

Heartbeat

INDIAN HILLS COMMUNITY CHURCH

May 20, 2018

Welcome to Indian Hills. We're glad you're here and invite you to join in as we bow our hearts in adoration of the one true God.

May we focus on what He would have us learn today, and then put those truths into practice in our lives.

Life Is a Journey

Life is an exciting journey, but sometimes the trials and challenges of life can cause us to lose hope.

In Luke 24, we meet two followers of Christ. As they walked to Emmaus, their conversation revealed their despair.

Their expectations had been destroyed. "But we were hoping that it was He [Jesus] who was going to redeem Israel" (Luke 24:21), they told the stranger walking with them. Instead, He was crucified.

The stranger asked, "Was it not necessary for the Christ to suffer these things and to enter into His glory?" Then beginning with Moses and with all the prophets, He explained to them the things concerning Himself in all the Scriptures" (Luke 24:26, 27).

The Emmaus disciples real-

ized the stranger was Jesus. Their hope soared.

How is your life journey going? Have life's challenges crushed your hope? Don't forget, our Savior rose from the dead. He is alive!

Walk with Him. He will make your life an incredible journey.

Wisdom & Self-Love

"When we value God's wisdom over our own self-love, life begins to take on a new meaning"—Duane Nelsen

One Certainty

One day every tongue will confess Jesus is Lord and every knee will bow before Him (Philippians 2:10, 11). If you have not bowed the knee, we beseech you, come to the Lord now, while there is yet time.

Repent (turn away from your sins) and believe Jesus died to pay your penalty for sin. Upon believing this, your sins are forgiven and you become God's child.

Please don't put this off—you may awake to find it is too late. Take care of your soul, dear one.

Diligence in Prayer Brings Peace

Rob Jensen

Prayer is a privilege that believers have to converse with God and He commands us to come to Him with our requests. Not because it is just another work He requires from us, but it is for our good, and benefits us while here on earth.

In the previous articles on prayer we have seen various aspects of prayer. Devotion to prayer, who we pray for, and the effectiveness of prayer. This article is on the peace that comes from this privilege and a primary passage on this topic is Philippians 4:6-7:

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

This passage starts out with the phrase “Be anxious for nothing.” “Anxious” means being pulled in different directions, strangled, being worried about things.

For a believer we must be watchful of this area of sin and its impact on our lives. Peter touches



Rob Jensen

on this same concept in I Peter 5:7 where he says to be “Casting all your anxiety on Him, because He cares for you.” The God who controls the universe cares about every aspect of our lives – there is no reason for us to worry.

The solution to worry is to pray for the things that are causing us to worry. The word “prayer” in Philippians 4:6, is the general word for making requests to the Lord and carries the idea of devotion or worship.

When we begin in prayer our first focus shouldn’t be on ourselves and our problems. Our focus should be on God and who He is. We should be focused on His sovereignty, His power, and

His knowledge. When we begin by acknowledging who He is and what He can do, it makes all our requests, needs, and problems more manageable.

The second word for prayer in verse 6, “supplication,” carries the idea of sharing earnestly with the Lord our needs and problems. Paul uses this same idea as he writes in Romans 15:30, “Strive together with me in your prayers to God for me.” The word “strive” alludes to the spiritual energy needed in making our needs to the Lord known.

The third aspect to consider in prayer is “thanksgiving.” We must always remember what God has done for us in bringing us salvation and a settled hope for the future, and approach Him with hearts filled with thankfulness.

If we have worked through these steps we should be reminded of who we are addressing. We can’t demand our requests and be combative in our prayers to the Lord, we need to realize that God has it all under control. Even in difficult times we can “Count it all joy” (James 1:2). Romans 8:28 also reminds us that “God causes all things to work together for good to those who love God.”

So is it any wonder that as verse 7 in Philippians 4 continues:

And the peace of God, which surpasses all comprehension, will guard your hearts and

your minds in Christ Jesus.

