.88m
6 Raylen Summers	13 Virginia Bea	51-00.50	15.55m
7 Mattheus King	13 Dale City Li	44-08	13.61m
8 Jayden Gaither	13 Virginia Blaze	44-03.50	13.50m
9 Rudy Kovats	13 Legacy Track	43-11.25	13.39m
10 Landon Parker	13 Eastend Lightning	43-10.50	13.37m
11 Kaedon Cherry	13 Hampton Road	41-04.50	12.61m
12 Dallas Lancaster	13 Legacy Track	40-06	12.34m
13 Andremari Williams	13 Hampton Road	35-11	10.94m
14 Kyle Cleveland	13 West End Ric	34-05.25	10.49m
15 Samuel Lott	13 Virginia Bea	26-07.50	8.11m

Triathlon: #3 Boys 400 Meter Dash 9 years old Triathlon

Name	Year Team	Finals	Points
1 Cameron Turner	13 Virginia Bea	1:18.10	18
2 Eli Baker	13 Eastend Lightning	1:24.57	

Triathlon: #1 Boys High Jump 9 years old Triathlon

Name	Year Team	Finals	Points
1 Cameron Turner	13 Virginia Bea	1.27m	4-02.00
2 Eli Baker	13 Eastend Lightning	1.07m	3-06.00

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Triathlon: #2 Boys Shot Put 9 years old Triathlon**

Name	Year Team	Finals	Points
1 Cameron Turner	13 Virginia Bea	5.79m 19-00.00	237
2 Eli Baker	13 Eastend Lightning	4.98m 16-04.25	190

Boys Triathlon 9 years old

Name	Year Team	Finals	H#
1 Cameron Turner	13 Virginia Bea	486	
2 Eli Baker	13 Eastend Lightning	306	

Boys 1500 Meter Race Walk 9 years old

Name	Year Team	Finals
1 Langston Wills	13 West End Ric	13:55.26

Boys 100 Meter Dash 10 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Jeremiah Rodgers	12 Virginia Bea	13.70q	NWI	2
2 Jaquawri Collins	12 Jdc3 Elite	13.78q	NWI	1
3 Kaden Brown	12 Eastend Lightning	13.80q	NWI	3
4 Brice Parker	12 Dale City Li	13.96q	NWI	4
5 Mario Woods	12 Global Trans	14.13q	NWI	4
6 Riley Fitzgibbon	12 Dale City Li	14.25q	NWI	1
7 Jalen Marchetti-Griffin	12 757 Colts Tr	14.29q	NWI	3
8 Caden Leonard	12 5 Star Eagle	14.30q	NWI	3
9 Jordan Blackley	12 Technique TC	14.32	NWI	4
10 Ryan Tomlinson	12 Dale City Li	14.72	NWI	1
11 Jonas Logan	12 Virginia Blaze	14.80	NWI	2
12 Kellen McCall	12 Nva Track	15.16	NWI	4
13 Jackson Jennifer	12 Heart N Glor	15.17	NWI	2
14 Tyrell Mcknight	12 Pwc Panthers	15.68	NWI	4
15 Yahel Perez	12 Pwc Panthers	15.74	NWI	1
16 Joshua Mcmillan-Floy	12 Virginia Bea	15.77	NWI	2
17 Bryson Baxter	12 Eastend Lightning	15.93	NWI	1
18 Jamari Epps	12 Mach 5 Athletics	16.11	NWI	3
19 Landon Kopera	12 Virginia Blaze	16.49	NWI	4
20 Marcos Bethel	12 Spartan Chos	16.55	NWI	3
21 Sheldon Tullos	12 Pwc Panthers	16.87	NWI	2
22 Jeremiah Kidd	12 Track 757 Tr	16.99	NWI	1
23 Jeremiah Campbell	12 Hampton Road	17.64	NWI	4

Boys 100 Meter Dash 10 years old

Name	Year Team	Finals	Wind
Finals			
1 Jaquawri Collins	12 Jdc3 Elite	13.54	NWI
2 Jeremiah Rodgers	12 Virginia Bea	13.66	NWI
3 Kaden Brown	12 Eastend Lightning	13.72	NWI

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 100 Meter Dash 10 years old**

4	Riley Fitzgibbon	12	Dale City Li	14.07	NWI
5	Mario Woods	12	Global Trans	14.18	NWI
6	Caden Leonard	12	5 Star Eagle	14.29	NWI
7	Brice Parker	12	Dale City Li	14.32	NWI
8	Jalen Marchetti-Griffin	12	757 Colts Tr	14.33	NWI

Boys 200 Meter Dash 10 years old

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Jaquawri Collins	12	Jdc3 Elite	28.06q	NWI 2
2	Kaden Brown	12	Eastend Lightning	28.07q	NWI 4
3	Ryan Tomlinson	12	Dale City Li	29.25q	NWI 4
4	Jeremiah Rodgers	12	Virginia Bea	29.27q	NWI 3
5	Jalen Marchetti-Griffin	12	757 Colts Tr	29.28q	NWI 1
6	Brice Parker	12	Dale City Li	29.47q	NWI 4
7	Caden Leonard	12	5 Star Eagle	29.67q	NWI 1
8	Mario Woods	12	Global Trans	30.39q	NWI 2
9	Riley Fitzgibbon	12	Dale City Li	30.46	NWI 3
10	Noah Blizzard- Miller	12	Hampton City	31.01	NWI 2
11	Jackson Jennifer	12	Heart N Glor	31.47	NWI 2
12	Kellen McCall	12	Nva Track	31.75	NWI 1
13	Cameron Weathers	12	Global Trans	31.81	NWI 3
14	Tyrell Mcknight	12	Pwc Panthers	31.84	NWI 3
15	Yahel Perez	12	Pwc Panthers	32.46	NWI 3
16	Shawn Scott	12	Track 757 Tr	32.90	NWI 4
17	Joshua Mcmillan-Floy	12	Virginia Bea	34.03	NWI 2
18	Jamari Epps	12	Mach 5 Athletics	35.08	NWI 1
19	Sheldon Tullos	12	Pwc Panthers	35.25	NWI 2

Boys 200 Meter Dash 10 years old

Name	Year	Team	Finals	Wind
Finals				
1	Jaquawri Collins	12	Jdc3 Elite	27.77 NWI
2	Jeremiah Rodgers	12	Virginia Bea	27.79 NWI
3	Kaden Brown	12	Eastend Lightning	28.06 NWI
4	Caden Leonard	12	5 Star Eagle	29.05 NWI
5	Ryan Tomlinson	12	Dale City Li	29.11 NWI
6	Jalen Marchetti-Griffin	12	757 Colts Tr	29.26 NWI
7	Brice Parker	12	Dale City Li	29.64 NWI
8	Mario Woods	12	Global Trans	30.39 NWI

Boys 400 Meter Dash 10 years old

Name	Year	Team	Finals	H#
1	Gunner Hammett	12	Virgina Tigers	59.86 3
2	Karim Jean	12	Nva Track	1:04.45 2
3	Kaden Brown	12	Eastend Lightning	1:04.57 3
4	Ryan Tomlinson	12	Dale City Li	1:06.56 2
5	Jalen Marchetti-Griffin	12	757 Colts Tr	1:09.69 3
6	Riley Fitzgibbon	12	Dale City Li	1:12.55 3

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 400 Meter Dash 10 years old**

7	Jordan Blackley	12	Technique TC	1:12.88	2
8	Tyrell Mcknight	12	Pwc Panthers	1:13.69	2
9	Jackson Jennifer	12	Heart N Glor	1:13.77	2
10	Cameron Weathers	12	Global Trans	1:14.45	2
11	Shawn Scott	12	Track 757 Tr	1:14.92	1
12	Prince Comara	12	Superior Track Club	1:17.23	1
13	Kellen Mccall	12	Nva Track	1:19.40	3
14	Niko Cabbler	12	Virginia Rap	1:20.09	1
15	Yahel Perez	12	Pwc Panthers	1:24.98	3
16	Sheldon Tullos	12	Pwc Panthers	1:27.88	3
17	Cassius Primus	12	Virginia Sta	1:28.01	1
18	Jeremiah Kidd	12	Track 757 Tr	1:30.23	1
19	Darrell Brooks	12	Technique TC	1:30.45	1
20	King Clark	12	Hampton City	1:31.64	2

Boys 800 Meter Run 10 years old

Name	Year	Team	Finals
1 Gunner Hammett	12	Virgina Tigers	2:16.96
2 Karim Jean	12	Nva Track	2:28.19
3 David O'Shea	12	Legion of Zo	2:39.26
4 Cyan White	12	Eastend Lightning	2:58.64
5 Preston Freeman	12	Legion of Zo	2:59.36
6 Prince Comara	12	Superior Track Club	3:02.80
7 Darrell Brooks	12	Technique TC	3:26.84
8 Shylon Harris	12	Technique TC	3:31.17

Boys 1500 Meter Run 10 years old

Name	Year	Team	Finals
1 David O'Shea	12	Legion of Zo	5:23.23
2 Prince Comara	12	Superior Track Club	6:16.01
3 Preston Freeman	12	Legion of Zo	6:48.94
4 Darrell Brooks	12	Technique TC	7:05.33

Boys 4x100 Meter Relay 10 years old

Team	Finals
1 Hampton City Athletics Track 'A'	58.89
2 Eastend Lightning 'A'	1:01.75
3 Pathfinders Track Club 'A'	1:04.64
4 Track 757 Track & Field Club 'A'	1:04.68

Boys 4x400 Meter Relay 10 years old

Team	Finals
1 Virgina Tigers 'A'	4:22.02

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys High Jump 10 years old**

Name	Year Team	Finals	
1 Kaedyn Weber	12 Global Trans	4-00.00	1.21m

Boys Long Jump 10 years old

Name	Year Team	Finals	Wind	H#
1 Jeremiah Rodgers	12 Virginia Bea	14-09.00	NWI	4.49m 2
2 Mario Woods	12 Global Trans	13-10.00	NWI	4.21m 2
3 Jordan Blackley	12 Technique TC	13-08.00	NWI	4.16m 2
4 Jonas Logan	12 Virginia Blaze	13-04.50	NWI	4.07m 2
5 Caden Leonard	12 5 Star Eagle	13-00.50	NWI	3.97m 2
6 Kaedyn Weber	12 Global Trans	13-00.25	NWI	3.96m 1
7 King Clark	12 Hampton City	12-09.25	NWI	3.89m 2
8 Cameron Weathers	12 Global Trans	11-10.00	NWI	3.60m 2
9 Bryson Baxter	12 Eastend Lightning	10-08.50	NWI	3.26m 2
10 Derrick Haywood	12 Pathfinders	10-03.75	NWI	3.14m 1
11 Karim Jean	12 Nva Track	10-02.25	NWI	3.10m 2
12 Cyan White	12 Eastend Lightning	10-02.00	NWI	3.09m 2
13 Noah Blizzard- Miller	12 Hampton City	9-08.00	NWI	2.94m 1

Boys Shot Put 6 lbs 10 years old

Name	Year Team	Finals	
1 Davii Miles	12 Norfolk Real Deal	22-09.50	6.94m
2 Mason Harlow	12 Unattached	18-10.00	5.74m
3 Jeremiah Campbell	12 Hampton Road	17-00.00	5.18m
4 Smith Viney	12 Hampton City	13-06.00	4.11m

Boys Javelin Throw Turbo (400 g 10 years old)

Name	Year Team	Finals	H#
1 David O'Shea	12 Legion of Zo	71-01.50	21.67m 2
2 Mason Harlow	12 Unattached	63-10.50	19.46m 2
3 Connor King	12 Virginia Rap	63-00.75	19.22m 2
4 Cassius Primus	12 Virginia Sta	51-10.50	15.81m 2
5 Jamari Epps	12 Mach 5 Athletics	51-04	15.64m 2
6 Marcos Bethel	12 Spartan Chos	50-05.25	15.37m 2
7 Jeremiah Campbell	12 Hampton Road	45-11.25	14.00m 2
8 Niko Cabbler	12 Virginia Rap	43-11.50	13.39m 2
9 Preston Freeman	12 Legion of Zo	38-03.75	11.67m 1
10 Joshua Mcmillan-Floym	12 Virginia Bea	34-03.75	10.45m 1
11 Shylon Harris	12 Technique TC	32-03.50	9.84m 2
12 Smith Viney	12 Hampton City	20-11.75	6.39m 1

Triathlon: #3 Boys 400 Meter Dash 10 years old Triathlon

Name	Year Team	Finals	Points
1 Kaden Brown	12 Eastend Lightning	1:08.85	162
2 Jonas Logan	12 Virginia Blaze	1:11.34	111
3 Noah Blizzard- Miller	12 Hampton City	1:15.08	50

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Triathlon: #3 Boys 400 Meter Dash 10 years old Triathlon**

4 Kaedyn Weber	12 Global Trans	1:17.90	19
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Triathlon: #1 Boys High Jump 10 years old Triathlon

Name	Year Team	Finals	Points
1 Kaedyn Weber	12 Global Trans	1.22m 4-00.00	200
2 Jonas Logan	12 Virginia Blaze	1.12m 3-08.00	142
2 Kaden Brown	12 Eastend Lightning	1.12m 3-08.00	142
4 Noah Blizzard- Miller	12 Hampton City	1.02m 3-04.00	91

Triathlon: #2 Boys Shot Put 10 years old Triathlon

Name	Year Team	Finals	Points
1 Kaedyn Weber	12 Global Trans	5.91m 19-04.75	244
2 Noah Blizzard- Miller	12 Hampton City	5.85m 19-02.50	240
3 Kaden Brown	12 Eastend Lightning	5.48m 17-11.75	219
4 Jonas Logan	12 Virginia Blaze	5.13m 16-10.00	198

Boys Triathlon 10 years old

Name	Year Team	Finals	H#
1 Kaden Brown	12 Eastend Lightning	523	
2 Kaedyn Weber	12 Global Trans	463	
3 Jonas Logan	12 Virginia Blaze	451	
4 Noah Blizzard- Miller	12 Hampton City	381	

