The Street Hypnosis Cheat Sheet

By

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Thank you for downloading the Street Hypnosis Cheat Sheet.

This cheat sheet is going to provide you with ten important tips about the art of street hypnosis and how you can use it to influence and persuade others.

Once you’ve downloaded this information into your mind the next step is to learn how to use hypnotic inductions to hypnotize others.

But I’m not talking about just any kind of inductions. I’m talking about rapid inductions. 

Rapid inductions are designed so that you can deploy them in street settings and hypnotize people extremely quickly.

You can learn how to do this simply and easily with my Rapid Inductions Guide.

Click here to learn more:

Ok, let’s get started.

What in the world is street hypnosis?

You’ve probably seen them on TV or personally, performing in Vegas or in random big cities across
the globe. They’re in the United States, Singapore, Malaysia, London and even Tokyo, Japan. Wherever you may be, they are there – hidden among the crowds, inconspicuous yet extremely powerful.

They are the street hypnotists.

But they are not just natural showmen or entertainers, though their abilities may be entertaining or even shocking to many people. They are living proofs of the power of language and the mind. They prove again and again how the human mind can be subverted by a single word or a change in one’s tone of voice. The mind is powerful but a street hypnotist’s special knowledge and skills are even more fantastic.

10 Things You Have to Know Before Trying Street Hypnosis

1. The effects are stunningly real. All kinds of hypnosis is self-hypnosis. I want you to remember this when trying out any of the varieties of hypnosis available to students and active practitioners.
Hypnosis is real and it works simply because it is a complete experience that takes place in the person’s mind. Hypnosis is very much like a switch that you “flip” using certain triggers.

The effects of hypnosis vary from person to person. Some subjects are highly susceptible to being hypnotized while some may show a degree of resistance. When there’s resistance, there’s a challenge for the street hypnotist. What can you do to reverse the resistance and make it work? That’s part of your task as a practitioner of this wonderful craft.

2. Mistakes won’t kill you. It’s normal to be afraid of trying something new. The core teaching of street hypnosis is “take it to the streets!” However, you mustn’t take to the streets without prior preparation. This cheat sheet is a great way to begin your preparation for street hypnosis.

Reading a handful more books will boost your knowledge and increase your confidence in carrying out your hypnotic routines on people.

If you watch street hypnotists online or on TV, you will notice that they have an almost indefinable “star
dust” about them that makes them look so good and convincing while performing street hypnosis.

Take note that many of the best street hypnotists are in plain civilian clothes, nothing special and yet they can hold people’s attention easily with the power of language. This is the kind of hypnotic power that I want you to enjoy. You don’t have to be 100% confident when you start out for the first time.

You simply have to prepare well and “look the part” of someone who has been doing this for a long time.

3. Hypnotic susceptibility. There are 3 levels of susceptibility when it comes to hypnosis: low susceptibility, average susceptibility and high susceptibility. It is estimated that around 50% of the entire population falls into the average susceptibility bracket.

An individual with low susceptibility would be difficult to hypnotize either because he/she has: poor focus/attention or he/she actively resists being hypnotized. Actively countering the natural defenses of resistant subject requires the use of techniques such as cognitive reframing.
However, due to the general time constraints present when you’re performing in a public venue, you would have to overcome resistance by using powerful instant hypnotic induction techniques, which I cover in The Rapid Inductions Guide.

Hypnotic subjects with average or high susceptibility are obviously the best to work with because these people often fit the following criteria:

- They can focus deeply on what’s being said to them.

- They have prior knowledge or experience with hypnosis and they believe it can be done.

- They can be convinced that you have expertise/knowledge of hypnosis and therefore, you’re capable of accomplishing it even in a public space or venue.

- At the subconscious level, they want or enjoy being hypnotized.

These are just some of the essential markers that you will be encountering as you continue progressing with your journey as a street hypnotist.
4. **Boundaries needed.** Boundaries are necessary, even for street hypnosis which was meant to be performed in an outdoor environment, with people watching your every move.

The first boundary that must be established are the specific roles that each person will play. You must introduce yourself as a hypnotist and you must maintain your confidence in this role from start to finish.

At no point should you allow your subject to lead the interaction. You must be the one who’s doing the pacing and leading, not the subject. Of course, if you’ve managed to find a subject that’s actually a street hypnotist too, you’re in for a “fun time” trying to hypnotize this person, if you know what I mean!

Another boundary that’s worth discussing here are the physical boundaries surrounding you and the subject. The zone of hypnosis (where you will be performing) must be clearly marked with chalk, tape or any other means of demarcation so your subject will remain “in the zone” as you perform the hypnosis. The last thing that we want to see is a half-
asleep, hypnotized subject walking around aimlessly. That could be risky in an outdoor venue!

