

# ATC Packing List

Label everything! Many teens bring similar items to ATC, making it difficult to sort personal belongings when it's time to go home. It is always best to label all items with your teen's name (use labels or permanent marker). Avoid bringing new clothing because it will likely show wear by the end of camp. Expect your teen to return home needing to do laundry.

## Packing List

### Clothing

Pack at least one outfit that can get dirty/ruined (for activities).

Please plan on packing enough clothing for the full duration of the camp, generally one outfit per day, plus activity day outfits. It's wise to pack a couple of extra outfits.

- Shirts
- Shorts and pants
- Pajamas
- Socks and underwear
- Light sweatshirt or jacket (indoors with A/C can become chilly)
- Swimsuit (girls: one piece or tankini with dark T-shirt to cover stomach)
- Sneakers and casual shoes
- Flip flops for shower and pool

### Personal Items

- Toiletries: shampoo, body wash, deodorant, toothpaste, toothbrush,
- 2 towels** (1 for shower and 1 for activities)
- Sleeping bag and flat sheet** (no linens are provided)
- Personal medication, including prescription and over the counter. Please note all over the counter medications are held by the counselors. All medication must be in original packaging and properly labeled.
- Pillow

### Camp Gear

- Water bottle
- Bible, pens, and notebook
- Battery operated alarm clock
- Sunscreen (30+ SPF)
- Insect repellent

### Recommended (but optional)

- Watch
- Pre-addressed/stamped envelopes and stationery

### For musicians attending the Worship Academy:

- Instrument (keyboard and drum set provided)
- Drummers need to bring sticks and cymbals

# ATC Packing List

## Dress Code

### Male dress code

- No stomachs, backsides, or underwear showing; no crude, suggestive, or inappropriate clothing
- No deep V-neck T-shirts/low shirts
- No super-tight jeans
- No Speedo-style swimwear

### Female dress code

- No low shirts; no stomachs, backsides, or underwear showing; no crude, suggestive, or inappropriate clothing
- Tank tops: must be three finger-width straps
- Shorts: must be longer than fingertip length
- Skirts: knee-length
- Leggings may be worn with knee-length skirts or dresses
- Swimsuits: one-piece tankini with dark T-shirt to cover stomach

## Additional Information

### What to Leave at Home

Do not bring: hair dye, fireworks, firearms, piercing supplies, MP3 players, portable game players, iPods, iPads, Kindles, laptops, or any other entertainment device. ***Baggage will be searched.***

### Unplugged Policy

We have an “unplugged” policy at ATC. Internet access is heavily restricted and is usually forbidden. Counselors hold camper cell phones and will make phones available during designated down time when campers may call home.

### Laundry Information

The Laundry Service is available during the Sr. High Camp and provides teens with a bag and instructions. ***ATC is not responsible for items lost or damaged during laundering.*** Make sure all clothing is labeled and do not bring any garments requiring special care, as all clothing is dried on a high-heat setting.

Teens attending a stay-over camp will have the opportunity to do laundry at a laundromat. They will need coins.