Boys 1500 Meter Race Walk 10 years old

Name	Year Team	Finals
1 Shylon Harris	12 Technique TC	10:11.92

Boys 100 Meter Dash 11 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Larry Cherry	11 Legion of Zo	13.41q	NWI	3
2 Christian Kearney	11 Global Trans	13.42q	NWI	5
3 Jayden Antoine	11 Speed Evolut	13.44q	NWI	2
4 Nehemiah Brock	11 Lazars Track Club	13.57q	NWI	1
5 Xzavier McIntyre	11 360 Elite Tr	13.72q	NWI	2
6 Tyler Robinson	11 Dale City Li	13.72q	NWI	1
7 Terrance Long	11 Rdu Express	13.73q	NWI	4
8 Karrington Grant	11 360 Elite Tr	13.99q	NWI	1
9 Ian Murray	11 Dale City Li	14.16	NWI	3
10 Shaun Grady	11 Dale City Li	14.22	NWI	2
11 Sylvester Powell	11 Virginia Elite	14.26	NWI	2
12 Stephen Carroll	11 Nva Track	14.43	NWI	4
13 Kasaun Goodman	11 Track 757 Tr	14.43	NWI	4
14 Isaac Preston	11 Dale City Li	14.45	NWI	2
15 Maurice Ross-Bell Jr	11 757 Colts Tr	14.59	NWI	4

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 100 Meter Dash 11 years old**

16	Christopher Robinson	11	Hampton Road	14.66	NWI	1
17	Kyron Green	11	Hampton Road	14.68	NWI	5
18	Andrew Rae	11	Nva Track	14.73	NWI	5
19	Kameron Goodman	11	Virgina Tigers	14.76	NWI	3
20	Khalil Jefferson	11	Eastend Lightning	14.80	NWI	3
21	Elijah Ballard-Maung	11	Virginia Pri	14.81	NWI	2
22	Antonio Levison III	11	Heart N Glor	14.81	NWI	5
23	Robert Peterson Jr	11	Heart N Glor	14.83	NWI	3
24	Tariq Kolb	11	Dale City Li	14.92	NWI	3
25	Ikemefuna Uketui	11	Dale City Li	14.93	NWI	4
26	Elijah Chandler	11	Hampton Road	15.31	NWI	4
27	Nahshon Harris	11	Global Trans	15.68	NWI	3
28	Blake Parker	11	Dale City Li	15.73	NWI	1
29	Lawrence Worthem	11	Spartan Chos	16.42	NWI	5
30	Titus Turner	11	Virginia Bea	18.93	NWI	1

Boys 100 Meter Dash 11 years old

=====					
Name		Year	Team	Finals	Wind
=====					
Finals					
1	Christian Kearney	11	Global Trans	13.07	NWI
2	Larry Cherry	11	Legion of Zo	13.21	NWI
3	Nehemiah Brock	11	Lazers Track Club	13.27	NWI
4	Terrance Long	11	Rdu Express	13.52	NWI
5	Tyler Robinson	11	Dale City Li	13.61	NWI
6	Jayden Antoine	11	Speed Evolut	13.66	NWI
7	Xzavier McIntyre	11	360 Elite Tr	13.73	NWI
8	Karrington Grant	11	360 Elite Tr	14.03	NWI

Boys 200 Meter Dash 11 years old

=====					
Name		Year	Team	Prelims	Wind H#
=====					
Preliminaries					
1	Karon Parker	11	Global Trans	27.61q	NWI 1
2	Tyler Robinson	11	Dale City Li	27.82q	NWI 3
3	Larry Cherry	11	Legion of Zo	27.84q	NWI 4
4	Byron Baxter	11	Eastend Lightning	27.91q	NWI 2
5	Jayden Antoine	11	Speed Evolut	28.40q	NWI 3
6	Nehemiah Brock	11	Lazers Track Club	28.49q	NWI 1
7	Ian Murray	11	Dale City Li	28.76q	NWI 4
8	Xzavier McIntyre	11	360 Elite Tr	28.84q	NWI 2
9	Chase Elliott	11	Dale City Li	28.85	NWI 1
10	Shaun Grady	11	Dale City Li	28.88	NWI 4
11	Karrington Grant	11	360 Elite Tr	28.96	NWI 2
12	Isaac Preston	11	Dale City Li	29.87	NWI 1
13	Ethan Duval	11	Legacy Track	30.09	NWI 4
14	Kasaun Goodman	11	Track 757 Tr	30.22	NWI 2
15	Kyron Green	11	Hampton Road	30.38	NWI 3
16	Andrew Rae	11	Nva Track	30.58	NWI 3
17	Marcus Singleton	11	Dale City Li	30.61	NWI 4
18	Antonio Levison III	11	Heart N Glor	30.70	NWI 3
19	Josiah Logan	11	Virginia Blaze	31.08	NWI 3
20	Jahari Simpson	11	Eastend Lightning	31.14	NWI 2

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 200 Meter Dash 11 years old**

21	Stephen Carroll	11	Nva Track	31.55	NWI	3
22	Maurice Ross-Bell Jr	11	757 Colts Tr	31.55	NWI	2
23	Julian Jarvis	11	Virginia Blaze	32.03	NWI	2
24	Ikemefuna Uketui	11	Dale City Li	32.41	NWI	3
25	Lawrence Worthem	11	Spartan Chos	32.59	NWI	1
26	Michael Fleming	11	Legion of Zo	32.77	NWI	4
27	Eli Hawkins	11	Mach 5 Athletics	34.64	NWI	4

Boys 200 Meter Dash 11 years old

Name	Year	Team	Finals	Wind
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Finals

1	Karon Parker	11	Global Trans	26.74	NWI
2	Byron Baxter	11	Eastend Lightning	26.97	NWI
3	Larry Cherry	11	Legion of Zo	27.28	NWI
4	Tyler Robinson	11	Dale City Li	27.53	NWI
5	Nehemiah Brock	11	Lazers Track Club	27.82	NWI
6	Jayden Antoine	11	Speed Evolut	28.19	NWI
7	Ian Murray	11	Dale City Li	28.43	NWI
8	Xzavier McIntyre	11	360 Elite Tr	28.52	NWI

Boys 400 Meter Dash 11 years old

Name	Year	Team	Finals	H#
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1	Javelle Wiley	11	Global Trans	1:03.60	4
2	Terrance Long	11	Rdu Express	1:03.83	4
3	Tyler Robinson	11	Dale City Li	1:04.56	3
4	Larry Cherry	11	Legion of Zo	1:04.74	4
5	Xzavier McIntyre	11	360 Elite Tr	1:04.88	2
6	Chase Elliott	11	Dale City Li	1:06.08	3
7	Ethan Duval	11	Legacy Track	1:06.48	3
8	Sylvester Powell	11	Virginia Elite	1:07.08	4
9	Antonio Levison III	11	Heart N Glor	1:08.07	1
10	Kameron Goodman	11	Virgina Tigers	1:08.21	1
11	Jermaine Finkley Jr	11	Legion of Zo	1:08.44	2
12	Shaun Grady	11	Dale City Li	1:09.32	3
13	Karrington Grant	11	360 Elite Tr	1:09.41	2
14	Christopher Robinson	11	Hampton Road	1:09.63	2
15	Cameron Coles	11	Eastend Lightning	1:10.03	2
16	Andrew Rae	11	Nva Track	1:10.62	3
17	Marcus Singleton	11	Dale City Li	1:10.84	3
18	Tariq Kolb	11	Dale City Li	1:13.34	4
19	Jahari Simpson	11	Eastend Lightning	1:13.36	1
20	Lawrence Worthem	11	Spartan Chos	1:13.77	4
21	Josiah Griffin	11	Legacy Track	1:14.28	3
22	Ikemefuna Uketui	11	Dale City Li	1:14.52	4
23	Michael Fleming	11	Legion of Zo	1:15.12	2
24	Coen Chupp	11	Shockwaves Y	1:15.27	3
25	Robert Peterson Jr	11	Heart N Glor	1:18.67	2
--	Blake Parker	11	Dale City Li	DNF	4

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 800 Meter Run 11 years old**

Name	Year Team	Finals
1 Thomas Kim	11 VA House of Speed	2:30.39
2 Nicholas Norwood	11 Virginia Pri	2:33.57
3 Jermaine Finkley Jr	11 Legion of Zo	2:34.17
4 Lamaas Bey	11 Unattached	2:35.28
5 Chase Elliott	11 Dale City Li	2:35.72
6 Ethan Duval	11 Legacy Track	2:42.31
7 Cameron Coles	11 Eastend Lightning	2:46.79
8 Kingston Clark Jr	11 Club Blue AllStars	2:50.00
9 Marcus Singleton	11 Dale City Li	2:50.52
10 Josiah Griffin	11 Legacy Track	2:54.42
11 Coen Chupp	11 Shockwaves Y	2:57.59
12 Christopher Robinson	11 Hampton Road	2:58.68
13 Kameron Goodman	11 Virginia Tigers	2:59.41
14 Elijah Chandler	11 Hampton Road	3:00.93

Boys 1500 Meter Run 11 years old

Name	Year Team	Finals
1 Thomas Kim	11 VA House of Speed	4:56.38
2 Lamaas Bey	11 Unattached	5:13.32
3 Jermaine Finkley Jr	11 Legion of Zo	5:14.18
4 Nicholas Norwood	11 Virginia Pri	5:28.86
5 Kingston Clark Jr	11 Club Blue AllStars	5:46.13

Boys 3000 Meter Run 11 years old

Name	Year Team	Finals
1 Thomas Kim	11 VA House of Speed	10:44.52
2 Lamaas Bey	11 Unattached	11:14.54
3 Bryson Nemec	11 Unattached	12:51.47

Boys 80 Meter Hurdles 11 years old

Name	Year Team	Finals	Wind
1 Kasaun Goodman	11 Track 757 Tr	16.22	NWI
2 Elijah Ballard-Maung	11 Virginia Pri	18.56	NWI

Boys Long Jump 11 years old

Name	Year Team	Finals	Wind
1 Nehemiah Brock	11 Lazars Track Club	16-10.25	NWI
2 Julian Jarvis	11 Virginia Blaze	14-02.75	NWI
3 Josiah Logan	11 Virginia Blaze	13-10.25	NWI
4 Isaac Preston	11 Dale City Li	13-08.00	NWI
5 Karon Parker	11 Global Trans	13-07.50	NWI
6 Rodney Chance	11 Global Trans	13-04.50	NWI
7 Elijah Ballard-Maung	11 Virginia Pri	13-01.25	NWI
8 Jahari Simpson	11 Eastend Lightning	12-11.50	NWI
9 Christian Kearney	11 Global Trans	12-05.75	NWI

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys Long Jump 11 years old**

10	Khalil Jefferson	11	Eastend Lightning	12-04.50	NWI	3.77m
11	Javelle Wiley	11	Global Trans	12-04.00	NWI	3.75m
12	Eli Hawkins	11	Mach 5 Athletics	11-02.75	NWI	3.42m
13	Stephen Carroll	11	Nva Track	10-01.50	NWI	3.08m
14	Nahshon Harris	11	Global Trans	10.25	NWI	0.26m
--	Byron Baxter	11	Eastend Lightning	FOUL		

Boys Shot Put 6 lbs 11 years old

Name	Year	Team	Finals	
1 Rodney Chance	11	Global Trans	29-11.00	9.11m
2 Ian Murray	11	Dale City Li	25-01.25	7.65m
3 Justin Fancher	11	Eastend Lightning	25-01.00	7.64m
4 Titus Turner	11	Virginia Bea	21-01.00	6.42m
5 Liam Lynch	11	Unattached	20-08.00	6.29m
6 William Blow Jr	11	757 Colts Tr	20-05.75	6.24m

Boys Discus Throw 1.0 Kg 11 years old

Name	Year	Team	Finals	
1 Rodney Chance	11	Global Trans	63-04.50	19.31m
2 Titus Turner	11	Virginia Bea	49-02.50	14.99m
3 William Blow Jr	11	757 Colts Tr	36-03.50	11.06m

Boys Javelin Throw Turbo (400 g 11 years old

Name	Year	Team	Finals	
1 Kyron Green	11	Hampton Road	70-11	21.61m
2 Noah Norwood	11	Virginia Pri	67-06	20.57m
3 Josiah Griffin	11	Legacy Track	57-03.50	17.46m
4 Liam Lynch	11	Unattached	56-00	17.06m
5 Justin Fancher	11	Eastend Lightning	54-02	16.51m
6 William Blow Jr	11	757 Colts Tr	47-03	14.40m
7 Maurice Ross-Bell Jr	11	757 Colts Tr	46-01	14.04m
8 Noah Nicholas	11	Virginia Rap	45-10	13.97m
9 Kenneth Wright	11	Virginia Bea	42-11	13.08m
10 Jayden Andrews	11	Virginia Blaze	39-10.50	12.15m
11 Eli Hawkins	11	Mach 5 Athletics	37-00	11.27m

Outdoor Pentathlon: #5 Boys 1500 Meter Run 11 years old Outdoor Pentathlon

Name	Year	Team	Finals	Points
1 Christian Kearney	11	Global Trans	6:14.63	208
2 Josiah Logan	11	Virginia Blaze	6:26.50	166

Outdoor Pentathlon: #1 Boys 80 Meter Hurdles 11 years old Outdoor Pentathlon

Name	Year	Team	Finals	Wind	Points
1 Christian Kearney	11	Global Trans	16.00	NWI	516
2 Josiah Logan	11	Virginia Blaze	16.20	NWI	496

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Outdoor Pentathlon: #4 Boys High Jump 11 years old Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Josiah Logan	11 Virginia Blaze	1.17m 3-10.00	170
2 Christian Kearney	11 Global Trans	1.07m 3-06.00	116

Outdoor Pentathlon: #2 Boys Long Jump 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Christian Kearney	11 Global Trans	4.84m +0.0	15-10.50	352
2 Josiah Logan	11 Virginia Blaze	3.93m +0.0	12-10.75	195

Outdoor Pentathlon: #3 Boys Shot Put 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Christian Kearney	11 Global Trans	6.40m 21-00.00	272
2 Josiah Logan	11 Virginia Blaze	5.80m 19-00.50	237

Boys Outdoor Pentathlon 11 years old

Name	Year Team	Finals	H#
1 Christian Kearney	11 Global Trans	1464	
2 Josiah Logan	11 Virginia Blaze	1264	

