

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 100 Meter Dash 8-under**

Name	Year	Team	Finals	Wind	H#
Finals					
1 Kennedy Johnson	14	Eastend Lightning	16.07	NWI	6
2 Mya Mcmillian	14	Nva Track	17.14	NWI	6
3 Talya White	14	Pwc Panthers	17.21	NWI	6
4 Ava McCall	15	Nva Track	17.22	NWI	6
5 Harmoni Johnson	14	Eastend Lightning	17.24	NWI	5
6 Jade Wilson	14	Future Flyers	17.27	NWI	6
7 Kennedy Jefferson	15	Eastend Lightning	17.32	NWI	6
8 Ava-Simone Buries	15	Nva Track	17.36	NWI	6
9 Harmoni Goring	15	Eastend Lightning	17.49	NWI	5
10 Ava Nelson	15	Eastend Lightning	17.65	NWI	1
11 Kylee Talley	15	Nva Track	17.76	NWI	5
12 Kalina Wallace	14	Dale City Li	17.99	NWI	5
13 Raina Malloy-Johnson	14	Spartan Chos	18.14	NWI	1
14 Alana Bates	14	Eastend Lightning	18.28	NWI	1
15 Olivia Yerby	15	Virginia Blaze	18.42	NWI	2
16 Isabelle Mcghee	15	Spartan Chos	18.64	NWI	5
17 Grace Simmonds	15	Spartan Chos	18.64	NWI	3
18 Kaela Andrews	15	Virginia Blaze	18.68	NWI	2
19 Malani Hudson	15	Pwc Panthers	18.82	NWI	5
20 Kennedy Kongolo	14	Dale City Li	18.98	NWI	5
21 Makennah Leverette	15	2nd To None	19.04	NWI	4
22 Carlita Gregory	14	Dale City Li	19.08	NWI	4
23 Sydney Thomas	16	Pwc Panthers	19.32	NWI	4
24 Skye Sivells	14	2nd To None	19.33	NWI	3
25 Nia Preston	16	Spartan Chos	19.59	NWI	4
26 Riley George	14	Pwc Panthers	19.81	NWI	4
27 Olivia Hawkins	14	Mach 5 Athletics	19.82	NWI	1
28 Trinity Wilson	15	Eastend Lightning	19.92	NWI	2
29 Anais Keller	15	Virginia Blaze	20.23	NWI	3
30 Autumn Hill	15	Virginia Blaze	20.25	NWI	1
31 Alyncia Haywood	15	Spartan Chos	20.31	NWI	2
32 Zamara Buries	17	Nva Track	20.40	NWI	4
33 Logan Lucas	14	Virginia Blaze	20.46	NWI	2
34 Jholei Marlow	14	Eastend Lightning	20.72	NWI	2
35 Alivia Nesbitt	14	Pwc Panthers	21.21	NWI	5
36 Joelle Lancaster	15	Legacy Track	21.26	NWI	4
37 Clare Herrera	15	Dale City Li	21.44	NWI	4
38 Amina Hawkins	17	Spartan Chos	21.62	NWI	1
39 Farrah Hutcherson-Fields	17	Virginia Blaze	21.79	NWI	2
40 Kylie Bagby	16	Future Flyers	21.83	NWI	3
41 Alliyah Brown-Wright	16	Future Flyers	23.90	NWI	3
42 Madison Gibson	17	Virginia Blaze	24.48	NWI	2
43 Saylor George	17	Pwc Panthers	24.49	NWI	3
44 Syncere Carter	16	Future Flyers	27.00	NWI	3

Girls 200 Meter Dash 8-under

Name	Year	Team	Finals	Wind	H#
1 Kennedy Johnson	14	Eastend Lightning	32.76	NWI	4
2 Mariah Bowens	14	Nva Track	34.14	NWI	4
3 Talya White	14	Pwc Panthers	34.70	NWI	4

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls 200 Meter Dash 8-under**

4	Ava-Simone Buries	15	Nva Track	36.08	NWI	4
5	Kylee Talley	15	Nva Track	36.79	NWI	3
6	Kennedy Jefferson	15	Eastend Lightning	36.86	NWI	3
7	Zianna Arjun	14	Legacy Track	37.14	NWI	4
8	Ava Mccall	15	Nva Track	37.37	NWI	4
9	Ava Nelson	15	Eastend Lightning	39.24	NWI	2
10	Malani Hudson	15	Pwc Panthers	39.52	NWI	1
11	Kennedy Kongolo	14	Dale City Li	39.91	NWI	3
12	Skye Sivells	14	2nd To None	39.93	NWI	1
13	Isabelle Mcghee	15	Spartan Chos	40.61	NWI	3
14	Carlita Gregory	14	Dale City Li	40.88	NWI	3
15	Makennah Leverette	15	2nd To None	41.11	NWI	3
16	Riley George	14	Pwc Panthers	43.12	NWI	2
17	Zamara Buries	17	Nva Track	43.54	NWI	3
18	Sydney Thomas	16	Pwc Panthers	43.65	NWI	4
19	Clare Herrera	15	Dale City Li	44.65	NWI	2
20	Anais Keller	15	Virginia Blaze	44.96	NWI	2
21	Alivia Nesbitt	14	Pwc Panthers	45.16	NWI	3
22	Logan Lucas	14	Virginia Blaze	45.39	NWI	2
23	Joelle Lancaster	15	Legacy Track	46.40	NWI	2
24	Farrah Hutcherson-Fields	17	Virginia Blaze	47.48	NWI	1
25	Amina Hawkins	17	Spartan Chos	49.66	NWI	1
26	Madison Gibson	17	Virginia Blaze	1:01.13	NWI	2

Girls 400 Meter Dash 8-under

Name	Year	Team	Finals	H#
1 Mariah Bowens	14	Nva Track	1:30.00	2
1 Ava Mccall	15	Nva Track	1:30.00	2
1 Maya Griffin	15	Eastend Lightning	1:30.00	2
1 Zianna Arjun	14	Legacy Track	1:30.00	2
1 Riley George	14	Pwc Panthers	1:30.00	1
1 Talya White	14	Pwc Panthers	1:30.00	2
1 Olivia Yerby	15	Virginia Blaze	1:30.00	1
1 Carlita Gregory	14	Dale City Li	1:30.00	1
1 Clare Herrera	15	Dale City Li	1:30.00	1
1 Makennah Leverette	15	2nd To None	1:30.00	2
1 Skye Sivells	14	2nd To None	1:30.00	1
1 Jordyn Allen	14	Eastend Lightning	1:30.00	2
1 Ava Gaddy	14	Eastend Lightning	1:30.00	2
1 Kennedy Kongolo	14	Dale City Li	1:30.00	1

Girls 800 Meter Run 8-under

Name	Year	Team	Finals
1 Maya Griffin	15	Eastend Lightning	3:00.00
1 Harmoni Johnson	14	Eastend Lightning	3:00.00
1 Jordyn Allen	14	Eastend Lightning	3:00.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 4x100 Meter Relay 8-under**

Team	Finals
1 Nva Track 'A'	1:20.00
1 Future Flyers 'A'	1:20.00
1 Spartan Chosen Virginia 'A'	1:20.00
1 Eastend Lightning 'A'	1:20.00
1 Eastend Lightning 'B'	1:20.00

Girls Long Jump 8-under

Name	Year	Team	Finals	Wind
1 Zamara Buries	17	Nva Track	10-00.00	NWI
1 Kaela Andrews	15	Virginia Blaze	10-00.00	NWI
1 Olivia Hawkins	14	Mach 5 Athletics	10-00.00	NWI
1 Olivia Yerby	15	Virginia Blaze	10-00.00	NWI
1 Autumn Hill	15	Virginia Blaze	10-00.00	NWI
1 Ava Gaddy	14	Eastend Lightning	10-00.00	NWI
1 Marleigh Dailey	14	Dale City Li	10-00.00	NWI
1 Jade Wilson	14	Future Flyers	10-00.00	NWI
1 Trinity Wilson	15	Eastend Lightning	10-00.00	NWI

Girls Shot Put 4 lbs 8-under

Name	Year	Team	Finals
1 Jholei Marlow	14	Eastend Lightning	13-00.00
1 Harmoni Goring	15	Eastend Lightning	13-00.00
1 Alyncia Haywood	15	Spartan Chos	13-00.00
1 Kalina Wallace	14	Dale City Li	13-00.00
1 Marleigh Dailey	14	Dale City Li	13-00.00
1 Alana Bates	14	Eastend Lightning	13-00.00

Girls Javelin Throw Turbo (300 g 8-under)

Name	Year	Team	Finals	H#
1 Raina Malloy-Johnson	14	Spartan Chos	26-00	7.92m 1
1 Alyncia Haywood	15	Spartan Chos	26-00	7.92m 2
1 Nia Preston	16	Spartan Chos	26-00	7.92m 2
1 Sydney Thomas	16	Pwc Panthers	26-00	7.92m 1
1 Malani Hudson	15	Pwc Panthers	26-00	7.92m 2
1 Amina Hawkins	17	Spartan Chos	26-00	7.92m 2
1 Anais Keller	15	Virginia Blaze	26-00	7.92m 1
1 Jaye Howard	14	Virginia Blaze	26-00	7.92m 1
1 Logan Lucas	14	Virginia Blaze	26-00	7.92m 2
1 Kaela Andrews	15	Virginia Blaze	26-00	7.92m 1
1 Grace Simmonds	15	Spartan Chos	26-00	7.92m 2
1 Madison Gibson	17	Virginia Blaze	26-00	7.92m 2
1 Kylie Bagby	16	Future Flyers	26-00	7.92m 1
1 Jholei Marlow	14	Eastend Lightning	26-00	7.92m 1
1 Alliyah Brown-Wright	16	Future Flyers	26-00	7.92m 2
1 Kalina Wallace	14	Dale City Li	26-00	7.92m 2
1 Marleigh Dailey	14	Dale City Li	26-00	7.92m 2
1 Alana Bates	14	Eastend Lightning	26-00	7.92m 1

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls Javelin Throw Turbo (300 g 8-under**

1 Joelle Lancaster	15 Legacy Track	26-00	7.92m	2
1 Jade Wilson	14 Future Flyers	26-00	7.92m	2
1 Olivia Hawkins	14 Mach 5 Athletics	26-00	7.92m	1
1 Syncere Carter	16 Future Flyers	26-00	7.92m	1
1 Ava Watson	17 Future Flyers	26-00	7.92m	1

Girls 100 Meter Dash 9 years old

Name	Year Team	Finals	Wind	H#
1 Parker Williams	13 Pwc Panthers	17.00	NWI	1
1 Jernayzia Hawkins	13 Spartan Chos	17.00	NWI	1
1 London Moore	13 Nva Track	17.00	NWI	2
1 Kenyarae Smith	13 Pwc Panthers	17.00	NWI	1
1 Andraya Hopkins	13 Virginia Blaze	17.00	NWI	1
1 Karmen Reynolds	13 Virginia Blaze	17.00	NWI	1
1 Malinda Wolfe	13 Spartan Chos	17.00	NWI	2
1 Mckayleigh Hicks	13 Dale City Li	17.00	NWI	2
1 Shirniya Garrett-Pollard	13 Eastend Lightning	17.00	NWI	2
1 Reagan Anderson	13 Dale City Li	17.00	NWI	2
1 Aniyah Gladney	13 Dale City Li	17.00	NWI	2
1 Amirah Jones	13 Eastend Lightning	17.00	NWI	1
1 Jordan Owusu Ansah	13 Legacy Track	17.00	NWI	2
1 Kenya Herring	13 Eastend Lightning	17.00	NWI	2

