Table of Contents

Module 1: Attendee Introduction............................................................... 4

Module 2: HyperWealth Introduction...................................................... 19

Module 3: HyperWealth First Dimension, Part A................................. 33

Module 4: HyperWealth First Dimension, Part B................................. 48

Module 5: HyperWealth First Dimension, Part C................................. 68

Module 6: HyperWealth Second Dimension........................................... 82

Module 7: HyperWealth Hypnosis Session to Solidify Knowledge About the First and Second Dimensions .............................................................. 89

Module 8: HyperWealth Students Share What they Learned about the First and Second Dimensions, Part A ....................................................... 95

Module 9: HyperWealth Students Share What they Learned about the First and Second Dimensions, Part B ..................................................... 106

Module 10: HyperWealth First and Second Dimensions Review ........ 119
Module 11: HyperWealth Third Dimension, Part A ......................... 130

Module 12: HyperWealth Third Dimension, Part B ......................... 142

Module 13: HyperWealth Timeline Session for the Third Dimension 152

Module 14: HyperWealth Fourth Dimension, Part A ....................... 167

Module 15: HyperWealth Fourth Dimension, Part B ....................... 184

Module 16: HyperWealth Hypnosis Session to Solidify Knowledge About the Third and Fourth Dimensions ................................. 191

Module 17: HyperWealth Class Discussion About the Third and Fourth Dimensions Hypnosis Session ................................. 200

Module 18: Final Thoughts ............................................................ 208

Module 19: Program Review .......................................................... 213
Module 1: Attendee Introduction

Dr. Joe Vitale: Two months ago I had a breakthrough experience in consciousness around wealth. And I’ve been referring to it as the 4th Dimension because I pretty much entered it. And to prove that what I was doing with my consciousness actually did something and actually worked, it wasn’t just a Twilight Zone experience or my own pleasure, I manifested one of the biggest dreams of my entire life.

So I am here to guide you through a transformation. As I have said many times, this is not about more information, these two days, it’s not about information though you will get information; it’s not about inspiration though you will get inspiration. It’s about a hands-down transformation. Because at the end of the two days if you just walk out with a whole bunch of notes, and I have some gifts for you and things like that, and your luggage is a little heavier, that’s all well and good and you can get going with that. But unless you walk out with the transformation in consciousness, you’re probably going to do the same things you’ve done before.
Well, I want to put a stop to that. And I come very often from a tough love perspective, I’m known for being the guy in The Secret who said “I’m now going to get in your face.” I have to be blunt, I have to really shake you out of your reality so that you can see another reality is possible.

Now, I’m a little bit excited and apprehensive about doing these two days with you because a lot of it is me trying to narrate and point to a dimension most of us don’t even talk about. But where you’re coming from right now as you sit here is from a belief system that has been operating almost as a hidden software in your brain, almost since birth. And while you know what some beliefs are in the subconscious, you probably can’t tell what all the beliefs are in the unconscious that are operating in your life. Part of what I’m going to be doing here, with the help of Dr. Steve, is explaining how this works so that you can have an “a-ha” experience. When you have that awakening experience of your own, you’ll then be able to see life and see opportunities in life that you didn’t see before.

When I was homeless, it never occurred to me to think like an entrepreneur, because I didn’t even know what the word entrepreneur meant. Also, I had a bad attitude about money. I like many people thought money was evil or
money was tainted or rich people and corporations were all bad. As long as I thought all of that I was homeless. And even when I started to feel like “maybe I deserve to have a few good things in my life,” still took a long time to be able to move into poverty. And remember, I didn’t have coaching, I didn’t have the internet, I didn’t have Dr. Steve, I didn’t have an event like this, I was doing it all on my own.

One of the questions people would ask me when I tell them about homelessness, they’ll say, “what kind of car did you live in?” And I go, “it would have been nice to have a car. It would have been nice.” I think one of the reason I collect so many cars now is because I didn’t have one then. Make up for lost time!

So I’m here to help all of you, and my intention is to bring you through that transformation process. We’ve mapped out what we want to do for these two days, and we’re going to have hypnosis sessions at the end of both of those days to anchor all of this and to lead you through a new dimension. But also, honestly, what we’ve mapped out has a lot of room in it for inspiration to come to us. So in the moment, again, this is the Master Mind, in this moment we can all together go to a whole new level.
Attendee: This is actually the perfect event. I’m currently in a day job that I have been wanting to, wanting my whole life, to transition out of. And I already have things in place as far as an online presence and I have certification of NLP through Steve’s course and that’s my goal, to transition totally out of the daily grind J-O-B to what my real passions are. I think what the intention for that is matches that perfectly, so that’s where I’m at right now.

Dr. Joe Vitale: What’s your current job?

Attendee: I’m a lease writer at a real estate, where they buy like homes, and they rent out homes. I’ve been following your model for a long time, I’ve been following you for five-six years.

Attendee: Ok, I’m sorry about my voice, I lost my voice a couple of days ago, so it will go in and out as we go throughout the day. My name is Theresa Harris, I’m from Marlboro, Maryland, and I have two daughters, one’s married, two kids, and they’re living with me right now. My youngest daughter will be graduation high school May 22nd of this year, just bought her a 2015 Honda Fit, doesn’t know yet, she’s gonna be extremely surprised
when she comes out of graduation so I’m very excited about that. My intention is to make new business partners. I am trying to build my income for my transition home, which I also stated in my video, at one point in my life I was also homeless, so I know what it’s like to be out there on the street. At the time I did have the two small children, the ladies that I have now were babies at the time, so my intention is to build the two business that I currently have. I’m trying to get out of corporate America as well, I’m trying to step out on my own and do some things because there’s a lot of things I want to do. I want to help a lot of people and my biggest goal is to get my transition home, the second goal to that is to be able to surprise people. Like I want to be able to put $10,000-$15,000 in a family’s mailbox anonymously. They don’t know who it’s coming from, but I want to find families that are struggling but are trying to make a difference and are trying to do what they need to do so that I can help them along the way just a little bit, that’s one of my goals as well.

Dr. Joe Vitale: Ok. And I want to be sure to give you my mailbox address at some point.
Dr. Steve G. Jones: Right, there’s a family in need. And he won’t know who it came from.

Dr. Joe Vitale: I just want to also mention that I love the concept of surprising people. That is a very heartfelt thing, the way you expressed it, and I love the idea of just surprising people on an anonymous level. It’s one of the principles of attracting money in my book Attract Money Now, of helping the world at large and helping other people by just purely giving, and so that would be tapping into that, so I’m supporting you in that.

Attendee: Well hello everyone, I’m Chris Carter, I’m currently living in Minnesota, it was quite a journey to get there. In my adult life I never had anything stable, I had so many limiting beliefs, I never knew about, never had any adult relationship with my parents or anybody growing up. But my cycle would go around, you know I had a few DUIs, I’d lose a job, another DUI, and up in jail, you start to see a trend here. And then last time, I was, I stopped drinking, I was training for one of those mud obstacle courses, I was doing great. I did the whole course, I was wonderful, I did all the obstacles, I went to the beer tent afterwards, “oh, I’ll reward myself.” I went up and sat among the band, I’ve been playing music my whole life, you know, they
let me sit in and it’s like, “oh, well, I’m good to drive home.” I had an accident, a rollover accident that I just about, uh, I don’t know how I survived it.

Anyways, I can’t explain what happened, something just let go, and from that time, the girl I’ve been seeing for five years, we back and forth, back and forth, I gave her no reason to still be with me, but four months later, we’re moving into a house together, on the very street that when I first saw that town that I wanted to live on. Four months later. I’m working with my brother-in-law, I work as a radiation therapist, I love working with those people. I’m able to play in bands, I just played at a football game, next weekend I’m playing with the symphony. I’m loving my life up there. I came across an email, you know email marketing, and came across Joe talking to me, and he’s maybe a little persuasive, he basically told me, “it’s time to do this.”

And so here I am, and I, that led me to achieve today. And what brought me here was things I’ve been learning and I’ve been taking action lately is I saw another email that said, “chance to be with these two gentleman, Steve and Joe,” and I was like, “wow.” So I didn’t miss a beat, I just went right on it,
filled it out and sent it right in, the paper from the application, then I got the email back probably like the rest of us here, “do a three to five minute video.” And I’m like, “hmm, ok, this is kind of out of my comfort zone, I’m busy, I don’t know what to do.” So I just grabbed my cell phone, you know, because everybody has them, I went down to the headwaters of the Mississippi River, so symbolic, it’s the beginning of the big river that goes through this whole country and takes up most of the water basin, that everything flows down into, and I just did a little selfie video here we are. I’m just loving this, and also my wife lives in, grew up in Statesboro, Georgia, when she found out about you there, she goes “this is all, yeah, there’s something, there’s something really right about every bit of this.” And then next door, the Rockefeller room, as an adult I got to find out some of my relatives, Frank Rockefeller, down through that line, I never had any connection with any of them cause of the bickering started at the grandparents, you know, grandparents’ generation on down, but, and it was good to find out some of these things and kind of release these things and be proud of who I am, happy that I’m also training for a marathon, my first one. You know, I’m just excited to be here, so thank you for all that energy that I’m feeling. And my intentions are that, since I’m also, since I’m doing better at work now, I’m also on the board of the foundation, we’re building a
new cancer center. But I want to, I’m going into the coaching, you know, the personal coaching, and I see that as a way to help on the friend end as rather I’m a radiation therapist, I see people on the end, and maybe there’s something we can do in our lives before that, before we get to the point that we have to just, put a band-aid on it at the end and then hope things are cured.

**Dr. Joe Vitale:** That’s the beauty of a Master Mind like this, it’s not just one individual, we have shared experiences and connections. An experience where we can all help each other.

**Attendee:** My name is Mirko Popovich, well I just want to start a new phase of my life. I’ve done a lot of things and I kind of got everything I wanted in life, you know, and intention and the level that I wanted. So I have family, two grown up daughters, have houses, have cars, and about six or seven years ago I kind of stopped working and decided to become like a, you know the theoretically physicist, try to understand how the universe works? I became like a theoretically life-tist, I wanted to understand for myself how life works. In a very deep and kind of, not belief system, on a scientific level, so, for example, the Law of Attraction: you know how it works, you
know you do this and this happens. But I wanted to go a little deeper, “why? How that happens? What are the reality and the objective reality behind that?” And, well, little by little, I wrote a nice book that I read myself and went, “wow, this is great, I really like this!” So I think I have to share this, but I, I didn’t really know how to do that. So you’re thinking this and that, I decided, that’s my intention. I’m going to share that understanding that I have, I think is maybe useful for many many people, and once I had that intention, the way it came to me, it presented to me, you know, digital information online, the product, okay. And so, I define my intention, now I’m going to be, I’m going to be a millionaire. I’ve never been a millionaire really, I had enough for my life, and thinking in my book I go, “ok, the consequence of doing this, of sharing this information, this knowledge you can call it, I have a goal of $5 million this year.” To begin with, and how I’m going to do it, what I’m going to do it, it’s going to be new for me, and that’s part of like my interesting and joyful adventure. I’m open to any possibility but I know that that’s going to happen, I don’t know how it’s going to happen, but I don’t care, I will know, and when I know I will tell you.
Attendee: My name is Ricky, I’m from Atlanta, Georgia, actually Kennesaw, Georgia which is about 20 minutes, and I believe I’m kind of from between Greg and Peter was saying, you know, I left the corporate world myself, well, they let me go, so all of a sudden I got married and, you know, I was in a position that I was not able to provide for my family as I wanted. So I always knew that, you know, get a job, retire and you know, the safe employment place, it was not really right for me. And that’s when I found Joe and Steve’s materials and found The Secret and started reading that book and then I found Steve’s audios that I’m still listening to, I came listening to it on the bus. And I run myself today digital businesses, digital products and teaching people about social media and internet marketing, which I never in my life was, you know, I never thought it was going to be possible, but thanks to the Law of Attraction I’m also a graduate of your course, Law of Attraction, you know I was able to manifest those things that it was what I really wanted in my life. My intention right now is to get, I’m not there yet, to double my income, to fully – my wife still has to go to work, so I want to go ahead and be able to provide full, you know, for my whole family entirely.
Dr. Joe Vitale: I’ve heard you state your intentions, and some of them are financial, like you said $5 million and you said double your income, and one of the first things I want to tell you is that the easiest way to manifest a measurable intention like that is to double it. Right now, say, “I want $10 million, or more, this year.”

Attendee: I want the opposite of what you’re saying.

Dr. Joe Vitale: What’s that?

Attendee: I live like you live, but the amount of responsibility on my plate is just huge. I would be perfectly happy with no car, and living in a tiny house, you know? I would just, I want to help the most number of people with the least effort, I’m sorry, there it is.

Dr. Joe Vitale: Excellent, well then that’s your intention.

Attendee: I didn’t say, I didn’t say that, but that’s it now.

Dr. Joe Vitale: Well out of what I just said, and your listening, you got more clarity about what your intention is. But I am a spiritual person living
in a material world, enjoying the fruits of materialism, while keeping an eye on my spiritual connection. So there’s a walking balance where at some times I say “I’m a mystic in the marketplace,” where I am a guy who is enjoying nice cars when it’s appropriate, I play guitar, I have a nice guitar collection, I enjoy all of that, and so much more, but I want to keep the balance of the spirituality within all of it so that I’m a whole being, a balanced being, a healthy being. So I want to be sure you all realize, “yeah, well, we are welcoming $10 million or more, or triple income, or whatever it means financially.” Wealth is what you have leftover when you’ve lost all your money.

**Dr. Steve G. Jones:** I just a follow-up on that last comment, when you guys are thinking about building wealth, I think that’s the easiest way to keep score. Joe and I, being multimillionaires, we can tell you that if we were to lose all of our money somehow tomorrow, we could easily get ti back through the connections we have and the skills that we have. We know how to rebuild that, so when he said, “wealth is what you have leftover when your money is gone,” I think about the wealth of connections I have, and the wealth of skills I have, so keep that in mind. Those are your most valuable assets. Other people and what’s in your head.
My name is Steve, I’m a hypnotherapist and Joe and I have been working together for years, and we did Wealth Trigger One, Two and Three, helping people get wealthy. We’re always talking about “what are we going to do live.” Wealth Trigger 360 was going to be live but then we decided not to do it live so it’s just been bugging us. We’ve got to bring something to people face-to-face, we’ve got to meet with everyone. And so when we finally decided, thanks to Joe’s revelation with the Fourth Dimension process, that we had something of value that we could bring to people, we got really excited about it.

We’re very honored to be here today, I can tell you that you are in good hands, all of the things that you’re struggling with are things that we’ve struggled with, things we’ve already thought through, even having excess money and just wanting to help the world, that’s pretty much where I am now, I have more money than I need and I’m looking for ways to give back. So we’ve been there, we’ve done that, or we know pretty well how to do it, so when Joe says you’re in the right place to each of you, he’s saying that acknowledging where you are and understanding that we’ve either been there or thought really long and hard on that, we’ve got some good solid answers for you. We’re excited to present the material. We also feel that,
you know, the idea of coaching is very powerful, so we’re honored to be
your coaches today, and that’s something that’s been tremendously
beneficially for both of us, having mentors to work with. So you’ll be our
mentors, each other’s mentors, we’ll be your mentors, but we encourage you
to always keep an open mind about that, the idea of coaching.
Module 2: HyperWealth Introduction

Dr. Joe Vitale: How many of you read *Zero Limits* or *At Zero*, the book by me, and how many you know what the whiteboard is in there? You want to give a quick definition?

Attendee: At zero, you’re clear of, and basically that’s what I got out of it, that you are totally clear and you were able to start, you know, putting somet things on the board, or either you would have tried to go, it’s like going back and forth, because you’re putting stuff in, you’re taking, you’re putting good stuff in, you’re taking bad stuff out. But I took the whiteboard as, and I don’t know again, but in names like the whiteboard.

Focus on a board where your thoughts are appearing in your mind.

Dr. Joe Vitale: But this is the background to all of it, if you can just imagine and know, play with me for a little bit, that this is the board where your thoughts are appearing in your mind. So behind those thoughts is this empty vast sets of consciousness. So here’s what I want you to realize, is that your conscious awareness is that little dot.
You are aware of next to nothing, consciously. That out of the realm of possibilities in the field of all possibilities there are about 11 billion bits of data going on right now, flying around the room in every moment, but you’re aware of about seven items, if that. Barely anything. What causes you to be aware of those seven items?

I’m going to answer this, so don’t get in my face yet. What’s in your subconscious mind are programs. There are beliefs in there and there are programs in there. These are sending thoughts up. So this is below your conscious awareness, the conscious awareness is all over the place, but you’re only aware of this little pink dot, little tiny thing, you’re aware of a pixel in terms of what’s available in consciousness, you’re aware of a pixel, that’s it.

What you’re are aware of is determined by what your beliefs are. So if you have beliefs that money is bad, or money is evil, or money will corrupt, or beliefs about deservingness – you don’t deserve good things, you don’t deserve money, you don’t deserve to have happiness in your life. You will not see opportunities for wealth. You will not see them because you’re programming won’t allow them.
Well, guess what? Underneath even that are what I call the unconscious programs. For those who’ve read the *Zero Limits* and *At Zero*, they call this data. All of this is data. And this data, you came in with it, depending on what your belief system is, you were born with it. Some of the neuroscience people are saying that you come in as a blank slate but you start downloading information almost instantly. The information you’re downloading isn’t coming from awakened enlightened individuals: it’s coming from your parents, family, friends, school system, society, because even underneath this is the collective unconscious.