5. **Routines & practice.** As a budding street hypnotist, it’s imperative that you’re able to create your own routines. Each hypnotist has his/her own particular strengths and weaknesses. You must identify your own strengths as a hypnotist and build upon them, by reading up and applying hypnotic techniques that complement your strengths.

What about my weaknesses?

Weaknesses should be fully identified and remedied. However, don’t let these weaknesses stop you from trying street hypnosis.

Know your weaknesses and stay away from strategies that may be too difficult to implement in an outdoor setting and fast-paced performance. Eventually, you have to iron out these weaknesses through reading, practice and creating special personal routines that are effective and easy to implement.

6. **Talk before induction.** Talking to your subject before beginning the hypnotic induction is of
paramount importance. Here are some of the things that you should include in your introductory spiel:

- Who you are and what you do.
- What street hypnosis is all about.
- Ask what the subject knows about hypnosis.
- Ask if the subject has any neurological conditions that may cause symptoms such as seizures.

The main purpose of the preliminary conversation between you and the subject is to gauge if the other person is an ideal subject or not. If the person is not an ideal subject, consider him/her a challenge to your general set of skills as a hypnotist. Don’t be embarrassed to select another subject if you think you can’t handle the one in front of you at the moment.

However, it would be best to talk to several people before formally opening your street hypnosis performance. You can secretly perform a pre-talk sequence on a handful of bystanders before selecting one that you think would “go under” quickly and beautifully.
7. **Personality matters.** Ideally, a street hypnotist should present a very open and confident personality, to cater to the social preferences of different people. You must be authoritative but not bossy, open but firm. Leadership is of paramount importance: if the subject does not see you as a natural leader prior to the first attempt at a hypnotic induction, it might not work.

Authority and expertise work hand in hand: if you are perceived as an authority, it’s highly likely that you’re also perceived as an expert at what you do. Unless you tell your subject that you’re not very confident because you’re just a beginner, he/she won’t know about your level of expertise.

8. **Anticipate strange reactions to hypnosis.** The majority of the time, street hypnotists simply focus on putting their subjects to sleep. This feat, which is often achieved through a form of “shock induction” which sends the subject immediately to a somnambulistic state, is the “safe route” for beginners and advanced practitioners alike. If your main goal is to simply highlight your ability to hypnotize people on the spot then a powerful, rapid induction script is all you need.
However, this doesn’t mean that things will “work as planned” 100% of the time. A small percentage of hypnotic subjects will show strange reactions to the presence of a skilled street hypnotist. These unintended reactions that stem from the hypnotic subject are collectively called “abreactions.”

What in the world is an abreaction?

Abreaction is not a newfangled concept or portmanteau word – it’s actually an old concept in psychology that refers to the “cathartic, emotional release” felt by individual in certain situations, such as deep hypnosis.

Typical abreactions that occur during hypnosis are crying, sobbing or laughing. You will know that it’s an abreaction because the emotional response will be inappropriate based on the context of the exchange.

9. Speed is of consequence. Speed is the street hypnotist’s best friend. The street hypnotist doesn’t have the luxury of time. At most, you have five to ten minutes before your subject becomes impatient with what you’re doing.
Since the preliminary conversation between the street hypnotist and subject can reveal only so much about the latter’s personality, we have to assume that the subject is going to resist the hypnotic sequence.

After completing a quick assessment of your subject, proceed with the induction and deepening as quickly as possible.

Use the technique that you’ve mastered well and use it to create the biggest possible impact on the subject’s psyche in the shortest amount of time. Don’t worry: you have all the time in the world to read up and practice before heading out to the streets.

Read, analyze and take notes – this is how a street hypnotist should study his/her material. Don’t attempt to use new material without fully understanding its primary mechanism and identifying the ideal situations where it can be used quickly and effectively. Pulling out random scripts and techniques “on the fly” will produce disastrous results.
10. Elevate your mood. Your mood has a large impact on the quality of your performance as a street hypnotist. If you’re feeling down, depressed, angry or scared, don’t let a single drop of negative emotion escape into your performance.

When you face your subject and the crowd, you are nothing but the best street hypnotist in the world. People aren’t interested that you’ve been up all night practicing. They won’t make allowances just because you’re feeling bad that you had a negative experience a few days ago. Avoid bringing extraneous and unnecessary elements into the equation.

If you want to successfully practice street hypnosis, think street hypnosis 100% of the time and nothing else!

Ok, now that you’ve done the prep work, it’s time to move onto the next step; the induction.

I want to show you..
Ten Rapid Inductions That You Can Use To Induce Trance State In Seconds And Begin Using Street Hypnosis

Click here to learn more:

Talk soon,

Dr. Steve G. Jones