Girls 200 Meter Dash 9 years old

Name	Year Team	Finals	Wind	H#
1 Shirniya Garrett-Pollard	13 Eastend Lightning	30.27	NWI	2
2 Nejae Sabbakhan	13 Eastend Lightning	30.85	NWI	2
3 Kenya Herring	13 Eastend Lightning	31.79	NWI	2
4 Jordan Owusu Ansah	13 Legacy Track	31.95	NWI	2
5 Aniyah Gladney	13 Dale City Li	32.40	NWI	2
6 Hope Simmonds	13 Spartan Chos	32.41	NWI	2
7 London Moore	13 Nva Track	33.42	NWI	2
8 Reese Taliaferro	13 Eastend Lightning	35.53	NWI	2
9 Parker Williams	13 Pwc Panthers	37.08	NWI	1
10 Andraya Hopkins	13 Virginia Blaze	37.11	NWI	1
11 Jernayzia Hawkins	13 Spartan Chos	38.53	NWI	1
12 Farah Aly	13 Pwc Panthers	46.59	NWI	1

Girls 400 Meter Dash 9 years old

Name	Year Team	Finals
1 London Moore	13 Nva Track	1:20.00
1 Jordan Owusu Ansah	13 Legacy Track	1:20.00
1 Parker Williams	13 Pwc Panthers	1:20.00
1 Farah Aly	13 Pwc Panthers	1:20.00
1 Aniyah Gladney	13 Dale City Li	1:20.00
1 Reagan Anderson	13 Dale City Li	1:20.00
1 Autumn Lewis	13 Eastend Lightning	1:20.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 800 Meter Run 9 years old**

Name	Year Team	Finals
1 Farah Aly	13 Pwc Panthers	2:50.00
1 Kayla Rakowitz	13 Virginia Pri	2:50.00
1 Autumn Lewis	13 Eastend Lightning	2:50.00

Girls 1500 Meter Run 9 years old

Name	Year Team	Finals
1 Kayla Rakowitz	13 Virginia Pri	5:40.00

Girls High Jump 9 years old

Name	Year Team	Finals	
1 Charli Jackson	13 Eastend Lightning	3-00.00	0.91m

Girls Long Jump 9 years old

Name	Year Team	Finals	Wind	
1 Reese Taliaferro	13 Eastend Lightning	11-00.00	NWI	3.35m

Girls Shot Put 6 lbs 9 years old

Name	Year Team	Finals	
1 Amirah Jones	13 Eastend Lightning	15-01.00	4.59m
2 Zuri Gatson	13 Legacy Track	14-04.50	4.38m
3 Mckayleigh Hicks	13 Dale City Li	12-05.50	3.79m
4 Kenyarae Smith	13 Pwc Panthers	11-02.00	3.40m

Girls Javelin Throw Turbo (400 g 9 years old

Name	Year Team	Finals	
1 Hope Simmonds	13 Spartan Chos	33-07.50	10.24m
2 Zuri Gatson	13 Legacy Track	30-04	9.24m
3 Jernayzia Hawkins	13 Spartan Chos	26-03	8.00m
4 Malinda Wolfe	13 Spartan Chos	25-09.50	7.86m
5 Mckayleigh Hicks	13 Dale City Li	20-00	6.09m

Triathlon: #3 Girls 200 Meter Dash 9 years old Triathlon

Name	Year Team	Finals	Wind	Points
1 Shirniya Garrett-Pollard	13 Eastend Lightning	30.00	NWI	482
1 Nejae Sabbakhan	13 Eastend Lightning	30.00	NWI	482
1 Kenya Herring	13 Eastend Lightning	30.00	NWI	482
1 Charli Jackson	13 Eastend Lightning	30.00	NWI	482

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Triathlon: #1 Girls High Jump 9 years old Triathlon**

Name	Year	Team	Finals	Points
1 Shirniya Garrett-Pollard	13	Eastend Lightning	1.52m	4-11.75 644
1 Kenya Herring	13	Eastend Lightning	1.52m	4-11.75 644
1 Nejae Sabbakhan	13	Eastend Lightning	1.52m	4-11.75 644
1 Charli Jackson	13	Eastend Lightning	1.52m	4-11.75 644

Triathlon: #2 Girls Shot Put 9 years old Triathlon

Name	Year	Team	Finals	Points
1 Charli Jackson	13	Eastend Lightning	7.62m 25-00.00	375
1 Shirniya Garrett-Pollard	13	Eastend Lightning	7.62m 25-00.00	375
1 Kenya Herring	13	Eastend Lightning	7.62m 25-00.00	375
1 Nejae Sabbakhan	13	Eastend Lightning	7.62m 25-00.00	375

Girls Triathlon 9 years old

Name	Year	Team	Finals	H#
1 Nejae Sabbakhan	13	Eastend Lightning	1501	
1 Shirniya Garrett-Pollard	13	Eastend Lightning	1501	
1 Kenya Herring	13	Eastend Lightning	1501	
1 Charli Jackson	13	Eastend Lightning	1501	

Girls 100 Meter Dash 10 years old

Name	Year	Team	Finals	Wind	H#
1 Jesenia George	12	Pwc Panthers	16.00	NWI	1
1 Victoria Lusk	12	Pwc Panthers	16.00	NWI	2
1 Sydney Williams	12	Nva Track	16.00	NWI	2
1 Lyla Wooden	12	Nva Track	16.00	NWI	2
1 Samira Jalloh	12	Virginia Blaze	16.00	NWI	1
1 Samantha Harris	12	Virginia Pri	16.00	NWI	2
1 Zoe Doughty	12	Triangle Cha	16.00	NWI	1
1 Madalynn Grant	12	Eastend Lightning	16.00	NWI	2
1 Peyton Hicks	12	Eastend Lightning	16.00	NWI	2
1 Mylah Leverette	12	2nd To None	16.00	NWI	2
1 Bailey White	12	2nd To None	16.00	NWI	1
1 Lauren White	12	Eastend Lightning	16.00	NWI	1
1 Sasha Wilson	12	Ebenezer Roy	16.00	NWI	1
1 Dior Jackson	12	Eastend Lightning	16.00	NWI	2

Girls 200 Meter Dash 10 years old

Name	Year	Team	Finals	Wind	H#
1 Victoria Lusk	12	Pwc Panthers	31.15	NWI	2
2 Madalynn Grant	12	Eastend Lightning	31.57	NWI	2
3 Sydney Williams	12	Nva Track	31.87	NWI	2
4 Mylah Leverette	12	2nd To None	31.93	NWI	2
5 Lyla Wooden	12	Nva Track	32.20	NWI	2
6 Samantha Harris	12	Virginia Pri	32.73	NWI	2
7 Montana Lonto	12	Legacy Track	32.81	NWI	2

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls 200 Meter Dash 10 years old**

8	Mary Neal	12	Mach 5 Athletics	33.69	NWI	1
9	Chanelle Davis	12	Dale City Li	33.85	NWI	2
10	Samira Jalloh	12	Virginia Blaze	36.45	NWI	1
11	Jesenia George	12	Pwc Panthers	37.54	NWI	1
12	Bailey White	12	2nd To None	37.86	NWI	1
13	Jamila Ramsuer	12	2nd To None	39.51	NWI	1

Girls 400 Meter Dash 10 years old

Name	Year	Team	Finals	H#
1	Victoria Lusk	12	Pwc Panthers	1:15.00 2
1	Isabella White	12	Pwc Panthers	1:15.00 1
1	Sydney Williams	12	Nva Track	1:15.00 2
1	Jesenia George	12	Pwc Panthers	1:15.00 1
1	Zoe Doughty	12	Triangle Cha	1:15.00 1
1	Samantha Harris	12	Virginia Pri	1:15.00 1
1	Jealina Haywood	12	Spartan Chos	1:15.00 2
1	Sabrina James	12	Spartan Chos	1:15.00 2
1	Bailey White	12	2nd To None	1:15.00 1
1	Chanelle Davis	12	Dale City Li	1:15.00 2
1	Mylah Leverette	12	2nd To None	1:15.00 2
1	Jamila Ramsuer	12	2nd To None	1:15.00 1
1	Montana Lonto	12	Legacy Track	1:15.00 2
1	Isabella Martinez	12	Legacy Track	1:15.00 1
1	Jasmine Felts	12	Eastend Lightning	1:15.00 1
1	Olivia Sedgwick	12	Eastend Lightning	1:15.00 2

Girls 800 Meter Run 10 years old

Name	Year	Team	Finals
1	Isabella Martinez	12	Legacy Track 2:45.00
1	Montana Lonto	12	Legacy Track 2:45.00
1	Isabella White	12	Pwc Panthers 2:45.00
1	Emma Routman	12	Legacy Track 2:45.00
1	Chanelle Davis	12	Dale City Li 2:45.00
1	Jamila Ramsuer	12	2nd To None 2:45.00
1	Charlee Peoples	12	Eastend Lightning 2:45.00
1	Jasmine Felts	12	Eastend Lightning 2:45.00

Girls 1500 Meter Run 10 years old

Name	Year	Team	Finals
1	Emma Routman	12	Legacy Track 5:35.00

Girls 4x100 Meter Relay 10 years old

Team	Finals
1 Eastend Lightning 'B'	57.00
1 Eastend Lightning 'C'	57.00
1 Eastend Lightning 'A'	57.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 4x400 Meter Relay 10 years old**

Team	Finals
1 Eastend Lightning 'B'	4:40.00
1 Spartan Chosen Virginia 'A'	4:40.00
1 Eastend Lightning 'A'	4:40.00

Girls High Jump 10 years old

Name	Year Team	Finals	
1 Jealina Haywood	12 Spartan Chos	3-04.00	1.01m

Girls Long Jump 10 years old

Name	Year Team	Finals	Wind	
1 Mary Neal	12 Mach 5 Athletics	11-00.00	NWI	3.35m
1 Joenai Fleming	12 Future Flyers	11-00.00	NWI	3.35m
1 Madalynn Grant	12 Eastend Lightning	11-00.00	NWI	3.35m
1 Lyla Wooden	12 Nva Track	11-00.00	NWI	3.35m
1 Kennedy Loney	12 Eastend Lightning	11-00.00	NWI	3.35m
1 Peyton Hicks	12 Eastend Lightning	11-00.00	NWI	3.35m
1 Gabrielle Thombs	12 Eastend Lightning	11-00.00	NWI	3.35m
1 Charlee Peoples	12 Eastend Lightning	11-00.00	NWI	3.35m

Girls Shot Put 6 lbs 10 years old

Name	Year Team	Finals	
1 Lauren White	12 Eastend Lightning	16-10.50	5.14m
2 Joenai Fleming	12 Future Flyers	9-03.00	2.81m