So all of this is data, and all of this data is submerged below your conscious awareness. You’re not aware of any of this. All you have is this little pipsqueak up here allowing seven bits of information. So when you look around and you say, “I don’t see opportunities for wealth,” or if you’re looking for something else, we’re all about wealth here, but if you’re looking for a relationship, you’re looking for health, you’re looking for a better house, bigger house, car, it doesn’t matter what it is, you won’t see it if all of this is counter to it.
Attendee: Depending on your hunger level, or your fatigue level or whatever, how you feel… could be 9, could be 5…

Dr. Joe Vitale: Here’s the thing though: how you feel is also based on this. Your feelings are rising from your thoughts, the thoughts are hidden. And self-deception and self-sabotage is rampant. I see it all the time, this is why I always ask people, “get in coaching! When you are talking to someone one-on-one, they can help reveal, a trained coach, an objective coach, can help reveal what your beliefs are that you won’t see. You won’t see it because this is reality to you.

My family is still struggling. I have a younger brother who has been unemployed for years. He does not believe in the Law of Attraction, even though he’s attracted all of this. He does not believe in positive thinking, even though the negative thinking is keeping him right where he’s at. And he is oblivious to his own belief system because all the belief system is below conscious awareness.
So the only way that I know to change things up here, so you start to get the results that you want – $10,000,000, triple, all of the things that you have named as intentions – is that you have to change these things.

**Attendee:** You have a situation where you realize you’re unconscious beliefs are negative after the fact. Prime example for, an example if you don’t mind, I was in a relationship with a gentleman, loved him to death, still love him to this day. Recently, I was not aware, just realized it maybe three or four days ago, that my unconscious belief was I didn’t think he was good enough for me, I didn’t think he was good enough for me but not only did I not think that but I didn’t think that I was good enough for him. And so what ended up happening is he ended up getting married to someone else on the 21st of February, which really broke my heart, because I really love him, I still love him now, I know that, well, I believe now there’s nothing I can do about it now because he’s married. So, but that was just an example. So how do you make something happen for a situation in life that…?

**Dr. Joe Vitale:** One of the most common questions I get is, and I wonder if you get this too Dr. Steve, and that’s the idea that somebody will write to me and say, “I’m in love with my next door neighbor, my school teacher, some
variation of that, how do I attract that person?” Or the other variation is, “my spouse left me, how do I attract them back?” And both of those variations kinds of tech, er, relationship questions about the Law of Attraction, and what I keep telling people is, “there are seven billion people on the planet! Can you not attract one of the other ones? That would be a perfect match? Why do you have the target on the next door neighbor or the person who just got married or somebody else that’s totally unavailable?” And that’s my get-in-your-face approach right there. When I calm down again I’ll say something to the effect of, “focus on the qualities you liked in the person. You focus on the qualities of – if it’s a next door neighbor, the school teacher, movie star, whatever the qualities you like about that person, make a list of the qualities and that’s what you want to focus on. Because then the universe, the divine, field of all possibilities, whatever you want to call that wider spectrum, has the opportunity to go fishing through seven billion people and find somebody to bring to you through the Law of Attraction, somebody that’s more of a match. So it’s great that you went through that experience because you cleared 37 beliefs of whatever the number was, it’s great that you went through that experience because you found the qualities you like about that person, and those are the things you
want to focus on with the Law of Attraction to pull in the sort of person you want.

Now I’m saying Law of Attraction repeatedly here, and I want you to know, we’re going way beyond the Law of Attraction. I have copies of the movie The Secret for all of you and some other gifts, and I know you’ve probably seen it but use it as an opportunity to watch it again. If you don’t, pass it on to somebody else. But the Law of Attraction’s a principle, a very useful principle, it comes in handy with the first dimension, things we’ll be talking about shortly, and we’re going to go through the second, third and fourth dimension. But for now I’m trying to shine a light on how the brain works based on neuroscience, neuroplasticity and even ancient mysticism actually points in all these directions, and people like the Swiss psychologist was pointing in this direction.

It helps explain a whole lot of why until now you have not attracted the wealth that you want, or whatever it is that you happen to want. You know, it’s not your fault. You got all these programs, it’s not your fault. When I was in homelessness, when I was in poverty, I didn’t think in a prosperous way, I didn’t know how to think in a prosperous way, plus I had all the self-
limiting beliefs about me. And when I would look around, I would be mad at the world, not realizing that the world that I was seeing was based on my beliefs, my programs, and the collective unconscious itself. It’s not your fault. It’s the programs that were given to you, they were downloaded when you were vulnerable, when you were open, and when you needed to have programs. And they were given to you by the people that were not enlightened, you know.

My folks still struggle, they’re happily struggling, I mean my father’s 90 and everything so he’s getting his retirement stuff, but he still has the same kind of mentality about hard work and deservingness and limitations on what you can have in life. All of that is from this programming.

One of the things that I wanted to do to demonstrate this is to just ask any one of you, predict your next thought.

**Attendee:** Can’t do it.

**Dr. Joe Vitale:** You can’t predict your next thought, but you’re going to have a next thought. It’s going to bubble up from, what’s the cartoon thing,
like bubbles, it’s going to bubble up from down here. You can cause different things to bubble up, if I just said, “tell me all your whatever comes to mind about wealth?” If I said, “start coming to mind when I ask about wealth” you do not have control over what shows up. If it’s showing up from down here, it’s insightful to find out what shows up, because when it shows up in what I call the window, remember I made a blog post about this called the window, that window of consciousness, that little bit here, that tv scree of the mind, it’s bubbling up from here where you don’t see it, bubbles up into here, and you finally say, “oh! Money is….” What’s the most common belief about money?

**Attendee:** It’s wonderful.

**Dr. Joe Vitale:** I love that he said wonderful. You know you are intentionally blocking out what’s coming up for everybody else.

**Attendee:** I don’t deserve it.

**Dr. Joe Vitale:** She says I don’t deserve it. One of the most common beliefs is “Money is the root of all evil.” Now do you think you’re going to
be able to allow much money in your life if you really think that? But for most people, money is the root of, that quote, is down here, it’s in the unconscious programs, it’s probably in the cultural thing, because almost most of the religions are quoting it. And for the sake of clarity, they’re quoting it inaccurately because the biblical quote says it’s the love of money that is the root of all evil. For clarity, all of the wealthy people I know, and I’m going to assume you know this too Dr. Steve, we are not in love with money. We appreciate it, and we use it, and we leverage it, but not in love with money. And even Donald Trump who most people consider to be one of the biggest egotists in the business, he’s said he’s not in it for the money. Money is how he keeps score.

One of my favorite teachers is Arnold Patton and he said something you’re going to want to write down. “The sole purpose of money is to express appreciation.” But when I started thinking about it, if I’m paying a phone bill, I’m appreciating my phone. If I’m paying for the internet or for a guitar or any number of things, I am appreciating what I’m writing the check for. So these kinds of insights can help clear up the beliefs that are here.
But the big thing that I want you to get is that what you’re thinking about money, what you’re thinking about opportunity, what you’re thinking about wealth right now is appearing in a little window of conscious awareness in your mind, and it’s based on the beliefs that are hidden here. What we want to do is erase the negative beliefs, delete the negative beliefs, and in some cases, replace them. Erase them, delete them, and in some cases replace them.

Now with the fourth dimension thing, when I get to the fourth dimension process, you’re going to see that we’ll bypass all of this. We’re going to bypass all of this and we’ll be going to back to the whiteboard. Back to the whiteboard.

Now I’m going to pause because I never got to my, I never got to my little cheat sheet that I brought up here, the seven, these are the seven earth-shaking, mind-expanding, consciousness-shifting tips that I want to make sure I give you.

**Dr. Steve G. Jones:** Yeah, we are going to exploding these concepts, that’s the purpose of this, by the end of tomorrow they’ll make a lot of sense to
you, but just so you understand from a hypnotherapist point of view, when we, because we will be doing hypnosis at the end of each of these days to solidify what you have in your mind. So where you are right now is beta, that’s full awakening consciousness, hopefully you’re aware of everything that’s going on right now, and that’s above, in the conscious realm, which is where you become aware of what you think is going on. The reason we use hypnosis to reprogram your thoughts, and the reason you can use it yourself, is because we can get you down to alpha which is just below your line. All of you can be in alpha without even realizing it, you’ll probably do it a few times today. Anytime you space out or you find yourself thinking about other things or when you’re driving a car, reading a book, watching tv, when you just wake up, when you just go to sleep, you’re in alpha, you’re in a programmable hypnotic state. We’ll be causing you to go there today though with the hypnosis induction that we use.

Below that you have theta, and delta. These are deep, deeper states. It’s not necessary to go into these states in order to have effective change when we’re talking about hypnosis, but this is the realm that all of these things live in, the subconscious realm. So you get these beliefs as, a lot of them, as a child, and the collective unconscious, you know Jung talked about
something that was somewhat metaphysical in nature but it also makes a lot of practical sense. If you believe that, you know, so-and-so is a good person, some public figure, that they’re a good person, because the media caused you to believe that because what they portray about this person, that becomes part of this, and that becomes part of your subconscious. So we’re going to be reprogramming that today with the hypnosis session that we do.

So I want you to be aware of, as Joe said, these are not your fault, these ideas that you have or the thoughts that you have, we all have those, Joe and I still have them. You don’t get free of them completely, we’re all human, but what Joe and I do to the best of our ability is make sure that we’re putting positive things in there so we’re not programming ourselves with a bunch of tv commercials and nonsense about limiting beliefs, so a lot of it has to do with hanging around the right crowd. And so today, this is the right crowd, and we encourage you to always seek the right crowd, because we can do hypnosis all we want, but really we’re programming yourself on a day-to-day basis because you can go down and be programmed.

**Attendee:** I can give an example of something that happened this morning. My daughter was talking about not judging, or being in a place of not
judging or leaving judgments out of the equation, so this morning I’m walking through the casino, and I hope this doesn’t offend anybody, which is a belief in and of itself there, I hope I don’t offend someone. This wasn’t a racial thing, it wasn’t a gender thing, it probably not exactly a disability thing, but a dwarf person walked by and I caught myself… What do I do with myself, I noticed the difference, I had a judgment, “oh, there’s… there’s a dwarf person, they’re different.” What do I do with that? It wasn’t good, it wasn’t bad, I was on the fence with that. Why do I even need… was it just an awareness? Somehow my belief system wanted to do something with that and I didn’t know what do with it. What do I do with something like that?

**Dr. Steve G. Jones:** We’re all subject to this collective unconscious, which unfortunately has put garbage in our heads. So, as Joe said, it’s not your fault. So that’s not our goal. Our goal is to pick a goal that you want to focus on and for us to get you there, get you on that trajectory. That’s what we’re after.
Module 3: HyperWealth First Dimension, Part A

Dr. Joe Vitale: What you are aware of when you have something like “money is the root of all evil” which you now know is not true, but when that thought comes up it has brothers and sisters that you’re not aware of. It’s more than possible, that is the reality, because you only have seven minutes of awareness up here. And so when one of them came up, “money is the root of all evil,” and you argue with it, so you’re busy in there arguing with that one belief, “oh I don’t even believe that one anymore,” it’s got brothers and sister right here, here, and probably even here. That’s why you want to be cleaning them. Because just talking care of the one may not be enough.

They’re tangent, they’re all connected, they’re almost like roots of the tree, that what you’ve got up here was the bud. “Oh, money is the root of…” and you go, “no, money is not the root of all evil, I now know that. It’s the love of money that’s the root of all evil, and I appreciate money, money is actually good.” You made some progress. But what about the ones down there that say, “well, money’s bad for me, money corrupts, money will lead to unbelievable taxes, money will lead to –“ I’m just making up things here,
but “money will lead to theft, money will lead to blah blah blah.” Big one is “money is not spiritual,” that’s a big one out there, so a lot of people are struggling and they’re renouncing what could actually help them and help the planet, but they have all these tangent beliefs down here.

And what’s hidden down here is what’s actually operating you. In many ways we’re puppets. Until we awaken, we’re puppets. And the strings and everything are down here, it’s probably a nice metaphor because we’re tied to that, they show up, they are strings, they are in some Hawaiian circles they’re called Aka chords, and we’re connected to those things. So I want you to be sure to understand that we have this work to do here, which is why you’re here.

**Attendee:** Not to go too deep into this but, okay, there’s lots of data out there, and he’s saying, “we’re going to acknowledge it, and okay, I see this person, I feel these things.” Okay, so we need to get ourselves conditioned that no, we need to be in tune so that feelings come up, that’s going to be every day, there’s data everywhere, we only see that little bit of it, there’s this huge thing out there. So you’re saying if we get into the habit of recognizing this data, feeling it, and then we have a choice of what we do
with it. Do we just get in the habit of putting it in a better place? Maybe cleaning it, or whatever it is that you do that makes it, in a good place for you, does that kind of make any sense?

**Attendee:** What I did with that, I didn’t know what to do, so I went…

**Dr. Joe Vitale:** Ho'oponopono is a Hawaiian cleansing technique, it’s a very spiritually based one, for the longest time it was secret until I wrote the first book on it, and now everybody knows. The first book I wrote was *Zero Limits* and then I followed it up ten years later with *At Zero*, and the reason this is interesting is that I had heard the story of a therapist, a medical psychiatrist who had worked at a Hawaii hospital that was for criminally insane patients. They were all put away at a state hospital in Hawaii, and it was such a despicable place, there was violence all the time, that the doctors would quit, the nurses would quit, the turnover was amazing there. And so they desperately needed to find any doctor, and what they did was find a doctor who said, “I will go, but I’m going to do my own blend of therapy here, and I’m not going to work directly with the patients. I’m going to sit in my office and do my thing.”
Well they needed to have a staff psychiatrist there, so they hired him. And this man began to use Ho'oponopono, again, the Hawaiian healing technique, that is really working on the inside of him to influence everything around him. So he didn’t actually work one-on-one in a traditional way with any of those inmates, and again those inmates were so unpredictable that they were shackled or sedated virtually every day. And that when you walked down the hall, you would walk down the hall with your back against the wall because you didn’t know if somebody was going to attack you. That’s how despicable it was.

So this therapist, whose name was Dr. Ihaleakala Hew Len, goes there within a few months, the patients start to get better, nurses start to be happier, the other people there comment on the changes that are going on, and they ask doctor Hew Len, “what are you doing?” And he says, “I’m not doing anything, I’m just working on me.” And within four years, virtually every one of the patients was pronounced healed and released back to society and the ward was closed.

When I heard this story, I didn’t believe it at first, and I went looking for Dr. Hew Len, I found him, I talked to him, I trained with him, I did workshops
with him, and we wrote the first book together. The essence of the Ho'oponopono method is the internal, very simple, poem or prayer or song or psalm and all it is is, “I love you, I’m sorry, please forgive me, and thank you.” You’re saying this inside yourself, you’re not speaking it, you’re not saying it to another person, you may be thinking of another person, like he was thinking of the mentally ill criminals and whatever is pushing his buttons, he’s saying it inside himself to what he would say is his connection to divinity.

So it could be God for you, it could be divine for you, it could even, an atheist could say nature, I’m saying it to nature, whatever the life force is. So whatever you’re comfortable with, that’s what you’re saying inside yourself. The beauty of this is, it does begin to cleanse these programs. Dr. Hew Len said we have so much, I wrote data up here somewhere, we have so much data in us that we’ll be doing this for the rest of our lives.

**Attendee:** But how easy is it to do?

**Dr. Joe Vitale:** All the time, even now, this is the background thought process in my head. In my head, I’m saying, “I love you, I’m sorry, please
forgive me, thank you.” When I first learned this ten some years ago, I had to consciously tell myself to say that. Now, it’s the tape in my head, it’s going on right now.

I will offer that to you as a tool to put in your bag of tricks. Much like you resorted to you said you started doing Ho'oponopono, these four phrases are said to be an ancient cultural cleansing tool. Whether you believe it or not, I would do it, because how hard is it to say, “I love you, I’m sorry, please forgive me, thank you”? And for further clarification, when you’re saying is like, “I’m sorry, and please forgive me,” it’s not an admittance of guilt or wrongdoing, it’s an admittance of unconsciousness. It’s a little bit like becoming aware of a program here and saying, “wow, I’m sorry I didn’t know that was there, please forgive me for allowing that to be in my being, thank you for erasing it, I love you for taking care of my life.” And you can be saying that to yourself, you can say that to divinity, I usually say it to divinity.

The other way that I explain it is if you’re walking through a grocery store and you bumped into a person. You would just say, “oh I’m sorry.” It doesn’t mean you’re guilty of anything, it doesn’t mean you need to be
punished, it means you were unaware. That’s all. That’s the mentality you have when you say I love, I’m sorry, please forgive me, thank you. It is a nice tool, I didn’t even plan on talking about it, but since it was surfacing I wanted to make sure you all had it as a tool to use. And you can be doing it all the time and it’s going to be automatically cleaning things here.

I look at it like around 3 in the morning in most cities, the street cleaners come out. And they clean the streets and you don’t think anything of it, you just get in and come over down the street to this meeting in Las Vegas, but at 3 am the street sweepers were out. Ho'oponopono was like a street sweeper for life. I do it all the time because I imagine that the life force is going in front of my path and cleaning the road, so that wherever I go next, it’s pretty much bump free. And it really is, the last ten years has gotten even more joyful, miraculous, wonderful, loving, and the primary thing I’m doing, though I do a lot of things, but the primary thing is Ho'oponopono. I love you, I’m sorry, please forgive me, thank you. All the time.

