1. Read Genesis 30:22 and note the three actions of God. God *remembers* Rachel, *listens* to Rachel, and *enables* Rachel to have another child. Read Genesis 31:42. In this verse we are once again reminded that God sees. It’s as if God is saying to Jacob and his family, “Remember, my presence is with you and my promise is to you.”

   If God is with you—and he is—how does that change your perspective on hardships and difficult circumstances? Which of the following do you must need to receive as God’s word to you today and why? (God remembers/ sees you. God listens to your prayers and the cries of your heart. God enables you to participate in his kingdom plans and purposes.)

2. In Genesis 32:24-32, Jacob wrestles with God. During the wrestling Jacob received a new name and a blessing, yet also left the encounter with a limp. Barry pointed out that this encounter with God reminded Jacob that he wasn’t as strong as he thought he was. In some cases, those limitations, weaknesses, and “limps” can even be blessings in our own lives as they remind us of our weakness and God’s strength.

   Is there a particular “limp” in your life that leads you to greater dependence upon God? If so, please share the experience with your group. If not, is there a “limp” that you would like to surrender to God and see him use for his glory and your good? Ask your group to pray for you.