Girls Javelin Throw Turbo (400 g 10 years old)

Name	Year Team	Finals	
1 Emma Routman	12 Legacy Track	45-00	13.71m
2 Mary Neal	12 Mach 5 Athletics	30-06	9.29m
3 Isabella Martinez	12 Legacy Track	29-07.50	9.02m
4 Sabrina James	12 Spartan Chos	26-03.50	8.01m
5 Lauren White	12 Eastend Lightning	19-06.50	5.95m

Triathlon: #3 Girls 200 Meter Dash 10 years old Triathlon

Name	Year Team	Finals	Wind	Points
1 Kennedy Loney	12 Eastend Lightning	32.00	NWI	351

Triathlon: #1 Girls High Jump 10 years old Triathlon

Name	Year Team	Finals	Points
1 Kennedy Loney	12 Eastend Lightning	1.52m	4-11.75 644

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Triathlon: #2 Girls Shot Put 10 years old Triathlon**

Name	Year	Team	Finals	Points
1 Kennedy Loney	12	Eastend Lightning	6.09m 19-11.75	277

Girls Triathlon 10 years old

Name	Year	Team	Finals	H#
1 Kennedy Loney	12	Eastend Lightning	1272	

Girls 100 Meter Dash 11 years old

Name	Year	Team	Finals	Wind	H#
1 Layla Veney	11	Nva Track	15.50	NWI	2
1 Skylar Adams	11	Pwc Panthers	15.50	NWI	1
1 Brinley Mancini	11	Nva Track	15.50	NWI	1
1 Amiyah Walker	11	Virginia Blaze	15.50	NWI	1
1 Nyema Harvey	11	Unattached	15.50	NWI	2
1 Nyiemah Preston	11	Spartan Chos	15.50	NWI	2
1 Olivia Mason	11	Future Flyers	15.50	NWI	2
1 Layla Younes	11	Legacy Track	15.50	NWI	2
1 Tiana Jones	11	Future Flyers	15.50	NWI	2
1 Isabella Hernandez-Sardi	11	Nva Track	15.50	NWI	2
1 Amari Epps	11	Mach 5 Athletics	15.50	NWI	2

Girls 200 Meter Dash 11 years old

Name	Year	Team	Finals	Wind	H#
1 Nyema Harvey	11	Unattached	29.39	NWI	2
2 Karter Hill	11	Virginia Blaze	31.11	NWI	1
3 Brinley Mancini	11	Nva Track	31.19	NWI	2
4 Layla Younes	11	Legacy Track	31.41	NWI	2
5 Isabella Hernandez-Sardi	11	Nva Track	31.47	NWI	2
6 Skylar Adams	11	Pwc Panthers	32.46	NWI	2
7 Raegan Cooley	11	Virginia Blaze	32.76	NWI	1
8 Amari Epps	11	Mach 5 Athletics	33.95	NWI	2
9 Layla Veney	11	Nva Track	35.12	NWI	2
10 Tiana Jones	11	Future Flyers	35.25	NWI	2
11 Amiyah Walker	11	Virginia Blaze	36.35	NWI	1

Girls 400 Meter Dash 11 years old

Name	Year	Team	Finals
1 Annah Masikonde	11	Pwc Panthers	1:08.00
1 Skylar Adams	11	Pwc Panthers	1:08.00
1 Karter Hill	11	Virginia Blaze	1:08.00
1 Raegan Cooley	11	Virginia Blaze	1:08.00
1 Isabella Hernandez-Sardi	11	Nva Track	1:08.00
1 Addison Paris	11	Ebenezer Roy	1:08.00
1 Layla Veney	11	Nva Track	1:08.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 800 Meter Run 11 years old**

Name	Year Team	Finals
1 Paulina Darmenova	11 VA House of Speed	2:40.00
1 Lorelai Freese	11 VA House of Speed	2:40.00
1 Annah Masikonde	11 Pwc Panthers	2:40.00

Girls 1500 Meter Run 11 years old

Name	Year Team	Finals
1 Lorelai Freese	11 VA House of Speed	5:30.00
1 Juliet Lord	11 VA House of Speed	5:30.00
1 Paulina Darmenova	11 VA House of Speed	5:30.00

Girls 3000 Meter Run 11 years old

Name	Year Team	Finals
1 Lorelai Freese	11 VA House of Speed	11:41.54
2 Juliet Lord	11 VA House of Speed	13:06.97

Girls 80 Meter Hurdles 11 years old

Name	Year Team	Finals	Wind
1 Kaylee Walker	11 Virginia Pri	17.50	NWI
1 Farrah Bramlett	11 Unattached	17.50	NWI
1 Amari Epps	11 Mach 5 Athletics	17.50	NWI

Girls High Jump 11 years old

Name	Year Team	Finals	
1 Farrah Bramlett	11 Unattached	J3-06.00	1.06m
1 Kaylee Walker	11 Virginia Pri	J3-06.00	1.06m

Girls Long Jump 11 years old

Name	Year Team	Finals	Wind	
1 Kaylee Walker	11 Virginia Pri	12-00.00	NWI	3.65m
1 Karter Hill	11 Virginia Blaze	12-00.00	NWI	3.65m
1 Farrah Bramlett	11 Unattached	12-00.00	NWI	3.65m
1 Nyema Harvey	11 Unattached	12-00.00	NWI	3.65m
1 Brinley Mancini	11 Nva Track	12-00.00	NWI	3.65m
1 Olivia Mason	11 Future Flyers	12-00.00	NWI	3.65m
1 Raegan Cooley	11 Virginia Blaze	12-00.00	NWI	3.65m
1 Juliet Lord	11 VA House of Speed	12-00.00	NWI	3.65m

Girls Shot Put 6 lbs 11 years old

Name	Year Team	Finals	
1 Silease James	11 Dale City Li	31-05.50	9.58m
2 Kelsey Routman	11 Legacy Track	22-07.00	6.88m

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls Shot Put 6 lbs 11 years old**

3 Nyiemah Preston	11 Spartan Chos	22-03.00	6.78m
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Girls Discus Throw 1.0 Kg 11 years old

Name	Year Team	Finals	
1 Silease James	11 Dale City Li	63-04.50	19.31m
2 Kelsey Routman	11 Legacy Track	55-09.50	17.00m

Girls Javelin Throw Turbo (400 g 11 years old

Name	Year Team	Finals	
1 Nyiemah Preston	11 Spartan Chos	59-11	18.26m
2 Silease James	11 Dale City Li	46-08	14.22m
3 Kelsey Routman	11 Legacy Track	45-02	13.76m
4 Olivia Mason	11 Future Flyers	44-05	13.53m
5 Paulina Darменова	11 VA House of Speed	36-11	11.25m
6 Tiana Jones	11 Future Flyers	31-04	9.55m
7 Amiyah Walker	11 Virginia Blaze	24-05.50	7.45m

Outdoor Pentathlon: #5 Girls 800 Meter Run 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Layla Younes	11 Legacy Track	2:35.00	632
1 Farrah Bramlett	11 Unattached	2:35.00	632

Outdoor Pentathlon: #1 Girls 80 Meter Hurdles 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Layla Younes	11 Legacy Track	14.00	NWI	844
1 Farrah Bramlett	11 Unattached	14.00	NWI	844

Outdoor Pentathlon: #4 Girls High Jump 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Farrah Bramlett	11 Unattached	1.52m	4-11.75 644
1 Layla Younes	11 Legacy Track	1.52m	4-11.75 644

Outdoor Pentathlon: #2 Girls Long Jump 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Layla Younes	11 Legacy Track	4.57m	NWI	15-00.00 446
1 Farrah Bramlett	11 Unattached	4.57m	NWI	15-00.00 446

Outdoor Pentathlon: #3 Girls Shot Put 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Farrah Bramlett	11 Unattached	7.62m	25-00.00 375
1 Layla Younes	11 Legacy Track	7.62m	25-00.00 375

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls Outdoor Pentathlon 11 years old**

Name	Year	Team	Finals	H#
1 Farrah Bramlett	11	Unattached	2941	
1 Layla Younes	11	Legacy Track	2941	

Girls 100 Meter Dash 12 years old

Name	Year	Team	Finals	Wind	H#
1 Madison Myers	10	Spartan Chos	15.20	NWI	2
1 Faith Simmonds	10	Spartan Chos	15.20	NWI	2
1 Zaara Ali	10	Spartan Chos	15.20	NWI	1
1 Naomi Mcghee	10	Spartan Chos	15.20	NWI	2
1 Zoe Mitchell	10	Virginia Pri	15.20	NWI	1
1 Jada Fells	10	West End Ric	15.20	NWI	1
1 Jayla Talley	10	Virginia Blaze	15.20	NWI	2
1 Kourtney Howard-Perez	10	Dale City Li	15.20	NWI	2
1 Lauryn Pete	10	Dale City Li	15.20	NWI	2
1 Nyla Boyd	10	Dale City Li	15.20	NWI	2
1 Ajana Browne	10	Dale City Li	15.20	NWI	1
1 Isabelle Otoo	10	Nva Track	15.20	NWI	1
1 Haley Thomas	10	Nva Track	15.20	NWI	1
1 Camille Ford	10	Nva Track	15.20	NWI	2

Girls 200 Meter Dash 12 years old

Name	Year	Team	Finals	Wind	H#
1 Naomi Mcghee	10	Spartan Chos	27.64	NWI	3
2 Nyla Boyd	10	Dale City Li	27.94	NWI	3
3 Maya Wooden	10	Nva Track	28.00	NWI	3
4 Camille Ford	10	Nva Track	28.64	NWI	3
5 Jayla Talley	10	Virginia Blaze	28.67	NWI	3
6 Morgan Elam	10	Nva Track	29.01	NWI	2
7 Madison Myers	10	Spartan Chos	29.05	NWI	3
8 Christabel Agyeman-Duah	10	Legacy Track	29.37	NWI	3
9 Isabelle Otoo	10	Nva Track	29.91	NWI	2
10 Cazia Datcher	10	Virginia Blaze	30.17	NWI	1
11 Jessie Jalivay	10	Dale City Li	30.22	NWI	2
12 Kelcia Howard-Perez	10	Dale City Li	30.42	NWI	2
13 Meli Miller	10	Dale City Li	30.43	NWI	2
14 Cecilia Sessom	10	Dale City Li	30.69	NWI	2
15 Zoe Mitchell	10	Virginia Pri	32.75	NWI	2
16 Jada Fells	10	West End Ric	32.85	NWI	1
17 Zaara Ali	10	Spartan Chos	32.93	NWI	3
18 Jaliyah Fells	10	West End Ric	38.15	NWI	1

Girls 400 Meter Dash 12 years old

Name	Year	Team	Finals	H#
1 Christabel Agyeman-Duah	10	Legacy Track	1:05.00	2
1 Morgan Elam	10	Nva Track	1:05.00	2
1 Cecilia Sessom	10	Dale City Li	1:05.00	1
1 Sanaa Wilson	10	Ebenezer Roy	1:05.00	1

