



SUNDAY SUMMIT

International
Christian Mompreneur
Network™

She Builds a Business

What amazing things did I accomplish last week?

What did I **NOT** accomplish and why?

What is on my heart right now?

What are my top three **work** priorities this week?

What are my top three **family** priorities this week?

What errands or unscheduled activities do I have to complete this week and how can I eliminate, batch or delegate them?

What special occasions are taking place this week and what will they require of me? (include birthdays, social events, school functions, etc.)	
What kind of person do I want to 'be' this week?	
What is the one thing I will do for myself this week?	
Who do I want to connect with this week?	
If I did nothing else this week, what would make me feel great to accomplish?	
What am I giving myself permission to NOT worry about this week?	

Note: Once you complete the Sunday Summit be sure to review the relevant activities and expectations with your husband, children, babysitters, teachers, assistants, etc. Use this process as a stepping stone to communicate your expectations and enlist the support you need for the week. I also use this time to ask God for his guidance, courage and wisdom to accomplish these tasks with confidence and grace in the coming week.