Boys 1500 Meter Race Walk 11 years old

Name	Year Team	Finals
1 Elijah Chandler	11 Hampton Road	10:31.90

Boys 100 Meter Dash 12 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Chadney Cross 2	10 Virginia Tigers	11.91q	NWI	1
2 William Moreland	10 Virginia Bea	13.05q	NWI	3
3 Na'Ir Fletcher	10 WolfPack	13.06q	NWI	2
4 Na'Shad Dozier	10 WolfPack	13.43q	NWI	1
5 Isaiah Capa	10 Virginia Tigers	13.46q	NWI	3
6 Jeremiah White	10 Virginia Sta	13.51q	NWI	1
7 Amari Wilson	10 Eastend Lightning	13.52q	NWI	2
8 Michael Razeeq	10 Speed Evolut	13.57q	NWI	2
9 Jayon Bond	10 West End Ric	14.02	NWI	2
10 Keenan Helm	10 Virginia Rap	14.08	NWI	2
11 Nekho Lewis	10 Cavs' Track	14.48	NWI	1
12 Kori Love	10 Club Blue AllStars	14.56	NWI	1
13 Nasier Smith	10 Jdc3 Elite	14.63	NWI	3
14 Sebastian Cooke	10 Dale City Li	14.91	NWI	2
15 Chase Hagans	10 Pwc Panthers	15.77	NWI	3

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 100 Meter Dash 12 years old**

Name	Year Team	Finals	Wind
Finals			
1 Chadney Cross 2	10 Virgina Tigers	11.68	NWI
2 Na'Ir Fletcher	10 WolfPack	12.57	NWI
3 Jeremiah White	10 Virginia Sta	12.81	NWI
4 William Moreland	10 Virginia Bea	12.84	NWI
5 Michael Razeeq	10 Speed Evolut	13.16	NWI
6 Isaiah Capa	10 Virgina Tigers	13.18	NWI
7 Amari Wilson	10 Eastend Lightning	13.29	NWI
8 Na'Shad Dozier	10 WolfPack	13.31	NWI

Boys 200 Meter Dash 12 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Chadney Cross 2	10 Virgina Tigers	24.33q	NWI	2
2 Maliek Nelson	10 Virginia Elite	25.45q	NWI	1
3 John Cody	10 Global Trans	26.06q	NWI	3
4 Michael Razeeq	10 Speed Evolut	26.86q	NWI	1
5 William Moreland	10 Virginia Bea	26.99q	NWI	2
6 Na'Ir Fletcher	10 WolfPack	27.00q	NWI	3
7 Na'Shad Dozier	10 WolfPack	27.02q	NWI	2
8 Isaiah Capa	10 Virgina Tigers	27.07q	NWI	1
9 Jeremiah White	10 Virginia Sta	27.17	NWI	1
10 Amari Wilson	10 Eastend Lightning	27.70	NWI	2
11 Asnaka Holdcroft	10 Dale City Li	27.90	NWI	2
12 Gavin Wallace	10 Pathfinders	28.60	NWI	3
13 Antonio Murray	10 Dale City Li	29.20	NWI	3
14 Jasiah Williams	10 WolfPack	29.23	NWI	1
15 Spencer Sweeney	10 Nva Track	29.55	NWI	2
16 Sebastian Cooke	10 Dale City Li	29.96	NWI	2
17 Dallas Jackson	10 Eastend Lightning	30.83	NWI	1

Boys 200 Meter Dash 12 years old

Name	Year Team	Finals	Wind
Finals			
1 Chadney Cross 2	10 Virgina Tigers	24.33	NWI
2 Maliek Nelson	10 Virginia Elite	24.37	NWI
3 John Cody	10 Global Trans	25.84	NWI
4 William Moreland	10 Virginia Bea	26.68	NWI
5 Na'Ir Fletcher	10 WolfPack	26.70	NWI
6 Isaiah Capa	10 Virgina Tigers	27.03	NWI
7 Michael Razeeq	10 Speed Evolut	27.23	NWI
8 Na'Shad Dozier	10 WolfPack	27.27	NWI

Boys 400 Meter Dash 12 years old

Name	Year Team	Finals	H#
1 Chadney Cross 2	10 Virgina Tigers	56.73	3
2 Maliek Nelson	10 Virginia Elite	56.76	3

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 400 Meter Dash 12 years old**

3	John Cody	10	Global Trans	58.62	3
4	Michael Razeeq	10	Speed Evolut	1:00.57	2
5	Kristopher Harrison	10	Virginia Elite	1:00.65	3
6	Na'Shad Dozier	10	WolfPack	1:01.19	3
7	Isaiah Capa	10	Virgina Tigers	1:02.18	3
8	William Moreland	10	Virginia Bea	1:03.37	3
9	Asnaka Holdcroft	10	Dale City Li	1:03.55	2
10	Marcel Worthem	10	Spartan Chos	1:04.93	2
11	Jasiah Williams	10	WolfPack	1:07.06	1
12	Sean White	10	Legion of Zo	1:07.40	1
13	Gavin Wallace	10	Pathfinders	1:09.37	1
14	Ke'Arion Burch	10	Virginia Rap	1:09.73	1
15	Dereon Huels	10	Virginia Rap	1:10.01	1
16	Jayon Bond	10	West End Ric	1:10.09	2
17	Zion Gatson	10	Legacy Track	1:10.36	2
18	Spencer Sweeney	10	Nva Track	1:12.68	2
19	Chase Hagans	10	Pwc Panthers	1:16.20	2
20	Samuel Osborne	10	Pathfinders	1:36.08	1

Boys 800 Meter Run 12 years old

Name	Year	Team	Finals
1 Elias Mitchell	10	Aerial Supreme	2:26.89
2 Marcel Worthem	10	Spartan Chos	2:27.95
3 Kristopher Harrison	10	Virginia Elite	2:28.14
4 Asnaka Holdcroft	10	Dale City Li	2:34.32
5 Zion Gatson	10	Legacy Track	2:38.24
6 Sean White	10	Legion of Zo	2:39.72
7 Jayden Earl	10	Hampton Road	2:50.49
8 Jamaal Ralph Jr	10	Eastend Lightning	2:54.86
9 Alec Turner	10	Virginia Bea	3:28.11

Boys 1500 Meter Run 12 years old

Name	Year	Team	Finals
1 Marcel Worthem	10	Spartan Chos	5:10.17
2 Caleb James	10	VA House of Speed	5:17.62
3 Zion Gatson	10	Legacy Track	5:46.61
4 Jayden Earl	10	Hampton Road	5:59.80
5 Alex Barbrow	10	Virginia Pri	6:11.39
6 Jamaal Ralph Jr	10	Eastend Lightning	6:13.35
7 Sanat Seth	10	Virginia Pri	7:21.10

Boys 3000 Meter Run 12 years old

Name	Year	Team	Finals
1 Caleb James	10	VA House of Speed	10:52.33
2 Lucas King	10	Virginia Rap	12:33.91

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 80 Meter Hurdles 12 years old**

Name	Year Team	Finals	Wind
1 Elias Mitchell	10 Aerial Supreme	14.03	NWI
2 Kori Love	10 Club Blue AllStars	16.11	NWI
3 Dezmon Gaddy	10 Eastend Lightning	16.17	NWI
4 Dallas Jackson	10 Eastend Lightning	16.47	NWI
5 Chase Agee	10 Virginia Bea	16.83	NWI

Boys 4x400 Meter Relay 12 years old

Team	Finals
1 Global Transitions Academy 'A'	4:15.71
2 Virginia Elite 'A'	4:16.75
3 Virginia Blaze 'A'	5:14.50

Boys 4x800 Meter Relay 12 years old

Team	Finals
1 Eastend Lightning 'A'	11:32.69

Boys High Jump 12 years old

Name	Year Team	Finals	
1 Antonio Murray	10 Dale City Li	4-08.00	1.42m
2 Elias Mitchell	10 Aerial Supreme	J4-08.00	1.42m
3 Nekho Lewis	10 Cavs' Track	4-02.00	1.27m
4 Ke'Arion Burch	10 Virginia Rap	J4-02.00	1.27m

Boys Long Jump 12 years old

Name	Year Team	Finals	Wind	
1 Jeremiah White	10 Virginia Sta	14-09.75	NWI	4.51m
2 Amari Wilson	10 Eastend Lightning	14-08.75	NWI	4.48m
3 Dallas Jackson	10 Eastend Lightning	14-06.50	NWI	4.43m
4 Spencer Sweeney	10 Nva Track	14-05.25	NWI	4.40m
5 Antonio Murray	10 Dale City Li	14-02.75	NWI	4.33m
6 Sebastian Cooke	10 Dale City Li	13-11.50	NWI	4.25m
7 Ziggy Tolson	10 Virginia Blaze	13-05.75	NWI	4.10m
8 Dezmon Gaddy	10 Eastend Lightning	13-00.50	NWI	3.97m

Boys Shot Put 6 lbs 12 years old

Name	Year Team	Finals	
1 Michael James Jr	10 Dale City Li	45-02.00	13.76m
2 Ke'Arion Burch	10 Virginia Rap	30-07.50	9.33m
3 Marshall Klinefelter	10 Unattached	30-06.00	9.29m
4 Christopher Cumby	10 Commonwealth	27-11.00	8.50m
5 Jeremiah Mccloud	10 Unattached	24-10.00	7.56m
6 Nasier Smith	10 Jdc3 Elite	21-06.00	6.55m
7 Taylin Terry-Sutton	10 Virginia Sta	17-10.00	5.43m

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys Discus Throw 1.0 Kg 12 years old**

Name	Year Team	Finals	
1 Michael James Jr	10 Dale City Li	115-02.50	35.11m
2 Christopher Cumby	10 Commonwealth	96-02.50	29.32m
3 Lucas King	10 Virginia Rap	55-10.50	17.03m
4 Taylin Terry-Sutton	10 Virginia Sta	30-07.50	9.33m

Boys Javelin Throw Turbo (400 g 12 years old

Name	Year Team	Finals	
1 Michael James Jr	10 Dale City Li	120-04	36.67m
2 Marshall Klinefelter	10 Unattached	67-00	20.42m
3 Jeremiah Mccloud	10 Unattached	64-05	19.63m
4 Alec Turner	10 Virginia Bea	60-05	18.41m
5 Dereon Huels	10 Virginia Rap	58-08	17.88m
6 Chase Agee	10 Virginia Bea	57-05	17.50m
7 Keenan Helm	10 Virginia Rap	43-03	13.18m
8 Naaman Douet	10 Mach 5 Athletics	42-07	12.97m
9 Taylin Terry-Sutton	10 Virginia Sta	30-06	9.29m

Outdoor Pentathlon: #5 Boys 1500 Meter Run 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Elias Mitchell	10 Aerial Supreme	5:42.21	341
2 Lucas King	10 Virginia Rap	5:54.38	287
3 Dezmon Gaddy	10 Eastend Lightning	6:24.06	174
4 Dallas Jackson	10 Eastend Lightning	6:54.43	86

Outdoor Pentathlon: #1 Boys 80 Meter Hurdles 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Elias Mitchell	10 Aerial Supreme	14.90	NWI	642
2 Dallas Jackson	10 Eastend Lightning	17.60	NWI	359
3 Dezmon Gaddy	10 Eastend Lightning	18.80	NWI	258
4 Lucas King	10 Virginia Rap	26.90	NWI	

Outdoor Pentathlon: #4 Boys High Jump 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Dezmon Gaddy	10 Eastend Lightning	1.32m	4-04.00 263
2 Elias Mitchell	10 Aerial Supreme	1.22m	4-00.00 200
3 Lucas King	10 Virginia Rap	1.07m	3-06.00 116
4 Dallas Jackson	10 Eastend Lightning	0.97m	3-02.25 68

Outdoor Pentathlon: #2 Boys Long Jump 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Elias Mitchell	10 Aerial Supreme	4.27m	+0.0	14-00.25 250
2 Dallas Jackson	10 Eastend Lightning	4.02m	+0.0	13-02.25 209
3 Dezmon Gaddy	10 Eastend Lightning	3.50m	0.2	11-05.75 130

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Outdoor Pentathlon: #2 Boys Long Jump 12 years old Outdoor Pentathlon**

4 Lucas King	10 Virginia Rap	3.03m	+0.0	9-11.25	69
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Outdoor Pentathlon: #3 Boys Shot Put 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Lucas King	10 Virginia Rap	7.33m	24-00.75
2 Elias Mitchell	10 Aerial Supreme	5.41m	17-09.00
3 Dezmon Gaddy	10 Eastend Lightning	5.37m	17-07.50
4 Dallas Jackson	10 Eastend Lightning	4.43m	14-06.50

Boys Outdoor Pentathlon 12 years old

Name	Year Team	Finals	H#
1 Elias Mitchell	10 Aerial Supreme	1648	
2 Dezmon Gaddy	10 Eastend Lightning	1037	
3 Dallas Jackson	10 Eastend Lightning	880	
4 Lucas King	10 Virginia Rap	799	

Boys 1500 Meter Race Walk 12 years old

Name	Year Team	Finals
1 Michael Walton	10 Virginia Sta	11:13.85

Boys 100 Meter Dash 13 years old

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Ronald Trott	09 VA House of Speed	11.95q	NWI	3
2 Christopher Rouse	09 Eastend Lightning	11.96q	NWI	1
3 Jeremiah Singleton	09 Legion of Zo	12.25q	NWI	2
4 Jaysean Preston	09 Virginia Bea	12.47q	NWI	3
5 Ananias Boyd Jr	09 Hampton Road	12.58q	NWI	4
6 Zyron Wells	09 Smithfield Packers	12.59q	NWI	2
7 John Mcmillan-Floyd	09 Virginia Bea	12.93q	NWI	2
8 Caleb Gant	09 Legacy Track	12.94q	NWI	2
9 Jeffrey Whitley	09 Youth Sports	12.98	NWI	4
10 Jordan Smith	09 Nva Track	13.15	NWI	4
11 Dillon House	09 VA House of Speed	13.17	NWI	1
12 Philip Bowling Iv	09 Eastend Lightning	13.19	NWI	4
13 Malachai Finch	09 Hampton Road	13.25	NWI	3
14 Jordan Etheridge	09 Heart N Glor	13.48	NWI	3
15 Alton Blackwell	09 Global Trans	13.51	NWI	2
16 Trenton Johnson	09 Nva Track	13.62	NWI	3
17 Ismail Gilliam	09 Hampton Road	13.87	NWI	1
18 Emanuel Hughes	09 Virginia Rap	13.88	NWI	4
19 Darrell Givens Jr	09 Heart N Glor	14.09	NWI	3
20 Tyler Stanford	09 Nva Track	14.15	NWI	2
21 Gabriel Hamilton	09 Dale City Li	14.53	NWI	1
22 Samuel Houston	09 West End Ric	15.01	NWI	1
23 Paul Conley Jr	09 Spartan Chos	15.15	NWI	1

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 100 Meter Dash 13 years old**