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls 400 Meter Dash 12 years old**

1	Cazia Datcher	10	Virginia Blaze	1:05.00	1
1	Jada Fells	10	West End Ric	1:05.00	1
1	Maya Wooden	10	Nva Track	1:05.00	2
1	Naomi Mcghee	10	Spartan Chos	1:05.00	2
1	Kelcia Howard-Perez	10	Dale City Li	1:05.00	1
1	Kourtney Howard-Perez	10	Dale City Li	1:05.00	1
1	Ajana Browne	10	Dale City Li	1:05.00	2
1	Giada Gilliam	10	Dale City Li	1:05.00	1
1	Meli Miller	10	Dale City Li	1:05.00	2
1	Lauryn Pete	10	Dale City Li	1:05.00	2
1	Jessie Jalivay	10	Dale City Li	1:05.00	2

Girls 800 Meter Run 12 years old

Name	Year	Team	Finals
1	Madelyn Ramirez	10 Nva Track	2:35.00
1	Emily Gordon	10 Nva Track	2:35.00
1	Marguerite Downey	10 West End Ric	2:35.00
1	Giada Gilliam	10 Dale City Li	2:35.00
1	Christabel Agyeman-Duah	10 Legacy Track	2:35.00

Girls 1500 Meter Run 12 years old

Name	Year	Team	Finals
1	Madelyn Ramirez	10 Nva Track	5:25.00
1	Marguerite Downey	10 West End Ric	5:25.00
1	Emily Gordon	10 Nva Track	5:25.00

Girls 3000 Meter Run 12 years old

Name	Year	Team	Finals
1	Emily Gordon	10 Nva Track	11:17.94

Girls 80 Meter Hurdles 12 years old

Name	Year	Team	Finals	Wind
1	Haley Thomas	10 Nva Track	14.50	NWI

Girls 4x100 Meter Relay 12 years old

Team	Finals
1 Nva Track 'A'	56.00
1 Dale City Lightning Track Club 'A'	56.00

Girls 4x400 Meter Relay 12 years old

Team	Finals
1 Dale City Lightning Track Club 'A'	4:30.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls High Jump 12 years old**

Name	Year Team	Finals	
1 Faith Simmonds	10 Spartan Chos	J3-06.00	1.06m
1 Sanaa Wilson	10 Ebenezer Roy	J3-06.00	1.06m
3 Haley Thomas	10 Nva Track	J3-04.00	1.01m
4 Marguerite Downey	10 West End Ric	J3-00.00	0.91m
4 Todshira Jones	10 Future Flyers	J3-00.00	0.91m

Girls Long Jump 12 years old

Name	Year Team	Finals	Wind	
1 Cazia Datcher	10 Virginia Blaze	13-00.00	NWI	3.96m
1 Faith Simmonds	10 Spartan Chos	13-00.00	NWI	3.96m
1 Zoe Mitchell	10 Virginia Pri	13-00.00	NWI	3.96m
1 Jayla Talley	10 Virginia Blaze	13-00.00	NWI	3.96m
1 Noah Hawkins	10 Mach 5 Athletics	13-00.00	NWI	3.96m
1 Todshira Jones	10 Future Flyers	13-00.00	NWI	3.96m
1 Madison Myers	10 Spartan Chos	13-00.00	NWI	3.96m
1 Zaara Ali	10 Spartan Chos	13-00.00	NWI	3.96m

Girls Shot Put 6 lbs 12 years old

Name	Year Team	Finals	
1 Cecilia Sessom	10 Dale City Li	23-05.00	7.13m
2 Jaliyah Fells	10 West End Ric	17-02.50	5.24m

Girls Javelin Throw Turbo (400 g 12 years old)

Name	Year Team	Finals	
1 Todshira Jones	10 Future Flyers	50-09.50	15.48m
2 Noah Hawkins	10 Mach 5 Athletics	31-06.50	9.61m

Outdoor Pentathlon: #5 Girls 800 Meter Run 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Jayla Talley	10 Virginia Blaze	2:35.00	632
1 Jaliyah Fells	10 West End Ric	2:35.00	632

Outdoor Pentathlon: #1 Girls 80 Meter Hurdles 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Jayla Talley	10 Virginia Blaze	14.00	NWI	844
1 Jaliyah Fells	10 West End Ric	14.00	NWI	844

Outdoor Pentathlon: #4 Girls High Jump 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Jayla Talley	10 Virginia Blaze	1.52m	4-11.75 644
1 Jaliyah Fells	10 West End Ric	1.52m	4-11.75 644

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Outdoor Pentathlon: #2 Girls Long Jump 12 years old Outdoor Pentathlon**

Name	Year Team	Finals	Wind	Points
1 Jaliyah Fells	10 West End Ric	4.57m	NWI	15-00.00 446
1 Jayla Talley	10 Virginia Blaze	4.57m	NWI	15-00.00 446

Outdoor Pentathlon: #3 Girls Shot Put 12 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Jaliyah Fells	10 West End Ric	7.31m	23-11.75 355
1 Jayla Talley	10 Virginia Blaze	7.31m	23-11.75 355

Girls Outdoor Pentathlon 12 years old

Name	Year Team	Finals	H#
1 Jaliyah Fells	10 West End Ric	2921	
1 Jayla Talley	10 Virginia Blaze	2921	

Girls 1500 Meter Race Walk 12 years old

Name	Year Team	Finals
1 Noah Hawkins	10 Mach 5 Athletics	12:50.79
2 Jaliyah Fells	10 West End Ric	14:25.94

Girls 100 Meter Dash 13 years old

Name	Year Team	Finals	Wind	H#
1 Talya Sumner	09 Pwc Panthers	14.90	NWI	2
1 Maya Sumner	09 Pwc Panthers	14.90	NWI	1
1 Jordan Thomas	09 Pwc Panthers	14.90	NWI	3
1 Taliyah Leonidas	09 Pwc Panthers	14.90	NWI	2
1 Alexis Mensah	09 Nva Track	14.90	NWI	3
1 Aarielle Nicholson	09 Pwc Panthers	14.90	NWI	2
1 Caroline Rice	09 West End Ric	14.90	NWI	1
1 Zaya Tolson	09 Virginia Blaze	14.90	NWI	1
1 Teagen Ventres	09 West End Ric	14.90	NWI	1
1 Nevaeh Hawkins	09 Spartan Chos	14.90	NWI	1
1 Natalie Mcintosh	09 Vienna Hurricanes	14.90	NWI	3
1 Azaria Leath	09 Dale City Li	14.90	NWI	3
1 Enya Josphe	09 Dale City Li	14.90	NWI	2
1 Italia Mason	09 Dale City Li	14.90	NWI	3
1 Samantha Webb	09 2nd To None	14.90	NWI	2
1 Liana Baskerville	09 Dale City Li	14.90	NWI	2
1 Nadya Thomas	09 Legacy Track	14.90	NWI	2
1 Jada Jones	09 Legacy Track	14.90	NWI	3
1 Adrienne Lwanga	09 Nva Track	14.90	NWI	3
1 Logan Robertson	09 Dale City Li	14.90	NWI	2
1 Julia Wallace	09 Dale City Li	14.90	NWI	3

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 200 Meter Dash 13 years old**

Name	Year	Team	Finals	Wind	H#
1 Julia Wallace	09	Dale City Li	27.22	NWI	3
2 Natalie McIntosh	09	Vienna Hurricanes	27.80	NWI	3
3 Alexis Mensah	09	Nva Track	28.00	NWI	3
4 Italia Mason	09	Dale City Li	28.30	NWI	3
5 Leeona Walker	09	Nva Track	28.36	NWI	3
6 Jada Jones	09	Legacy Track	29.11	NWI	3
7 Jordan Thomas	09	Pwc Panthers	29.27	NWI	3
8 Adrienne Lwanga	09	Nva Track	29.84	NWI	2
9 Logan Robertson	09	Dale City Li	29.87	NWI	3
10 Enya Josphe	09	Dale City Li	30.08	NWI	2
11 Liana Baskerville	09	Dale City Li	30.63	NWI	2
12 Teagen Ventres	09	West End Ric	30.82	NWI	1
13 Nevaeh Hawkins	09	Spartan Chos	31.49	NWI	1
14 Kaia Wilkins	09	Virginia Blaze	31.81	NWI	1
15 Jaidyn Tiller	09	Dale City Li	34.12	NWI	2
16 Caroline Rice	09	West End Ric	34.45	NWI	2
17 Zaya Tolson	09	Virginia Blaze	38.84	NWI	1

Girls 400 Meter Dash 13 years old

Name	Year	Team	Finals	H#
1 Maya Sumner	09	Pwc Panthers	1:02.00	1
1 Aarielle Nicholson	09	Pwc Panthers	1:02.00	1
1 Talya Sumner	09	Pwc Panthers	1:02.00	1
1 Leeona Walker	09	Nva Track	1:02.00	3
1 Alexis Mensah	09	Nva Track	1:02.00	2
1 Taliyah Leonidas	09	Pwc Panthers	1:02.00	3
1 Caroline Rice	09	West End Ric	1:02.00	2
1 Natalie McIntosh	09	Vienna Hurricanes	1:02.00	3
1 Teagen Ventres	09	West End Ric	1:02.00	1
1 Delaney Malloy	09	Spartan Chos	1:02.00	3
1 Elizabeth Porter	09	VA House of Speed	1:02.00	3
1 Italia Mason	09	Dale City Li	1:02.00	2
1 Azaria Leath	09	Dale City Li	1:02.00	2
1 Logan Robertson	09	Dale City Li	1:02.00	2
1 Liana Baskerville	09	Dale City Li	1:02.00	2
1 Samantha Webb	09	2nd To None	1:02.00	1
1 Enya Josphe	09	Dale City Li	1:02.00	2
1 Lily Garavito	09	Nva Track	1:02.00	3
1 Jada Jones	09	Legacy Track	1:02.00	3
1 Adrienne Lwanga	09	Nva Track	1:02.00	2
1 Jaidyn Tiller	09	Dale City Li	1:02.00	1
1 Julia Wallace	09	Dale City Li	1:02.00	3

Girls 800 Meter Run 13 years old

Name	Year	Team	Finals
1 Janiyah Marshall	09	Pwc Panthers	2:30.00
1 McKinley Klinefelter	09	Nva Track	2:30.00
1 Elizabeth Porter	09	VA House of Speed	2:30.00
1 Jaidyn Tiller	09	Dale City Li	2:30.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls 800 Meter Run 13 years old**

1 Lily Garavito	09 Nva Track	2:30.00
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Girls 1500 Meter Run 13 years old

Name	Year Team	Finals
1 Janiyah Marshall	09 Pwc Panthers	5:20.00
1 Mckinley Klinefelter	09 Nva Track	5:20.00

Girls 3000 Meter Run 13 years old

Name	Year Team	Finals
1 Mckinley Klinefelter	09 Nva Track	14:08.52

Girls 100 Meter Hurdles 13 years old

Name	Year Team	Finals	Wind
1 Nhandi Logan	09 Virginia Blaze	16.50	NWI
1 Simone Ellis	09 Track 757 Tr	16.50	NWI
1 Sydney Taylor	09 Virginia Pri	16.50	NWI
1 Nevaeh Hawkins	09 Spartan Chos	16.50	NWI
1 Delaney Malloy	09 Spartan Chos	16.50	NWI

