

# Heartbeat

INDIAN HILLS COMMUNITY CHURCH

August 16, 2015

## Welcome

Welcome to Indian Hills Community Church. If you are a believer in Jesus Christ, you know that you are not your own. The Lord Jesus purchased you at a great price—His very life—and you belong to Him. Not only did God purchase you, but He created you and gave you a purpose for living. That purpose is to glorify Him, “For you have been bought with a price: therefore glorify God in your body” (1 Cor. 6:20).

## Spiritual Drifting

If you’ve ever been in the ocean, you noticed the constant tug of the current. Even a warship will drift if it hasn’t dropped anchor.

Likewise, if we aren’t anchored in the Word, we can drift from a close relationship with our Lord. While the current will swiftly guide an unsecured ship to a new location, a spiritual drift may occur so subtly that we may not notice.

It doesn’t take much. A few seemingly small decisions: like neglecting prayer, not spending time in the Word, or not worshipping with the church family will

produce devastating results over time.

As the current takes us, it’s easy to be enticed by a bitter spirit, vanity, power, materialism, selfishness, gossip and other worldly values that will never satisfy. Sin pushes us further away from God until we lose interest in spiritual things. Little by little, being obedient seems unimportant and our conscience loses sensitivity.

It’s easy to adjust and just go with the flow, but we will have missed God’s best for us. Not only that, but our willfulness grieves the Father.

Yet, God graciously offers forgiveness to those who repent. His arms are open wide, waiting to embrace us to His bosom.

“For this reason we must pay much closer attention to what we have heard, lest we drift away from it” (Hebrews 2:1).

## Quote

“There, but for the grace of God, go I”—John Bradford, Reformer who was martyred (burned at the stake) under Queen Mary’s reign on July 1, 1555 at the age of 45.

# Anxiety, Fear & Worry

by Gil Rugh

We live in a world full of people who are consumed by worry and fear. The news is full of things that could cause anxiety. Many people are obsessed with inflation and what will happen to their money. Worldly people invest their entire lives in these transitory things.

Jesus calls His followers to have a different focus. In Matthew 6:25 He said, “Do not be anxious for your life, as to what you shall eat, or what you shall drink; nor for your body, as to what you shall put on. Is not life more than food, and the body than clothing?”

While instructing us to “not be anxious,” Jesus revealed three truths that should immediately banish anxious thoughts.

1. God makes provision for us (Matt. 6:25-30)
2. God knows what we need (vv. 31, 32)
3. Each day has enough trouble of its own (vv. 33, 34)

## God Makes Provision

Jesus provided a wonderful example of God’s provision in this passage, “Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and yet your heavenly Father feeds them” (v. 26). Birds have no planting or harvesting program, and they have no

buildings in which to store goods. Birds are not worried about the weather or the economy; anxiety is not part of their nature. But they don’t suffer hunger, because God feeds them.

Jesus used a simple illustration to make His point that God’s provision should do away with worry. But what is the application? “Are you not worth much more than they?” (v. 26). God perfectly takes care of the birds, and He will certainly also take care of us.

## God Knows Our Needs

Jesus continued, “Do not worry then, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear for clothing?’ For the Gentiles eagerly seek all these things; for your heavenly Father knows that you need all these things” (vv. 31, 32).

Earlier Jesus said, “For your Father knows what you need before you ask Him” (v. 8). God already knows what we need and will faithfully provide for us. Our worrying will not help meet our needs and shows a lack of faith in God’s care and provision.

## Each Day Has Enough Trouble

Jesus went on to say, “Do not worry about tomorrow; for tomorrow will care for itself [literally, be

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anxious for itself]. Each day has enough trouble of its own” (v. 34).

God gives us the grace to trust Him for today. Tomorrow, and each day afterward He will do the same.

Instead of worrying, Jesus said, “Seek first His kingdom and His righteousness; and all these things shall be added to you” (v. 33). We are not to be troubled or anxious. God will take care of us. We are free to follow Christ.