**Dr. Steve G. Jones:** So we’re going to now segway into introducing the dimensions from one to four, so we’re going to go ahead and start talking
about dimensions. Don’t go too far Joe, because we’re going to need you to talk about this as well.

So the first dimension is something that we’re all familiar with and that is, anybody know?

Attendee: Where we are now?

Dr. Steve G. Jones: Good enough. More specifically, first dimension –

Attendee: Space?

Dr. Steve G. Jones: Sure, first dimension is used for a lot of things. In our language for purposes of this program, we’re looking at a one-dimensional type approach to change, which we’re going to build on that because this program is called the Fourth Dimension Process. So a one-dimensional approach would be affirmations, and I’m going to turn it back over to Joe now, he’s going to talk about affirmations. We both use affirmations a lot, I use affirmations in each of my 9,000 hypnosis recordings, Ho'oponopono is a powerful affirmation, firms things for yourself. I’m going to let Joe
explain in more detail what affirmations are, and also how to respect them within the limitations that they offer.

**Dr. Joe Vitale:** Well, you’re all familiar with affirmations right? Some level, you’re already doing them, saying them, writing them? Ok, so the first thing I’m going to do is erase some data. We’re going to go back to the whiteboard. I love the whiteboard, it’s such a metaphor. You’ll hear me talk about the whiteboard so many times because everything arises from the whiteboard. Yes.

Ok, so, one dimensional thinking is that: it’s a flat line and actually there was a book in the 1800s called *The Flatliners*, anybody read that? Yeah, I didn’t either. It’s about a planet where everybody is flat. Flat line is very one dimensional. If you think of two dimensional, you can make a box here, and we start to go in the direction of two dimensions, and you can add color or other things to it, but for right now we’re just looking at the one dimension.

And the one dimension is in the realm of influencing your thoughts and influencing your reality, and intention would definitely be here. I love
intentions, and I need to make sure that I’m clear about it, because anybody that reads my books is going to come across a line in one of my books that says, “intentions are for whims.” Anybody read that one? Because I’d rather come from inspiration, inspiration comes from the whiteboard, I’d rather come from inspiration and make it my intention. That happens a lot with music, when I go into the studio, and I have my latest singer songwriter CD for all of you here too, I’ll be giving you one-day old, the first person to get it in all of Las Vegas was her, and I just saw it on eBay last night, it was going for $12.

So what I do is I take an inspiration, which is something that comes to me from the fourth dimension if you will, and I then make it my intention. I love intentions because as I said earlier, your brain requires direction. If you don’t give it direction, it will find its own direction. You’ll either get it from something else, or the advertisers of the world will really love you, because they will be advertising the directions they want you to take, “go buy the new Rolex,” I must have saw that… it’s becoming my intention.

And so an intention is very much a first dimension, and so are affirmations. Affirmations are the one-liners of the world. There was a guy who wrote a
book called *What to Say When You Talk to Yourself*, Shad Helmstetter, anybody read him? Nobody read them? Put him on your list because he has a new book out called *The Power of Neuroplasticity*. And it’s important to read these books, it’s all about controlling your brain. It’s all about directing your brain, it’s all about directing your reality by managing what’s going on in that thought process. Both well worth reading. The Power of Neuroplasticity is one of the best books I read in the last year, I’ve bought copies and given it to friends, this is all about neuroplasticity which is a way of regarding your brain and your mind as something you can direct, it’s plastic, you can influence it. It’s worth looking at what’s influencing your brain. YOU! And what’s you? If you are not your brain and you are not your body, what is this consciousness that gets to direct its own brain? We’ll be talking about more of that during these couple of days too.

So do you have favorite affirmations? Because affirmations can light your world on fire.

**Attendee:** My favorite one is “there’s nothing that’s impossible, I can do everything if I put my mind to it.”
Dr. Joe Vitale: “I can do everything” he says. I would adjust that a little bit because you can’t do everything, at least not at once, you know. I would probably say, “I can do anything I put my mind to” is probably a good one, fine tuning it.

Attendee: In the morning when I get up I’ll look at myself no matter how bad I think I look and I’ll say, “you are the most beautiful woman I have ever seen.”

Dr. Joe Vitale: I like that. “You are the most beautiful woman I have ever seen.”

Not enough people do that. So most people are on the, their affirmations are complaints. I was having lunch with a family member and she said, “affirmations just don’t work for me.” And I said, “do you know that’s an affirmation?” And she said, “what?” And I said, “you just said ‘affirmations don’t work for me’, which is affirming that affirmations don’t work for you.”
Like most people, this goes back to that previous chart back there, we don’t know our own beliefs. She didn’t realize that she was affirming the very thing she said didn’t work. She was actually proving it works. This is why coaching is so important because you need somebody, I was being a coach to her, listening and reflecting back in a non-judgmental way, in a loving way, in a helpful way. Somebody else with an affirmation?

**Attendee:** Did she understand what you meant though? Because I have family that I tried to help in that sense, they just don’t get it.

**Dr. Joe Vitale:** She got part way. I don’t know totally, but you know, that’s the other thing: we have to take care of ourselves. When we take care of ourselves we can be an inspiration to other people. And when they start asking, “how are you doing what you’re doing, how are you achieving wealth, how are you elevating all of your consciousness and getting different results?” That’s your opportunity to tell them, but until then, if you try to change people they’re doing to dig their heels into the ground and argue for their own limitation. Anybody else with an affirmation?
Attendee: Well the three things that I love in my life is love, health and music, so I say, “I am love, I am health, I am music.” And I don’t know, I just want to throw that out there, to see what you feel, do I need to be more specific?

Dr. Joe Vitale: No, no you don’t. It’s very helpful to be specific because the brain is looking for its orders you know, and if it says I want to be ideal health and you want to run a marathon, be training for that and be super fit for it, you tell the brain as specifically as possible because through the other dimensions you will get a sense of how you can add color to that and depth to that to make it real to your brain. But I also want to pause to say a lot of research says all you have to do is have these words in your consciousness and they end up being affirmations and intentions.

There’s a quantum psychologist Garland Landrith is his name, I think he was in the movie What The Bleep Do We Know?, the narrators or characters or experts in there, and he said his research shows that having key words, positive uplifting key words, in your consciousness, in a spirit of letting go, no attachment, no addiction, no need for things to work out in a particular
way, increases the odds of everything working out that you wanted to begin with.

So that’s what, the trigger is there, I like being specific, the brain wants it. It’s like having someone in the military and you have to tell them specifically where to steer the ship, the brain needs to know where you’re going, what do you want me to do. But also having key words, when you walk through the casino, if you’re thinking “love”, you’ll look at everybody differently.
Module 4: HyperWealth First Dimension, Part B

Attendee: I know you have to give some detail to the subconscious, as an instruction, but in terms of being open to anything that I’m not thinking of, sometimes I feel I listen to myself say a lot, “I’m a magnet.”

Dr. Joe Vitale: Well we need to fill in the blank, because you can be a magnet for all kinds of non-desirable things. If I was acting as your subconscious mind I would go, “he just wants stuff thrown at him, he’s a magnet. So I’m going to throw dishes at you, cars at you, problems at you, because you, you’re a magnet.” But if instead you said, “I’m a magnet for positive experiences, happy experiences, joyous experiences,” and put a qualifier there, now your brain knows what to deliver.

Now it’s going to look for that. And if you think back, there’s only that seven bits, that dot of attention there, it’s going to look for what you told it to look for, otherwise it’d ball all random and all over the place and bubbling up over you unconscious mind. That’s why most of the people out there are walking robots. Their unconscious mind is causing them to act, do, think,
believe the way they’re acting and they don’t even know it. We want them all awake, we want them to be conscious robots.

Dr. Steve G. Jones: What we’d like to do now is bring to you guys and have you have an opportunity to write your own affirmations so that we can understand them and help you refine them and help you get an idea of what you really want.

When you think about affirmations, as Joe mentioned we want them to be short, we want them to be positive, and we want them to be present tense. And then one thing that Joe likes to do, which I think is great, which you can also do in this exercise, is to make them in the first person, second person, and third person. And just to review that, first person is “I”, second person is “you” and third person is “he or she”. Of course interestingly enough, you’re talking about yourself the whole time.

For example, I think a great affirmation that’s short, positive, and present tense, is “I have one million dollars in the bank.” It’s short, present tense, it’s also precise. I like things to be as precise as possible. If you can make it precise I think that’s great. So if you guys would, just take a moment now,
and remember, we’re not just writing random intentions here, we want you
to write something that has to do with what you said already. Something,
the thing that you’re working on, because everything is geared toward that.
So just take a moment to do that and we’ll go around the room and talk
about those. Remember mine that I shared with you as an example, it
actually worked by the way, “I have a million dollars in the bank.” It’s
short, it’s positive, it’s present tense, it’s precise, I don’t just leave it up to
chance.

Write Your Own Affirmations Now

Attendee: I want the million dollars I already have in the bank to be
working as effectively as it can to bring more.

Dr. Steve G. Jones: It’s not a bad, there’s no wrong here, I just want to be
clear. One of the things we’re teaching is a skill for other things, so really
getting things precise. Share it again?

Attendee: I want the million dollars I already have in the bank to be
working as effectively as it can to bring more.
**Dr. Steve G. Jones:** Ok, so it’s not necessarily short, it is positive, but is it present tense if you want something in the future? So that’s not… just sit with that.

**Attendee:** I am a well known and respected author with ten million dollars in my bank.

**Dr. Steve G. Jones:** Joe’s going to steal your affirmation.

**Dr. Joe Vitale:** Can I borrow that? Very well said, I like it. It’s got energy and clarity, I know exactly what you’re saying.

**Attendee:** It combines with what I want to do with the results from doing this.

**Dr. Steve G. Jones:** It’s short, it’s positive, it’s definitely ending on a positive note, it’s present tense, you said you “are” as precise, a certain amount of money in the bank.

**Attendee:** When you talk in present tense, because I don’t understand why it should be present tense, I tried sometimes, I used to, in the past tense, that
already happened, instead of happening now. Because it already happened, not but, the career thing, you know, I feel sometimes that it’s in the past, I had something, instead of I’m having it, it’s not like a gap in my history, seems like it becomes faster in reality.

**Dr. Steve G. Jones:** Here’s the logic behind the way we teach it. So you have this reality that you want, but you really don’t have it. I mean, if you, I’m assuming you do not have ten million dollars in the bank, so you have, there’s this reality that you don’t have, and there’s this thing that you’re affirming – but you’re at the same time affirming it, so what happens is that you’re saying this thing that you want, and you’re saying it as present tense. Your subconscious mind is seeing that, and it’s seeing the disconnect, it’s seeing, “ok, I’m saying I’m having this,” you’re not saying you want it you’re saying you have it, your subconscious mind sees that you don’t have it so it looks for things in your life to manifest it. You start taking risks and seeing connections you wouldn’t otherwise take, your subconscious mind is throwing out all of these actions to make you do that you’re not even aware of because you have said that that is reality. Your subconscious mind is now working really hard to make that congruent, to make what you said a reality.
If you say it’s in the past, you might give your subconscious mind to just say, “eh, I already did that I guess, that happened I guess we can just forget about it, that’s in the past.” That’s my take on the past thing, Joe, what’s your thinking?

**Dr. Joe Vitale:** Well first of all, if it’s working for you, I bless you and say go forward and keep doing it. Second thing I said, at some point today or tomorrow I’ll be talking about the remembering process, and I have the book that I wrote *The Remembering Process* that I wrote with Daniel Barrett, which I’ll give to all of you, and that is a technique where you remember something that you would like to have, do or be as if it’s already gotten to you. So it’s a little complicated for me just to give it as an intro right now, but it ties into a little bit of what you’re talking about. But the bottom line for me is, if you’ve got something working for you, and you’re a guy that dissect the workings of the universe to teach it to others, then I say godspeed.

**Attendee:** So then I have two or more sources of income, and two and a half million dollars or more in sales.
Dr. Steve G. Jones: I like the one or more, Joe likes that too. Good stuff.

Dr. Joe Vitale: I usually add, if I’m writing affirmations or something, if you read my book The Attractor Factor if any of you read it, I’ll say, “this or something better.” And what it’s doing it’s allowing my unconscious mind, subconscious mind, divinity, whatever you want to call a wider, more powerful perspective, to give me something better than what my ego is imagining. So if I ask for four or five million dollars or something better, it could be that seven million dollars, I’m open to that.

Attendee: This money is bringing health and happiness to those I attract…but that doesn’t feel right either.

Dr. Steve G. Jones: It’s getting a lot better. Keep in mind when you say “to those I attract”, just like the magnet, who are you attracting, what are their qualities? We understand that you have come into some money recently and it’s not about money for you, you’re happy, you’re satisfied, that’s understand. But what’s also understood is you’re in a position that people find out, big surprise, once you become wealthy, “now what do I do, how
can I help?” So how can you help? Precisely, how can you help? What will make you happy?

**Attendee:** I now have a 500,000 member subscriber list and I am making a million dollars a year.

**Dr. Steve G. Jones:** Start off. If you have a 500,000 member list you should be about to do 4 million a year, if you’re doing affiliate promotions and your own stuff.

**Dr. Joe Vitale:** Yeah, with that kind of list, that size that you’re talking about, there are other elements about relevancy and what you’re offering and pricing, I mean, there’s other elements, but for the most part, yes! All of it doable, achievable.

**Attendee:** I know it’s all relative, but what kind of time spent to build a 500,000 member, like how long did it take you to build up those kind of numbers?
Dr. Steve G. Jones: My list, it took us probably about, we’re a little over that now, it took us about 10-ish years. Joe, you want to talk about your experience?

Dr. Joe Vitale: You’re talking about the world of expected reality by asking that question, and I don’t blame you at all for asking that question, but we’re in an event about fourth dimension manifestation, so we want to think outside of what’s been done before. This is the problem with most possible, not that you’re doing anything wrong, I’m just trying to clarify this for all of us.

Most people when they set a goal it’s based on what they think is possible, which is based on what they have done or they have seen done. Again, there’s nothing wrong with that, the world can operate just fine by looking at what’s been done before and basing your projections on it. But I live, personally, in the world of magic and miracles, and from the fourth dimension world, there are no rules, there are no regulations, there are no limitations, so anything can happen. So when you ask me about how long it would take to build something like a 500,000 list, I’m thinking well why can’t you do that tonight? Go find out how to build the biggest list in the
shortest possible time, and you may end up just leaving Steve, myself and
the hotshots that are coming on the internet building lists at rapid pace,
you’ll leave us all in the dust by thinking about what do you want, and
telling your brain, your consciousness, to go about bringing it into your life.
So, you know, there’s always different ways of answering this question, I
could always tell you about my journey, my list, but remember when I
started I was still at a limited place of being, a limited state of consciousness,
still struggling with finding answers. Built my list, slowly over time.
Today, again going by what we talked about earlier, if everything was wiped out, because of skills, knowledge, confidence, connections, all of that
working, I’d build it tomorrow.

Yeah, that’s literally true, because either Joe or I could have our friends do a
promotion for us in which we capture the email addresses and we could
build that kind of list very quickly. And also you can buy your way into that
now, there are legal ways to do it, perfectly legal ways to get paid
promotions. You could actually build a list of 500,000, it’ll cost you a bit of
money, but you can build a list like that over night.
**Dr. Steve G. Jones:** Our mutual friend Vishen Lakhiani built Mindvalley, they built a list for something we’re working on, built up to 300,000 in a couple of months just by paid advertising. So that can be done, if we had it to do again, it would not take nearly as long as it has taken us, we know a lot more know. And there are a lot of easier ways to build a list now.

**Attendee:** I have a successful coaching business and website helping people and make $200,000 this year, or whatever it greater.

**Dr. Joe Vitale:** So what first comes to mind for me is, I would shorten it because it was awkward. And again, this is all for us to help each other here so, that was your first draft.

**Attendee:** I knew when I did it that it was long. I just need help where to chop it down.

**Dr. Joe Vitale:** Well I would say since you’re saying successful coaching business online and off, I would just say something to the effect of, “I have a prosperous coaching business that is making $200,000 or more every year.” Or doubling it, $400,000 or more every year as a way to kick start it.
Because you don’t need to say coaching business and successful in the same sentence as the amount of money because the amount of money is telling you what you want for it to be successful. So those are some words you can delete, and I don’t need to hear that it’s online if for some reason you only want it to be online, because if it’s a coaching business that implies that it’s online or off, whatever’s working to bring in that much money. So these are just some of my editorial thoughts for you to tweak it, fine tune it, and shorten it.

**Attendee:** Website thing is brand new to me, so that’s probably why my mind is thinking, “oh well I need to include that.” So yeah.

**Attendee:** I’m actually realizing perhaps that I’m setting myself into a lower standard or goal. My affirmation is, “I am earning $125 per day.”

**Dr. Steve G. Jones:** Why so little?

**Attendee:** That’s based on this new website that I started right now.
**Dr. Steve G. Jones:** A waitress in Vegas probably earns like $500/day if they’re attractive, making tips, that’s pretty low, as you pointed out, that’s pretty low, so I’d bump that up.

**Attendee:** The way I figured, it’s once I reached to that level, I can go ahead and go to the next and so on.

**Dr. Joe Vitale:** It’s really easy to get caught up in how something will happen, which is why you want to find out how somebody else built a list, or you want to calculate what’s possible in your industry. But I’ve found the more you can short circuit the desire to know how, the more you give your brain and the rest of your body-mind system the chance to show you a different way, maybe even create something that’s never been done before to achieve the result that you want. So you want to let go of the how and focus on what do you really want. What do you really want? Think about it and turn that into an affirmation, and then allow the rest of the universe to figure out how do we achieve that for the guy?