Girls 200 Meter Hurdles 13 years old

Name	Year Team	Finals	Wind
1 Simone Ellis	09 Track 757 Tr	30.00	NWI
1 Sydney Taylor	09 Virginia Pri	30.00	NWI
1 Delaney Malloy	09 Spartan Chos	30.00	NWI

Girls High Jump 13 years old

Name	Year Team	Finals
1 Simone Ellis	09 Track 757 Tr	4-02.00 1.27m
2 Delaney Malloy	09 Spartan Chos	3-10.00 1.16m
3 Nhandi Logan	09 Virginia Blaze	3-08.00 1.11m
4 Nevaeh Hawkins	09 Spartan Chos	3-06.00 1.06m
5 Teagen Ventres	09 West End Ric	J3-04.00 1.01m
5 Caroline Rice	09 West End Ric	J3-04.00 1.01m

Girls Long Jump 13 years old

Name	Year Team	Finals	Wind
1 Natalie McIntosh	09 Vienna Hurricanes	14-00.00 4.26m	NWI
1 Sydney Taylor	09 Virginia Pri	14-00.00 4.26m	NWI
1 Nhandi Logan	09 Virginia Blaze	14-00.00 4.26m	NWI
1 Jordan Thomas	09 Pwc Panthers	14-00.00 4.26m	NWI

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls Shot Put 6 lbs 13 years old**

Name	Year Team	Finals	
1 Nadya Thomas	09 Legacy Track	27-09.50	8.47m
2 Nhandi Logan	09 Virginia Blaze	23-09.00	7.23m
3 Layla Pearson	09 Pwc Panthers	22-07.50	6.89m
4 Joelle Griffin	09 Legacy Track	19-01.00	5.81m
5 Samantha Webb	09 2nd To None	16-09.00	5.10m

Girls Discus Throw 1.0 Kg 13 years old

Name	Year Team	Finals	
1 Layla Pearson	09 Pwc Panthers	37-01	11.30m
2 Joelle Griffin	09 Legacy Track	33-10	10.31m
3 Nadya Thomas	09 Legacy Track	29-11	9.11m

Girls Javelin Throw 600 g 13 years old

Name	Year Team	Finals	
1 Zaya Tolson	09 Virginia Blaze	80-00	24.38m
1 Kaia Wilkins	09 Virginia Blaze	80-00	24.38m
1 Joelle Griffin	09 Legacy Track	80-00	24.38m

Outdoor Pentathlon: #5 Girls 800 Meter Run 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Simone Ellis	09 Track 757 Tr	2:25.00	757
1 Nhandi Logan	09 Virginia Blaze	2:25.00	757

Outdoor Pentathlon: #1 Girls 100 Meter Hurdles 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Simone Ellis	09 Track 757 Tr	14.00	NWI	978
1 Nhandi Logan	09 Virginia Blaze	14.00	NWI	978

Outdoor Pentathlon: #4 Girls High Jump 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Simone Ellis	09 Track 757 Tr	1.52m	4-11.75 644
1 Nhandi Logan	09 Virginia Blaze	1.52m	4-11.75 644

Outdoor Pentathlon: #2 Girls Long Jump 13 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Nhandi Logan	09 Virginia Blaze	4.87m	NWI	15-11.75 524
1 Simone Ellis	09 Track 757 Tr	4.87m	NWI	15-11.75 524

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Outdoor Pentathlon: #3 Girls Shot Put 13 years old Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Simone Ellis	09 Track 757 Tr	7.01m 23-00.00	336
1 Nhandi Logan	09 Virginia Blaze	7.01m 23-00.00	336

Girls Outdoor Pentathlon 13 years old

Name	Year Team	Finals	H#
1 Nhandi Logan	09 Virginia Blaze	3239	
1 Simone Ellis	09 Track 757 Tr	3239	

Girls 3000 Meter Race Walk 13 years old

Name	Year Team	Finals
1 Layla Pearson	09 Pwc Panthers	29:57.59

Girls 100 Meter Dash 14 years old

Name	Year Team	Finals	Wind	H#
1 Najiya Quant	08 Spartan Chos	14.50	NWI	1
1 Aaryana Arthur	08 Pwc Panthers	14.50	NWI	1
1 Sydney Tubbins	08 Spartan Chos	14.50	NWI	2
1 Anna Thomas	08 Nva Track	14.50	NWI	3
1 Genevieve Williams	08 Nva Track	14.50	NWI	3
1 Alanna Jackson	08 Virginia Pri	14.50	NWI	3
1 Maliyah Waller	08 Virginia Blaze	14.50	NWI	2
1 Lucy Versen	08 Unattached	14.50	NWI	3
1 Rickelle Bush	08 VA House of Speed	14.50	NWI	3
1 Dotun Olorunfemi	08 VA House of Speed	14.50	NWI	2
1 Ava Linton	08 Dale City Li	14.50	NWI	1
1 Maleeha Davis	08 Dale City Li	14.50	NWI	3
1 Tamarra Pringle	08 Dale City Li	14.50	NWI	2
1 Zo Cruz	08 Dale City Li	14.50	NWI	2
1 Kamiya Dancy	08 Dale City Li	14.50	NWI	2
1 Donea Lancaster	08 Legacy Track	14.50	NWI	2
1 Natalia Boudreau	08 Legacy Track	14.50	NWI	1
1 Jaida Stukes-Lancaster	08 Legacy Track	14.50	NWI	2
1 La Tasia Reigelsperger	08 Dale City Li	14.50	NWI	3
1 Lauryn Robertson	08 Dale City Li	14.50	NWI	3

Girls 200 Meter Dash 14 years old

Name	Year Team	Finals	Wind	H#
1 Genevieve Williams	08 Nva Track	25.86	NWI	4
2 Maleeha Davis	08 Dale City Li	26.16	NWI	4
3 Lauryn Robertson	08 Dale City Li	26.80	NWI	4
4 Naomi Anderson	08 Nva Track	26.90	NWI	4
5 Arianna Thomas	08 Pwc Panthers	27.18	NWI	4
6 Rickelle Bush	08 VA House of Speed	28.06	NWI	3
7 Courtney Ferdinand	08 Dale City Li	28.29	NWI	3
8 Harmony Redd	08 Legion of Zo	28.52	NWI	3

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls 200 Meter Dash 14 years old**

9	Alanna Jackson	08	Virginia Pri	28.94	NWI	2
10	Lucy Versen	08	Unattached	29.02	NWI	4
11	Donea Lancaster	08	Legacy Track	29.07	NWI	3
12	Briyonna Tune	08	434 Track &	29.75	NWI	3
13	Kamiya Dancy	08	Dale City Li	29.78	NWI	2
14	Jaida Stukes-Lancaster	08	Legacy Track	29.94	NWI	2
15	Tamarra Pringle	08	Dale City Li	30.05	NWI	2
16	Anna Thomas	08	Nva Track	30.15	NWI	2
17	Sabrina Toumi	08	Legacy Track	31.05	NWI	3
18	Maliyah Waller	08	Virginia Blaze	31.32	NWI	3
19	La Tasia Reigelsperger	08	Dale City Li	31.38	NWI	3
20	Zo Cruz	08	Dale City Li	31.89	NWI	1
21	Natalia Boudreau	08	Legacy Track	31.92	NWI	1

Girls 400 Meter Dash 14 years old

Name	Year	Team	Finals	H#
1 Naomi Anderson	08	Nva Track	58.00	3
1 Harmony Redd	08	Legion of Zo	58.00	2
1 Allie Guzulaitis	08	Nva Track	58.00	2
1 Jaida Stukes-Lancaster	08	Legacy Track	58.00	3
1 Donea Lancaster	08	Legacy Track	58.00	2
1 Imani Wood	08	Legacy Track	58.00	3
1 Rickelle Bush	08	VA House of Speed	58.00	3
1 Aaryana Arthur	08	Pwc Panthers	58.00	1
1 Lucy Versen	08	Unattached	58.00	3
1 Leah Jean	08	Nva Track	58.00	2
1 Suzanna Mancini	08	Nva Track	58.00	3
1 Courtney Ferdinand	08	Dale City Li	58.00	3
1 Maleeha Davis	08	Dale City Li	58.00	3
1 Brooklyn George	08	Pwc Panthers	58.00	2
1 Zo Cruz	08	Dale City Li	58.00	1
1 Serron Degruy	08	Aerial Supreme	58.00	2
1 Kamiya Dancy	08	Dale City Li	58.00	2
1 Lauryn Robertson	08	Dale City Li	58.00	2
1 La Tasia Reigelsperger	08	Dale City Li	58.00	1
1 Natalia Boudreau	08	Legacy Track	58.00	1
1 Ava Linton	08	Dale City Li	58.00	1
1 Tamarra Pringle	08	Dale City Li	58.00	1

Girls 800 Meter Run 14 years old

Name	Year	Team	Finals
1 Suzanna Mancini	08	Nva Track	2:25.00
1 Leah Jean	08	Nva Track	2:25.00
1 Brooklyn George	08	Pwc Panthers	2:25.00
1 Ava Grace Satterfield	08	Nva Track	2:25.00
1 Ashley Guzman	08	Dale City Li	2:25.00
1 Serron Degruy	08	Aerial Supreme	2:25.00
1 Allie Guzulaitis	08	Nva Track	2:25.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 1500 Meter Run 14 years old**

Name	Year Team	Finals
1 Ashley Guzman	08 Dale City Li	5:15.00
1 Ava Grace Satterfield	08 Nva Track	5:15.00
1 Serron Degruy	08 Aerial Supreme	5:15.00

Girls 3000 Meter Run 14 years old

Name	Year Team	Finals
1 Abigail Anstett	08 Unattached	10:59.61
2 Ashley Guzman	08 Dale City Li	11:30.98
3 Ava Grace Satterfield	08 Nva Track	11:44.73

Girls 100 Meter Hurdles 14 years old

Name	Year Team	Finals	Wind
1 Arianna Thomas	08 Pwc Panthers	16.50	NWI
1 Morgan Greene	08 Nva Track	16.50	NWI

Girls 200 Meter Hurdles 14 years old

Name	Year Team	Finals	Wind
1 Arianna Thomas	08 Pwc Panthers	28.00	NWI
1 Morgan Greene	08 Nva Track	28.00	NWI

Girls 4x100 Meter Relay 14 years old

Team	Finals
1 Legacy Track and Field 'A'	54.00
1 Nva Track 'A'	54.00
1 Dale City Lightning Track Club 'A'	54.00
1 Dale City Lightning Track Club 'B'	54.00