Paul later continued this theme of worry-free living, “Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests

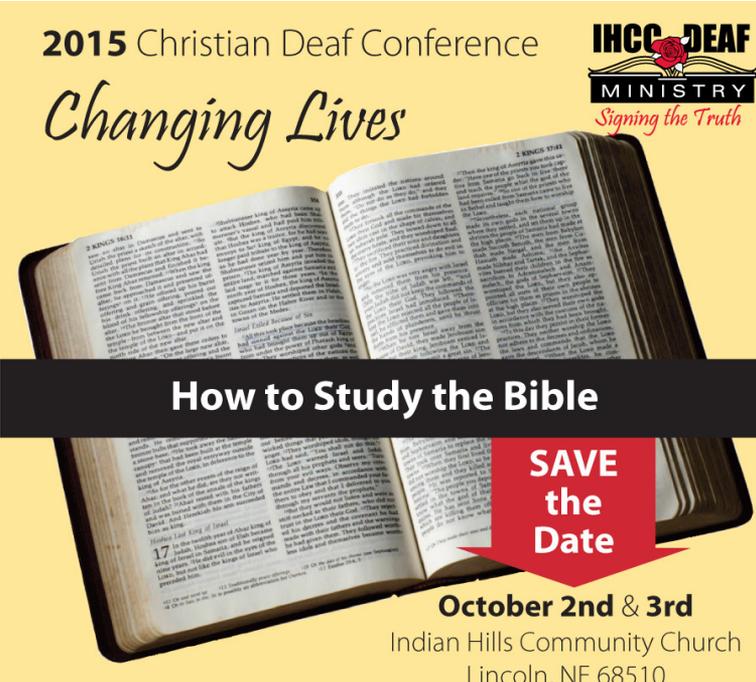
be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus” (Phil. 4:6, 7).

Let us work hard each day to put aside worry, and trust completely in God’s faithful care and provision.

## Last Week’s Message

August 9 AM. Dwight Oswald. DO 36. *Who Is Jesus Christ to You?* Luke 9:18-26

August 9 PM. Dwight Oswald. DO 37. *The Coming Deliverance of Jerusalem.* Zechariah 12:1-14



**2015 Christian Deaf Conference**

# Changing Lives

**IHCC DEAF MINISTRY**  
*Signing the Truth*

## How to Study the Bible

**SAVE the Date**

**October 2nd & 3rd**  
Indian Hills Community Church  
Lincoln, NE 68510

## Family News.

**Death.** Quentin Beard, son of Perry and Lori Beard died August 7, 2015. Quentin's memorial service will be held Saturday, August 22, 2015 at 11 a.m. in the auditorium

**Death.** Carol Loseke's mother, Gwen Thompson, died August 8, 2015.

**Hospitalized.** Todd Cleveland was a patient at Bryan/LGH West.

**Hospitalized.** Jason Prather was a patient at Bryan/LGH East.

**Hospitalized.** Ann Hart is a patient at St. Elizabeth Hospital.

## Children's Studies

**Sunday School** studied Luke 11:1-13 and learned about prayer and the friend at midnight.

**Children's Church** studied Joshua 6 and learned about God giving Jerico to Israel. The goal is for the students to be encouraged to obey and realize that God will do what He says.

## Information

**Awana Workers** are needed for Wednesday nights beginning September 16. If you would like to teach, assist, listen to verses, work with crafts, treats, or recreation, please contact Galen Pfeiffer. Call 402-613-6896 (leave message) or e-mail: [gk5fer@gmail.com](mailto:gk5fer@gmail.com)

**Worship Service Online.** If you are unable to attend church on Sunday and would like to worship with us through the internet, log on to [www.ihcc.org](http://www.ihcc.org) and click on Resources at the top of the page. Then, click on Live Stream. The services start at 10 a.m. and 6 p.m.

**Resources Galore.** The church website ([www.ihcc.org](http://www.ihcc.org)) has many resources for the Bible student. We currently have 1,750 of Gil's messages available as well as messages from other speakers and classes. These messages can be listened to, watched or downloaded at your convenience.

If you would like to get Bible teaching on your mobile device, download the app to your iPhone or Android device. You will have access to a multitude of resources for your personal Bible study.

**Fall Kickoff** will be held Sunday, September 13. Be thinking of who to invite to the picnic at 4:30 p.m. and concert at 6:00 p.m. Both are free and we're looking forward to a great time of fellowship and worship.