Name	Year Team	Finals	Wind
Finals			
1 Christopher Rouse	09 Eastend Lightning	11.63	NWI
2 Ronald Trott	09 VA House of Speed	11.80	NWI
3 Jeremiah Singleton	09 Legion of Zo	12.25	NWI
4 Jaysean Preston	09 Virginia Bea	12.57	NWI
5 Caleb Gant	09 Legacy Track	12.77	NWI
6 Zyron Wells	09 Smithfield Packers	12.79	NWI
7 Ananias Boyd Jr	09 Hampton Road	12.88	NWI
8 John Mcmillan-Floyd	09 Virginia Bea	13.00	NWI

Boys 200 Meter Dash 13 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Christopher Rouse	09 Eastend Lightning	24.29q	NWI	3
2 Andre Alexander Jr	09 Virgina Tigers	24.67q	NWI	2
3 Jeremiah Singleton	09 Legion of Zo	25.16q	NWI	4
4 John Bishop	09 Dale City Li	25.76q	NWI	2
5 Ananias Boyd Jr	09 Hampton Road	25.96q	NWI	4
6 Zyron Wells	09 Smithfield Packers	26.04q	NWI	4
7 Jaysean Preston	09 Virginia Bea	26.05q	NWI	2
8 Jaden Weathers	09 Global Trans	26.13q	NWI	4
9 Dylan Thombs	09 Eastend Lightning	26.32	NWI	1
10 Jeffrey Whitley	09 Youth Sports	26.38	NWI	1
11 Xavier Forde	09 Nva Track	26.39	NWI	3
12 Micah Wollam	09 Nva Track	26.47	NWI	3
13 Zachary Petersen	09 VA House of Speed	26.52	NWI	1
14 Jordan Smith	09 Nva Track	26.73	NWI	3
15 Caleb Gant	09 Legacy Track	26.79	NWI	2
16 Jonte' Granger Jr	09 360 Elite Tr	26.93	NWI	3
17 Malachai Finch	09 Hampton Road	27.04	NWI	1
18 Harry Franklin Jr	09 Eastend Lightning	27.06	NWI	2
19 Philip Bowling Iv	09 Eastend Lightning	27.72	NWI	1
20 Tyler Stanford	09 Nva Track	28.59	NWI	4
21 Trenton Johnson	09 Nva Track	28.60	NWI	4
22 Samuel Houston	09 West End Ric	29.49	NWI	2
23 Gabriel Hamilton	09 Dale City Li	29.84	NWI	1
24 Paul Conley Jr	09 Spartan Chos	33.12	NWI	3

Boys 200 Meter Dash 13 years old

Name	Year Team	Finals	Wind
Finals			
1 Christopher Rouse	09 Eastend Lightning	23.61	NWI
2 Andre Alexander Jr	09 Virgina Tigers	24.55	NWI
3 Jeremiah Singleton	09 Legion of Zo	25.08	NWI
4 Jaysean Preston	09 Virginia Bea	25.63	NWI
5 Ananias Boyd Jr	09 Hampton Road	25.93	NWI
6 Jaden Weathers	09 Global Trans	25.95	NWI
7 John Bishop	09 Dale City Li	26.09	NWI
8 Zyron Wells	09 Smithfield Packers	26.22	NWI

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 400 Meter Dash 13 years old**

Name	Year Team	Prelims	H#
Preliminaries			
1 Andre Alexander Jr	09 Virgina Tigers	54.62q	1
2 John Bishop	09 Dale City Li	56.95q	2
3 Jeremiah Singleton	09 Legion of Zo	57.94q	2
4 Micah Wollam	09 Nva Track	58.70q	4
5 Elijah Boggs	09 Virgina Tigers	59.07q	2
6 Jaden Weathers	09 Global Trans	59.58q	4
7 Jeffrey Whitley	09 Youth Sports	59.64q	1
8 Zachary Petersen	09 VA House of Speed	1:00.05q	3
9 Silas Metcalfe	09 Pwc Panthers	1:00.30	4
10 Ismail Gilliam	09 Hampton Road	1:00.36	3
11 Jonte' Granger Jr	09 360 Elite Tr	1:00.70	3
12 Kaeleb Gilchrist	09 Virgina Tigers	1:01.26	1
13 Kameron Jennifer	09 Heart N Glor	1:01.42	3
14 Caleb Gant	09 Legacy Track	1:01.58	2
15 Emanuel Hughes	09 Virginia Rap	1:01.60	2
16 Harry Franklin Jr	09 Eastend Lightning	1:01.76	4
17 Terrell Godwin	09 360 Elite Tr	1:02.19	1
18 Jordan Smith	09 Nva Track	1:02.54	1
19 Trenton Johnson	09 Nva Track	1:03.62	2
20 Tyler Stanford	09 Nva Track	1:03.65	4
21 Jeremiah Jones	09 360 Elite Tr	1:03.93	1
22 Henry Currence-Mcveigh	09 West End Ric	1:04.03	3
23 Daniel Edmonds	09 West End Ric	1:06.00	1
24 Darrell Givens Jr	09 Heart N Glor	1:06.10	4
25 Samuel Houston	09 West End Ric	1:08.39	3
26 Gabriel Hamilton	09 Dale City Li	1:18.02	3

Boys 400 Meter Dash 13 years old

Name	Year Team	Finals
Finals		
1 Andre Alexander Jr	09 Virgina Tigers	54.41
2 John Bishop	09 Dale City Li	57.62
3 Jeremiah Singleton	09 Legion of Zo	58.26
4 Micah Wollam	09 Nva Track	58.29
5 Elijah Boggs	09 Virgina Tigers	59.01
6 Jeffrey Whitley	09 Youth Sports	59.28
7 Jaden Weathers	09 Global Trans	59.94
8 Zachary Petersen	09 VA House of Speed	59.97

Boys 800 Meter Run 13 years old

Name	Year Team	Finals
1 Ayush Patel	09 Virginia Pri	2:17.74
2 John Bishop	09 Dale City Li	2:21.72
3 Christopher Nigbur	09 Virginia Bea	2:23.47
4 Ismail Gilliam	09 Hampton Road	2:23.90
5 Jalen Finkley	09 Legion of Zo	2:24.67
6 Silas Metcalfe	09 Pwc Panthers	2:25.61
7 Jayden Smith	09 Southern Spr	2:27.64

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 800 Meter Run 13 years old**

8	Elijah Boggs	09	Virgina Tigers	2:29.38
9	Kameron Jennifer	09	Heart N Glor	2:30.02
10	Zachary Paredes	09	VA House of Speed	2:31.84
11	Terrell Godwin	09	360 Elite Tr	2:32.70
12	Emanuel Hughes	09	Virginia Rap	2:38.46
13	Daniel Edmonds	09	West End Ric	2:39.33
14	Henry Currence-Mcveigh	09	West End Ric	2:46.15
15	Akanni Shoniregun	09	Legion of Zo	2:49.92

Boys 1500 Meter Run 13 years old

Name	Year	Team	Finals
1 Ayush Patel	09	Virginia Pri	4:56.84
2 Christopher Nigbur	09	Virginia Bea	5:00.64
3 Jalen Finkley	09	Legion of Zo	5:10.05
4 Jayden Smith	09	Southern Spr	5:17.11
5 Zachary Paredes	09	VA House of Speed	5:22.45
6 Terrell Godwin	09	360 Elite Tr	5:33.35
7 Akanni Shoniregun	09	Legion of Zo	6:12.57
8 Vibhav Seth	09	Virginia Pri	6:43.65

Boys 3000 Meter Run 13 years old

Name	Year	Team	Finals
1 Brayden Nemec	09	Unattached	12:00.09
2 Zachary Paredes	09	VA House of Speed	12:17.41
3 Jack Oliver	09	VA House of Speed	12:20.46

Boys 100 Meter Hurdles 13 years old

Name	Year	Team	Finals	Wind
1 Aljerrod Wright	09	Future Flyers	18.15	NWI
2 Silas Metcalfe	09	Pwc Panthers	19.33	NWI
3 Jordan Etheridge	09	Heart N Glor	19.35	NWI
4 Xavier Forde	09	Nva Track	20.10	NWI
5 Maurice Nicholson	09	Future Flyers	20.39	NWI

Boys 200 Meter Hurdles 13 years old

Name	Year	Team	Finals	Wind	H#
1 Silas Metcalfe	09	Pwc Panthers	29.59	NWI	2
2 Philip Bowling Iv	09	Eastend Lightning	30.68	NWI	1
3 Quincy Gilmer	09	Global Trans	31.51	NWI	2
4 Xavier Forde	09	Nva Track	32.15	NWI	2
5 Kayden Preston	09	Virginia Blaze	32.78	NWI	2
6 Robert Harvey	09	Unattached	33.22	NWI	2
7 Aljerrod Wright	09	Future Flyers	33.37	NWI	2
8 Jacoby Audette	09	Smithfield Packers	37.80	NWI	1

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys High Jump 13 years old**

Name	Year Team	Finals	
1 Anthony Turner	09 Virginia Bea	4-10.00	1.47m
2 Adonis Jones	09 Future Flyers	4-06.00	1.37m
3 Alton Blackwell	09 Global Trans	4-04.00	1.32m
4 Daniel Edmonds	09 West End Ric	4-02.00	1.27m
5 Henry Currence-Mcveigh	09 West End Ric	J4-02.00	1.27m
6 Robert Harvey	09 Unattached	4-00.00	1.21m

Boys Long Jump 13 years old

Name	Year Team	Finals	Wind	
1 Christopher Rouse	09 Eastend Lightning	18-00.25	NWI	5.49m
2 Dillon House	09 VA House of Speed	16-10.75	NWI	5.14m
3 Jaysean Preston	09 Virginia Bea	16-10.00	NWI	5.13m
4 Jaden Weathers	09 Global Trans	16-08.00	NWI	5.08m
5 Alton Blackwell	09 Global Trans	16-06.25	NWI	5.03m
6 Anthony Turner	09 Virginia Bea	15-08.00	NWI	4.77m
7 Zachary Petersen	09 VA House of Speed	15-02.00	NWI	4.62m
8 Ananias Boyd Jr	09 Hampton Road	15-00.50	NWI	4.58m
9 Jalen Finkley	09 Legion of Zo	14-11.00	NWI	4.54m
10 Quincy Gilmer	09 Global Trans	14-09.50	NWI	4.50m
11 Adonis Jones	09 Future Flyers	14-06.00	NWI	4.41m
12 John Mcmillan-Floyd	09 Virginia Bea	14-00.00	NWI	4.26m
13 Emanuel Hughes	09 Virginia Rap	13-04.00	NWI	4.06m
14 Ismail Gilliam	09 Hampton Road	13-03.00	NWI	4.03m
15 Malachai Finch	09 Hampton Road	13-01.25	NWI	3.99m
16 Maurice Nicholson	09 Future Flyers	12-10.75	NWI	3.93m
17 Robert Harvey	09 Unattached	12-04.25	NWI	3.76m

Boys Triple Jump 13 years old

Name	Year Team	Finals	Wind	
1 Christopher Rouse	09 Eastend Lightning	34-09.00	NWI	10.59m
2 Alton Blackwell	09 Global Trans	34-05.00	NWI	10.49m
3 Dillon House	09 VA House of Speed	34-04.00	NWI	10.46m
4 Quincy Gilmer	09 Global Trans	32-06.50	NWI	9.91m
5 Anthony Turner	09 Virginia Bea	32-01.00	NWI	9.77m

Boys Shot Put 4 kg 13 years old

Name	Year Team	Finals	
1 Tyson Atkins	09 Commonwealth	30-00.00	9.14m
2 Paul Conley Jr	09 Spartan Chos	27-01.00	8.25m
3 Malachai Finch	09 Hampton Road	24-03.50	7.40m
4 Harry Franklin Jr	09 Eastend Lightning	21-00.00	6.40m
5 Timothy Sanders	09 Pathfinders	20-04.00	6.19m
6 Nehemiah Hammett	09 Mach 5 Athletics	19-00.00	5.79m
7 Kaylon Barnes	09 F.I.A. Amba	15-09.50	4.81m

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys Discus Throw 1.0 Kg 13 years old**

Name	Year Team	Finals	
1 Tyson Atkins	09 Commonwealth	94-09.50	28.89m
2 Jayden Gaston	09 Western Bran	70-06	21.48m
3 Nehemiah Hammett	09 Mach 5 Athletics	53-01	16.17m
4 Kaylon Barnes	09 F.I.A. Amba	32-08.50	9.96m

Boys Javelin Throw 600 g 13 years old

Name	Year Team	Finals	
1 Dillon House	09 VA House of Speed	86-08.50	26.42m
2 Gabriel Hamilton	09 Dale City Li	59-10.50	18.24m
3 Adonis Jones	09 Future Flyers	54-07	16.63m
4 Aljerrod Wright	09 Future Flyers	49-08.50	15.15m
5 Maurice Nicholson	09 Future Flyers	49-04.25	15.04m
6 Dylan Thombs	09 Eastend Lightning	46-05	14.14m
7 Vibhav Seth	09 Virginia Pri	46-00	14.02m
8 Samuel Houston	09 West End Ric	41-02	12.54m
9 Kaylon Barnes	09 F.I.A. Amba	18-07	5.66m
-- Harry Franklin Jr	09 Eastend Lightning	FOUL	

Outdoor Pentathlon: #5 Boys 1500 Meter Run 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Daniel Edmonds	09 West End Ric	5:55.50	283
2 Kayden Preston	09 Virginia Blaze	6:28.50	160
3 Robert Harvey	09 Unattached	6:34.70	140

Outdoor Pentathlon: #1 Boys 100 Meter Hurdles 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Kayden Preston	09 Virginia Blaze	21.10	NWI	267
2 Daniel Edmonds	09 West End Ric	21.20	NWI	261
3 Robert Harvey	09 Unattached	22.00	NWI	208

Outdoor Pentathlon: #4 Boys High Jump 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Kayden Preston	09 Virginia Blaze	1.37m	4-06.00 297
2 Robert Harvey	09 Unattached	1.27m	4-02.00 231
2 Daniel Edmonds	09 West End Ric	1.27m	4-02.00 231

Outdoor Pentathlon: #2 Boys Long Jump 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Kayden Preston	09 Virginia Blaze	3.88m	0.3 12-08.75	187
2 Robert Harvey	09 Unattached	3.65m	0.4 11-11.75	152
3 Daniel Edmonds	09 West End Ric	3.47m	0.5 11-04.75	126