When we have the right worship, right attitude, and right focus in our prayers, we can have a supernatural peace to get us through any trial. That “peace” began at salvation and our acknowledgment of our sin and need of a Savior. In Romans 5:1 we are told:

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ.

That peace grows and strengthens as we continue in our walk with the Lord. The effects of this peace will “guard your hearts and your minds in Christ Jesus.” Our hearts are many times seen as the seat of our emotions in Scripture. God’s peace helps us to keep our emotions in check in difficult times. But, it doesn’t stop there, it also guards “our minds” in how and what we think!

Do we have anxiety? How are we approaching our prayers? Is it with humility and thankfulness? In these verses we see another small step in our progress of praying for the purpose of attaining His peace.



Meet an Elder

Mike Shrader

by Gale Engle

As a child, Mike Shrader attended the Methodist Church with his family. “I knew that God was love, but I never heard the gospel. I had never heard that I was a sinner condemned to hell or that Jesus died to pay my sin penalty. Then a neighbor invited my brothers and me to Awana at Temple Baptist.”

Mike and his brothers loved Awana and it was not long before the entire family was attending Temple Baptist.

“We attended Sunday school and the worship service each Sunday. God was drawing me and He provided a Sunday school teacher who really cared about his students. Each year our teacher moved with the class to the next grade.” It was not long before his teacher became a mentor to Mike.

The Sunday worship service ended with a strong gospel presentation and altar call each week. Little by little Mike began to understand that Christ was his Lord and Savior.

One Sunday the message was on hell. “There was no doubt in my mind that hell was a real place,” Mike said. “I recognized my sins and knew I was headed there. The truth was clear to me. I knew Jesus died on the cross to pay the penalty



Mike Shrader

for my sins. I turned from my sins that day, asked God to forgive me, and believed Jesus died for me.”

Mike was a new creature in Christ and says, “God has been working in my life ever since.”

Mike’s family began attending Indian Hills in 1974. “I was 14 years old and loved being part of the church body. Gil was teaching the Word and I kept taking it in, growing in the Lord.”

Mike married his high school sweetheart, Lanna, in 1980. (Mike played baseball and Lanna was a cheerleader.) They began serving the Lord and His church and one of their first ministries together was teaching Sunday school to four-year-old children.

God continued to prepare Mike through different ministries over the years. He served as an usher, worked in the junior and senior high school ministries for many years, and has been part of home Bible studies and Sunday school classes for over 30 years. He continues to serve in the security area. In each ministry, God was preparing him to be effective on the elder board, where he has served since 2011.

“It is amazing to see how each man brings different strengths to the board,” Mike said. “The different gifts make the board effective to minister to the body.

“I really love this local fellowship of believers,” Mike said. “We’ve gone through some challenging times over the years, but the strength and maturity of the body is encouraging. It’s amazing to see how the saints care, share, and bear with each other. The true love of the brethren that we see in this body is unique.”

As an elder, Mike has seen the destructive nature of sin. “The devastation of sin and the impact it has on lives is very sobering. We have a tendency to play with sin, even think we can control sin, but it is totally consuming. Entire families are destroyed by it.

“As an elder, I have also learned about true forgiveness,” Mike said. “When a fellow believer claims to be repentant, our

forgiveness is to be instantaneous. We are not to hold back on our forgiveness. We cannot see each other’s hearts, but that does not matter, we are commanded to forgive. Of course, forgiving is easier said than done, but it has to happen, and it has to be genuine. Refusal to forgive is disobedience to God.”

When asked if he had any prayer requests, Mike said, “Pray for the board and for each of us to be diligent and ever sensitive to the Lord’s will in all aspects and at all times.”

Mike and Lanna have been married 38 years and are the parents of three grown children and they have three grandchildren.



April 2018 Report

**Print Media Distributed:
236 booklets**

Audio Media Outreach

**Sermon Audio:
1500 downloads & streams**

Southwest Entrance

Work continued on the southwest entrance last week. Concrete flower beds were installed and the center panel of the concrete plaza was stained and stamped. The outside panels are smooth concrete.