You know, I invented e-classes way back in 1998, e-classes, as far as I know I was the first to do it, now everybody and their brother does it, you probably
do it now too. All because I wanted a BMW Z3 car, when I saw that Z3 I wanted a Z3, and at the time, I don’t know, it was a $20,000 car, not much money now, I pay taxes on my car that are that amount of money and many times more for the cars I get, but at that time I was looking at, “ok this is the car I want, how will I manifest this car in my life?” And if I looked at what my current income was then, I’d be going through filling out a loan application and, my credit wasn’t even great back then, you know, I forget exactly when all of this was, but at that time it would’ve been harder for me to do it. Plus I was playing the prosperity game and I wanted to manifest the car, I wanted to prove to myself and the world that these principles worked, so I didn’t want to get a loan. I don’t want to go and borrow the money, I don’t want to take it out of my savings, I wanted to actually manifest the car.

And so I decided that’s the car I want, and I did the earth level things by going to car dealerships, kicking the tires, driving the cars around, getting all the information about the cars. And then one night I was inspired, and this was information that comes from the whiteboard, it comes from divinity, it comes from zero, it comes from the fourth dimension, it comes from consciousness, I was inspired to try my hand at an e-class. And at that point the ideas was I had a little book that was not published then called Spiritual
Marketing, it had 5 chapters in it, I would take one chapter out and turn it into a class. I would mail each chapter out once a week as a lesson, and then I would ask people to do homework, turn that into me, and I would review the homework and give them feedback on it. Ok, that’s an e-class, it’ll be 5 week long, the chapters in the book would be the lessons, what they’re paying for is that privileged information and my consulting on it. And then I thought, “what do I charge?”

Remembering, this has not been done before, I’m making all of this up. I decided I needed about ten people in there or maybe fifteen people in order to buy the car, which I think was $30,000 or something, I don’t remember. So I thought, “that means I have to charge $1,500 per person to attend a non-class, an e-class. This is preposterous!” I remember having a sleepless night going, “am I nuts?” I actually wrote the email to send out to my list, and my list was only 800 names at the time, you talk about having a big list, I only had 800 names at the time, I wrote an email that was as powerful as I could but I was selling air. I was selling five lessons that were from a book and consulting for $1,500. And I almost didn’t send it to my list because I thought, “what if they unsubscribe? What if they hate me? What if this is really ruining my life and my career?” Those were the wrong questions to
ask. “What if it works? What if it actually works?” I still remember taking
a breath, hitting enter, sent that email out, by the next morning 15 people
paid $1,500 each to be in that class, overnight. 15 people! They FedEx’d
money to me, they sent me cashier’s checks, these people desperately
wanted to be in this class. I invented that class because I visualized that car.
And when I visualized the car I’m like, “I don’t know how I’m going to get
this car,” and I could’ve gone through all of the standard ways of attracting a
car, buying a car. No, I allowed my brain, consciousness, whatever you
want to call it, to come up with something that was so new. I did a bunch of
e-classes after that, I found something that worked.

And here’s the punch line: kind of like a side note to the whole thing, 15
people sign up, they pay $1,500 each, five lessons, I give them homework.
Not one person did their homework. Not one person. Which effectively
meant I had nothing to do. I collected the money and bought the car. And I
kept that car for 10 or so years, ended up giving it away a couple of years
ago, but I ended up loving the car, getting the car, pride in the car, what a
story around the car. But that’s how it works. You don’t need to know the
how, you need to know what do you want.
Attendee: You know, the how, or you know, I was trying to create realistic approaches or numbers for something that just starts.

Dr. Steve G. Jones: You know, when I had an email list of 26,000 people, the first time I did a real mailing, I made $60,000 in two days. You know, for me, I thought, “no way, I’m going to maybe get a few bucks.” Seemed unrealistic, but I did it, because I had to actually, I was in a situation where I was refinancing a house and I didn’t know I needed some money to do that, and I ended up getting a lot more than I needed. Let go of that reality concept everyone, and realize that it’s an infinite universe.

Dr. Joe Vitale: And when you think that’s reality, but what you’re seeing is with blinders on, blinders being those programs.

So one of the joys of being with people like this is that in this group we can expand that, we can open it up and you start to realize, “wow, anything is really possible, I don’t know that we have any limits at all. I honestly don’t know that we have any limits at all to what we can have, do or be. I know everybody has certain ones in their brain, but every time we think there’s a limit someone comes along and melts it down, and we think there’s another
limit and someone comes along and melts that down, I don’t know if we
have many. So whatever’s occurring to you as a possibility, that’s what you
want to go for.

**Attendee:** I thank everyone for actually coming out, keeping their word,
because that’s really important, to be not only honest, but honest with
yourselves and realizing that, you know, we do have goals, we do have
setbacks, and figure out what those setbacks are and then sharing with each
other to be able to make a difference, not only for our own lives, but for all
of our lives as well as maybe thousands or millions that it will reach over our
lifespan. So, um, thanks a lot for, you know, sharing your stories and your
roles with me as well.

**Attendee:** For me is very, very satisfying because it’s another living proof
that dreams become reality. As Joe always talks about and Steve and I will
experience that, because I actually dream and wanted to be in a situation like
that, a small group of people likeminded, where you can learn a lot from
each other, and just apply it to our lives. From now there’s no excuse, what
we learn here we have to apply it on our lives, and you know, that ourselves
cannot be different from what we expected if we apply what we learn, so
thank you very much for this opportunity to all of you.

**Attendee:** The more positive people that Dr. Joe and Dr. Steve can help with
their programs, helping us, just me going back to work is going to help in
my area. Just a feeling I have, being around the people and without me even
really doing much for them, and I hope you all feel the same way, you know,
that it’s going to do some great things. The world needs it, it’s not just a, it’s
a world community now, it’s not just worrying what’s happening in your
own back yard, that’s what excites me.

**Attendee:** When Joe was saying, it’s not going to be only more information
to write down, but we’re going to hopefully actually make a true shift by the
time that these two days are over, we’re going to actually make a conscious
shift, especially for me to be on this road that I’ve desperately been trying to
get off of, onto this road over here, so that’s what I’m really excited about.
Module 5: HyperWealth First Dimension, Part C

Dr. Joe Vitale: I’m in the movie The Secret telling people that you’re supposed to take action. People gloss over that, they fog out during that part. It’s like they will, skeptics are saying, “nobody in the movie said you have to take action.” I did! I did! And the Law of Attraction as Jack Canfield points out, the word attraction has the word action right in it.

What I point out to people is we live in a universe where you co-create what you want. Co-create. That means you have something to do. I do believe that somebody can knock at the door and walk in with the adapter for my phone, that’s entirely possible. But if nobody comes in by the time we quit today, I’m going downstairs and I’ll pick it up because I’ll co-create my reality and it’s time for me to get my adapter. But doing it joyfully is part of the game, it’s a dance.

We do need to take action, so why don’t people take action? There’s a lot of reasons, one of the big ones is as soon as you admit what you want, you have to take responsibility for it. You either have to start coming up with all of the excuses for why you’re not doing it, rationalizations for why it’s not
working out, or you just decide, “I don’t know what I want,” or, “I’m waiting for the universe to bring it to me,” and you deceive yourself out of your own good. It’s all part of that same programming I had up on the board where below consciousness are all of those beliefs about, “I don’t need to work for it, or I don’t want to work for it, because I believe it’s supposed to come to me,” a sense of deservingness might be there. But all of that is part of the self-deception.

We do need to take action. I would not be an author with 50-somebooks, a musician with 13 albums, if I didn’t participate in the creation process.

There is not shortage of money. Did you know that? Somebody did. One person did. Do you know how much money is circulating right now? Not in mattresses, $1.2 trillion available to you. If we are open to receiving it, that’s the first thing to keep in mind. There’s no shortage of money. This is about wealth transformation. And for most of us, we have limitations about what we think is possible, whether it’s how much money we think we can have in a day, or how much money we can have in ten businesses, we’re the ones putting those limits. The trillion dollars or more that is circulating, it is very impersonal.
One of the things I’ve learned about money is it’ll go up to a good person as well as a bad person. It’ll go up to anybody that actually appreciates it, anybody that’s going to actually welcome it into their lives, anybody that’s going to actually use it. Money can come to you. Great deal of it. $1.2 trillion. Does anybody have any concept of how much that actually is?

The second thing is, there are no legal limits to what you can receive. I’m talking about money and wealth here. There was a point in my life, especially when the internet was working and the Z3 came into my life and I invented e-classes, when I realized I was making more money than I ever did before in my life, and it was cool. And then I realized it seemed to have a ceiling to it. I was making so much money, and a lot of money, it was coming up to that ceiling ands topped. And I thought, “why would it stop? There’s nobody out there saying ‘no you can’t make more money’.” There’s no legal entity, the government or anybody, that says, “stop, you’ve made too much.” There’s nobody that I’m aware of, do you know of any Steve that says you can only make so much money and once you hit that?

**Dr. Steve G. Jones:** No, even the government, they just take a cut.
Dr. Joe Vitale: Yeah, they’re going to take their percentage and they’ll be glad to do that, but there’s no legal limits to what you can receive. And when I started to realize that back in the internet days, and I thought, “the only place the limit has to be is in me.” In me. Which led to the third insight here.

The only blocks to receiving more are mental beliefs. Goes back to the programming we talked about, right? The only blocks to receiving are more mental, they are the beliefs. So when I’m back in those early days of the internet, more and more money is coming to me and I’m realizing there’s a lot of money out there available to me, so I must be the one blocking it. I started to look at what could possibly be in my particular case, I’m going to invite you to just think about this on your own in your head, because we all have these blocks. And in my case I realized after some self reflection, that I didn’t want to make any more money than my parents. I didn’t want to make any more money than my parents.

My father being the breadwinner of the family, I didn’t want to make any more money than my father. And when I realized that, when I thought that about myself, I had to ask myself, “do I really believe it?” Well, yeah, I do
believe that, I think that belief is active inside of me. I don’t want to make
more, even though it’s easy, and there’s no limits, and there’s a great deal of
money out there, I didn’t want to make more money than my parents. And
then I had to do a self coaching thing, this is why having a coach is so
important and much more powerful, I did the self coaching thing and asked
myself, “ok it’s true, it’s a belief in me that I don’t want to make more than
my father. Does my father not want me to make more money?” I looked at
that and realized, “hell no, he wants unlimited wealth for me, he wants me to
be happy, he wants me to be prosperous, he wants me to be healthy, he
wants all of the good that I can welcome into my life.” The only person that
was blocking it was me.

So when I lifted that particular block, son of a gun, more money started
coming in. Very visible limits. There isn’t anybody out there stopping you
from having more. It’s you! And I don’t mean that in any negative way,
this is all about waking up, this is all about self awareness, this is all about
the a-ha, this is all about realizing, “oh I didn’t realize I was thinking like
that, I guess I would like to change that, I would like to allow more.”
And so we go to number four here, I said there were seven, right? It’s hidden beliefs that create the wealth set point. Hidden beliefs. I’m particularly saying hidden because we talked earlier, sometimes we become aware of a belief like the one that I had about my father, notice I said past tense, and I said that almost unconsciously, I don’t have that one anymore. And my father is 90, he’s still with us, and he knows how I’m doing and he’s amazing. I mean I drive cars unimaginably expensive in his world, he applauds it, because his son is doing it. He’s proud. So I lifted that one.

There are other beliefs that we have, and this is why hypnosis and the second and third dimension and ultimately the fourth dimension that we go and work in, is so priceless. Because those hidden beliefs are operating without you knowing it, they’re hidden. You don’t even know they’re operating. But when you don’t have more money coming into your life and you’re doing all the right things, you’re doing all the right things to have more money but you’re not experiencing it, there are hidden beliefs that we want to melt down.

We melt down the hidden beliefs and you can have the wealth. Because nothing is blocking it. A wealth set point, you’ve probably heard a weight
set point, a wealth set point is that mental point of saying, “I’m ok if I have this much money, if I get less than that much money I get nervous, if I get more than that much money I get uncomfortable.” Which is one of the reasons why people who win the lottery, not all of them, but a lot of people who win the lottery end up broke and in debt, and in as little time as a year later. Their wealth set point didn’t allow it. They had more money than what they were comfortable with, and so a part of them said, “get rid of it.” Get rid of it, lower the set point so I’m more comfortable. And we know, being here and becoming more enlightened, it’s the hidden beliefs that are creating the set point. Change the beliefs and you’re ok with it.

Which is actually number five. Changed beliefs = new reality. And on some level that might seem heavily metaphysical to you, I’m a very metaphysical guy, but I’m also into quantum mechanics and quantum physics to try to find a way to explain all this, if you start going deep enough you land in the world of metaphysics because no one really knows what’s going on. We’re doing our best to understand the universe and how it works, including a little booklet we’re all going to get that explains it better than I’m doing, called *The Mechanics of Manifestation* , he’ll be passing it out at some point. So change the beliefs and get a new reality.
I’m the same guy who was homeless. I’m the same guy. But internally, with my belief system, I am so dramatically removed from that it feels like that was a past life. It is very hard to even imagine, because the beliefs I had then didn’t allow me to even speak in public, that wasn’t part of my reality. I remember the first time I spoke there were six people in the room, and when I leaned against the wall, shaking, thinking I was going to just slide to the floor and pass out, you know, totally blacked out, kept doing it until the point where we’re talking about Lima, Peru and I spoke to 20,000 people live on stage. How do you go from six people to 20,000? Of course I’ve been on Larry King twice, allegedly there were 2 million people watching, that’s a mind-blowing concept. I hope there wasn’t any soup on my jacket at that point or anything, but the only way was I had to change the beliefs. Change the beliefs and then you get a different reality.

Your thoughts, those ones that appear to you, your thoughts are not yours. Your thoughts are not yours. This is really important to get. It’s almost a requirement for us to learn meditation because it will help us separate from the thoughts that are occurring. You know that little window that I talked about where the thoughts appear in your conscious awareness, that’s where the thoughts are coming up right now as you’re taking notes and you’re
wondering where is Joe going with all of this and how is this relevant and what does this mean and when do I have my awakening and what is the fourth dimension and when do we break and all of those thoughts keep bubbling up. They’re bubbling up from your programs, they’re bubbling up from your beliefs, the hidden beliefs that are blocking you and keep you from receiving your legal – there’s no legal limit – from receiving unlimited money and part of the money going around. So your thoughts that are bubbling up, you have to be detached and witness them.

I have a song on my new CD by the way, everybody’s got one, *One More Day*, it’s called Sudden Thoughts. Every one of the songs on this album called *One More Day* are like three minute self help books in music form. And this is clearly my best seller, but the first song is a fun little song about some thoughts, and it’s basically saying some thoughts are crappy, some thoughts are happy, some thoughts are fun. And it goes on pointing out that you’re going to keep having thoughts bubble up, and if you’re not aware of that you are not your thoughts, those thoughts can mess with your entire life experience.
This song, Sudden Thoughts, goes on to say, “like a jukebox in your mind you change the song at any time.” And it’s a clue that you have control, but only once they appear and you are aware of this. Before that, you’ve got to do the cleaning of the programs, the hidden beliefs.

And finally, just for the final hit spinner here, in the fourth dimension there are no limits. There are no limits, it’s the fabric of the universe. There is nothing that you cannot have, do or be from the perspective of the fourth dimension. It is the beginning, it is the end, it is the background to use this whole thing as a metaphor, it’s the whiteboard. It’s behind and under and animating everything, including the table, including your body, everything. Including this pen, including you, and you. You might be the exception, you’re from the fifth dimension, and the fifth dimension if you remember Rod Serling and the tv show, “you’re entering the fifth dimension,” the Twilight Zone, that’s where he goes, that’s where I found him.

**Dr. Steve G. Jones:** Yep.

**Attendee:** So I may have manifested my husband’s death.
Dr. Joe Vitale: Yeah, that’s a big one, thank you for even saying that. You have to remember, and I’m speaking as I told you earlier, I lost my spouse, and I’ve had relatives and so forth, people very close to me go, so I know the depth of that pain. I also know what goes on in your head, at least from my perspective, in terms of “was I responsible, did I participate in that, did I attract that on some level, did I co-create that” – I’m getting chills thinking about all of these. All of these questions, those are thoughts and they’re not yours, they’re all coming from beliefs about victimhood, blame and guilt. They’re wanting, the beliefs are, the programs are, not you, the beliefs and programming are saying that you might be punished for this because you helped create it. But in reality, you did not. Each of us has free will. Each of us dies.

Whether it was Marion, who was the woman I was married to for 20-some years, whether it was her and she went through car accidents and she went and got dependent on drugs and there was actually a combination of prescribed drugs that she was getting from other people that caused her to die, I was not there for that. I did not sign on for that, I did not participate in that, I didn’t help create that, and in many ways I did everything humanly
possible to prevent that. This is what goes on in my head to try to justify and bring peace to it.

**Attendee:** But I, I have all this, I have a lot to be grateful for, but it’s a result of his death, and the beliefs around, I’m in a totally new reality now, and it’s so weird and it’s so new to me and I don’t really know what to do with it. When you ask me to make a goal, my whole world has been yanked out from under me.

**Dr. Joe Vitale:** Yeah, you’ve been presented to another world. And this other world has a whole lot of abundance in it, a lot of people saying, “boy if you focused on that, there’s a whole lot to be thankful for right there.” A whole lot of abundance in it, a whole lot of freedom in it, a whole lot to be joyful and grateful for. That’s what you want to focus on. A great gift.