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Outdoor Pentathlon: #3 Boys Shot Put 13 years old Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Daniel Edmonds	09 West End Ric	7.53m 24-08.50	339
2 Kayden Preston	09 Virginia Blaze	7.23m 23-08.75	321
3 Robert Harvey	09 Unattached	6.90m 22-07.75	301

Boys Outdoor Pentathlon 13 years old

Name	Year Team	Finals H#
1 Daniel Edmonds	09 West End Ric	1240
2 Kayden Preston	09 Virginia Blaze	1232
3 Robert Harvey	09 Unattached	1032

Boys 100 Meter Dash 14 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Bryce Smith	08 Speed Evolut	11.05q	NWI	3
2 Joshua-Kai Smith	08 Dale City Li	11.45q	NWI	3
3 Robert Hughes Jr	08 Global Trans	11.67q	NWI	4
4 Nigel James	08 Virginia Elite	12.18q	NWI	2
5 Andrew Bedell	08 Nva Track	12.52q	NWI	2
6 Zaire Nicholas	08 Legion of Zo	12.54q	NWI	1
7 Robert Manfredi	08 Legacy Track	12.67q	NWI	3
8 Gabriel Simmons	08 Pwc Panthers	12.67q	NWI	4
9 Harrison Kent Jr	08 Hampton Road	12.70	NWI	4
10 Brayden Johnson	08 434 Track &	12.71	NWI	1
11 Justin Fabian	08 Legion of Zo	12.72	NWI	2
12 Maddox Fackel	08 Nva Track	12.94	NWI	2
13 Caine Molina-Paz	08 Pathfinders	13.01	NWI	3
14 Deijon Everette	08 Global Trans	13.11	NWI	3
15 Evan Johnson	08 Legion of Zo	13.20	NWI	1
16 Christopher Saunders	08 Pwc Panthers	13.24	NWI	4
17 James Vinnie Iii	08 360 Elite Tr	13.26	NWI	4
18 Nryan Peterson	08 Club Blue AllStars	13.53	NWI	2
19 Lawrence Shannon	08 Hampton Road	13.63	NWI	2
20 Leland Wrice	08 Virginia Bea	13.82	NWI	4

Boys 100 Meter Dash 14 years old

Name	Year Team	Finals	Wind
Finals			
1 Bryce Smith	08 Speed Evolut	11.04	NWI
2 Robert Hughes Jr	08 Global Trans	11.66	NWI
3 Joshua-Kai Smith	08 Dale City Li	11.70	NWI
4 Nigel James	08 Virginia Elite	12.27	NWI
5 Robert Manfredi	08 Legacy Track	12.51	NWI
6 Zaire Nicholas	08 Legion of Zo	12.56	NWI
7 Andrew Bedell	08 Nva Track	12.70	NWI
8 Gabriel Simmons	08 Pwc Panthers	12.71	NWI

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 200 Meter Dash 14 years old**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Bryce Smith	08 Speed Evolut	22.56q	NWI	2
2 Quincy Wilson	08 Virginia Elite	22.73q	NWI	3
3 Robert Hughes Jr	08 Global Trans	23.33q	NWI	4
4 Joshua-Kai Smith	08 Dale City Li	23.60q	NWI	1
5 Keenen Davis	08 Pwc Panthers	24.53q	NWI	1
6 Nigel James	08 Virginia Elite	24.70q	NWI	3
7 Jase Rhodes	08 Unattached	24.89q	NWI	4
8 Robert Manfredi	08 Legacy Track	25.28q	NWI	1
9 Gabriel Simmons	08 Pwc Panthers	25.33	NWI	2
10 Zaire Nicholas	08 Legion of Zo	25.55	NWI	4
11 Khem Temoka	08 Nva Track	25.66	NWI	2
12 Harrison Kent Jr	08 Hampton Road	25.69	NWI	3
13 Indi Temoka	08 Nva Track	25.93	NWI	2
14 Akshaj Sunkara	08 Nva Track	26.29	NWI	3
15 Thomas Rae	08 Nva Track	26.31	NWI	1
16 Caine Molina-Paz	08 Pathfinders	26.41	NWI	4
17 Evan Garcia	08 Nva Track	26.43	NWI	4
18 Breon Hardnett	08 Virginia Tigers	26.44	NWI	4
19 Justin Fabian	08 Legion of Zo	26.46	NWI	1
20 Maddox Fackel	08 Nva Track	26.74	NWI	1
21 Christopher Saunders	08 Pwc Panthers	27.74	NWI	4
22 James Vinnie Iii	08 360 Elite Tr	28.32	NWI	2
23 Nryan Peterson	08 Club Blue AllStars	28.91	NWI	3

Boys 200 Meter Dash 14 years old

Name	Year Team	Finals	Wind
Finals			
1 Bryce Smith	08 Speed Evolut	22.22	NWI
2 Quincy Wilson	08 Virginia Elite	22.51	NWI
3 Joshua-Kai Smith	08 Dale City Li	22.91	NWI
4 Robert Hughes Jr	08 Global Trans	23.28	NWI
5 Keenen Davis	08 Pwc Panthers	24.07	NWI
6 Nigel James	08 Virginia Elite	24.78	NWI
7 Jase Rhodes	08 Unattached	24.90	NWI
8 Robert Manfredi	08 Legacy Track	25.32	NWI

Boys 400 Meter Dash 14 years old

Name	Year Team	Prelims	H#
Preliminaries			
1 Quincy Wilson	08 Virginia Elite	48.57q	2
2 Joshua-Kai Smith	08 Dale City Li	52.91q	3
3 Brandon Morrow	08 Virginia Pri	53.99q	3
4 Robert Hughes Jr	08 Global Trans	54.09q	4
5 Anthony Bastardi	08 West End Ric	54.40q	1
6 Nigel James	08 Virginia Elite	54.43q	1
7 Jase Rhodes	08 Unattached	54.71q	2
8 Keenen Davis	08 Pwc Panthers	54.85q	2
9 Robert Manfredi	08 Legacy Track	56.87	1

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 400 Meter Dash 14 years old**

10	Thomas Rae	08 Nva Track	56.96	4
11	Evan Garcia	08 Nva Track	58.02	4
12	Khem Temoka	08 Nva Track	58.30	1
13	Akshaj Sunkara	08 Nva Track	58.69	4
14	Gabriel Simmons	08 Pwc Panthers	58.74	3
15	Harrison Kent Jr	08 Hampton Road	59.04	2
16	Maddox Fackel	08 Nva Track	1:00.36	4
17	Zaire Nicholas	08 Legion of Zo	1:00.44	3
18	Sebastian Pla	08 Legacy Track	1:00.68	1
19	Gabriel Moraldo	08 Mach 5 Athletics	1:00.77	3
20	Nryan Peterson	08 Club Blue AllStars	1:03.30	2
21	Deijon Everette	08 Global Trans	1:03.42	1
22	Jack Tucker	08 Legacy Track	1:04.59	2
23	Bruce Givens	08 Youth Sports	1:05.85	1
24	Joseph Hood	08 Club Blue AllStars	1:08.19	4

Boys 400 Meter Dash 14 years old

Name	Year Team	Finals
Finals		
1 Quincy Wilson	08 Virginia Elite	48.33
2 Robert Hughes Jr	08 Global Trans	52.29
3 Brandon Morrow	08 Virginia Pri	53.73
4 Nigel James	08 Virginia Elite	53.94
5 Joshua-Kai Smith	08 Dale City Li	54.05
6 Anthony Bastardi	08 West End Ric	55.03
7 Keenen Davis	08 Pwc Panthers	56.04
8 Jase Rhodes	08 Unattached	56.24

Boys 800 Meter Run 14 years old

Name	Year Team	Finals
1 Brandon Morrow	08 Virginia Pri	2:06.30
2 Naye'Ron Hudson	08 Virginia Elite	2:08.90
3 Anthony Bastardi	08 West End Ric	2:18.11
4 Sebastian Pla	08 Legacy Track	2:28.03
5 Jack Tucker	08 Legacy Track	2:29.33
6 Gabriel Moraldo	08 Mach 5 Athletics	2:31.44
7 Malcolm Lee	08 2nd To None	2:31.89
8 Lawrence Shannon	08 Hampton Road	2:36.85
9 Lucas Small	08 Legion of Zo	2:43.16
10 Patrick Stormer	08 Dale City Li	2:43.44
11 Jaylen Campbell	08 Hampton Road	2:49.32

Boys 1500 Meter Run 14 years old

Name	Year Team	Finals
1 Brandon Morrow	08 Virginia Pri	4:34.96
2 Jacob Zimmerman	08 Dale City Li	5:04.35
3 Malcolm Lee	08 2nd To None	5:15.25
4 Lawrence Shannon	08 Hampton Road	5:21.12
5 Patrick Stormer	08 Dale City Li	5:39.98

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 3000 Meter Run 14 years old**

Name	Year Team	Finals
1 Jacob Zimmerman	08 Dale City Li	11:35.19
2 Patrick Stormer	08 Dale City Li	12:14.17
3 Ethan Santos	08 Hampton City	12:50.19

Boys 100 Meter Hurdles 14 years old

Name	Year Team	Finals	Wind
1 Joshua-Kai Smith	08 Dale City Li	14.61	NWI
2 Keenen Davis	08 Pwc Panthers	14.74	NWI
3 David Veney	08 Eastend Lightning	18.29	NWI
4 Nicholas Raphael	08 Virginia Bea	18.54	NWI

Boys 200 Meter Hurdles 14 years old

Name	Year Team	Finals	Wind
1 Brandon Murray	08 Unattached	25.91	NWI
2 Keenen Davis	08 Pwc Panthers	28.20	NWI
3 David Veney	08 Eastend Lightning	31.23	NWI
4 Joseph Hood	08 Club Blue AllStars	31.25	NWI
5 Dante Taylor Jr	08 Club Blue AllStars	33.61	NWI
6 Nicholas Raphael	08 Virginia Bea	33.74	NWI

Boys 4x100 Meter Relay 14 years old

Team	Finals
1 Global Transitions Academy 'A'	47.34
2 Nva Track 'A'	52.97
3 Future Flyers 'A'	53.14
4 Club Blue AllStars 'A'	56.67

Boys 4x400 Meter Relay 14 years old

Team	Finals
1 Virginia Elite 'A'	3:50.80
2 Nva Track 'A'	4:02.65
3 Legion of Zoom Track Club 'A'	4:11.77
4 Virginia Beach Flames 'A'	4:24.48

Boys High Jump 14 years old

Name	Year Team	Finals
1 Shawn Church Jr	08 Global Trans	5-08.00 1.72m
2 Gavin Stovall	08 Virginia Rap	4-10.00 1.47m
3 Gabriel Simmons	08 Pwc Panthers	4-04.00 1.32m
4 Donte Jr. Dent	08 Global Trans	4-00.00 1.21m
4 Breon Hardnett	08 Virgina Tigers	4-00.00 1.21m

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys Pole Vault 14 years old**

Name	Year Team	Finals
-- Brayden Walker	08 Unattached	NH

Boys Long Jump 14 years old

Name	Year Team	Finals	Wind	H#
1 Brandon Murray	08 Unattached	19-10.00	NWI	6.04m 2
2 Jase Rhodes	08 Unattached	18-05.00	NWI	5.61m 2
3 Shawn Church Jr	08 Global Trans	18-04.50	NWI	5.60m 2
4 Sebastian Pla	08 Legacy Track	17-08.00	NWI	5.38m 2
5 Brayden Johnson	08 434 Track &	16-10.50	NWI	5.14m 2
6 Justin Fabian	08 Legion of Zo	16-09.50	NWI	5.11m 2
7 Robert Manfredi	08 Legacy Track	16-05.75	NWI	5.02m 2
8 David Veney	08 Eastend Lightning	16-05.25	NWI	5.01m 2
9 Evan Johnson	08 Legion of Zo	15-11.00	NWI	4.85m 1
9 Deijon Everette	08 Global Trans	15-11.00	NWI	4.85m 2
11 Harrison Kent Jr	08 Hampton Road	15-09.75	NWI	4.81m 2
12 Gavin Stovall	08 Virginia Rap	14-08.75	NWI	4.48m 2
13 Nicholas Raphael	08 Virginia Bea	14-05.00	NWI	4.39m 1
14 Kamar Archie	08 Eastend Lightning	14-02.00	NWI	4.31m 1
15 Leland Wrice	08 Virginia Bea	14-01.00	NWI	4.29m 1
16 James Harvey	08 Future Flyers	13-05.00	NWI	4.08m 1

Boys Triple Jump 14 years old

Name	Year Team	Finals	Wind
1 Jase Rhodes	08 Unattached	41-08.00	NWI 12.70m
2 Shawn Church Jr	08 Global Trans	39-04.00	NWI 11.98m
3 Gavin Stovall	08 Virginia Rap	30-02.50	NWI 9.20m
4 Deijon Everette	08 Global Trans	29-06.50	NWI 9.00m
5 Leland Wrice	08 Virginia Bea	26-11.50	NWI 8.21m
-- Donte Jr. Dent	08 Global Trans	FOUL	

Boys Shot Put 4 kg 14 years old

Name	Year Team	Finals
1 Mason Bell	08 Spartan Chos	41-06.00 12.64m
2 James Vinnie Iii	08 360 Elite Tr	38-10.50 11.84m
3 Bryant Walker	08 Virginia Bea	28-04.50 8.64m
4 Devyonta' Woodridge	08 Future Flyers	28-02.50 8.59m
5 Nehemiah Douet	08 Mach 5 Athletics	27-00.00 8.22m
6 Christopher Saunders	08 Pwc Panthers	26-01.00 7.95m
7 Isaiah Manigault	08 Dale City Li	24-01.00 7.34m
8 Jaylen Campbell	08 Hampton Road	22-06.50 6.87m

Boys Discus Throw 1.0 Kg 14 years old

Name	Year Team	Finals
1 Mason Bell	08 Spartan Chos	121-09.50 37.12m
2 Bryant Walker	08 Virginia Bea	94-00 28.65m

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys Discus Throw 1.0 Kg 14 years old**

3	Ethan Li	08 Nva Track	90-01	27.45m
4	Christopher Saunders	08 Pwc Panthers	70-11.50	21.62m
5	Jaylen Campbell	08 Hampton Road	70-05.50	21.47m
6	Devyonta' Woodridge	08 Future Flyers	69-00	21.03m
7	James Harvey	08 Future Flyers	66-00.50	20.12m
8	Nehemiah Douet	08 Mach 5 Athletics	54-10	16.71m