Girls 4x400 Meter Relay 14 years old

Team	Finals
1 Nva Track 'B'	4:00.00
1 Nva Track 'A'	4:00.00

Girls 4x800 Meter Relay 14 years old

Team	Finals
1 Nva Track 'A'	13:00.00

Girls High Jump 14 years old

Name	Year Team	Finals
1 Briyonna Tune	08 434 Track &	4-02.00 1.27m

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls High Jump 14 years old**

2	Sydney Tubbins	08 Spartan Chos	3-08.00	1.11m
3	Lucy Versen	08 Unattached	3-06.00	1.06m

Girls Long Jump 14 years old

Name	Year Team	Finals	Wind
1 Brooklyn George	08 Pwc Panthers	15-00.00	NWI 4.57m
1 Harmony Redd	08 Legion of Zo	15-00.00	NWI 4.57m
1 Sydney Tubbins	08 Spartan Chos	15-00.00	NWI 4.57m
1 Arianna Thomas	08 Pwc Panthers	15-00.00	NWI 4.57m
1 Serron Degruy	08 Aerial Supreme	15-00.00	NWI 4.57m
1 Briyonna Tune	08 434 Track &	15-00.00	NWI 4.57m
1 Courtney Ferdinand	08 Dale City Li	15-00.00	NWI 4.57m

Girls Triple Jump 14 years old

Name	Year Team	Finals	Wind
1 Harmony Redd	08 Legion of Zo	30-00.00	NWI 9.14m
1 Sydney Tubbins	08 Spartan Chos	30-00.00	NWI 9.14m
1 Briyonna Tune	08 434 Track &	30-00.00	NWI 9.14m

Girls Shot Put 6 lbs 14 years old

Name	Year Team	Finals
1 Sabrina Toumi	08 Legacy Track	30-09.50 9.38m
2 Maliyah Waller	08 Virginia Blaze	24-01.50 7.35m

Girls Discus Throw 1.0 Kg 14 years old

Name	Year Team	Finals
1 Najiya Quant	08 Spartan Chos	90-00 27.43m
2 Sabrina Toumi	08 Legacy Track	45-07.50 13.90m

Girls Javelin Throw 600 g 14 years old

Name	Year Team	Finals
1 Najiya Quant	08 Spartan Chos	90-00 27.43m

Outdoor Pentathlon: #5 Girls 800 Meter Run 14 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Sabrina Toumi	08 Legacy Track	2:30.00	693

Outdoor Pentathlon: #1 Girls 100 Meter Hurdles 14 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Sabrina Toumi	08 Legacy Track	14.20	NWI	950

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Outdoor Pentathlon: #4 Girls High Jump 14 years old Outdoor Pentathlon**

Name	Year Team	Finals	Points
1 Sabrina Toumi	08 Legacy Track	1.52m 4-11.75	644

Outdoor Pentathlon: #2 Girls Long Jump 14 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Sabrina Toumi	08 Legacy Track	5.18m	NWI 17-00.00	609

Outdoor Pentathlon: #3 Girls Shot Put 14 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Sabrina Toumi	08 Legacy Track	7.31m 23-11.75	355

Girls Outdoor Pentathlon 14 years old

Name	Year Team	Finals	H#
1 Sabrina Toumi	08 Legacy Track	3251	

Girls 100 Meter Dash 15-16 years old

Name	Year Team	Finals	Wind	H#
1 Annaja Daniel	06 T Woods Wood Devils	13.90	NWI	4
1 Gabrielle Miles	06 Triangle Cha	13.90	NWI	2
1 Ruth McGhee	07 Spartan Chos	13.90	NWI	5
1 Kaci Alford	06 Virginia Blaze	13.90	NWI	1
1 Anayah Aarons-Brown	06 VA House of Speed	13.90	NWI	4
1 Neriah Jones	06 Pwc Panthers	13.90	NWI	3
1 Ajahnae Estwick	06 Pwc Panthers	13.90	NWI	4
1 Za'Nyah Tensley	07 Pwc Panthers	13.90	NWI	2
1 Aniya Prescott	06 Pwc Panthers	13.90	NWI	2
1 Laila Watkins	07 Unattached	13.90	NWI	5
1 Daniya Walton	06 Unattached	13.90	NWI	3
1 Laila Thomas	07 Pwc Panthers	13.90	NWI	5
1 Bailey Walker	06 Unattached	13.90	NWI	3
1 Alexandra Hopkins	06 Virginia Blaze	13.90	NWI	5
1 Kierra Grigley	07 Virginia Blaze	13.90	NWI	1
1 Nile Lewis	07 Virginia Pri	13.90	NWI	4
1 Fanaiya Hutcherson	07 Virginia Blaze	13.90	NWI	1
1 Taylor Porter	06 434 Track &	13.90	NWI	5
1 Janiah Crosby	07 Dale City Li	13.90	NWI	3
1 Nevaeh Huffman	06 434 Track &	13.90	NWI	3
1 Sydney Jalivay	07 Dale City Li	13.90	NWI	3
1 Deianna Hudson	06 Dale City Li	13.90	NWI	4
1 Harmane Calloway	06 434 Track &	13.90	NWI	2
1 Foladayo Akinbi	06 Dale City Li	13.90	NWI	1
1 Ayonna Hayden	07 434 Track &	13.90	NWI	3
1 Kaaliyah Graves	06 434 Track &	13.90	NWI	2
1 Nyela Asterilla-Anderson	06 Pwc Panthers	13.90	NWI	5
1 Lindsay Masternick	07 Nva Track	13.90	NWI	3
1 Jada Chambliss	06 Pwc Panthers	13.90	NWI	4

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls 100 Meter Dash 15-16 years old**

1	Arianna Brokenburr	07	Pwc Panthers	13.90	NWI	4
1	Lois Robertson	06	Legacy Track	13.90	NWI	5
1	Jayden Sitton	07	Dale City Li	13.90	NWI	2
1	Lilia Jones	07	Nva Track	13.90	NWI	5
1	Micah Younger	07	Legacy Track	13.90	NWI	4

Girls 200 Meter Dash 15-16 years old

Name	Year	Team	Finals	Wind	H#
1 Nyela Asterilla-Anderson	06	Pwc Panthers	25.44	NWI	6
2 Ruth McGhee	07	Spartan Chos	25.72	NWI	6
3 Laila Thomas	07	Pwc Panthers	26.01	NWI	6
4 Alexandra Hopkins	06	Virginia Blaze	26.15	NWI	6
5 Deianna Hudson	06	Dale City Li	26.21	NWI	5
6 Zariah Ricks	06	Virginia Blaze	26.23	NWI	6
7 Farah Nasir	06	Nva Track	26.32	NWI	6
8 Laila Watkins	07	Unattached	26.68	NWI	5
9 Sydney Jalivay	07	Dale City Li	26.85	NWI	4
10 Lilia Jones	07	Nva Track	27.55	NWI	5
11 Jada Chambliss	06	Pwc Panthers	27.65	NWI	5
12 Lois Robertson	06	Legacy Track	27.70	NWI	5
13 Elizabeth Yeboah-Kodie	07	Pwc Panthers	27.86	NWI	6
14 Eden Alexander	07	Unattached	27.95	NWI	4
15 Arianna Brokenburr	07	Pwc Panthers	28.17	NWI	5
16 Lindsay Masternick	07	Nva Track	28.33	NWI	3
17 Anayah Aarons-Brown	06	VA House of Speed	28.40	NWI	2
18 Kaci Alford	06	Virginia Blaze	28.43	NWI	1
19 Daniya Walton	06	Unattached	28.46	NWI	4
20 Aniya Prescott	06	Pwc Panthers	28.68	NWI	2
21 Mikaylea Harper-Louis	06	Pwc Panthers	28.74	NWI	3
22 Anijah Corbin	06	T Woods Wood Devils	28.93	NWI	3
23 Annaja Daniel	06	T Woods Wood Devils	29.10	NWI	4
24 Za'Nyah Tensley	07	Pwc Panthers	29.22	NWI	3
25 Nile Lewis	07	Virginia Pri	29.26	NWI	3
26 Ayauna Williams	06	Pwc Panthers	29.29	NWI	5
27 Micah Younger	07	Legacy Track	29.56	NWI	4
28 Emily Yeh	06	Pwc Panthers	29.74	NWI	3
29 Fanaiya Hutcherson	07	Virginia Blaze	29.75	NWI	2
30 Kierra Grigley	07	Virginia Blaze	29.75	NWI	1
31 Ayonna Hayden	07	434 Track &	30.46	NWI	4
32 Gabrielle Miles	06	Triangle Cha	30.92	NWI	3
33 Janiah Crosby	07	Dale City Li	31.13	NWI	2
34 Neriah Jones	06	Pwc Panthers	31.17	NWI	3
35 Savanna Cleveland	07	West End Ric	31.19	NWI	1
36 Jayden Sitton	07	Dale City Li	32.52	NWI	2
37 Kaaliyah Graves	06	434 Track &	32.97	NWI	2

Girls 400 Meter Dash 15-16 years old

Name	Year	Team	Finals	H#
1 Camille Lichtenstein	07	VA House of Speed	56.00	2
1 Ruth McGhee	07	Spartan Chos	56.00	4
1 Fanaiya Hutcherson	07	Virginia Blaze	56.00	1

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls 400 Meter Dash 15-16 years old**

1	Alexandra Hopkins	06	Virginia Blaze	56.00	3
1	Za'Nyah Tensley	07	Pwc Panthers	56.00	2
1	Aniya Prescott	06	Pwc Panthers	56.00	2
1	Ayauna Williams	06	Pwc Panthers	56.00	3
1	Psalmn Jones	06	Pwc Panthers	56.00	4
1	Eden Alexander	07	Unattached	56.00	3
1	Daniya Walton	06	Unattached	56.00	2
1	Hannah Compton	07	F.I.A. Amba	56.00	1
1	Amanda Boateng	06	Pwc Panthers	56.00	4
1	Madison Somerville	07	Virginia Blaze	56.00	3
1	Zariah Ricks	06	Virginia Blaze	56.00	4
1	Savanna Cleveland	07	West End Ric	56.00	1
1	Jayden Sitton	07	Dale City Li	56.00	1
1	Sydney Jalivay	07	Dale City Li	56.00	3
1	Farah Nasir	06	Nva Track	56.00	4
1	Lindsay Masternick	07	Nva Track	56.00	2
1	Harmane Calloway	06	434 Track &	56.00	2
1	Foladayo Akinbi	06	Dale City Li	56.00	1
1	Deianna Hudson	06	Dale City Li	56.00	4
1	Ajahnae Estwick	06	Pwc Panthers	56.00	3
1	Jada Chambliss	06	Pwc Panthers	56.00	3
1	Neriah Jones	06	Pwc Panthers	56.00	2
1	Mikaylea Harper-Louis	06	Pwc Panthers	56.00	2
1	Nyela Asterilla-Anderson	06	Pwc Panthers	56.00	4
1	Leila Haley	07	Panthers Eli	56.00	3
1	Ruqayyah Byrd	06	Pwc Panthers	56.00	4

Girls 800 Meter Run 15-16 years old

Name	Year	Team	Finals
1	Chloe Rakowitz	07 Virginia Pri	2:20.00
1	Lianna Hardiman	07 Virginia Pri	2:20.00
1	Psalmn Jones	06 Pwc Panthers	2:20.00
1	Eden Alexander	07 Unattached	2:20.00
1	Kaydence Wisner	07 VA House of Speed	2:20.00
1	Ruqayyah Byrd	06 Pwc Panthers	2:20.00
1	Madison Somerville	07 Virginia Blaze	2:20.00
1	Camille Lichtenstein	07 VA House of Speed	2:20.00