Our goal is to build up the body of Christ, encourage each other to serve Him, and also to reach out to the lost with the gospel of salvation. We have a week of activities starting on September 8 to help us accomplish that. More details to come.

**Ladies Missionary Prayer** group will meet on Wednesday, August 19 at 1:30 p.m. in the Lending Library. All women are invited to join us.

**Wednesday Night Study** will begin September 23 and will meet each Wednesday from 7–8 p.m. Tom Price will start off the season with a five week book study on, *Putting Jesus in His Place* by Bowman and Komoszewski.

Larry Riekenberg will teach the next four weeks, which takes us to Thanksgiving. After Christmas, Tom intends to teach a four-week lesson on faith. If you would like to teach a series in the new year, let Tom know.

Everyone high school age and older is welcome to attend.

**Issues In Our Contemporary World.** We begin our 11th season on September 16 in room 1414 from 7–8 p.m. Donald Goertzen will continue our study of the Land (Israel) commencing with the formation of Zionism, the role of World War I and II and the subsequent establishment of the Jewish State. Two striking comments from the Bible that we will look at include Joel 3:2: "...they have divided up My land" and the remarkable prophecy of Isaiah 66:8: "...Can a land be born in one day? Can a nation be brought forth all at once?"

This is an open class for anyone interested in learning about national

Israel and its re-establishment in 1948.

**Titus Tuesday Nursery Room Leader Needed.** We are preparing for Titus Tuesday to begin in several weeks, and we need a lady who loves children to be the room leader for the combination crawlers and toddlers room. This is a paid position, and the class will meet each time there is Titus Tuesday or Cleaning Day. Please call Deb Terry at (402) 423-1510 if you have any questions or have an interest in the position.

**Mowers.** Two men are needed on the mowing team. You will mow one section of the church property once every five weeks. If you'd like to help, contact Kevin Wheat, 402-483-4541.

**Cleaners** are needed to help vacuum a section of the church once every five weeks. If you'd like to serve the Lord in this capacity, please call Melissa Glenn, 402-440-7396.

**Deaf Conference.** Many volunteers will be needed for the Friday-Saturday, October 2, 3 conference. If you would like to help, contact Perry or Lori Beard at 402-475-5657.

**Sunday Night Nursery.** An adult helper is needed for the first and fifth Sunday of the month in the two-year-old room. If interested, call Joanna Andrews, 402-465-0301 or Lynette Wiens, 402-570-9044.

## This Week's Events

### Sunday

Music & Arts Camp 6 p.m.  
Sunshine Kids

### Monday

Door to Door Evangelism  
Sisters

### Wednesday

Gardening 8:30 a.m.  
Ladies Missionary Prayer 1:30 p.m.

### Thursday

Alpha Omega Study 7 -8 p.m.

# Guest Speakers

*While Gil is taking a break, we will  
be well-fed by the following men.*

**August 16:** Roger Oakland \*

**August 23:** Mike Wing

**August 30:** Peter Barber

**September 6:** Mike Hulinsky

\* In addition to the 10 a.m. and 6 p.m. services, Roger Oakland will be teaching Sunday School (adults, junior/senior high), which will start at 8:45 a.m. in the auditorium.

A short fellowship time with coffee, donuts and fruit will be held in the Family Center following the Sunday School hour.

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## Future Events

### August 30

Music & Arts Finale

### September 7

Labor Day (Offices Closed)

### September 8

Titus Tuesday Begins 9:30 a.m.  
Pre Fall Kickoff Activities Begin

### September 12

Tract Give-a-way at Football Game

### September 13

Fall Kickoff

### September 16

Awana 6:45 p.m.  
Junior High  
Issues in our Contemporary World

### September 23

Wednesday Night Study

### September 27

Baptism

### October 2, 3

Deaf Conference  
Alpha Omega Fall Retreat

### November 3–6

Branson Trip

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August 16, 2015 • Vol. 23, No. 34

Editor: Gale Engle

Publisher: John Scholle

Heartbeat is published each week by Indian Hills Community Church for distribution on Sunday morning.