Boys Javelin Throw 600 g 14 years old

Name	Year	Team	Finals	
1	Devyonta'	Woodridge	08 Future Flyers	71-00 21.64m
2	Nehemiah	Douet	08 Mach 5 Athletics	56-09 17.29m
3	James	Harvey	08 Future Flyers	54-06.50 16.62m
4	Bryant	Walker	08 Virginia Bea	47-10.50 14.59m
5	Ethan	Santos	08 Hampton City	36-09 11.20m
6	Kamar	Archie	08 Eastend Lightning	30-07 9.32m

Outdoor Pentathlon: #5 Boys 1500 Meter Run 14 years old Outdoor Pentathlon

Name	Year	Team	Finals	Points
1	Brandon	Murray	08 Unattached	5:07.46 518

Outdoor Pentathlon: #1 Boys 100 Meter Hurdles 14 years old Outdoor Pentathlon

Name	Year	Team	Finals	Wind	Points
1	Brandon	Murray	08 Unattached	15.18	NWI 828
2	Kingston	Blackburn	08 Eastend Lightning	38.73	NWI

Outdoor Pentathlon: #4 Boys High Jump 14 years old Outdoor Pentathlon

Name	Year	Team	Finals	Points
1	Brandon	Murray	08 Unattached	1.57m 5-01.75 441
2	Kingston	Blackburn	08 Eastend Lightning	1.42m 4-07.75 331

Outdoor Pentathlon: #2 Boys Long Jump 14 years old Outdoor Pentathlon

Name	Year	Team	Finals	Wind	Points
1	Brandon	Murray	08 Unattached	5.91m 0.5 19-04.75	567
2	Kingston	Blackburn	08 Eastend Lightning	3.05m 0.3 10-00.25	72

Outdoor Pentathlon: #3 Boys Shot Put 14 years old Outdoor Pentathlon

Name	Year	Team	Finals	Points
1	Brandon	Murray	08 Unattached	9.70m 31-10.00 468
2	Kingston	Blackburn	08 Eastend Lightning	4.86m 15-11.50 183

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys Outdoor Pentathlon 14 years old**

Name	Year Team	Finals	H#
1 Brandon Murray	08 Unattached	2822	

Boys 100 Meter Dash 15-16 years old

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Matthew Fisher	06 Virginia Blaze	11.18q	NWI	3
2 Terrance Mahomes	07 Dale City Li	11.22q	NWI	4
3 Nathan Sims	06 Unattached	11.27q	NWI	1
4 Justin Anderson	06 Virginia Pri	11.46q	NWI	3
5 Miles Mompoint	07 Virginia Elite	11.46q	NWI	1
6 Owen Sharlow	06 Virginia Blaze	11.49q	NWI	5
7 Farraj Al-Amin	07 Dale City Li	11.52q	NWI	2
8 Darrell Boyd	07 Hampton Road	11.61q	NWI	2
9 Dean Morrad	06 Nva Track	11.67	NWI	2
10 Triston Crawford	06 Pwc Panthers	11.73	NWI	5
11 Brady Colio	07 Nva Track	11.77	NWI	1
12 Jaidynn Benjamin	06 Pwc Panthers	11.77	NWI	4
13 Jaden Young	06 Superior Track Club	11.79	NWI	4
14 Siyon Bunch	06 Aerial Supreme	11.83	NWI	3
15 Jacob Diehl	06 Nva Track	11.92	NWI	2
16 Patrick Tubbins	06 Spartan Chos	12.00	NWI	4
17 Jaythan Dumas	07 Pwc Panthers	12.01	NWI	1
18 Zavion Knight	07 Smithfield Packers	12.08	NWI	2
19 Brandon Marcelino	06 F.I.A. Amba	12.08	NWI	5
20 Peyton Darby	06 Virginia Blaze	12.15	NWI	3
21 Jared Flowers	07 Virginia Elite	12.18	NWI	4
22 Neimiah Gist	07 360 Elite Tr	12.26	NWI	3
23 Alfredo Vasquez	06 Pwc Panthers	12.26	NWI	2
24 Manesseh Udugba	07 F.I.A. Amba	12.28	NWI	3
25 Shaun Hadley	07 Pwc Panthers	12.46	NWI	5
26 Kron Furguson	06 Virginia Rap	12.52	NWI	5
27 Michael Wolfe	07 Spartan Chos	12.54	NWI	1
28 Ransford Antwi	07 Pwc Panthers	12.61	NWI	4
29 David Monteih	07 Virginia Bea	12.72	NWI	2
30 Amare Boone	07 Smithfield Packers	12.80	NWI	1
31 Jason Woods	06 Spartan Chos	12.82	NWI	5
32 Dawon Harvey Jr	07 Nva Track	12.91	NWI	2
33 Bryce Messi	06 Pwc Panthers	13.40	NWI	3
34 Darnell Nicholson	07 Pwc Panthers	13.62	NWI	3

Boys 100 Meter Dash 15-16 years old

Name	Year Team	Finals	Wind
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Finals

1 Matthew Fisher	06 Virginia Blaze	10.96	NWI
2 Nathan Sims	06 Unattached	11.03	NWI
3 Terrance Mahomes	07 Dale City Li	11.09	NWI
4 Owen Sharlow	06 Virginia Blaze	11.12	NWI
5 Miles Mompoint	07 Virginia Elite	11.32	NWI
6 Darrell Boyd	07 Hampton Road	11.37	NWI

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 100 Meter Dash 15-16 years old**

7 Justin Anderson	06 Virginia Pri	11.38	NWI
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Boys 200 Meter Dash 15-16 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Miles Mompoint	07 Virginia Elite	22.68q	NWI	4
2 Matthew Fisher	06 Virginia Blaze	22.72q	NWI	1
3 Justin Anderson	06 Virginia Pri	22.74q	NWI	1
4 Joshua Davenport	06 Speed Evolut	22.86q	NWI	3
5 Nathan Sims	06 Unattached	22.97q	NWI	2
6 Bradley Cruthirds	06 Comets of Ch	23.16q	NWI	2
7 Brian Harris	06 Virginia Blaze	23.17q	NWI	1
8 Farraj Al-Amin	07 Dale City Li	23.19q	NWI	4
9 Owen Sharlow	06 Virginia Blaze	23.28	NWI	4
10 Landon Reeves	07 Youth Sports	23.46	NWI	3
11 Laythan Thompson	06 Smithfield Packers	23.49	NWI	2
12 Terrance Mahomes	07 Dale City Li	23.55	NWI	2
13 Dean Morrad	06 Nva Track	23.59	NWI	1
14 Brady Colio	07 Nva Track	23.77	NWI	3
15 Derrick Harrell	07 Virginia Elite	23.94	NWI	2
16 Darrell Boyd	07 Hampton Road	23.94	NWI	3
17 Triston Crawford	06 Pwc Panthers	23.95	NWI	4
18 Nathaniel Simmons	06 Pwc Panthers	24.06	NWI	1
19 Jordan Lee	06 Track 757 Tr	24.26	NWI	3
20 Jared Flowers	07 Virginia Elite	24.27	NWI	4
21 Jaythan Dumas	07 Pwc Panthers	24.41	NWI	1
22 Siyon Bunch	06 Aerial Supreme	24.42	NWI	4
23 Jaden Young	06 Superior Track Club	24.44	NWI	3
24 Jason Preston	07 Virginia Bea	24.87	NWI	2
25 Zavion Knight	07 Smithfield Packers	25.80	NWI	2

Boys 200 Meter Dash 15-16 years old

Name	Year Team	Finals	Wind
Finals			
1 Matthew Fisher	06 Virginia Blaze	22.35	NWI
2 Justin Anderson	06 Virginia Pri	22.76	NWI
3 Joshua Davenport	06 Speed Evolut	22.78	NWI
4 Miles Mompoint	07 Virginia Elite	22.79	NWI
5 Brian Harris	06 Virginia Blaze	22.92	NWI
5 Nathan Sims	06 Unattached	22.92	NWI
7 Farraj Al-Amin	07 Dale City Li	22.99	NWI
8 Bradley Cruthirds	06 Comets of Ch	23.18	NWI

Boys 400 Meter Dash 15-16 years old

Name	Year Team	Prelims	H#
Preliminaries			
1 Matthew Fisher	06 Virginia Blaze	50.46q	2
2 Farraj Al-Amin	07 Dale City Li	50.58q	3
3 Justin Anderson	06 Virginia Pri	50.66q	5

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys 400 Meter Dash 15-16 years old**

4	Bradley Cruthirds	06 Comets of Ch	51.03q	2
5	Xavier Southall	06 Spartan Chos	51.68q	2
6	Gregory Reeves	07 Virginia Elite	52.23q	5
7	Gabriel Mason	07 Virginia Elite	52.43q	4
8	Landon Reeves	07 Youth Sports	52.61q	3 52.612
9	Joshua Davenport	06 Speed Evolut	52.61	1 52.616
10	Brian Harris	06 Virginia Blaze	52.65	3
11	Jacomo Manfredi	06 Legacy Track	52.74	4
12	Triston Crawford	06 Pwc Panthers	53.94	3
13	Miles Mompont	07 Virginia Elite	54.62	5
14	Andrew Geiser	07 Unattached	54.64	1
15	Nicholas Bailey	07 VA House of Speed	55.41	4
16	Jared Flowers	07 Virginia Elite	55.51	1
17	Demetris Wilson	07 Virginia Bea	55.83	2
18	Issac Singleton	06 Hampton City	56.11	4
19	Michael Wolfe	07 Spartan Chos	57.44	4
20	Alfredo Vasquez	06 Pwc Panthers	58.28	1
21	Lawrence Brandon	07 Virginia Elite	58.65	4
22	Shaun Hadley	07 Pwc Panthers	58.89	2
23	Jayden Coleman	07 Youth Sports	59.70	1
24	Siyon Bunch	06 Aerial Supreme	1:01.02	5
25	Marcel Davis	07 Global Trans	1:06.26	2
26	Darnell Nicholson	07 Pwc Panthers	1:06.99	4
27	Bryce Messi	06 Pwc Panthers	1:09.73	5

Boys 400 Meter Dash 15-16 years old

Name	Year Team	Finals
Finals		
1 Matthew Fisher	06 Virginia Blaze	50.00
2 Farraj Al-Amin	07 Dale City Li	50.42
3 Bradley Cruthirds	06 Comets of Ch	50.88
4 Justin Anderson	06 Virginia Pri	50.98
5 Xavier Southall	06 Spartan Chos	52.05
6 Gregory Reeves	07 Virginia Elite	52.24
7 Gabriel Mason	07 Virginia Elite	52.33
8 Landon Reeves	07 Youth Sports	53.86

Boys 800 Meter Run 15-16 years old

Name	Year Team	Finals
1 Daniel Danner	06 Virginia Elite	2:03.29
2 Andrew Geiser	07 Unattached	2:03.59
3 Caughnery Freese	06 Shockwaves Y	2:05.49
4 Jayden Curry	06 Unattached	2:09.23
5 Demetris Wilson	07 Virginia Bea	2:11.45
6 Landon Reeves	07 Youth Sports	2:14.14
7 Joshua Kim	07 VA House of Speed	2:14.65
8 Lawrence Brandon	07 Virginia Elite	2:18.62
9 Cameron Mcduffie	07 Dale City Li	2:19.13
10 Omari Johnson	07 Superior Track Club	2:24.96

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 1500 Meter Run 15-16 years old**

Name	Year Team	Finals
1 Joshua Way	06 Unattached	4:16.68
2 Caughnery Freese	06 Shockwaves Y	4:22.24
3 Demetris Wilson	07 Virginia Bea	4:47.85
4 Cameron Mcduffie	07 Dale City Li	4:48.60
5 Joshua Kim	07 VA House of Speed	4:48.90
6 Gavin Zais	07 VA House of Speed	4:52.96
7 Jacob Hakizimana	06 Dale City Li	4:57.77
8 Omari Johnson	07 Superior Track Club	5:01.69

Boys 3000 Meter Run 15-16 years old

Name	Year Team	Finals
1 Joshua Way	06 Unattached	9:30.15
2 Caughnery Freese	06 Shockwaves Y	9:52.24
3 Joshua Kim	07 VA House of Speed	10:41.07
4 Jacob Hakizimana	06 Dale City Li	10:57.59
5 Gavin Zais	07 VA House of Speed	11:00.23

Boys 110 Meter Hurdles 15-16 years old

Name	Year Team	Finals	Wind	H#
1 Davian Burke	06 The Speed Te	15.26	NWI	2
2 Xavier Southall	06 Spartan Chos	15.37	NWI	2
3 Jaymes Saunders	06 Aerial Supreme	15.73	NWI	1
4 Gregory Reeves	07 Virginia Elite	16.29	NWI	1
5 Bradley Cruthirds	06 Comets of Ch	16.84	NWI	2
6 Jason Preston	07 Virginia Bea	16.93	NWI	1
7 Zion Ali	06 Spartan Chos	17.40	NWI	2
8 Sean Hill	07 Virginia Blaze	19.46	NWI	2
9 Abel Mesfin	06 Spartan Chos	19.76	NWI	2

Boys 400 Meter Hurdles 15-16 years old

Name	Year Team	Finals	H#
1 Davian Burke	06 The Speed Te	57.57	2
2 Xavier Southall	06 Spartan Chos	57.96	2
3 Jaymes Saunders	06 Aerial Supreme	1:00.17	2
4 Gregory Reeves	07 Virginia Elite	1:00.58	1
5 Nathaniel Simmons	06 Pwc Panthers	1:03.14	2
6 Zion Ali	06 Spartan Chos	1:04.03	2
7 Jayden Martin	07 Virginia Rap	1:06.43	1
8 Abel Mesfin	06 Spartan Chos	1:06.91	2
9 Lawrence Brandon	07 Virginia Elite	1:07.39	1
10 Issac Singleton	06 Hampton City	1:07.60	1
11 Brayden Bachiller	07 Virginia Blaze	1:13.86	2
12 Jordan Lee	06 Track 757 Tr	1:22.48	1

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys 2000 Meter Steeplechase 15-16 years old**

Name	Year Team	Finals
1 Caughnery Freese	06 Shockwaves Y	6:37.61

Boys 4x100 Meter Relay 15-16 years old

Team	Finals
1 Virginia Blaze 'A'	44.55
2 Nva Track 'A'	45.21
3 Virginia Elite 'A'	45.82
4 Spartan Chosen Virginia 'A'	46.76
5 Pwc Panthers Track & Field Clu 'A'	48.33
5 Smithfield Packers 'A'	48.33