Girls 1500 Meter Run 15-16 years old

Name	Year	Team	Finals
1	Lianna Hardiman	07 Virginia Pri	5:10.00
1	Chloe Rakowitz	07 Virginia Pri	5:10.00
1	Camille Lichtenstein	07 VA House of Speed	5:10.00
1	Kaydence Wisner	07 VA House of Speed	5:10.00

Girls 3000 Meter Run 15-16 years old

Name	Year	Team	Finals
1	Kaydence Wisner	07 VA House of Speed	13:06.44

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls 100 Meter Hurdles 15-16 years old**

Name	Year	Team	Finals	Wind	H#
1 Emily Yeh	06	Pwc Panthers	15.00	NWI	2
1 Cadaija Madden	07	Richmond Heat	15.00	NWI	1
1 Jai-Yana Martin	06	Pwc Panthers	15.00	NWI	1
1 Elizabeth Yeboah-Kodie	07	Pwc Panthers	15.00	NWI	2
1 Bailey Walker	06	Unattached	15.00	NWI	2
1 Hannah Compton	07	F.I.A. Amba	15.00	NWI	1
1 Devyn Parham	06	Richmond Heat	15.00	NWI	1
1 Akera Molette	06	434 Track &	15.00	NWI	2
1 Indira O'Neil	06	Nva Track	15.00	NWI	2
1 Kenya Matthews	06	2nd To None	15.00	NWI	2
1 Mikaylea Harper-Louis	06	Pwc Panthers	15.00	NWI	1
1 Jada Hatcher	06	Pwc Panthers	15.00	NWI	2
1 Lauren Thomas	06	Nva Track	15.00	NWI	2

Girls 400 Meter Hurdles 15-16 years old

Name	Year	Team	Finals	H#
1 Elizabeth Yeboah-Kodie	07	Pwc Panthers	1:10.00	2
1 Emily Yeh	06	Pwc Panthers	1:10.00	2
1 Lauryn Pearson	06	Pwc Panthers	1:10.00	2
1 Asija Kyle	06	Virginia Blaze	1:10.00	1
1 Jasmine White	07	Virginia Blaze	1:10.00	1
1 Cadaija Madden	07	Richmond Heat	1:10.00	1
1 Indira O'Neil	06	Nva Track	1:10.00	2
1 Lauren Thomas	06	Nva Track	1:10.00	2
1 Kenya Matthews	06	2nd To None	1:10.00	2
1 Jai-Yana Martin	06	Pwc Panthers	1:10.00	2
1 Jada Hatcher	06	Pwc Panthers	1:10.00	2

Girls 4x100 Meter Relay 15-16 years old

Team	Finals
1 Pwc Panthers Track & Field Clu 'A'	49.00
1 Virginia Blaze 'A'	49.00
1 Nva Track 'A'	49.00

Girls 4x400 Meter Relay 15-16 years old

Team	Finals
1 Pwc Panthers Track & Field Clu 'A'	4:00.00

Girls 4x800 Meter Relay 15-16 years old

Team	Finals
1 Pwc Panthers Track & Field Clu 'A'	9:00.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Girls High Jump 15-16 years old**

Name	Year Team	Finals	
1 Akera Molette	06 434 Track &	4-08.00	1.42m
2 Lauryn Pearson	06 Pwc Panthers	J4-06.00	1.37m
2 Taylor Porter	06 434 Track &	J4-06.00	1.37m
2 Cadaija Madden	07 Richmond Heat	J4-06.00	1.37m
5 Adrianna Organ	07 434 Track &	J4-04.00	1.32m
5 Janiah Crosby	07 Dale City Li	J4-04.00	1.32m
7 Foladayo Akinbi	06 Dale City Li	4-02.00	1.27m

Girls Pole Vault 15-16 years old

Name	Year Team	Finals	
1 Lina Hansen	06 Virginia Blaze	7-06.00	2.28m
1 Alexandra Charecky	07 VA House of Speed	7-06.00	2.28m

Girls Long Jump 15-16 years old

Name	Year Team	Finals	Wind	H#
1 Anijah Corbin	06 T Woods Wood Devils	16-00.00	NWI	4.87m 1
1 Elizabeth Yeboah-Kodie	07 Pwc Panthers	16-00.00	NWI	4.87m 2
1 Annaja Daniel	06 T Woods Wood Devils	16-00.00	NWI	4.87m 1
1 Za'Nyah Tensley	07 Pwc Panthers	16-00.00	NWI	4.87m 1
1 Lauryn Pearson	06 Pwc Panthers	16-00.00	NWI	4.87m 2
1 Ayauna Williams	06 Pwc Panthers	16-00.00	NWI	4.87m 2
1 Laila Watkins	07 Unattached	16-00.00	NWI	4.87m 2
1 Kierra Grigley	07 Virginia Blaze	16-00.00	NWI	4.87m 1
1 Bailey Walker	06 Unattached	16-00.00	NWI	4.87m 2
1 Anayah Aarons-Brown	06 VA House of Speed	16-00.00	NWI	4.87m 2
1 Gabrielle Miles	06 Triangle Cha	16-00.00	NWI	4.87m 1
1 Camille Lichtenstein	07 VA House of Speed	16-00.00	NWI	4.87m 2
1 Akera Molette	06 434 Track &	16-00.00	NWI	4.87m 2
1 Nevaeh Huffman	06 434 Track &	16-00.00	NWI	4.87m 1
1 Adrianna Organ	07 434 Track &	16-00.00	NWI	4.87m 1
1 Kaaliyah Graves	06 434 Track &	16-00.00	NWI	4.87m 1
1 Harmane Calloway	06 434 Track &	16-00.00	NWI	4.87m 1
1 Ayonna Hayden	07 434 Track &	16-00.00	NWI	4.87m 1
1 Nyela Asterilla-Anderson	06 Pwc Panthers	16-00.00	NWI	4.87m 2
1 Lauren Thomas	06 Nva Track	16-00.00	NWI	4.87m 1
1 Jada Hatcher	06 Pwc Panthers	16-00.00	NWI	4.87m 2
1 Taylor Porter	06 434 Track &	16-00.00	NWI	4.87m 2
1 Janiah Crosby	07 Dale City Li	16-00.00	NWI	4.87m 2

Girls Triple Jump 15-16 years old

Name	Year Team	Finals	Wind	H#
1 Anijah Corbin	06 T Woods Wood Devils	31-00.00	NWI	9.44m 1
1 Devyn Parham	06 Richmond Heat	31-00.00	NWI	9.44m 1
1 Anayah Aarons-Brown	06 VA House of Speed	31-00.00	NWI	9.44m 1
1 Ayauna Williams	06 Pwc Panthers	31-00.00	NWI	9.44m 2
1 Cadaija Madden	07 Richmond Heat	31-00.00	NWI	9.44m 1
1 Mikaylea Harper-Louis	06 Pwc Panthers	31-00.00	NWI	9.44m 1

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Girls Triple Jump 15-16 years old**

1	Bailey Walker	06	Unattached	31-00.00	NWI	9.44m	2
1	Hannah Compton	07	F.I.A. Amba	31-00.00	NWI	9.44m	1
1	Alexandra Charecky	07	VA House of Speed	31-00.00	NWI	9.44m	1
1	Laila Watkins	07	Unattached	31-00.00	NWI	9.44m	2
1	Akera Molette	06	434 Track &	31-00.00	NWI	9.44m	2
1	Nevaeh Huffman	06	434 Track &	31-00.00	NWI	9.44m	1
1	Adrianna Organ	07	434 Track &	31-00.00	NWI	9.44m	2
1	Kaaliyah Graves	06	434 Track &	31-00.00	NWI	9.44m	1
1	Ayonna Hayden	07	434 Track &	31-00.00	NWI	9.44m	2
1	Lauryn Pearson	06	Pwc Panthers	31-00.00	NWI	9.44m	2
1	Ajahnae Estwick	06	Pwc Panthers	31-00.00	NWI	9.44m	2
1	Laila Thomas	07	Pwc Panthers	31-00.00	NWI	9.44m	2
1	Taylor Porter	06	434 Track &	31-00.00	NWI	9.44m	2
1	Leila Haley	07	Panthers Eli	31-00.00	NWI	9.44m	1

Girls Shot Put 4 kg 15-16 years old

Name	Year	Team	Finals	
1 Taylor Waddy	07	Commonwealth	30-06.50	9.30m
2 Mackenzie Blanchet	07	Commonwealth	28-11.50	8.82m
3 Genese Grant	07	Spartan Chos	25-11.75	7.91m
4 Jordyn Carpenter	07	Spartan Chos	24-05.50	7.45m
5 Anijah Corbin	06	T Woods Wood Devils	22-03.00	6.78m
6 Joy Carpenter	07	Spartan Chos	22-00.50	6.71m

Girls Discus Throw 1.0 Kg 15-16 years old

Name	Year	Team	Finals	
1 Mackenzie Blanchet	07	Commonwealth	94-10	28.90m
2 Taylor Waddy	07	Commonwealth	84-11	25.88m
3 Jordyn Carpenter	07	Spartan Chos	64-08.50	19.72m
4 Genese Grant	07	Spartan Chos	58-04.50	17.79m
5 Joy Carpenter	07	Spartan Chos	52-09	16.07m

Girls Javelin Throw 600 g 15-16 years old

Name	Year	Team	Finals	
1 Lina Hansen	06	Virginia Blaze	75-00	22.86m
1 Gabrielle Miles	06	Triangle Cha	75-00	22.86m
1 Savanna Cleveland	07	West End Ric	75-00	22.86m
1 Jasmine White	07	Virginia Blaze	75-00	22.86m
1 Joy Carpenter	07	Spartan Chos	75-00	22.86m
1 Jordyn Carpenter	07	Spartan Chos	75-00	22.86m
1 Genese Grant	07	Spartan Chos	75-00	22.86m

Heptathlon: #4 Girls 200 Meter Dash 15-16 years old Heptathlon

Name	Year	Team	Finals	Wind	Points
1 Asija Kyle	06	Virginia Blaze	26.00	NWI	797
1 Prynness Jackson	06	Richmond Heat	26.00	NWI	797
1 Lauryn Pearson	06	Pwc Panthers	26.00	NWI	797

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Heptathlon: #7 Girls 800 Meter Run 15-16 years old Heptathlon**

Name	Year Team	Finals	Points
1 Prynness Jackson	06 Richmond Heat	2:25.00	757
1 Asija Kyle	06 Virginia Blaze	2:25.00	757
1 Lauryn Pearson	06 Pwc Panthers	2:25.00	757

Heptathlon: #1 Girls 100 Meter Hurdles 15-16 years old Heptathlon

Name	Year Team	Finals	Wind	Points
1 Asija Kyle	06 Virginia Blaze	14.60	NWI	895
1 Prynness Jackson	06 Richmond Heat	14.60	NWI	895
1 Lauryn Pearson	06 Pwc Panthers	14.60	NWI	895