Fine-tuning stamp location.



Worker drops stamp-release powder on stained concrete.



Preparing outside panels for concrete.



Pounding the stamp (pattern) into the nearly dry concrete.



Finishing the outer panels. At time of publication, workers were texturizing the flower beds and getting ready to power-wash the center panel, leaving a two-tone finish on the stamped concrete.

Bible Fellowship Hour

Children' Sunday School

Visit the Sunday school coordinator's desk for class locations.

Junior High (Grades 6-8)

Studying Acts
Team Taught
Cornerstone House

Senior High (Grades 9-12)

Studying Colossians
Jeff Harford Teaching
Room 1430

Alpha Omega (18-25)

Studying 1 Corinthians
Duane Nelsen Teaching
Room 2311

EDGE

Studying Hebrews
Jimmy Pelton Teaching
Rooms 2211

Common Bonds

Studying Acts
Jim Mooberry Teaching
Room 1404

HIS

Studying Deuteronomy
Scott Bailey Teaching
Room 1423

LOGOS

Studying 1 Kings
Greg Thomas Teaching
Room 1422

180° Fellowship

Studying Luke
Bill Cooley Teaching
Room 1100 (Chapel)

One Heart

Studying Matthew
Dick Bergt Teaching
Room 1112

LIFE

Studying Philippians
Jim Pelton Teaching
Room 1419

The Father Knows Best

Studying "Taking the Mystery Out of Revelation"
Don Goertzen Teaching
Room 1414

Standing Firm

Studying Mark
Ed Daly Teaching
Room 1417

Classes begin at 8:45 a.m. but everyone is welcome to come at 8:30 a.m. for a cup of coffee and fellowship.

For more information about any of these classes, contact Duane Nelsen at 402-483-4541, visit the class, or stop by the information center in the south lobby.

Information Center

We would love to meet you! Please stop by and pick up your visitor/newcomer gift bag. We're located across from Sound Words.

"Obey your leaders and submit to them, for they keep watch over your souls as those who will give an account. Let them do this with joy and not with grief, for this would be unprofitable for you" (Hebrews 13:17).

Family News

Hospitalized. Bob Schiffbauer was a patient at CHI Health Nebraska Heart.

Hospitalized. Deanna Downey was hospitalized.

Hospitalized. Gloria Gustafson was a patient at Bryan West.

Children's Studies

Children's Sunday School. The children reviewed recent lessons.

Children's Church. The children studied Numbers 22-24 and learned about God blessing Israel through Balaam. The lesson goal is to understand that God is sovereign and keeps His promises.

Information

VBS Teacher Training will be held today (May 20) at 5:00 p.m. in the Common Bonds classroom (Room 1404). All VBS teachers are encouraged to attend.

Deaf Ministry. There will be no interpreted services for the Deaf today (May 20).

Weekly Outings. Are your children interested in birds and taking a nature walk? Then pack up your kids and head off to Spring Creek Audubon Prairie at 11700 SW 100th St., Denton, NE from 9–11 a.m. (It's free on Tuesday.)

Summer Music Camp will begin Sunday, July 1, at 6 p.m. The finale will be presented on Sunday, September 2 at 6 p.m.

Kids (1st–6th) Study with AO.

Our first through sixth grade boys and girls will begin a study with the Alpha Omega group tonight (May 20). Children should sit with their parents for the music portion of the worship service, then go to the high school room where they will have a Bible lesson, snacks, and games. Parents can pick up their children in the Family Center after Sunday Night Church. The study will run through June 24.

VBS Workers. Many workers are needed for this year's Vacation Bible School. We especially need workers for the nursery, pre-kindergarten, and kindergarten rooms. If you'd like to help, contact Rachel Gould, 402-483-4541 or rachel.gould@ihcc.org.

VBS Supply Closet is open and located in the unfinished area just north of the elevator on the second floor. Please let Michelle Pietzyk know if you have any questions or requests.