Boys 4x400 Meter Relay 15-16 years old

Team	Finals
1 Virginia Elite 'A'	3:37.02
2 Pwc Panthers Track & Field Clu 'A'	3:42.23

Boys High Jump 15-16 years old

Name	Year Team	Finals	
1 Sean Hill	07 Virginia Blaze	6-00.00	1.82m
2 Jaymes Saunders	06 Aerial Supreme	J6-00.00	1.82m
3 Jayden Curry	06 Unattached	5-10.00	1.77m
4 David Monteih	07 Virginia Bea	5-06.00	1.67m
4 Asi Temoka	06 Nva Track	5-06.00	1.67m
6 Ransford Antwi	07 Pwc Panthers	J5-06.00	1.67m
6 Gregory Reeves	07 Virginia Elite	J5-06.00	1.67m
8 Sean Owens	06 Unattached	5-04.00	1.62m
9 Jason Preston	07 Virginia Bea	J5-04.00	1.62m
-- Jaidynn Benjamin	06 Pwc Panthers	NH	
-- Jordan Tucker	06 West End Ric	NH	

Boys Pole Vault 15-16 years old

Name	Year Team	Finals	
1 Mason Rafter	07 Unattached	13-00.00	3.96m
2 Garrett Boe	06 Unattached	J13-00.00	3.96m
3 Landon Walker	06 Unattached	11-00.00	3.35m

Boys Long Jump 15-16 years old

Name	Year Team	Finals	Wind	H#
1 Brian Harris	06 Virginia Blaze	21-09.25	NWI	6.63m 2
2 Nathan Sims	06 Unattached	21-07.00	NWI	6.57m 2
3 Sean Hill	07 Virginia Blaze	21-06.50	NWI	6.56m 2
4 Farraj Al-Amin	07 Dale City Li	20-11.50	NWI	6.38m 2
5 Nathaniel Simmons	06 Pwc Panthers	20-01.25	NWI	6.12m 2

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Boys Long Jump 15-16 years old**

6	Davian Burke	06	The Speed Te	19-08.00	NWI	5.99m	2
7	Nathan Mccrea	07	Cavs' Track	19-07.50	NWI	5.98m	2
8	Zion Ali	06	Spartan Chos	19-01.00	NWI	5.81m	2
9	Jordan Shears	06	Smithfield Packers	19-00.75	NWI	5.81m	2
10	Jacomo Manfredi	06	Legacy Track	18-10.75	NWI	5.75m	2
11	Siyon Bunch	06	Aerial Supreme	18-09.50	NWI	5.72m	1
12	David Monteih	07	Virginia Bea	18-07.50	NWI	5.67m	2
13	Asi Temoka	06	Nva Track	18-07.00	NWI	5.66m	2
14	Darrell Boyd	07	Hampton Road	18-03.00	NWI	5.56m	2
15	Jayden Martin	07	Virginia Rap	18-02.00	NWI	5.53m	1
16	Jaymes Saunders	06	Aerial Supreme	18-01.00	NWI	5.51m	2
17	Mark Blackwell	07	Global Trans	17-02.50	NWI	5.24m	1
18	Jaidynn Benjamin	06	Pwc Panthers	17-02.00	NWI	5.23m	1
19	Abel Mesfin	06	Spartan Chos	17-01.50	NWI	5.21m	1
20	Zephaniah Palacios	07	Hampton Road	16-10.50	NWI	5.14m	2
21	Brandon Marcelino	06	F.I.A. Amba	16-09.00	NWI	5.10m	1
22	Issac Singleton	06	Hampton City	16-02.75	NWI	4.94m	2
23	Marcel Davis	07	Global Trans	14-10.50	NWI	4.53m	1

Boys Triple Jump 15-16 years old

Name	Year	Team	Finals	Wind	
1 Zion Ali	06	Spartan Chos	38-03.00	NWI	11.65m
2 David Monteih	07	Virginia Bea	37-00.00	NWI	11.27m
3 Zephaniah Palacios	07	Hampton Road	36-07.00	NWI	11.15m
4 Ransford Antwi	07	Pwc Panthers	36-01.00	NWI	10.99m
5 Kron Furguson	06	Virginia Rap	35-04.00	NWI	10.76m
6 Patrick Tubbins	06	Spartan Chos	34-05.00	NWI	10.49m

Boys Shot Put 12 lbs 15-16 years old

Name	Year	Team	Finals	
1	Jahleel Miller	06	Commonwealth	47-00.00 14.32m
2	Dontay Davis	07	Virginia Rap	39-00.00 11.88m
3	Maxie Russell	06	Virginia Elite	36-02.50 11.03m
4	Kevin Miner	06	Unattached	35-10.50 10.93m
5	Jaylen Grady	06	Dale City Li	29-04.00 8.94m
6	Nathaniel Simmons	06	Pwc Panthers	28-06.50 8.69m
7	Jordan Tucker	06	West End Ric	25-03.50 7.70m
8	Alex Hittle	07	Virginia Blaze	16-03.50 4.96m

Boys Discus Throw 1.6 Kg 15-16 years old

Name	Year	Team	Finals	
1	Jahleel Miller	06	Commonwealth	119-07.50 36.46m
2	Maxie Russell	06	Virginia Elite	100-08.50 30.69m
3	Kevin Miner	06	Unattached	99-05 30.30m
4	Jaylen Grady	06	Dale City Li	92-01.50 28.07m
5	Dontay Davis	07	Virginia Rap	86-04.50 26.32m
6	Nehemiah Perez	07	Hampton City	80-01.50 24.42m
--	Jordan Tucker	06	West End Ric	FOUL

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Boys Javelin Throw 800 g 15-16 years old**

Name	Year Team	Finals	
1 Derrick Moore	07 Unattached	116-06	35.50m
2 Kevin Miner	06 Unattached	110-05	33.65m
3 Sean Owens	06 Unattached	98-01.50	29.90m
4 Jaylen Grady	06 Dale City Li	80-06	24.53m
5 Brayden Bachiller	07 Virginia Blaze	73-02	22.30m
6 Nehemiah Perez	07 Hampton City	56-08	17.27m
7 Alex Hittle	07 Virginia Blaze	51-10.75	15.81m

Decathlon: #1 Boys 100 Meter Dash 15-16 years old Decathlon

Name	Year Team	Finals	Wind	Points
1 Kevin Miner	06 Unattached	11.54	NWI	744
2 Nyel Satterwhite	07 Virginia Blaze	11.56	NWI	740
3 Derrick Moore	07 Unattached	11.70	NWI	711

Decathlon: #5 Boys 400 Meter Dash 15-16 years old Decathlon

Name	Year Team	Finals	Points
1 Nyel Satterwhite	07 Virginia Blaze	58.40	469
2 Derrick Moore	07 Unattached	1:03.50	302
3 Kevin Miner	06 Unattached	1:08.60	168

Decathlon: #10 Boys 1500 Meter Run 15-16 years old Decathlon

Name	Year Team	Finals	Points
1 Derrick Moore	07 Unattached	5:30.70	396
2 Nyel Satterwhite	07 Virginia Blaze	5:47.53	317
3 Kevin Miner	06 Unattached	5:59.14	268

Decathlon: #6 Boys 110 Meter Hurdles 15-16 years old Decathlon

Name	Year Team	Finals	Wind	Points
1 Derrick Moore	07 Unattached	15.34	NWI	809
2 Kevin Miner	06 Unattached	16.49	NWI	679
3 Nyel Satterwhite	07 Virginia Blaze	17.52	NWI	571

Decathlon: #4 Boys High Jump 15-16 years old Decathlon

Name	Year Team	Finals	Points
1 Nyel Satterwhite	07 Virginia Blaze	1.52m	4-11.75 404
1 Kevin Miner	06 Unattached	1.52m	4-11.75 404
3 Derrick Moore	07 Unattached	1.47m	4-09.75 367

Decathlon: #8 Boys Pole Vault 15-16 years old Decathlon

Name	Year Team	Finals	Points
1 Kevin Miner	06 Unattached	2.44m	8-00.00 229

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Decathlon: #8 Boys Pole Vault 15-16 years old Decathlon**

2 Nyel Satterwhite	07 Virginia Blaze	1.22m	4-00.00	18
2 Derrick Moore	07 Unattached	1.22m	4-00.00	18

Decathlon: #2 Boys Long Jump 15-16 years old Decathlon

Name	Year	Team	Finals	Wind	Points	
1 Kevin Miner	06	Unattached	5.12m	0.4	16-09.75	405
2 Nyel Satterwhite	07	Virginia Blaze	5.07m	0.5	16-07.75	396
3 Derrick Moore	07	Unattached	4.92m	+0.0	16-01.75	367

Decathlon: #3 Boys Shot Put 15-16 years old Decathlon

Name	Year Team	Finals	Points
1 Kevin Miner	06 Unattached	11.05m 36-03.00	549
2 Derrick Moore	07 Unattached	8.64m 28-04.25	404
3 Nyel Satterwhite	07 Virginia Blaze	6.36m 20-10.50	270

Decathlon: #7 Boys Discus Throw 15-16 years old Decathlon

Name	Year	Team	Finals	Points	
1 Kevin Miner	06	Unattached	29.16m	95-08	448
2 Derrick Moore	07	Unattached	23.02m	75-06	329
3 Nyel Satterwhite	07	Virginia Blaze	18.28m	60-00	240

Decathlon: #9 Boys Javelin Throw 15-16 years old Decathlon

Name	Year	Team	Finals	Points	
1 Derrick Moore	07	Unattached	33.02m	108-04	342
2 Kevin Miner	06	Unattached	31.46m	103-02	320
3 Nyel Satterwhite	07	Virginia Blaze	20.16m	66-02	163

Boys Decathlon 15-16 years old

Name	Year Team	Finals	H#
1 Kevin Miner	06 Unattached	4214	
2 Derrick Moore	07 Unattached	4045	
3 Nyel Satterwhite	07 Virginia Blaze	3588	

Men 100 Meter Dash 17-18 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Xavier Carmichael	03 Spartan Chos	10.71q	NWI	5
2 Amir Green	03 Spartan Chos	10.79q	NWI	2
3 Kenneth Crawford II	04 Spartan Chos	10.89q	NWI	5
4 Jaden Clark	03 Spartan Chos	10.94q	NWI	3
5 Jack Pino	05 Nva Track	10.96q	NWI	2
6 Antoinne Fair	03 Speed Evolut	10.97q	NWI	6
7 Jayson Bell	05 Nva Track	11.01q	NWI	5

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Men 100 Meter Dash 17-18 years old**

8	Khari Barnes	04	Virginia Elite	11.12q	NWI	2
9	Jaelyn Green	05	Speed Evolut	11.13	NWI	3
10	Austin Gallant	04	Unattached	11.18	NWI	3
11	Jacinto Jones II	03	2nd To None	11.21	NWI	1
12	Bhavva Johar	05	Nva Track	11.26	NWI	5
13	Xavier Moss	04	Central Virg	11.28	NWI	7
14	Jaidyn Johnson	05	434 Track &	11.31	NWI	7
15	Kamaal Reel	05	Nva Track	11.33	NWI	7
16	Carrington Jones	05	The Speed Te	11.35	NWI	4
17	Alex Brent	05	Nva Track	11.39	NWI	3
18	Enan Baskerville	04	Dale City Li	11.42	NWI	1
19	Elijah Steele	05	434 Track &	11.45	NWI	2
20	TaeVon Freeman	05	Speed Evolut	11.47	NWI	5
21	Jeremiah Palacios	05	Hampton Road	11.48	NWI	1
22	Raymond Allen	04	Triangle Cha	11.51	NWI	6
23	Bobby Pridgen	05	Speed Evolut	11.55	NWI	4
24	Patrick Colyar	04	Nva Track	11.59	NWI	7
25	Najad Redfurn	05	Superior Track Club	11.69	NWI	5
26	Umar Moss	04	Triangle Cha	11.84	NWI	4
27	Markus White	05	434 Track &	11.96	NWI	2
28	Samuel Bliss	05	VA House of Speed	11.96	NWI	4
29	Konner Wiggins	05	Virginia Bea	12.03	NWI	2
30	Jordan Payne	04	Pwc Panthers	12.09	NWI	1
31	Tj Taiwo	05	Unattached	12.15	NWI	5
32	Shawn Douglas	05	Virginia Bea	12.34	NWI	6
33	Xavier Hernandez	05	Nva Track	12.41	NWI	4
34	Jevonte Herron	05	Nva Track	12.97	NWI	3
35	Dwayne Watts	05	Pwc Panthers	13.48	NWI	3

Men 100 Meter Dash 17-18 years old

Name	Year	Team	Finals	Wind
Finals				
1	Xavier Carmichael	03	Spartan Chos	10.60 NWI
2	Amir Green	03	Spartan Chos	10.77 NWI
3	Kenneth Crawford II	04	Spartan Chos	10.83 NWI
4	Jaden Clark	03	Spartan Chos	10.92 NWI
5	Jayson Bell	05	Nva Track	10.96 NWI
6	Khari Barnes	04	Virginia Elite	10.97 NWI
7	Jack Pino	05	Nva Track	10.98 NWI
8	Antoinne Fair	03	Speed Evolut	10.99 NWI

Men 200 Meter Dash 17-18 years old

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	Amir Green	03	Spartan Chos	21.19q	NWI 4
2	Jayson Bell	05	Nva Track	21.81q	NWI 4
3	Khari Barnes	04	Virginia Elite	21.85q	NWI 2
4	Antoinne Fair	03	Speed Evolut	21.93q	NWI 4
5	Blake Moody	04	Superior Track Club	22.02q	NWI 1
6	Jacinto Jones II	03	2nd To None	22.03q	NWI 2
7	Jaelyn Green	05	Speed Evolut	22.03q	NWI 3

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Men 200 Meter Dash 17-18 years old**

8	Austin Gallant	04	Unattached	22.05q	NWI	2
9	Xavier Carmichael	03	Spartan Chos	22.11	NWI	2
10	Amarion Harrell	04	Speed Evolut	22.22	NWI	1
11	Jaden Clark	03	Spartan Chos	22.35	NWI	1
12	Devin Mosley	04	Speed Evolut	22.47	NWI	3
13	Bhavva Johar	05	Nva Track	22.74	NWI	4
14	Jeremiah Palacious	05	Hampton Road	22.80	NWI	1
15	Kamaal Reel	05	Nva Track	22.84	NWI	2
16	Enan Baskerville	04	Dale City Li	22.84	NWI	1
17	Alex Brent	05	Nva Track	22.84	NWI	4
18	Jaidyn Johnson	05	434 Track &	22.95	NWI	3
19	Peter Barnett	05	Central Virg	22.97	NWI	2
20	Tae'Von Freeman	05	Speed Evolut	22.99	NWI	4
21	Carrington Jones	05	The Speed Te	23.05	NWI	4
22	Nicolas Janis	03	Nva Track	23.62	NWI	1
23	Xavier Moss	04	Central Virg	23.68	NWI	2