**Attendee:** There’s such a wall, it’s all here…

**Dr. Joe Vitale:** Yeah, of course, you have some sitting to do with this, you know. When Marion died, I cried every day for a year, I mean not publicly but, I…
Attendee: I see families all the time, I either work hands-on with the actually family member that we’re treating, and maybe you can kind of feel that dirt, they’re fine with it, they’re just, “oh I wish my son would just be, just, just, you know, it’s ok.” They want to do every last treatment, every last thing, that’s all they know how to do, is that, that’s all they know. So there’s, you know, you see that feeling, “ok, so is it them, or is it in you?”

Dr. Joe Vitale: You know there’s a line in my book The Attractor Factor, I’m going to have to paraphrase it, but it says, “whatever you’re going through right now, and this is true for all of us, whatever you’re going through right now is going to be humorous to you in 1-3-5 years from now.” If you have that knowledge now, and you know it’s going to be funny from 1-3-5 years, then it must be funny now. All we have to do is find that humorous perspective.

Attendee: I’ve been there before, in that, I know what you’re saying is true.

Dr. Joe Vitale: Be at peace. Thoughts? What does this stir up for you?
Attendee: The new meaning for me is the work to do, I was thinking about this, that point is the most concrete for me, change belief = new reality. I think, what’s that? But, then I realize belief is actually be therefore live it. So if I, I say to a person, I say I am silly, right, I AM silly, therefore I live as a silly man. So belief is very concrete, it’s a very concrete word in its meaning. So whatever you think you are, so whatever you consider yourself to be, that’s the reality you’re going to experience.
Module 6: HyperWealth Second Dimension

Dr. Steve G. Jones: The second dimension as we look at it is using things like vision boards, getting a distant idea of what could happen, but it’s void of feeling. Now this is just the way we are doing it for this program. You may say, “oh my vision board has feeling, I envision it now.” But bear with us, for this program, the way we look at the second dimension, it involves visualization but it’s still in the distance and we don’t attach feeling to it.

So what we want you to do, and what I’m going to apparently do since I lost the coin toss without realizing it, I mean I won the coin toss, is that I’m going to guide you guys through a visualization, it’s going to be very brief. Now later on after we take a break, we’re going to come back and end with the hypnosis session, so it’ll be more in depth, you’ll have more of a chance to fill this out, but we’re going to take you through.

Now remember it involves taking things like a vision board so that you can see what you want. Everyone know what a vision board is? Just making sure we’re all clear, you take pictures from a magazine or pictures from the internet, maybe stuff you want like a car or a house, a relationship, so you
can cut out a picture of a couple on a beach or what have you, and you know things that you’d like to have in your life, and you get to see it every day. So that’s the power of visualization.

We’re also here dealing with the limitations of it, and when you get into the other dimensions you’re going to see how it can become much more powerful. Because it is in the future and there’s no feeling yet. So if everybody’s ready and everybody’s on board, just go ahead and close your eyes now. I’m going to help you get ideas for your vision of your future and when you come out of this, the idea is that you can write that down. You know like when you have a great dream, you should write it down right when you get up.

Just going to be brief, and what I’d like you to do with your eyes closed, just imagine yourself rising above your body now. Imagine if you could do that, just rise above your body. And if time extended straight out in front of you, rising above your body, move out along that timeline, into the future. I’d like you to set yourself down in the future, at a time when you’ve accomplished this goal that you’ve set, this intention that you have told us about today. This one dimensional idea that you shared with us, this
affirmation. It’s clear, it’s concise. Imagine you’ve already done it, you’re at that time when it’s actually happened.

But now I want you to pull back from that, I just want you to get a little taste of that and pull back to the present, come back to the present and just start moving back now into your body. Just need you to get a little taste but you’re back in the present now, and you’re looking at it as a distant possibility. Have a little glimpse of it, a little taste of it, but still a distant possibility for you. You got enough of a glimpse of it that you can see a little bit more clearly now, and as you look at it now from where you are right now in the present to where you are in the future, you start to get ideas about it, you start to get sights and sounds, maybe smells and tastes, it starts to fill in, you hear things that relate to it. Distant possibility. Although you have, not necessarily, feelings about it, you can see it, you can hear it.

You start to get ideas about it, clear ideas. Start thinking about what these ideas are now. What does it look like, what does it sound like what does it taste like, what does it, what is it? Alright, got a little glimpse of it now, just a little bit, we’ll go more into this later. But you can open up your eyes now, slowly. Write down, write down anything that came to your mind, there’s
no right or wrong, don’t worry about Joe or Steve’s rules about how to write things down. Remember, there’s not necessarily any feeling yet, you’re not necessarily there yet, it’s just something you can see a little more clearly now, feel a little more clearly, what is it, what did you see. Remember, it’s in relation to your first dimension intentions.

Attendee: Letting you guys know, letting everybody know, “oh I got it, I’m there!” and everybody going, “yeah, me too!” and you guys were very happy for me too, and I was saying, “see I told you, we good students!”

Dr. Steve G. Jones: That’s good, very nice, very nice.

Attendee: I just saw myself talking to you about the actual business and how you guys were smiling and you guys were impressed, and basically I was.

Attendee: Just being out, financially free, I have multiple streams of income, I saw myself just, instead of being chained to a job or daily grind, I’m out, I’m driving in my Aston Martin, and I’m feeling free.
Attendee: Actually continuing to take all of the steps that I’ve been doing, you know, it’s kind of no feeling right now, but I’ve made steps to make my website, I’m continuing with that, I’ll be talking with somebody Wednesday to get a little more things going with that, I’m going to continue with Gil, I’m working with clients, I’ve found my, I saw myself more confident, working with more people and having my own clients now because I’m just at that point where I’m doing that a few weeks into the coaching process. I just, I didn’t see anything really dramatic different yet.

Attendee: I just saw myself in the future, I was just happy, I had a little guy with me, with a dress, I was living in a beautiful place, just happy. Very pure, very simple.

Dr. Steve G. Jones: Sounds good to me. Who else has one?

Attendee: I think metaphorically that I saw myself on Zion, going up to a mountain, and I remember the last time I was out there, it was an uphill climb which is basically where I am right now. But we stopped and rested as we needed to, caught our breath, and we made it to the top. And when we got there it was so beautiful and it felt so good and the animals came out to
greet us and it was very simplistic, it was very, it was enough, sometimes money isn’t what is needed to get the job done.

**Dr. Steve G. Jones:** That’s true.

**Dr. Joe Vitale:** That is a very wisdom-packed few sentences you just said. Lines like “we stopped and rested as we need to,” is that so relevant to you, and I’m sure to other people here? And the other one about “money is not always what is needed to get the job done,” that’s one of the most powerful insights into wealth building. So many people think they need to have money to achieve whatever it is they’re going for and there are so many stories about people who did not have money and did not need money because they were creative and thought outside the box and thought family or friends or connections or just plain creativity. I’m very impressed, what you just said is full of wisdom.

**Attendee:** The more I think about all of this, the more I feel like I have my land. It’s poor land, but I have land, and I’m listening at Ted talks these days, you put a few animals on your land and herd it into good land, and
honestly the way our economy’s going these days I feel like, if you’ve got land, you do have something.
Module 7: HyperWealth Hypnosis Session to Solidify Knowledge About the First and Second Dimensions

**Dr. Steve G. Jones:** So I invite you now to close your eyes if you’d like to, and to just unwind, just relax and unwind. Take a deep breath in through your nose, inhaling deeply, hold it. Open your mouth slightly and exhale very slowly at your own pace. And then when you’re ready another deep breath, in through your nose. And hold it. And when you’re ready, open your mouth slightly and exhale very slowly at your own pace.

Begin to unwind now, listening to the waves rolling in and out. Relaxing slowly from head to toe, starting with the top of your head. Top of your head relaxes, the relaxation moves down around your eyes as you continue walking, relaxing. Relaxation moves down now to your jaw area, feel any tension there just letting go now as your jaw relaxes. As you walk along the beach on this beautiful and wonderful day, feel the relaxation moving down to your neck and your shoulders, like a gentle massage as you walk along the beach now.
And the relaxation moves down now to your arms, down to your elbows, moves very slowly down to your fingertips. Down to the tip of each and every finger as you relax and unwind, enjoying this beautiful day, white wispy clouds overhead, wonderful breeze, relaxing your body. Sun warming you, feeling how good it feels to walk in the sun. The relaxation moves down to your torso area now, and then down to your legs as you continue walking and relaxing. The relaxation moves now down to the calves of your legs and all the way down to each and every toe. As you continue walking, relaxing and unwinding.

And you now find a safe dry comfortable area, you can sit on the beach. And as you sit and face the water, you realize it’s the end of the day, the sun is about to set on the horizon, and so you find that warm, dry safe comfortable place to sit, you very slowly sit down in a comfortable position. About to watch the sunset. And in just a few moments, I am going to count backwards from 10 to 1. And as I do the sun is going to slowly set, because the lower I count, the lower the sun goes, the lower the sun goes, the more you relax, deeper, deeper and more deeply relaxed, starting with the number 10.
Sun begins to set on the horizon…. 9, the lower the sun goes, the more you relax… drifting, floating now in your mind, 8, down, down goes the sun as you relax more and more deeply… 7, relaxing now, more, and more deeply, 6, 5, down, down, relaxing more and more deeply now, allowing yourself to relax and unwind. 4, becomes 3… down, down, relax, more and more deeply, 2. At the count of the next number you will be completely relaxed and the sun will have set completely on the horizon and your mind will be open to positive suggestions. Alright now, 1, the sun has set on the horizon, and you are completely relaxed.

**Dr. Joe Vitale:** As you listen to my voice and relax even more deeply, you feel open and receptive and safe. In front of you is a door marked EXTREME WEALTH. Imagine it there, imagine it is gold and beautiful. You open it and step through it to find a full-color energized vortex of unlimited wealth. Just being in this energy field raises your vibration and makes you feel love and loving. As you look around this opulent room, you notice that there are signs of wealth and prosperity everywhere. You even notice that your thoughts are different. You are thinking upbeat, positive thoughts about money and you. Money is good. I can do good things with money. The more money I have, the more I can help myself and others.
The sole purpose of money is to express appreciation. I appreciate money. I appreciate myself. I am grateful for wealth and abundance and success. I deserve extreme wealth. My brain is alive and alert for money opportunities. I love making money and attracting money as it is fun. My heart sings as I act on money opportunities.

As you look around this wide open safe abundant room, you realize that the new thoughts are taking hold. Building a new program in your mind, creating a wealth paradigm shift of consciousness within you. You love this new you. You love how you feel with money easily coming in to your life. You love knowing you can help yourself and others with more money. You realize you are safe, and more money is good. You love yourself, appreciate yourself, and appreciate money and abundance.

You look around this room and realize there are tools you can use. You can pick them up and carry them around and use them whenever you need them. Whether it is a special book, a magical piece of clothing or jewelry, or something else, take note of it so you can use it as a reminder whenever you so desire. You remind yourself that this is the new you. You know that the new you is abundant and successful. You know that the more money you
appreciate, the more money will come to you. You know that money circulates in the world, and there is more than enough for you to fulfill your dreams. You are content with extreme money coming in to your life.

And now notice that a wise person is looking at you and smiling, a kind, loving smile. This person has a message for you about your new wealth mindset and attracting and achieving even more wealth into your life. Listen for a moment as this wise person talks to you.

And now soak up this room, the message, the feelings, and all the wonderful energy surrounding this new wealth mindset within you. You can stay in this room, remember this room, or just live from this room, as this wealth room is you.

And now allow Steve to bring you back with your new wealth consciousness intact.

**Dr. Steve G. Jones:** As you continue breathing easily and effortlessly and comfortable, you become aware of just how much you have learned today and how much you’re going to retain and most importantly apply to your
life. In just a few moments you’ll return to fully awakened consciousness. I’ll bring you back up by the count of three so by the time I reach that last number you will be wide awake and full of natural energy, ready for the rest of your day, feeling refreshed and rested as though you have had a very peaceful nap.

Coming up very slowly now, 1, feeling very good, full of natural energy, 2, beginning to move now, beginning to stir, coming very aware of where you are, very aware of your surroundings, and at the count of the next number you will be wide awake and completely out of hypnosis. Alright now, 3, eyes open, wide awake and completely out of hypnosis.
Module 8: HyperWealth Students Share What they Learned about the First and Second Dimensions, Part A

**Attendee:** Like, any, there was no doubt, there was no question in my mind and I still don’t know if there was fear, but there, if at any moment I felt fear before, it was not there before. And when there was a person, it was telling me, “come, experience for yourself what, it’s time to stop like, like reading, or learning, and experience it for yourself, come, it’s there for you.”

**Dr. Steve G. Jones:** Nice. Excellent, thank you, who else wants to share with the class?

**Attendee:** It was kind of a coming out of it was, it was, had a rush of emotion at first, you know, kind of a sensitive guy if you haven’t figured that out yet. So that kind of surged through me, and then, but it’s a deep, calming, like, I’m there, I’m there kind of, you know like, this morning or the last couple of nights I’ve had this excitement that kind of kept me up because I was anticipating all of this wonderful energy that we’re going to be working with, and working with you two here. But it was like, it was a different feeling, it’s like such a wisdom kind of feeling like I’ve been there,
this is huge, you’ve been in the end zone before, this is the winner’s circle, this is, it just was. I was just being, you know, instead of doing things, it was just a calm feeling of, this is it.

**Dr. Steve G. Jones:** Thank you, that’s very nice. Anyone else want to share? It’s the sharing couch.

**Attendee:** Well, when I was in the room, which was a beautiful room, this old man, which was myself, telling me, “well, here you are, you can come here anytime, you should come in here anytime.” So at that moment I realized that one of the difficulties that I had is that we really don’t believe that it’s that simple. It’s that simple, you know. We kind of get complicated things, but it was so clear that all I had to do was maintain that state, and that room, which is inside of my anyway, right? If we maintain that state of being there, that’s all it needs, it really all you needed. You’re not going to worry about what you’re going to do or how you’re going to do it or work hard or don’t work, no, it’s just that state of being. And that same, that vibration really is a vibration right, that is all, that is all we have to keep, so I hope, really I hope, no I know, forget hope – I know that from now on I have the certainty that it’s absolutely true, it’s that simple.
Attendee: The main part was that I forgot about my email, my cell phone --

Dr. Joe Vitale: Excellent! Breakthrough! I was peeking mine.

Attendee: Which is hard to do I guess in my world, but it was a good little break. Step through to that door to a completely different environment and suddenly I felt like I was in a complete openness. Anything and everything is possible, there are no limits, and I just felt like, again, not having to worry about the hows and the mechanics, but I stepped into a universe where it’s already there, just a completely openness and everything and anything is possible.

Attendee: It took me a minute to get there, so, but once I finally caught up and walked through that golden door, all I saw was a little old lady, short like me, so I’m thinking it’s me, and there were mounds of gold coins like in stacks all around the room, and she came, she came up to me and she said, “can you help me?” And there were lots of little sacks around and she says, “I need you to come and help me.” That’s all she kept saying to me, “I need you to come and help me, I need to fill these sacks.” And I wanted to help her, so I walked over and I started picking up the coins, and as I was
touching them and rubbing them, it’s weird because they were soft, they were gold but they were soft. And it made me think of ease and tranquility and peace and just smoothness, so it made me think of how if I just go through life not worrying and know that I’m going to do everything that I want to do, then I’ll be just like the feeling of these coins. Soft and smooth. That’s pretty much what I got out of that.

Dr. Steve G. Jones: Wow, thank you.

Attendee: I felt like I was dreaming, like I was sleeping, I was sleeping, I was in a little dream world, and I just felt very at peace, very eased. I felt like, I don’t know, almost left my body and I was just floating along, able to feel the fibers of the universe, just be able to touch things, to feel things, to have things, it just, everything was so simple, just very pure. And I just felt very grateful, I felt just at ease, it was peaceful, felt like I was dreaming.

Attendee: I think that I do have to take time and step away from my daily activities to appreciate, or I gotta do this more I should say, appreciate what I currently have. My children, my wife, my home, the weather that I live in in Arizona, I love it, it’s one of the main reasons we moved there, but I do
that, I do that, but I also have my cell phone right next to me. So I think what I got from that hypnosis session was to learn to turn that off and put it away and take the time and meditate or go into a stage of enlightenment and wanting to achieve your goals instead of thinking about the goals you want to achieve, that’s what I got from it.

Attendee: I have a different relationship with time and the way I plan my day. I think that could make me even more effective than I already am.

Attendee: I think what happened to me is I stepped through that and I just felt the complete openness and the complete freedom. I wasn’t trapped with the mechanics or the hows or the how-tos of how to attain what I’m going for. So just everything and everything was possible and it was overwhelming, it wasn’t just like a fleeting moment, it was a lasting feeling.

Attendee: For me, it was more of realizing that I have some more work to do within myself because after I shared earlier, what happened to me in that room, I asked Dr. Jones what he thought the soft coins meant, and his statement to me was that I may have some limiting beliefs within myself that stems from maybe not deserving the wealth that was there for me. And
maybe needing more help in that, and since I have cleared myself with relationship side of the house, at this point I think I need to clear myself on my deservingness of wealth and just other areas of my life to be able to move forward.