VBS Crafts. We need empty foil, wax, and plastic wrap boxes. Our kids will be transforming them into fun periscopes. Boxes can be dropped off now through June 10 at the north or south information desks.

Vacation Bible School. VBS will be held June 18–22. Be sure to invite your friends and neighbors.

Cleaners Needed. If you would like to help clean a section of the church once every five weeks, please call Tami Coffin at (402) 366-3490.

Gardening in the church flower beds begins each Wednesday at 10:00 a.m. in the south parking lot. Tools and gloves are provided. Bring water and a hat.

Rainout Gardening. When Wednesday gardening gets rained out, workers meet on Thursday at the same time they were scheduled to work on Wednesday.

Nursery Coordinator. One person is needed to share the position of nursery coordinator during the Sunday school hour. Each coordinator would work three months, then have three months off. For more information, call Stephanie Dowding, 402-416-9868.

Plants for Sale. Our Girls of Grace are accepting donations for vegetable and flower plants today (May 20). All donations go toward Girls of Grace camp.

Door 2 Door Evangelism (in the neighborhoods of Lincoln) meets each Monday at 6:15 p.m., weather permitting. Meet at the north entrance of IHCC (by the security desk). Everyone is welcome to attend. If you've never been out before, we will pair you up with someone who has experience and you can learn by observing. If the weather looks unpredictable, please check the church website,

www.ihcc.org, for instructions.

Pickleball meets on Monday from 6:45–9:00 p.m. in the Family Center. Everyone is welcome. For more information, call Vince Ganshorn at 402-440-9640.

Teachers are needed the second and third Sundays at High Place Nursing Home (84th and Old Cheney). A teacher is also needed on the third Sunday at Sumner Place (1750 South 20th). Please contact Tom Price at 402-792-9331 or mathmanprice@gmail.com for more information.

Branson Tour. Everyone is welcome to join us for our annual tour of Branson on November 6–9, 2018. The cost is \$377/person double occupancy; or \$754/couple; or \$472/single occupancy. Deposits of \$50 per person to reserve your space are due by September 1. Final payments due by October 1. If you have questions, please call Sandy Rathe at 402-540-6614, or email: srathe727@gmail.com.

Pray. Don't forget to pray for the ministry and one another.

Last Week's Message

May 13 AM. Gil Rugh. GRM 1183. *Divinely Determined Gender Distinctions*. Selected Verses

May 13 PM. Gil Rugh. GRM 1184. *Submission Under the Spirit's Control*. Ephesians 4-5

This Week's Events

Sunday

Duane Nelsen Preaching a.m.
Girls of Grace Plant Sale
VBS Teacher Training 5:00 p.m.
Sunday Night Church 6:00 p.m.
Adam Flaugh Preaching p.m.
Kids' (1st–6th Grade) Study
with AO 6:30 p.m.
Sonshine Kids 6:30 p.m.

Monday

Door to Door Evangelism 6:15 p.m.
Pickleball 6:45–9:00 p.m.
Sisters 7:00 p.m.

Tuesday

Weekly Outings 9:00–11:00 a.m.

Wednesday

Flower Garden Workers 10:00 a.m.
Praise Team, Band 6:00 p.m.
Orchestra 6:00 p.m.

Thursday

Alpha Omega Study 7:00 p.m.

Friday

Girls of Grace Camp

Saturday

Girls of Grace Camp thru Monday

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Future Events

May 27

Duane Nelsen Preaching a.m. & p.m.

May 28

Memorial Day
Church Building Closed
No Pickleball
No Sisters

June 3

Communion

June 10

Section "F" Potluck

June 17

Father's Day

June 18–22

Vacation Bible School

June 26

JHAM Worlds of Fun Trip

June 27–July 1

Senior High Camp

July 1

Summer Music Camp
Begins 6:00 p.m.

July 4

Independence Day
Church Building Closed

July 15

Communion

August 4–7

Boys of Faith Summer Camp

August 8–11

Junior High Camp