



Accountability Partner Agreement

We, _____ and
_____ hereby fully commit ourselves to
holding each other accountable to our goals, our happiness and our success.

We will meet by **PHONE/EMAIL/TEXT** (circle one) **DAILY / WEEKLY** (circle
one) at _____ am/pm (TIME ZONE) for a minimum of
_____ minutes and a MAXIMUM of _____ minutes.

We hereby hold the space for one another to live in the highest possible vision of
ourselves as God intends. We commit to a relationship based on honesty and
encouragement. We will help each other take specific action steps designed to
achieve our goals. We will learn to recognize and shed light on our partner's
excuses and fears in a firm but compassionate manner. We commit to taking
personal responsibility for our own actions, outcomes and incomes.

We hereby create a "No Drama" Zone, refraining from energy-draining activities,
such as gossiping, whining, blaming and complaining. When needed, we commit
to the "5-Minute Rule" which allows for five-minutes of "venting." After five
minutes, we will be solution-minded and empowered by asking, "What do you plan
to do about it?"

This partnership is now formed because we each truly want and choose to be held
accountable for our intentions, goals and happiness!

Signed,

_____ (date)

_____ (date)