**Attendee:** Wow, going into that, that room, I felt so natural, so natural in it. You know I grew up and got to the point where I was and didn’t realize all of the things that in me weren’t natural, they were just fungus growing on me, it wasn’t natural, I didn’t… And just a natural sunset color beautiful warm, just how you should be, how we’re born into this world to, we’re born into an abundant world, realizing that that’s what I am. I just need to get back to that, and I love the fact that I’m sharing this process with my wife, her kids, and knowing that like, a lot of you are feeling too, it’s not about the details, it’s not about the doing. We need that little bit of time for ourselves in the day, and the answers are there already. We just have to let them be there, and listen.

**Attendee:** Well for me I can make it even shorter. I realize with clarity that everything that we can really need or have or, has been already given to us, has always been in me, all the, you know, the infinite possibilities, natural
power, and it’s just a process of maybe developing the ability to accept that fact. That everything has already been given, I just have to learn more how to accept that fact.

Attendee: Was kind of like that movie The Matrix, that there’s a big white room, there’s everything in there that you can possibly want, like a catalogue, you can think of whatever subject you want and whoosh it was right there. That’s basically how that room was to me, and what I got out of it is that, you know, it’s there and it’s available, I just had to reach out and take it. That’s basically what I experience.

Attendee: What I took from it was that I think I need to focus more on my being than the surroundings around me, I need to take more me time, I need to take more energy and focus it on things concerning myself, things such as being healthy and everything, and not so much the surroundings. I just need to focus more.

Dr. Steve G. Jones: You know when I first became a millionaire I kind of went nuts and I started spending all of the money, I thought, “well let’s start living like millionaires live.” You know, flying around the world, staying in
the most expensive hotels, that kind of thing. And then I remembered a book I read in 1996 or something called The Millionaire Next Door, which is a book about how millionaires can be living right next door to you and you might not even know it because they don’t have excessive spending habits. You may notice, for example, when Joe spends money, they’re often investments. He’s got a great guitar collection I’ve seen in person, he’s got a great car collection I’ve seen in person, these are all great things. So I’m not saying you have to do them, I’m not saying you have to be investment minded when you’re a millionaire, you do have a little bit of latitude, but I am saying that the people who have gotten comfortable with it realize that, “hey, if you want this to persist, you also have to respect it and continue to think smarter.”

**Attendee:** You take care of it, you, right, yeah. So don’t be surprised in a couple weeks from now I start calling you, “hey, I need a couple of dollars, any ideas? No? Click.” Or you say, “I have the money you have the experience, or you get the money and I’ll have an experience.”

**Dr. Steve G. Jones:** We’ll have an experience with your money!
Attendee: Yes!

Wealth in general is not confined only to the currency, and you were pointing out that if you guys lost the money part of your wealth tomorrow that your real wealth is your knowledge, your skills, your infrastructure as far as your contacts and infrastructure, that you could build the money part of your wealth in a short amount of time. That’s one of the things that really stuck with me.

You’ll hear a lot of millionaires say that they had a million bucks then they went broke somehow, and then the second million was easy, they rebuilt easy, you hear that story a lot. And the reason it’s easy is because they know how to get there, they know the pathway. So if that did happen to us, which I’m sure it won’t, but if it did, we could rebuild it easily because we know the pathway, we don’t have to struggle anymore with how to figure it out.

Attendee: I sort of struggle with mental or emotional freedom in terms of not worrying that if something should happen to either one of you guys, it won’t be a thing where you’re panicking because you know you have the
skills, the knowledge and the contacts to build that back up again, so it’s like it’s not even a point of worry should something happen like that?

**Dr. Joe Vitale:** I think it was Mark Twain that said most of the things he worried about never actually took place. We want to focus all of our energy on our desires, our goals, our wishes, our loves, our passions. Worry is not serving us. It’s coming from that first dimension, it’s coming from lower energy, it’s coming from concern about security. The irony is, our brain’s are hard wired to protect us, they’re hard wired for us to survive, and so when we do feel a little bit anxious about something, all of that hard wiring starts popping up. This is why in number 6 over there it says your thoughts are not yours. Those thoughts that start coming up, the worried thoughts, they’re coming from programs underneath that say, “hey if you don’t take care of this, you could be dead or homeless or whatever the desperation feeling is.” But coming from that worry, coming from the desperation, closes your vision down. You can’t see your opportunities, this goes back to what we were talking about yesterday with the little dot of awareness, which is your conscious awareness. From that little dot of awareness you can’t see what your choices are. You only see with blinders and with filters and with goggles on, and most of that is all fear based. And that’s why a lot of people
who are coming from worry, they don’t see any of the options around them, even though they may be all around them, and they go for whatever is readily available, which for some people is a welfare mindset, victim mindset, or some comparable lot. So all of this is for me saying, you don’t want to come from worry, you want to come from faith. Rather than fear, come from faith. That’s having trust in yourself, belief in yourself, belief in the future, believe that it’s all going to work out.

I want to learn more about the fourth dimension process and what you got from reading that because that’s essential for today. And also, you had asked me earlier about where that report was out there in the world, nobody has seen this report. This is being shared with you, the chosen 8 or so that are here right now, as the first ever to see this.
Module 9: HyperWealth Students Share What they Learned about the First and Second Dimensions, Part B

Attendee: Funny story actually, fourth dimension process which we’re here for, what led me here, I kind of had a virtual relationship with Joe as it may be for the last year. And so I feel like I kind of know him, like he’s an older brother that I look up to, we’ve shared a lot of similar things in our lives. He’s been on my runs with me, helping me through my injuries, and I ran my longest race. Two months after that when I couldn’t even walk at the end of the night, I was able to do that. So, and just getting here was another process of things that you don’t really explain that might be, um, but not to leave you out Steve. I, at night, you know, I do listen to your hypnosis things, so, that’s yeah, I go to sleep with you and during the day when I’m running I’m with Joe. So virtual relationship, anyways. Our homework was to read this last night and see what we thought, and I’m reading through this, I’m going, “oh, you know, some of the pictures.” I did recognize, but then it got into the last few pages, I knew every single word. Every single word on this. Every single word, the car, the 1955 car, the vision board that he talked about with his car on there, I remember this picture, of him talking about this vision board. And he how went through eBay looking through the cars, right
out of his price range, and then he finds another one that’s a remanufactured one that actually made a little more sense because it had air conditioning and things like that. All these details, I was there with him, it’s like, Saturday mornings I spend time and I try to meditate and spend some really time getting to in depth, clearing things, getting myself in a good direction with my intentions. And I, I promise you, it felt like I listened to him on a video cast of this, these very words. And this very car, and so maybe we are together somehow in this other dimension, and these things really do happen. I mean it’s real to me, you know I, do I have proof? No, I have proof that the feeling in my heart --

**Attendee:** You have the proof there.

**Attendee:** And the questions that I ask Joe when I talk to him about it and the direction that my life is taking, I feel like I’m on the right path. So do I need proof? No. No, I’m happy with it.

**Dr. Joe Vitale:** The only exception is on Facebook, if you’re a Facebook friend of mine, I did post photos of the car, but with no narration about fourth dimension, no narration of the story behind it or manifesting it or
attracting it, none of it is out there. Now eventually it will be, but at this point in time as we record this and do this event, it’s not out there.

Attendee: Well you say February 2015, so March? When did you write this?

Dr. Joe Vitale: A couple of weeks ago in February.

Attendee: On what day was it?

Dr. Joe Vitale: I actually had a date there and it was probably something like February 5th or early in February I believe.

Attendee: Wow.

Dr. Joe Vitale: Yeah.

Attendee: You’re tuned in. ESPN!

Dr. Joe Vitale: Well I’m just going to use that as a springboard to quickly say that in quantum mechanics and quantum physics and in the leading edge quantum physicists – are there quantum psychiatrists out there? They work
on you in the future? Anyway, there’s schools of thought that says that there are parallel universes, there’s the string theory, there’s time happening in other dimensions that the past, future, present are all one, there are very mind-expanding things going on and research going on, and a lot of testing going on. There’s a lot of arguments about it because they can’t convince us that there is a future or parallel universe, but there’s enough people that say that there is and scientists that are proving that there is that what you’re talking about is actually a window into the fourth dimension and some of these other possibilities. So you might call it crazy or you might call it a window into a new way to manifest.

In many ways, that’s what these two days are. The whole fourth dimension process is a window into a new way of understanding reality, and in order to understand this new version of reality, you have to let go of the one you think you already works. So when you sit there and say that you’ve read all of this before, you might very well have read this on an astral plane in a future scenario, but slipping out of this time zone and being in another time zone and another planetary energetic awareness. Who knows, I’m not dismissing any of that, and I’m fascinated by all of it because if having this new understanding allows us to have more of what we want in our lives, I
saw second the motion, let’s just proceed down the road at warp speed, let’s do it.

**Attendee:** When I was a child, I would have visions of things of the future to come, I actually helped the police when I was 15 find a 15 year old girl who was actually raped and killed. She was in a ditch, her parents were looking for her, and I just had a dream of this girl, blonde girl, she was very beautiful, looked like she would have had a great life if this person had never done what he did. But the police ended up finding her body in the ditch, exactly where I told them that it would be at, and it happened like a few months down the road, but, when I told my mom, at first my mom was like, “well you always have these type of dreams.” And for me it was like, “well ok, well you know, I don’t understand, why do I get these type of dreams?”

And then I’ve had dreams where I’ve been in other dimensions, so it’s really weird because I’ve actually, believe it or not, I’ve actually gone to hell and come back. I was happy to come back I can tell you that much. It was a three dimensional area where I could actually feel the intensity of the place, I couldn’t really see anything and everything was three dimensional and it was like pitch black, but I could smell things, I could you know, feel the
intensity of the room, I could feel the heat and the cold, the different kind of spirits passing, I can feel it all. And in other dreams I’ve had where I’ve been in like a heavenly place, I won’t actually say that it’s heaven, but I’ve been heavenly places where my life has been spared on several occasions, and I’ve had premonitions. When I was, right before my ex-husband proposed to me, I was, we were standing in the mall in Syracuse, and he, I stopped, and I had a dream that he was going to flip my car. I had a dream that I was asleep in the front seat and he was going to flip my car, and I dismissed it, and I was like, “nah, it’s just a daydream.” So I gave him the keys back because I originally took the keys from him. Well, sure enough, I woke up, fell asleep in the front seat as normal, I woke up with my girlfriend, who was eight months pregnant at the time, she was screaming and yelling, I saw the hand, you know, you’ve got the hand going up inside of you like this, he’s knocked out asleep and we’re driving down the highway. I scream, he wakes up, and sure enough, we head for the median, he snatched, we went over and we hit one of the little railings on the side of the road, and we were on the side like this. And mind you, Syracuse during the winter time, it was a lot of snow, so the snow had started to melt, so on the side of the road was just mud and the car was starting to sink. So my ex-husband, he said to all of us, “don’t move, if you move we’re going to die.”
So, somehow we flipped the car back on all fours and ended up not dying that day, because had we flipped over the car would have crushed us. It’s just the idea that I saw the whole thing, before it actually happened.

And then there were other times when I was in the military where I actually saw myself get hit by a white pickup truck. I was working and I had another vision that I needed to go over to one of the portables that we had, and as I was walking, there’s a four lane, it’s two going this way and two going that way, and I had to cross the street. Well, when I crossed the street to go to the portable that was over here, basically what happened was I was too far in the road, so I got hit by the white truck. And I actually died in the dream, so when I actually had to do it, I think it was about 2:00 that afternoon, I said, “ok if I step a little bit to the right, then I won’t get hit.” And I kid you not, when I got to that point and I stepped over to the right, the right truck just passed me. Had I not had that dream, I probably would not be sitting here today. So I’ve had a lot of experiences in other dimensions and I totally believe in this.

Dr. Joe Vitale: We all have some sort of guiding light, guiding principle, guided system within us that we can tune into and allow us, it to take us
down the road and protect us, and also lead to wealth opportunities. During the time that I was homeless and during most of the time when I was in poverty, I wasn’t listening to that. I was coming more from my mind trying to figure out how does the universe work in terms of how do I make money and feed myself and get a place to live and get a car. It was very earth-level things, very practical, very direct and very limited based on my belief system at the time. So I didn’t see all the opportunities around me, and as I kept growing, as I kept reading books – again I didn’t have coaching, we didn’t have the internet, I’m doing it in the public library, I’m going to free talks at Science of Mind churches and Unitarian and some of the others that are all positive thinking oriented, they’re all telling me about trusting my inner guidance. And I keep thinking, “what is my inner guidance, where is my inner guidance, how do I even trust it when I don’t know where it is?” And when I start to dawn on me that it’s not really what’s going on in the conscious little dot that we talked about yesterday of awareness, but it’s actually deeper, it’s coming more from my heart, it’s coming more from my body in this area, this whole chunky side of me. When I listen to that, when I am following that which is more in the realm of intuition, more in the realm of doesn’t even seem possible, doesn’t even seem logical, but when I start following that, things began to work out.
And then I would experiment because I’d get an intuitive impulse to do something, to call somebody to read a particular book, go and attend some talk, and I would not do it, I would logically, up here in the mind again, talk myself out of it. And then I’d regret it because later I’d realize there was an opportunity there that I missed. So by experimenting with listening to the head, sometimes listening to the heart, and finding out whenever I listened to the heart I had an easier road through life. That’s when I started to follow it more like 100% of the time, as opposed to the 100% any human can do, and that’s what I’m urging you to do. As part of the wealth transformation, you’re not ignoring your mind entirely, because it’s part of your survival system so it’s giving you clues on how to take care of yourself. But the deeper, more wiser, more expanded view of the universe is coming from your heart, from this intuitive part of you that seems to have access to the fourth dimension, to dream worlds, to other realities. A lot of it, in conversation, depending on who you talk to, is going to sound plain crazy. But for those of us who have lived it, you go, “nope, that actually saved my life, and I’m going to follow that more and more.” I think that’s part of the clue to a wealth transformation that we’re here to do over these two days.
Attendee: The way you put another first step, change your future, know what you want. Second step, construct an event which believe we will encounter after the fulfillment. I started, know definitely what you want, and that’s sometimes kind of, you was another thing, difficult to think what do I want, what do I really want in life? The thing to realize is that it really is simple. It’s simple just deciding what experience you prefer to experience. That’s what I, it’s not that something that I know or whatever or my life is going to be about writing books and that will be my end purpose in for infinite time, no. It’s just, what do you prefer now? So I prefer now, regarding to this group, I prefer now to have the experience of the life of a millionaire. That’s what, how do I know? Because I choose. I just choose it. And in the infinite possibilities what could be? Could be my purpose now is to climb a mountain, but I don’t particularly prefer that now, but after being a millionaire maybe I do that. So it came to me again, so simple, you know what you want is to simply decide what you prefer to experience. And that’s it. And then you jump in the fourth dimension because where are those infinite possibilities to choose from? Well in the world that you are talking about. Again, amazed because the things really is much, much simpler than we usually think it is.
Dr. Joe Vitale: The first one is, there’s no shortage of money in the world, that should expand your rotten mind right now, there isn’t any scarcity out there, not with a trillion dollars in cash floating around. A trillion!

Two, there’s no legal limits to what you can receive, so there’s nobody stopping you, you can have as much as you want.

The third is, the only block’s to receiving more are mental blocks or beliefs. So the only thing causing you to restrict your ability to see the opportunities around you is the beliefs creating filters.

The fourth is hidden beliefs create the wealth set point. And again this isn’t the beliefs that you’re thinking, this is the beliefs that go below what you’re thinking, they’re in the subconscious and unconscious and collective unconscious.

The fifth is you change your beliefs you get a new reality, which I think is one of the most powerful statements of all time. When you really realize is everything you have right now is due to your beliefs, change your beliefs,
you get a completely different reality. Even though you’re on the same planet earth, completely different reality.

Six, your thoughts are not yours, and that’s tying into what’s bubbling up into your unconsciousness is based on all the previous programming and it’s not your fault because you weren’t the one doing the programming, you were being programmed by the people around you, and it was a sense of survival, you needed to have some sort of programming to get through life.

And seven is, in the fourth dimension there are no limits. And I really want you to focus on the idea that maybe you’re a science fiction writer in your own life, you’re the science fiction writer of your own life. If you don’t know anything about science fiction anything goes – there are no limits, there are no rules, you can make up rules, you can make up limits, you can make up boundaries, but in the nature of the sci-fi world it’s whatever you want it to be. Go there mentally now. That’s what we’re talking about today, especially in the afternoon, but in the fourth dimension there are no limits.
When you consider there are no limits, what would you want in your life? If there are absolutely no boundaries, no restrictions, no limits, what would you love to have, do or be? What would you welcome into your life that would be fun, that would be cool, that would transform you and your family? No limits, none! I keep repeating it because I really want it to sink in, that with no limits you’re the one painting the masterpiece of your life.
Module 10: HyperWealth First and Second Dimensions Review

Dr. Joe Vitale: I want you to really realize that as he’s erasing all of this, what’s behind it. The whiteboard, the zero stay, metaphorically even the fourth dimension even is what’s behind it. He dares not touch it now!

Dr. Steve G. Jones: I’m very afraid to have this –

Dr. Joe Vitale: Step away from the board everybody! So even though I am very proud of these seven insights, and I wrote these and even playfully put “by Joe” up there wanting to take credit for all of these, in many ways these are, again, restrictions. These are, again, beliefs. They may be beliefs that I channeled, that I was inspired to receive, I made up, we can call them useful beliefs, but they’re still beliefs. And what’s really important from this transformation standpoint from the fourth dimension is what’s behind it.

