

A map of China with the Qinghai province highlighted in red. The map shows the geographical context of the training program, with the rest of China in light yellow and surrounding regions in grey.

UCLA-Qinghai Tibetan Medical College Bidirectional Training Program

- Elizabeth Leicester, UCLA Asia Pacific Center (East Asia NRC)
- Tabashir Nobari, UCLA Fielding School of Public Health (FSPH)
- Andrew Grant, University of Colorado, Boulder (UCLA FLAS awardee for Amdo Tibetan)

International and Foreign Language Education (IFLE)
U.S. Department of Education
Title VI Technical Assistance Workshop
September 20, 2017

Title VI NRC Collaboration: 2016 Pilot Program

Objectives

- Asia Pacific Center NRC Project Goal: Expand East Asian area studies training in professional school degree programs
- UCLA Fielding School of Public Health (FSPH) Program Goal: Assess whether a long-standing collaborative relationship between FSPH and Qinghai Tibetan Medical College (QTMC) in China could be enhanced by the establishment of a bidirectional training and research capacity-building program for students from both institutions

Structure of training program

- August 2016, Pre-departure: Andrew Grant, UCLA Geography PhD, developed a syllabus and led a two-day mini-workshop on Qinghai Tibetan minority history and culture
- September-October, 2016: UCLA PhD student Tabashir Nobari conducted training of data collection and data management for a community health survey of nomadic Tibetans conducted by QTMC in collaboration with UCLA FSPH faculty.

In the Field: Training Program

- Data collection
 - Assisting UCLA faculty with questionnaire development in collaboration with Tibetan colleagues
 - Testing questionnaire – training and supervising students
 - Training students on height and weight measurement
- Data management
 - Data entry
 - Code books
 - Cleaning data
 - Analyzing data



In the Field: Understanding Tibetan Ways & Culture



- Getting around (appropriate social behavior)
- Opportunities for getting to know faculty and students (lunch, dinner, classroom)
- Socializing
- Building Trust
- Communicating



Outcomes

藏医药与藏医药
学与美国洛杉矶加州大学联合培养藏医药专业研
UTMC and UCLA Special Course at TsoNgon University Tibetan Medical Coll



Working with peers and students

- Tibetan values
- Language barriers
- Learning styles
- Designing and implementing training

Challenges and Future Plans



Thank you!

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