Men 200 Meter Dash 17-18 years old

Name	Year	Team	Finals	Wind
=====				
Finals				
1 Amir Green	03	Spartan Chos	21.20	NWI
2 Jayson Bell	05	Nva Track	21.59	NWI
3 Khari Barnes	04	Virginia Elite	21.62	NWI
4 Jacinto Jones II	03	2nd To None	21.78	NWI
5 Jaelyn Green	05	Speed Evolut	21.78	NWI
6 Antoinne Fair	03	Speed Evolut	21.90	NWI
7 Austin Gallant	04	Unattached	21.96	NWI
8 Blake Moody	04	Superior Track Club	22.13	NWI

Men 400 Meter Dash 17-18 years old

Name	Year	Team	Prelims	H#	
=====					
Preliminaries					
1	Austin Gallant	04	Unattached	48.39q	5
2	Amir Green	03	Spartan Chos	48.59q	2
3	Amarion Harrell	04	Speed Evolut	48.78q	5
4	Jack Pino	05	Nva Track	49.37q	3
5	Blake Moody	04	Superior Track Club	49.62q	4
6	Jacinto Jones II	03	2nd To None	50.34q	2
7	Leo Davis	05	Virginia Elite	51.22q	1
8	Nicolas Janis	03	Nva Track	51.91q	4
9	Enan Baskerville	04	Dale City Li	52.44	2
10	Justin Bell	05	Nva Track	52.61	5
11	Braylen Minor	05	Virginia Blaze	53.00	1
12	Jamari Hopkins	05	The Speed Te	53.02	5
13	Carrington Jones	05	The Speed Te	53.07	2
14	Spencer White	05	Pwc Panthers	53.87	1
15	Mitchell Durden	04	Spartan Chos	54.19	5
16	Nehemiah Dan	04	Nva Track	54.25	4
17	David Robinson	05	Nva Track	54.47	1
18	David Seekford	05	Unattached	54.96	3
19	Umar Moss	04	Triangle Cha	55.24	3

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Men 400 Meter Dash 17-18 years old**

20 Michael Hamlin	05 Superior Track Club	55.40	5
21 Jayden Perry	05 Dale City Li	56.84	1
22 Romell Finkley	05 Legion of Zo	57.24	4
23 Nasir Crews	05 Cavs' Track	1:00.44	1

Men 400 Meter Dash 17-18 years old

Name	Year Team	Finals
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Finals

1 Amir Green	03 Spartan Chos	47.43
2 Austin Gallant	04 Unattached	47.59
3 Amarion Harrell	04 Speed Evolut	48.10
4 Jack Pino	05 Nva Track	48.60
5 Jacinto Jones II	03 2nd To None	49.40
6 Leo Davis	05 Virginia Elite	50.39
7 Blake Moody	04 Superior Track Club	51.32
8 Nicolas Janis	03 Nva Track	51.54

Men 800 Meter Run 17-18 years old

Name	Year Team	Finals
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1 Leo Davis	05 Virginia Elite	2:01.70
2 Spencer White	05 Pwc Panthers	2:05.27
3 Alex Blair	04 2nd To None	2:05.34
4 Emmanuel Williams	04 Unattached	2:07.90
5 Justin Bell	05 Nva Track	2:08.35
6 Davin Tietz	05 Aerial Supreme	2:09.11
7 Mitchell Durden	04 Spartan Chos	2:09.40
8 Jayden Perry	05 Dale City Li	2:14.11
9 Jacob Castillo	04 Aerial Supreme	2:16.96
10 Markus Lugo	05 Legacy Track	2:17.27
11 Nicholas Taylor	04 2nd To None	2:22.02
12 Romell Finkley	05 Legion of Zo	2:23.51
13 Donavon Burton	04 2nd To None	2:24.42
14 Mark Greenlee	05 Dale City Li	2:26.73
15 Jacob Williams	05 Aerial Supreme	2:28.43

Men 1500 Meter Run 17-18 years old

Name	Year Team	Finals
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1 Leo Davis	05 Virginia Elite	4:05.60
2 Alex Blair	04 2nd To None	4:25.21
3 Davin Tietz	05 Aerial Supreme	4:38.78
4 Jacob Castillo	04 Aerial Supreme	4:40.44
5 Markus Lugo	05 Legacy Track	4:42.62
6 Jacob Williams	05 Aerial Supreme	4:59.49
7 Xander Hite	04 Virginia Bea	5:02.11
8 Nicholas Taylor	04 2nd To None	5:07.48
9 Donavon Burton	04 2nd To None	5:08.12
10 Mark Greenlee	05 Dale City Li	5:18.91

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Men 3000 Meter Run 17-18 years old**

Name	Year Team	Finals
1 Emmanuel Williams	04 Unattached	9:36.93
2 Jacob Castillo	04 Aerial Supreme	10:47.04
3 Amare McCalla	05 Unattached	11:19.60
4 Xander Hite	04 Virginia Bea	11:28.81

Men 110 Meter Hurdles 17-18 years old

Name	Year Team	Finals	Wind	H#
1 Michail Rose	05 Virginia Elite	14.19	NWI	2
2 Carl Gaines	03 Pwc Panthers	14.76	NWI	2
3 Jamiel Bowers	05 Virginia Elite	14.77	NWI	2
4 Tj Taiwo	05 Unattached	15.11	NWI	2
5 Jeaceajay Jappah	04 Spartan Chos	15.20	NWI	2
6 Armani Hinman	04 Central Virg	16.00	NWI	2
7 Konner Wiggins	05 Virginia Bea	17.67	NWI	2

Men 400 Meter Hurdles 17-18 years old

Name	Year Team	Finals	H#
1 Michail Rose	05 Virginia Elite	54.32	2
2 Carl Gaines	03 Pwc Panthers	57.85	2
3 Jamiel Bowers	05 Virginia Elite	58.80	2
4 Jeaceajay Jappah	04 Spartan Chos	59.63	2
5 David Seekford	05 Unattached	1:00.36	2
6 Taj Ali	05 Central Virg	1:01.49	1
7 Brandon Williams	04 Aerial Supreme	1:04.58	1
8 Caleb Veney	05 The Speed Te	1:06.67	1
9 Charles Edmonds III	05 West End Ric	1:12.49	2

Men 4x100 Meter Relay 17-18 years old

Team	Finals
1 Spartan Chosen Virginia 'A'	41.63
2 Speed Evolutions Athletics Clu 'A'	42.24
3 Nva Track 'B'	44.05
4 Nva Track 'A'	45.67
5 Pwc Panthers Track & Field Clu 'A'	48.85

Men 4x400 Meter Relay 17-18 years old

Team	Finals
1 Virginia Elite 'A'	3:17.86
2 Speed Evolutions Athletics Clu 'A'	3:20.17
3 Nva Track 'A'	3:31.31
4 Nva Track 'B'	3:38.47

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Men High Jump 17-18 years old**

Name	Year Team	Finals	
1 Najad Redfurn	05 Superior Track Club	6-02.00	1.87m
2 Xavier Carmichael	03 Spartan Chos	6-00.00	1.82m
3 Tyshawn Brown	05 434 Track &	5-10.00	1.77m
4 Alex Blair	04 2nd To None	5-06.00	1.67m
5 Jordan Payne	04 Pwc Panthers	5-04.00	1.62m
6 Brandon Williams	04 Aerial Supreme	5-04.00	1.62m
7 Umar Moss	04 Triangle Cha	5-00.00	1.52m
-- Markus White	05 434 Track &	NH	

Men Long Jump 17-18 years old

Name	Year Team	Finals	Wind	H#
1 Jeremiah Palacios	05 Hampton Road	22-02.00	NWI	6.75m 2
2 Markus White	05 434 Track &	21-03.75	NWI	6.49m 2
3 Elijah Steele	05 434 Track &	21-02.50	NWI	6.46m 2
4 Patrick Colyar	04 Nva Track	21-01.00	NWI	6.42m 2
5 Brandon Williams	04 Aerial Supreme	20-08.50	NWI	6.31m 2
6 Najad Redfurn	05 Superior Track Club	20-08.25	NWI	6.30m 2
7 Raymond Allen	04 Triangle Cha	19-07.75	NWI	5.98m 1
8 Jayden Ivey	05 Youth Sports	19-06.75	NWI	5.96m 2
9 Christopher Spradley	05 Unattached	19-00.50	NWI	5.80m 1
9 Nicholas Chang	04 Virginia Pri	19-00.50	NWI	5.80m 1
11 Ty Mathes	05 Unattached	18-08.75	NWI	5.70m 2
11 Samuel Bliss	05 VA House of Speed	18-08.75	NWI	5.70m 2
13 Tyshawn Brown	05 434 Track &	17-11.00	NWI	5.46m 2
14 Caleb Veney	05 The Speed Te	17-09.00	NWI	5.41m 1
15 Reginald Custalow	05 F.I.A. Amba	17-06.75	NWI	5.35m 1
16 Nasir Crews	05 Cavs' Track	17-01.75	NWI	5.22m 1
17 Jacari Alexander	05 434 Track &	16-03.50	NWI	4.96m 1

Men Triple Jump 17-18 years old

Name	Year Team	Finals	Wind	H#
1 Jeremiah Palacios	05 Hampton Road	42-04.00	NWI	12.90m 2
2 Markus White	05 434 Track &	41-10.00	NWI	12.75m 2
3 Alex Brent	05 Nva Track	41-08.00	NWI	12.70m 1
4 Kenneth Suero	04 Virginia Bea	40-02.00	NWI	12.24m 2
5 Ty Mathes	05 Unattached	40-00.00	NWI	12.19m 2
6 Tyshawn Brown	05 434 Track &	38-10.50	NWI	11.84m 2
7 Jaidyn Johnson	05 434 Track &	38-07.00	NWI	11.76m 2
8 Samuel Bliss	05 VA House of Speed	37-07.00	NWI	11.45m 2
9 Jacari Alexander	05 434 Track &	35-01.00	NWI	10.69m 2

Men Shot Put 12 lbs 17-18 years old

Name	Year Team	Finals	
1 Kyree Currie	05 Commonwealth	44-01.00	13.43m
2 David Robinson	05 Nva Track	41-07.50	12.68m
3 Malachi Hayes	04 Commonwealth	41-04.50	12.61m
4 Jachin Miller	05 Commonwealth	34-11.50	10.65m

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****....Men Shot Put 12 lbs 17-18 years old**

5 Charles Edmonds III	05 West End Ric	32-07.50	9.94m
6 Sean Harris-Walters	05 Virginia Bea	32-00.00	9.75m
7 Henry Black	04 Mach 5 Athletics	31-09.50	9.69m

Men Discus Throw 1.6 Kg 17-18 years old

Name	Year Team	Finals	
1 Shinobu Hawk	05 Technique TC	167-09.50	51.14m
2 Austin Gallant	04 Unattached	156-00	47.54m
3 Kyree Currie	05 Commonwealth	128-01.50	39.05m
4 Quentin Ali	05 Triangle Cha	125-11	38.37m
5 Jachin Miller	05 Commonwealth	117-00.50	35.67m
6 Malachi Hayes	04 Commonwealth	112-04.50	34.25m
7 Sean Harris-Walters	05 Virginia Bea	109-03.50	33.31m
8 Henry Black	04 Mach 5 Athletics	92-01	28.06m
9 Charles Edmonds III	05 West End Ric	87-10	26.77m

Men Javelin Throw 800 g 17-18 years old

Name	Year Team	Finals	
1 Umar Moss	04 Triangle Cha	79-06	24.23m
2 Sean Harris-Walters	05 Virginia Bea	70-05.50	21.47m
3 Henry Black	04 Mach 5 Athletics	67-06.25	20.58m

Decathlon: #1 Men 100 Meter Dash 17-18 years old Decathlon

Name	Year Team	Finals	Wind	Points
1 Jake Applegate	05 Virginia Blaze	11.27	NWI	801

Decathlon: #5 Men 400 Meter Dash 17-18 years old Decathlon

Name	Year Team	Finals	Points
1 Jake Applegate	05 Virginia Blaze	53.60	656

Decathlon: #10 Men 1500 Meter Run 17-18 years old Decathlon

Name	Year Team	Finals	Points
1 Jake Applegate	05 Virginia Blaze	5:43.35	336

Decathlon: #6 Men 110 Meter Hurdles 17-18 years old Decathlon

Name	Year Team	Finals	Wind	Points
1 Jake Applegate	05 Virginia Blaze	11.82	NWI	1275

Decathlon: #4 Men High Jump 17-18 years old Decathlon

Name	Year Team	Finals	Points
1 Jake Applegate	05 Virginia Blaze	1.47m	4-09.75 367

2022 AAU Region 5 National Qualifier - 6/23/2022 to 6/26/2022**Highland Springs High School****Results****Decathlon: #8 Men Pole Vault 17-18 years old Decathlon**

Name	Year Team	Finals	Points
1 Jake Applegate	05 Virginia Blaze	1.98m 6-06.00	136

Decathlon: #2 Men Long Jump 17-18 years old Decathlon

Name	Year Team	Finals	Wind	Points
1 Jake Applegate	05 Virginia Blaze	5.70m	+0.0	18-08.50 523

Decathlon: #3 Men Shot Put 17-18 years old Decathlon

Name	Year Team	Finals	Points
1 Jake Applegate	05 Virginia Blaze	7.75m 25-05.25	352

Decathlon: #7 Men Discus Throw 17-18 years old Decathlon

Name	Year Team	Finals	Points
1 Jake Applegate	05 Virginia Blaze	20.52m 67-04	282

Decathlon: #9 Men Javelin Throw 17-18 years old Decathlon

Name	Year Team	Finals	Points
1 Jake Applegate	05 Virginia Blaze	27.34m 89-08	262

Men Decathlon 17-18 years old

Name	Year Team	Finals	H#
1 Jake Applegate	05 Virginia Blaze	4990	

Men 400 Meter Dash Masters

Name	Year Team	Finals
1 Alec Lee	00 Unattached	52.99

Men 3000 Meter Race Walk Masters

Name	Year Team	Finals
1 Alexey Popov	83 Unattached	18:12.11