And again, what’s behind it is the purity of the fourth dimension, is the purity of the white space, is the purity of zero. So out of everything in the world, including your life, is coming from this, it’s coming from here, it
bubbles up into what we’re agreeing is reality. But it starts from this blank slate, it starts from this blank canvas.

**Dr. Steve G. Jones:** The book *The Artist's Way* by Julia Cameron is a great book to, which I don’t make any royalties off of or anything, but it’s a great book because there’s, she’s a writer, I believe she writes screenplays, but she gets you to write creatively, just letting the flow come. And she talks about how a lot of people write with one eye on the audience, and like Joe said, that’s not very productive because you’re going to create a watered down version of what you think people want, it’s not going to be anything original. And she takes you through these exercises in the book and you overcome that. You write down in the book every morning just free flow, and at the end of it you’re a pretty darn good writer. I’ve written 25 books, I think Joe is up to 50 now, have you read *The Artist’s Way*?

**Dr. Joe Vitale:** Yes, and I’m a fan of it. The thing that I learned is, when you honestly share who you are, the public that’s a match for that is going to show up. And my big example of that is I had written a little booklet called *Spiritual Marketing*, and I didn’t really want to release *Spiritual Marketing* because I thought people would judge me, and I was published by the
American Management Association, American Marketing Association, at the time very conservative companies, and I was representing them. So I didn’t want to come out with a book called *Spiritual Marketing*, but I would slowly give it to people in private situations, I would hand out a book.

And what turned out is *Spiritual Marketing* became my number one best seller, I started giving it away over five million people have downloaded that book, they still download it today because it’s still online, and that’s the book that became *The Attractor Factor*, it got re-written and re-titled as *The Attractor Factor*, that’s the book that got me into the movie *The Secret*, because Rhonda the director had read the book and invited me to be into it, which of course changed my life forever. Lead to all kind of opportunities, but if you trace the domino effect all the way back, it was Joe sharing what he was really, really passionate about, but afraid to release.

When I finally did release it, that’s the book that changed my life. So people are actually looking for authenticity, they’re looking for the true you, it’s not looking for the person that’s trying to please everybody, that’s not looking for the person that wants approval from the audience. They’re looking for authenticity, they’re looking for realness, they’re looking for humanness.
I was told growing up, because I studied writing throughout my life, that you should always write about what you know. And then one day I saw a tv show, and it was just a sitcom that was on tv, and the woman said she wanted to be a writer, and she was going to write what you know, and her friend told her, “no don’t write what you know, write what you don’t want people to know.” And I thought about that, and they meant it humorously, but what I thought about that was a very revealing statement, that with all these cases, whether it’s setting intentions, which is very first dimensional thing that we’re talking about, or it’s wanting to write books, the more authentic you can be, just truly be raw-ly honest about who you are and what you want out of life, the more the audience that responds to that is going to find you, and the better you will feel about yourself because you’re totally, you’re being congruent with yourself at that point. You’re not deceping yourself or deceiving yourself or sabotaging yourself. So all of that is about being honest with yourself about what you want.

Dr. Steve G. Jones: I remember Joe and I sitting at a bar in Manhattan a couple of years ago and Joe said, among other things, “your greatest success might be hiding behind your greatest fear.” And that really stuck in my mind.
Dr. Joe Vitale: Very often, the thing that you’re afraid to do is hiding your wealth. I was afraid to release *Spiritual Marketing* yet it was the goldmine, once I just took the lid off of it and said, “here’s *Spiritual Marketing*, take it or leave it,” I found out the world wanted more of that than anything else I had provided up to that point, all of the marketing stuff, all of the internet stuff I had written, wasn’t nearly as popular. So I often tell people, “what is it that you want to do but you’re afraid to do it?” And you’re afraid because people will think you want their approval, you’re afraid it’ll fail, you’re afraid it will succeed, there’s the fear of success as well. So what is it that you really want to do, and you all can be asking yourself that, what is it really want to do? That’s where your wealth is probably hiding, right behind that.

Attendee: I am an author making $10 million a year by sharing information.

Dr. Steve G. Jones: Clarify that, now you just introduced a new element – what kind of information?

Attendee: For me it’s clear because I have all the information.
Dr. Steve G. Jones: Yeah, but for the universe, the rest of us.

Dr. Joe Vitale: And you forgot “or more”, I didn’t hear “$10 million or more.”

Attendee: You keep saying that.

Dr. Joe Vitale: I do! Until you do it on your own!

Attendee: $10 million a year. My reality is stuck there. $10 million a year, after three years, it become boring. Yeah, it’s interesting because it really, defining your reality, you have to define it in an open way, you know, giving possibility of more things to come that right now I had no idea what they may be, but who cares, who had the idea, but when time comes.

Dr. Steve G. Jones: The “or more” thing just happens automatically.

Whenever I shot for expanding in a certain direction, I thought, “well that would be a lot of money to get,” and it’s been multiples of that, it doesn’t just stop there. That’s why more is so important, and that’s why you hold back from it when you’re not there yet because you think, “wow, if I ever
got that, that’d be next to impossible!” And what you’re not realizing is, if you put all of that effort into it, you’re going to get that, and you are going to get more anyway. But the more you do this, the more you manifest, the more you realize that more is just part of the deal. Anyone else?

**Attendee:** So mine was I have two or more sources of income and I have $2.5 million or more in sales. Now in your, commenting on what are those, doing what, be specific with the universe. In my case, I say two or more sources of income. Do I need to specify what those sources of income are, or just hope that the universe will tell me?

**Dr. Steve G. Jones:** This is starting to sound like a legal document. So what do you want to do?

**Attendee:** Something else, whether it’s real estate, and I’m not sure if that’s the right path to go.

**Dr. Joe Vitale:** Can I jump in? What I would be saying is you want multiple streams of income that amount to whatever the figure was, $2 million or more a year. That phrase opens it up to what you know is
possible because you’re already getting it in part from your sales, but it also leaves it open to what you can discover next. And one of the secrets to wealth is for all of us here is having multiple streams of income. In my book *Attract Money Now*, the one I gave to everybody yesterday, one of the principles is to think like an entrepreneur. And an entrepreneur doesn’t think of just one avenue, not typically anyway, some might, but I know in my case and I know in your case we have multiple streams of income coming in, and I’m open to all of those always growing a being wider.

But when I was struggling as an author my mindset was that the only way money could come to me was from me writing something and getting paid for it. And even when I would start to read the prosperity thinking authors, the Emmett Foxes and some of the others, Napoleon Hill, Robert Collier, the list goes on, and they would be talking about expanding your mind, I was really stuck, again, this is the brain up here just coming from one avenue, this is how it works in the world, you write something and get paid for something, that’s where money comes from. I had to slowly open it up, a lot of people helped me do it. Paul Fortune is a publicity, great genius, and he personally tutored me. I remember a dinner I had with him in Houston when I was unknown but he saw something in me, and he sat down with me for
three hours and coached me into expanding my mind. And one of the things he told me at the time was, he says, “you should make an audio program of some of the things you’re writing about.” And I think by then I’d written my P. T. Barnum book and he was a collector of P. T. Barnum material, so he wanted me to do an audio program, and I said, “well I don’t have the money, I can’t go into a studio, I can’t afford all of this, I’m barely getting by and I’m driving a clunker.” And he says, “no, you go in your bedroom with a tape player and you turn off the phone, close the windows, put a towel underneath the crack of the door, and you make the recording sitting on the side of your bed.”

I did. And that was called Project Phineas. He said, “sell it for $500.” And I said, “but there’s only six tapes!” And he said, “they’re not buying the tapes, they’re buying the information on the tapes.” And so slowly expanding my mind, and then I wrote a sales letter for it, and again, my list at the time, at that point was 400 names, I would tell him about it, and one of the most joyous experiences of my life was receiving $500 checks and then I would go in my bedroom and I would copy the cassettes and put them in a binder and put them in an envelope and mail them off.
Now here’s the punch line: not only did that expand my mind that I’m now thinking of a new avenue to make money, because it was still writing but that same writing is now on an audio so it counts as a new product, there’s a multiple stream coming in, it was that product that the vice president of Nightingale Conant when he fell in love with me and my message when he fought to get me in Nightingale Conant, which if you remember from yesterday’s story, led to a half dozen or more programs and me becoming the Earl Nightingale of that company. All of that, the domino effect, trace it all the way back to Paul Fortune and him saying, “Joe you’ve got to expand your mind, it’s not just writing.” And then next twin fair socket that allowed me a second avenue was audio programs.

So we don’t want to think in a very one-dimensional one avenue kind of way, and what I’m telling you because you’re already suggesting is that this is what you want, is to write your affirmations that you now have multiple streams in your income that will bring you $2.5 million or more a year. And those multiple streams, some as you know as you’re sitting here, but you’re telling your brain you’re open to other ones, and either today or tomorrow you’ll dream about it and you’ll have some other ones that you can pursue.
Module 11: HyperWealth Third Dimension, Part A

Dr. Steve G. Jones: So the first dimension, straight line, and second dimension, anyone remember what that is?

Attendee: Vision board?

Dr. Steve G. Jones: You can always look over here, there’s a cheat sheet. So the second dimension is a vision board, but it’s off in the future, visible in the future, but there’s no feeling related to it necessarily. And that’s nice, vision boards are very powerful, so are affirmations, and as we move on talking about in our review of the second dimension, does anyone want to share their second dimension experience? Remember yesterday we had the exercise where I brought you through envisioning as a distant possibility this manifestation of this thing that you wrote down, this affirmation, anyone want to share what they had from yesterday?

Attendee: So basically, taken us to the next step, a place that had a little more life to it. I saw myself in a place where I was natural, I connected to nature again, back to you know, feeling the love, like the things I was doing
felt natural in this place instead of just being, you know, like something just like a piece of paper or something or a picture, it had more aspects, more feelings to it, colors, textures. And it was comforting, I didn’t have specifics or details in this yet, but that’s the feeling I had. Just, you know, but it was a comfort knowing that I knew this process was good.

**Dr. Steve G. Jones:** Second dimension there’s no feeling in it, so the fact that you had the little blips of feelings is powerful, a little glimpse ahead into further dimensions, there’s nothing wrong with that, with doing more and overachieving. I like that.

**Attendee:** Yesterday you said it’s kind of like a timeline exercise, right? I’ve done this before so it’s a little easier, I kind of fleshed out a little more detail, but I actually happened to see yesterday, but the whole premise was I saw myself further down the line, out and about, free, I felt and I had a knowing that I had multiple securities of income from what I’m doing. But what resented my being out there as opposed to every day in the cubicle world was I was out there, I was driving an Aston Martin, that was the representation that I saw myself in, but so far as, even in location, it was a little more detail, I was on the strip, I was cruising up and down the Las
Vegas strip in an Aston Martin. That was an representation of I’m out in the world I’m not in a cubicle world every day chained to that, I’m free, knowing that I have multiple securities of income.

**Dr. Joe Vitale:** On the album I gave you called *One More Day* there’s a song called Feel It Real. And Feel It Real is the whole idea that the more you can feel what it is you want to have, do or be, the faster you will accelerate the results of it being in this third dimension, this reality, you’ll be able to hold it up, you’ll be able to show it off, you’ll be able to show the pen. It’s now real because you felt it it real.

There’s different ways of doing this. Now in the second dimension you’re doing the visualization. For most people when they visualize as Steve was pointing out, it’s often a distance. So you’re visualizing, what did you say you wanted, an Aston Martin? You see it down the road someplace or you see it in the showroom. You don’t typically see it as being part of your reality in this moment. But to feel it real would be you can imagine driving the car, you can reach into your pocket and feel the keys, because it’s so real for you. You can imagine taking us, you and I could go for a cigar smoking spin later, and you say, “Joe I’m going to pick you up in the Aston Martin”
and you pull up in the Aston Martin. All of this is not a visualization, but at
the same time it is, it’s feeling it real as if it’s already taking place now, in
reality. Because the third dimension is reality.

This is the third dimension. It’s reality. So what I’m describing to you is
based on what Neville taught, I actually coined the word with the help of
David Garfinkle, called Neillize. And it’s in my book called the Attractor
Factor. Neville was Neville Goddard, he was a mystic, he spoke a lot in the
50s, 60s, and I believe early 1970s, and his whole message was, “when you
can feel as if what you want to have, do or be is here in this moment now, it
will harden into fact.” His own words were “it will harden into reality.” But
it begins with you Neillizing, feeling it real, the very thing that you were
putting off in the distance in the second dimension, and you were only
thinking about in one-liners in the first dimension.

So here, you’re actually making this a physical reality mentally. Physically
reality mentally. Somebody give me an example of what you’ve been
wanting to manifest? And it could be the Aston Martin but I’ve already
talked about that so let’s do something else.
Attendee: $2000 a day in my internet business.

Dr. Joe Vitale: $2000 a day in your internet business, ok. So what you can be imaging right now is, “Joe, Steve, come on over here, I want to show you something.” And we walk over to you and you open your phone and you say, “look right here, I made $2500 today.” And we both slap you on the back and we say, “mind if we get a photo of that?” And we do, for promotional reasons, for testimonials, we’re proud of you and we’re proud of ourselves for helping facilitate that, but you get a sense of what I’m talking about.

It’s not something that’s a desire that’s in the future, which tends to be here, and it’s not something that’s a desire that you wrote as an intention – again, intentions are good, that’s directing all of your energy and it’s telling the universe what you want, but that would be here.

Here, you’re actually feeling as if it happened today. What Neville would say is he would say, go to the end of the manifestation experience, so in other words it’s the Aston Martin, but you already have it, but at the end of the day you’re reflecting over what it was like to drive it today. And you
might make a phone call to a friend, and what would you say to that friend at the end of the day?

**Attendee:** I would call Steve and say, “darn you were right, it bottomed out when I made a turn left.”

**Dr. Joe Vitale:** Excellent.

**Dr. Steve G. Jones:** Mercedes is better.

**Dr. Joe Vitale:** Yeah. But that’s the kind of thing I’m talking about though, it’s so real that at the end of the day you can imagine having your $2000 or having your multiple streams of income or having your Aston Martin or you having the ten investors come in, some of which might have come from this room or someplace else, you don’t really know. At the end of that day you think back and you go wow that was fantastic, I got the car, I got the money, you are feeling it real.

There’s energy to it, there’s emotion to it, there is as much reality as you can bring to it. Neville said, “go to the end of the manifestation”, not the
beginning of it, not even during it, but you already have the car, it’s old news to you. You already have the $2000, you already have more than $2000 coming in a day, and you’re going, “$2000? Oh I forgot all about that because I’m making 4 or 5!”

The other way to do this – there’s probably a lot of other ways, but I’m focusing on two here – the other one is the remembering process. And I gave you the book yesterday called *The Remembering Process*, and the remembering process is something that Daniel Barrett my producer taught to me. And I remember when I wanted to write my first songs, and I was new, I didn’t have music experience, music education, I didn’t have any kind of background in music, played a little fire harmonica kind of thing. Always loved the guitar but didn’t know but three chords, open chords at that. So I didn’t know what I was doing, and I was going “I don’t know how to even write a song, how do you start?” And I’ll never forget the moment he said, “it’s easier to remember than it is to create.” And like all of you, I went “what?”

I had to work on it and go, “what in the world are you talking about?” It’s easier to remember than it is to create? And he went on to teach me, what he
was doing naturally, and as far as we know he’s the only person who has been doing it, we ended up co-authoring the book The Remembering Process. So when somebody would say the song you want to write already exists, and you can say it exists in the future, you can say exists in another time dimension, you can say it exists on another planet, you can do whatever you want with that explanation, whatever makes you happy. And it already exists as a reality, someplace. What I want to do is remember it.

So I sat with that and it was a mind exercise, which is what part of all of this is all about, it was a creativity tool to open my mind to new possibilities, and I started to go, “well if the song exists, I wonder what it sounds like.” Which would cause my brain, your brain wants direction, would cause my brain to come up with a lyric. And then I’d go, “huh, I wonder what they next line is,” and I’d come up with another lyric. And before you know it I came up with songs, I mean, I have, in a four year period, I have 13 albums. 13! And I’m hanging around Grammy nominated this and that and hall of famers, people inducted in the Rock n Roll Hall of Fame, I’m hanging around the pros, we’re not dilly dallying with garage bands, these are actual professional musicians that have together with me because they enjoy doing this and bringing my songs to life.
Where are they all coming from? How can I create an accelerated pace like this? I’m remember it.

So let me tell you one more example to really drive home how powerful all of this feeling it real and remembering and Nevillizing it is. When I was working on my very first album which ended up being called Blue Healer, but we didn’t know at the time, when I was working on the very first album I had signed on with Daniel for tutoring. And it was a year long program, so within 12 months I was going to learn more about music and songwriting, and within the 12 months I aught to record my own album. So it’s a one year program, and during that time, Austin All Naturals Magazine came to me and said we want to put you on the cover of the magazine. And I said, “well that’s cool, for what?” And they said for whatever you want. And I thought, huh, this is an opportunity. And I said, “well how far out will the cover appear?” And they said about three months, so I went to Daniel, my producer, and I said, “Daniel, you know that 12 months program I’m in? Can we reduce it to three months?” And now this was messing with his head, because he was like committed to a year long program and I walk in and ask if we can do three months because I have an opportunity to be on the
cover of a local magazine and I can go on as a musician showing off my very first album but we have to do it in three months.

And he thought about it, and he goes, “yeah, I remember we did it.” I remember we did it. And then we started doing things like sitting there and going, “well, what does the cover of the album look like?” I thought, I don’t really know… well, let’s remember it. And what we were doing was using the remembering process to be as concrete as possible as if it was already real. With the remembering process, it, you mentally go off into the future past, the creation of what you want.