Heptathlon: #2 Girls High Jump 15-16 years old Heptathlon

Name	Year Team	Finals	Points
1 Prynness Jackson	06 Richmond Heat	1.52m	4-11.75 644
1 Asija Kyle	06 Virginia Blaze	1.52m	4-11.75 644
1 Lauryn Pearson	06 Pwc Panthers	1.52m	4-11.75 644

Heptathlon: #5 Girls Long Jump 15-16 years old Heptathlon

Name	Year Team	Finals	Wind	Points
1 Prynness Jackson	06 Richmond Heat	5.18m	NWI	17-00.00 609
1 Lauryn Pearson	06 Pwc Panthers	5.18m	NWI	17-00.00 609
1 Asija Kyle	06 Virginia Blaze	5.18m	NWI	17-00.00 609

Heptathlon: #3 Girls Shot Put 15-16 years old Heptathlon

Name	Year Team	Finals	Points
1 Lauryn Pearson	06 Pwc Panthers	9.14m	30-00.00 473
1 Asija Kyle	06 Virginia Blaze	9.14m	30-00.00 473
1 Prynness Jackson	06 Richmond Heat	9.14m	30-00.00 473

Heptathlon: #6 Girls Javelin Throw 15-16 years old Heptathlon

Name	Year Team	Finals	Points
1 Asija Kyle	06 Virginia Blaze	27.42m	89-11 428
1 Lauryn Pearson	06 Pwc Panthers	27.42m	89-11 428
1 Prynness Jackson	06 Richmond Heat	27.42m	89-11 428

Girls Heptathlon 15-16 years old

Name	Year Team	Finals	H#
1 Prynness Jackson	06 Richmond Heat	4603	
1 Asija Kyle	06 Virginia Blaze	4603	
1 Lauryn Pearson	06 Pwc Panthers	4603	

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Women 100 Meter Dash 17-18 years old**

Name	Year Team	Finals	Wind	H#
1 Alaysia Oakes	03 Spartan Chos	13.30	NWI	3
1 Akira Hamilton	03 Spartan Chos	13.30	NWI	3
1 Tahtalina Jobel	03 Triangle Cha	13.30	NWI	3
1 Kenydi Randolph	04 Pwc Panthers	13.30	NWI	2
1 Julia Dial	05 Spartan Chos	13.30	NWI	1
1 Tamia Williams	05 Virginia Elite	13.30	NWI	1
1 Lorelei Bangit	05 Unattached	13.30	NWI	2
1 Jadesola Akinbi	04 Dale City Li	13.30	NWI	1
1 Leah Mclemore	04 Virginia Blaze	13.30	NWI	1
1 Lilly Versen	05 Unattached	13.30	NWI	2
1 Raven Evans	04 Dale City Li	13.30	NWI	3
1 Shalese Sylve	04 434 Track &	13.30	NWI	2
1 Ayanna Woods	04 Dale City Li	13.30	NWI	3
1 Joy Taiwo	04 Unattached	13.30	NWI	2
1 Alicia Williams	05 2nd To None	13.30	NWI	2
1 Tigidankay Kargbo	05 Pwc Panthers	13.30	NWI	3
1 Nakayla Foster	05 Pwc Panthers	13.30	NWI	3
1 Tatiana King	05 Pwc Panthers	13.30	NWI	2
1 Emma Madrigal	04 F.I.A. Ambas	13.30	NWI	2
1 Kasey Diggs	05 Pwc Panthers	13.30	NWI	3

Women 200 Meter Dash 17-18 years old

Name	Year Team	Finals	Wind	H#
1 Akira Hamilton	03 Spartan Chos	25.86	NWI	3
2 Lorelei Bangit	05 Unattached	26.02	NWI	3
3 Kasey Diggs	05 Pwc Panthers	26.09	NWI	3
4 Julia Dial	05 Spartan Chos	26.37	NWI	1
5 Jordyn Evans	04 Dale City Li	26.94	NWI	3
6 Kandace Mcivor	03 Pwc Panthers	26.98	NWI	2
7 Ayanna Woods	04 Dale City Li	27.44	NWI	2
8 Camille Johnson	05 Nva Track	28.94	NWI	2
9 Kenydi Randolph	04 Pwc Panthers	29.35	NWI	2
10 Tamia Williams	05 Virginia Elite	29.37	NWI	1
11 Alicia Williams	05 2nd To None	29.87	NWI	2
12 Jadesola Akinbi	04 Dale City Li	30.21	NWI	1

Women 400 Meter Dash 17-18 years old

Name	Year Team	Finals	H#
1 Mariama Bangura	05 Spartan Chos	55.00	1
1 Tahtalina Jobel	03 Triangle Cha	55.00	2
1 Mikayla Mcfarland	04 Pwc Panthers	55.00	2
1 Saniya Banks	05 Richmond Heat	55.00	1
1 Naomi Clarke	04 Pwc Panthers	55.00	2
1 Tamia Williams	05 Virginia Elite	55.00	1
1 Hannah Edwards	03 Unattached	55.00	2
1 Lorelei Bangit	05 Unattached	55.00	2
1 Juliette Brunet	04 Nva Track	55.00	1
1 Kasey Diggs	05 Pwc Panthers	55.00	2
1 Ayanna Woods	04 Dale City Li	55.00	1

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Women 400 Meter Dash 17-18 years old**

1	Charis Anderson	05	Nva Track	55.00	1
1	Tatiana King	05	Pwc Panthers	55.00	1
1	Tigidankay Kargbo	05	Pwc Panthers	55.00	2
15	Jezreel Kayede	05	Pwc Panthers	55.50	2

Women 800 Meter Run 17-18 years old

Name	Year	Team	Finals
1 Naomi Clarke	04	Pwc Panthers	2:15.00
1 Jezreel Kayede	05	Pwc Panthers	2:15.00

Women 100 Meter Hurdles 17-18 years old

Name	Year	Team	Finals	Wind
1 Clarice Hartman	05	Nva Track	15.00	NWI
1 Daija Bell	03	Nva Track	15.00	NWI
1 Kandace Mcivor	03	Pwc Panthers	15.00	NWI
1 Camille Johnson	05	Nva Track	15.00	NWI
1 Joy Taiwo	04	Unattached	15.00	NWI
1 Jadesola Akinbi	04	Dale City Li	15.00	NWI
1 Charis Anderson	05	Nva Track	15.00	NWI
1 Emma Madrigal	04	F.I.A. Amba	15.00	NWI

Women 400 Meter Hurdles 17-18 years old

Name	Year	Team	Finals
1 Kandace Mcivor	03	Pwc Panthers	1:05.00
1 Mikayla Mcfarland	04	Pwc Panthers	1:05.00
1 Tamia Williams	05	Virginia Elite	1:05.00
1 Saniya Banks	05	Richmond Heat	1:05.00
1 Daija Bell	03	Nva Track	1:05.00
1 Charis Anderson	05	Nva Track	1:05.00
1 Camille Johnson	05	Nva Track	1:05.00

Women 4x100 Meter Relay 17-18 years old

Team	Finals
1 Pwc Panthers Track & Field Clu 'A'	47.00
1 Spartan Chosen Virginia 'A'	47.00
1 Dale City Lightning Track Club 'A'	47.00
1 Nva Track 'A'	47.00

Women 4x800 Meter Relay 17-18 years old

Team	Finals
1 Pwc Panthers Track & Field Clu 'A'	8:50.00

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****Women High Jump 17-18 years old**

Name	Year Team	Finals	
1 Alyson Smith	04 Virginia Blaze	5-00.00	1.52m
2 Clarice Hartman	05 Nva Track	J4-08.00	1.42m
2 Emma Madrigal	04 F.I.A. Amba	J4-08.00	1.42m
4 Shalese Sylve	04 434 Track &	J4-06.00	1.37m
5 Mikayla Mcfarland	04 Pwc Panthers	J4-04.00	1.32m

Women Long Jump 17-18 years old

Name	Year Team	Finals	Wind	
1 Lena Gooden	05 Dale City Li	19-04.00	NWI	5.89m
1 Alaysia Oakes	03 Spartan Chos	19-04.00	NWI	5.89m
3 Akira Hamilton	03 Spartan Chos	18-02.00	NWI	5.53m
4 Alyson Smith	04 Virginia Blaze	15-10.00	NWI	4.82m
5 Paige Woolfolk	05 Dale City Li	15-09.50	NWI	4.81m
6 Lilly Versen	05 Unattached	15-08.50	NWI	4.78m
7 Clarice Hartman	05 Nva Track	15-03.50	NWI	4.66m
8 Shalese Sylve	04 434 Track &	14-05.50	NWI	4.40m
-- Daija Bell	03 Nva Track	FOUL		

Women Triple Jump 17-18 years old

Name	Year Team	Finals	Wind	
1 Alexandra Guzman	04 Richmond Heat	33-00.00	NWI	10.05m
1 Saniya Banks	05 Richmond Heat	33-00.00	NWI	10.05m
1 Alaysia Oakes	03 Spartan Chos	33-00.00	NWI	10.05m
1 Julia Dial	05 Spartan Chos	33-00.00	NWI	10.05m
1 Shalese Sylve	04 434 Track &	33-00.00	NWI	10.05m
1 Jadesola Akinbi	04 Dale City Li	33-00.00	NWI	10.05m
1 Clarice Hartman	05 Nva Track	33-00.00	NWI	10.05m
1 Kaitlyn Greene	04 Nva Track	33-00.00	NWI	10.05m

Women Shot Put 4 kg 17-18 years old

Name	Year Team	Finals	
1 Daria Parham	04 Commonwealth	38-04.00	11.68m
2 Gabrielle Deglau	04 Commonwealth	34-05.00	10.49m
3 Kaitlin Wiley	05 Commonwealth	33-03.50	10.14m
4 Kayla Haislop	05 Unattached	32-05.50	9.89m
5 Naomi Woolfolk	05 Dale City Li	32-00.50	9.76m
6 Katie Jones	03 2nd To None	31-04.00	9.55m
7 Kaena Riley	05 Pwc Panthers	30-02.50	9.20m

Women Discus Throw 1.0 kg 17-18 years old

Name	Year Team	Finals	
1 Gabrielle Deglau	04 Commonwealth	114-06.50	34.91m
2 Daria Parham	04 Commonwealth	108-10	33.17m
3 Kaena Riley	05 Pwc Panthers	94-03	28.72m
4 Kayla Haislop	05 Unattached	90-10	27.68m

2022 AAU Virginia Northern District Qualifier - 6/12/2022**Varina High School****Results****....Women Discus Throw 1.0 kg 17-18 years old**

5 Naomi Woolfolk	05 Dale City Li	77-04.50	23.58m
6 Kaitlin Wiley	05 Commonwealth	72-06.50	22.11m

Women Javelin Throw 600 g 17-18 years old

Name	Year Team	Finals	
1 Kaena Riley	05 Pwc Panthers	60-00	18.28m
1 Leah Mclemore	04 Virginia Blaze	60-00	18.28m
1 Katie Jones	03 2nd To None	60-00	18.28m