So with your Aston Martin, you might have your Aston Martin tomorrow, but the remembering process would have put you out several weeks, and you’ve turned around and remembered how you manifested it. You see how this is working, you’re stretching your mind in a different direction with the visualization. You’re going to past the point of your $10 million as an author, you’re past it, and you turn around to remember “how did I do that.”

This is another way of making it real, as concrete, as third dimensional as possible. And so with that album, Daniel and I did finish the album in three
months, I did end up on the cover, with me holding up one of the instruments I was playing on the cover of that magazine. All of that was done in three months. And Daniel was forced to change his program to a year long program to a four month program who wanted to help people who wanted to same kind of quick results.

So all of this is coming from being in this moment, but focused on what you want, the thing that you’ve been all saying all yesterday and all this morning that you have, it’s all been out in the future, you want to come from the place that you already have it, it’s already real, it’s already in your life. You feel it real, like the song, you Nevillize it, where you go through the experience of yeah that happened today, let me tell you about it. You remember it by going off into the future, mentally kind of turning around and you think back to the creation of the very thing you wanted. It becomes this 3D experience in your body mind system.

I actually saw on the plane the other day, they’re selling 3D printers, and there’s a book called Not Impossible, and it’s a very inspiring book, it’s about a fella who uses 3D printers who uses it to make arms for people in war zones who have los their arms, he’s making them out of 3D printers. So
this 3D, which is a separate thing, you can probably make a 3D version of whatever it is you’re looking for, so if it is the Aston Martin you can buy a scaled down version of one and start to imagine that you’re in it and so forth, but all of this is the domain of making it a third dimension reality now.
Module 12: HyperWealth Third Dimension, Part B

**Attendee:** I remember when we were at your place in February when you wrote the fourth dimension, but here’s a – ok, but anyways, here’s a different twist on remembering to see if it’s, I’m just going to throw it out there. My mom has dementia, so she remembers things that us kids go, we know, we know ourselves that that didn’t happen, but she’s made a world in her mind, she remembers it that way. And it’s real to her, so I don’t want to like intermingle them or whatever, but I just wondered what are your thoughts on that, because people are going to see this and go, well, you know, remembering is something different to everybody.

**Dr. Joe Vitale:** We’re all doing it. We’re actually doing it in such a way that we’re overlaying each other so that we’re agreeing on what reality is, so we’re not bumping into each other in the sense that that’s not real at all, and don’t get into arguments about what’s reality. We’re all doing that, we’re doing it because our belief system, if you think back to that little dot that’s your conscious awareness I put on the board yesterday, and how you can only see so much information that’s available in that moment, even though there’s billions of bits of information you see seven of it, that’s all based on
the programs below. The programs below are like a projection. They are sending the light and the images through your conscious awareness, so when you look around here and you see the movie you call your life, the movie you call your life is being projected out of your head. We are all doing that.

So I don’t know about your mother in particular, my mother is suffering from the very same thing, but when I show up she knows who I am, a brief conversation can identify me, talk to me by name, don’t go very much further than that. But for what we are doing here, you are creating your own reality from the inside out. You are doing it, and your life is a movie. You may have a very dramatic life, you may have a comedy thriller life, you might have a psychological tense thing going on, you might have a horror story of a life. But it’s all the movie of your life being projected from within you.

Knowing that you’re the scriptwriter is the empowering tool that you get over these two days, what you’re getting yesterday and today. And this is one of the most powerful ones. Feeling it real. Remembering it. Nevellizing it. Because the problem most of the time when we visualize it
and we put it off in the distance, our brain is thinking this is something for the future.

**Attendee:** Based off of what you said earlier about remembering so that you can go from the in back to the beginning. Well there’s a scripture is Ecclesiastes that says there’s nothing new under the sun, which means if there’s nothing new under the sun everything’s already been created, everything is already here, all you’ve got to do is just go out there and manifest it in your mind, believe that you have it, and that you have it now. And I was just getting ready to write what you said and live from it.

**Dr. Joe Vitale:** That’s really the code for here as well, you want to live from it. And really the song Feeling it Real on the *One More Day* album, that really says it, it’s a whole song about feeling it as if you already have it. And that feeling as if you already have it is what feels it into reality. You feel it real. You make it the third dimension and your body mind experience. Which brings it into again this reality, this third dimension, right here.
Attendee: When you want something so bad, sometimes you repel it. I’ve experienced this with a home purchase that we did for our family when we were trying to transition from a townhouse to a home we did the vision board and all that, right around the 2000 crisis too. Not going to get a loan, this is the negative we’re hearing around us, and we started to believe that. All of a sudden a week later the house came up, the loan came through, we moved into our house, looked at the vision board, the house looks almost identical to the house that we wanted.

Dr. Joe Vitale: And so do you know what was slowing it down?

Attendee: The wanting it so bad.

Dr. Joe Vitale: Well let’s go deeper. Wanting it so bad is a reflection of what?

Attendee: Not having faith?

Dr. Joe Vitale: Not having faith, but even not having faith is, you had beliefs there that may not work out. And those are the beliefs that cause that
feeling of desperation, those are the feelings and the beliefs that cause the feeling of fear rather than faith, and all of that, again, we live in this energetic universe, all of that went out to tell the universe they’re coming from desperation, let’s give them more to be desperate about. You’ve got to match to the inner feelings.

When you got to the point, and I don’t know what the turning point was, but you said you let go? What caused you to let go?

**Attendee:** The 2008 crisis, the banks are loaning anything, so we gave up, oh well.

**Dr. Joe Vitale:** So you gave up. Beautiful. Because what you gave up was the fear. You gave up all of the beliefs that said it wasn’t going to work out, because at that point you just accept that that’s not going to work out. This is why being in the third dimension, feeling it real, remembering it, doing the Nevellizing, is so important. Because when you’re in that place you’re not coming from fear, it’s already happened. You’ve already manifested what you want, there is no fear about that. And you’ve already let go, because if it’s already taken place, there’s nothing for you to hold on to.
When you’re still here and here, which are some of the limitations of the first and second dimensions here, you still have the possibilities of having her programs come up, you can still visualize the house off in the distance, but you can have programs that say it may not work out, I’m not seeing where the money is going to come from, you can have all kinds of doubts. Same thing here, you can put down, I’m now attracting my perfect home, but all of the self doubts, again, remember what we said yesterday, when oust ate your intention everything related to it, to serve it or to stop it, comes to the top. So you can write it there, but if you have doubts about it, they’re all going to come.

And your unconscious mind is where all of the programs are and the universe is responding to the energy in your unconscious mind. This is why you can sit and say, “I am wealthy” 25,000 times today and not be one penny more wealthy if you have programs underneath that say “money’s bad, money’s evil, I don’t deserve it, I don’t deserve good things, none of this stuff works, we’re living in a scarcity universe,” we can go on and on and on. When you come down here, the third dimension, and you actually feel it real, and you assume I already have the car, and I already have the house, or I already have the multiple streams, or I already have the money
you want from your business and you already have the $10 million or more, all of you have an Aston Martin, all of you come from here and there aren’t any doubts because you’re already living it. You’re living it in the third dimension.

This is breakthrough stuff, we don’t even need to go to the fourth dimension, though we will, because if you just hang around here and come from this place, you make everything work.

**Attendee:** You’re stating the intention and then all of your limiting beliefs are, or whatever programs are holding you back at that point, will start to come up. At that point you should be using the cleansing techniques that are provided to get rid of some of those things so that you can move into the second dimension which is actually visualizing what it is that you want. And then by the time you’re visualizing, those beliefs are being neutralized or eliminated or erased, and by the time you hit the third dimension you can actually make it real because at this point, you don’t have anything stopping you. You’re clear, and then the feeling comes from actually the visualization and the happy feelings and the pleasure that you’re getting from whatever you’re visualizing at that moment. And then you also are
remembering what you want in its totality so that you can come from the end and go to the beginning, which is basically how, well, if you’re a believer like I am, that God created the beginning from the end, which is stated. And so basically we’re just doing the exact same thing, like what you said in one of your programs, that technically we are god. Like not the real God, but we are a piece of him or part of him, so because we are many gods, we are the creators of our own life, we are the creators of our destiny. And if we take that into account and really believe that, then we can have anything we want.

**Dr. Joe Vitale:** What am I even doing up here? She’s got the whole thing. It’s like you should step up here and do it.

**Attendee:** It always helped me to remember that we were made in his image.

**Attendee:** Exactly.

**Attendee:** So we are also creators.
Attendee: Yeah. And so you speak things into existence, words have power, which is why that they tell you speak only the positive things, speak only what you really want. If you don’t want something, don’t say it. If you think it, ok fine, but don’t speak it, because when it comes out of your mouth you cannot take it back. And you’re sending it out there in the universe, like I said yesterday, with the ripple effect like when you’re dropping a drop of water into a pond, it goes out. But it doesn’t come back to you, so once you say something, it’s out there, it’s done, you can never take it back. So make sure that what you’re speaking is what you actually want.

Dr. Joe Vitale: This is very exciting, this whole, all of this is exciting, because again, you can use just this and change a life. You can use just this and change your life. But add the nuclear power of what’s available within yourself by feeling it real now and combining everything else, I don’t know again if we have any limits at all. I think you can have, do or be anything. And when we go into the fourth dimension later, you’re going to get the experience, it’s like, it’s not even worth saying. There are no limits, make it all up. Everything.
Module 13: HyperWealth Timeline
Session for the Third Dimension

Dr. Joe Vitale: So at this point, I mean, I’m really excited and energized, but I want to lock this in so you really have it, and give you an experience of it. So I’m going to turn it over to Dr. Steve G. Jones.

Dr. Steve G. Jones: Imagine you’re sitting here right here, where you are right now, that’s what’s happening. And I’d like you to imagine rising above your body, rising above your body very slowly, and imagine there’s that straight line extending out in front of you. That’s a timeline, that’s the timeline of your life, it extends straight out in front of you. It also extends behind you, that’s the past, though we’re going to focus on the future. I want you to imagine rising above your body now and moving forward very slowly along that timeline.

Very slowly. But you have a specific point in mind where you’re going. You’re going to that time when you’ve manifested what you’re talking about in your first dimension possibility. First dimension and affirmation, that thing that you want, that thing that you want to accomplish. Now I want you
to imagine sitting down, right then and there, you’ve accomplished it, you’re there right now.

And I want you to make it real, make it very real for yourself. There’s depth, there’s color, there’s feeling, you can feel how good it feels to have accomplished that, it feels wonderful. You feel powerful, you feel amazing. Imagine the emotion involved with feeling it, make it very real, sight, sound, taste, smell, how do your clothes feel, what’s the temperature, how do you feel emotionally. Imagine being with that accomplishment now, something physical, something tangible, you can see it, feel it, touch it, you can show it to others. Remember that you serve now as an example of power, of what manifestation looks like, of what believing in yourself and your possibilities looks like.

Feel the confidence that comes from that. Now I’d like you to imagine rising above that timeline again, with those good powerful feelings, and moving even further into the future along that timeline, moving forward now, even more into the future. And setting down at a future time, and place, past where you’ve already accomplished that goal, past the manifestation. The manifestation for you is now old news, it’s happened,
it’s now in your past as you set down in the future past that point. And you remember having accomplished that goal, it’s already happened, you’re looking back at it now. You’re turning around now, looking back at accomplishing that goal as a past event.

You’ve gone to the end of that manifestation and beyond. You’ve Nevillized that intention. You made it happen and now you can remember it, and you remember what it took to get there, and you remember it was worth it. And you’re excited now, and now you turn around to face the future, you’re excited about the future, you see future possibilities as easy, as simple, as something that you can accomplish.

Feel how good it feels to be you in that moment, you’re an example to yourself and others. As you rise above that timeline one more time, I’d like you to imagine floating back now to the very present moment, to this room. You bring with you the sense of accomplishment, the sense of having reached that goal, of having manifested your desire. You’ve thought it, you went for it, you made it happen. And as you set down in your body right now, you bring with you the memory of how to do it. The feeling of how
good it feels, the knowledge that you are helping yourself and others. And you realize how easy it’s going to be, so you slowly open your eyes now.

Coming back to the present, slowly opening your eyes, relaxing, and I want you now to capture that, capture what you saw and what you felt right now, write it down. Who’s done and would like to share?

**Attendee:** It’s, the first point that we settled down into on the timeline, what actually happened that I saw myself in was, my own home, and it actually I saw a sign, Macdonald Highlands –

**Steve G. Jones:** – Which is a very nice area around here by the way, in Henderson where he lives.

**Attendee:** Yeah and I pass by that every day, so I guess maybe that’s why I keep seeing that sign, because I all of a sudden I was transported into my own home, and even more specifically I found myself in my home office that I’ve always dreamed about, always thought about. And I was looking around and I saw the surroundings in my home office and it was beautiful, and I found a buzz in there, a buzz of energy, maybe activity, the phone
ringing, emails, responding to clients. At my computer, writing, or designing the next program or course or service that I saw there was a need for in the marketplace.

Then the second point of turning around a remembering, how I got there, how I accomplished that, how I was all of a sudden financially independent, financially free, was I turned around and I was remember what did I do, how did I create that myself. Actually wasn’t all myself, but I worked on research, and I found out what people needed and wanted, and I created programs, I did coaching, I wrote more books, and I established contacts, I became business partners for others, lending my knowledge and skills, but I also establish other people that had maybe the other piece of the puzzle for what I was doing. So it was working both ways, so it was establishing connections, business partners, creating products and doing one-on-one coaching for others that they really needed that one-on-one and just in the totality, that’s what I saw when I turned around remembering, ok what all did I do to get there. My own house that I dreamed of, my own home office that was beautiful that I dreamed of working in and spending a lot of my day in, so that, those were the two points of the timeline.
Dr. Steve G. Jones: Write down beginning in there, is of course another thing. Having the money and the credit to get in there, and then that life you just described is pretty much what we do, I mean we create, it’s what most internet marketers and most self help people do. They’re in their home, they’re making partnerships, they’re figuring out how they can help people with the next thing, so, we embrace that. Did you see an Aston Martin there by the way, was it in the garage?

Attendee: That piece of the puzzle wasn’t in my visualization, it was more the office of my house.

Attendee: Should have thought of that before you got it.

Attendee: It was in the shop because it crashed when it turned left.

Attendee: I’ll just kind of read it, it says, I took, I look into the future to see myself as already a successful coach helping people, making $500,000 a year. I took all the steps needed and kept adjusting to get desired results. I felt incredibly happy and able to live my life with Simone, who is my wife, as we want, and very confident. Next, I took it up a level and looked back at
that future moment from an even more future moment, I had a very content blissful feeling that had been worthy all along from the very, very beginning when I did not see. All my life, a sentence compounded incredibly, now here I am, here and now, already it.

**Dr. Steve G. Jones:** Very nice. Anyone got a quick one they want to share?

**Attendee:** So basically you told us to think about our affirmation that we wrote down, and just before that we talked about, what, multiple sources of income, real estate was one of them that was on my mind. I was in my first home that basically we purchased, my wife, we remodeled everything, the countertop, I was proud of it, we just sold it, so there’s no fear in moving forward in doing it, which I think was what was holding us back. You know, what if it doesn’t work, what if, you know, the house sits too long. But this affirmation or this process took us through that, not to be scared, and then we went on, we left that situation. And then that already happened, so the house is sold, even further down the road was in the back yard planning for all the multiple investments and wrote down like current 3 properties that I am currently renting out and earning income from.
Dr. Steve G. Jones: Yeah, real estate is something that, Joe owns half of Texas, so he’s in favor of that, you know, it’s always something that’s over, given long enough period of time, it’s going to go up, that’s just the way it always has gone, so what a great line of work to be in.

Attendee: Ok so I predicted to when my goal was achieved, $10 million. Now, because I’ve been talking about $5 million and $10 million, that’s just a symbol because it’s not the money for the money. But in my case when I came up with the figure $5 million originally, it came up because it’s a life situation that I never had before. In last year, I remember with my wife, not only married but married and in love for four years, and in four years we never ever been in the dump. And suddenly she became, and got it was called some syndrome, and she got paralyzed from the waist down. Now that kind of syndrome, everybody recovers from it, but it takes awhile, so it’s been six months and she’s been three months in intensive care, with the respirator, she’s still there. And so that came, you know, fortunately it did insurance paid 80%, but it’s been more than a million dollars so far, but that came out of something good. Because my own way of thinking, say well, you know, the badder the experience, the better things to come out. So that make me change my life because I never thought before about being a
millionaire because I just didn’t think about it. Everything I think about I kind of like and I did it, life, cars, travel, you know, the normal things in life. But with this, then I have a change of viewpoint also in the hospital. That people were so nice, so caring, that I promised myself that when I get out of this I’m going to donate at least $1 million or $1.5 million to the hospital, because they really are amazing people, and my idea hospital was, oh they big business, you know those guys aren’t interested in anything. That may be true, I don’t know, some of the rich people that build the hospital, for them they build a business. But for the people that work there, all heart. And so I say ok, I have to do that. So therefore I say, that’s my jumping point today, I need the big money to do that, and besides that, I don’t know how long my wife is going to be, but very recently they say two years or something like that, so she’s going to need some care. Very expensive care too, so that make me jump at the idea, I have to be millionaire. And since I have been written a book, I know that my book has very very powerful material. I have studied everything that you have done, Mary Morrison, Bob Proctor, all those interesting people that are you know helping people, that kind of stuff. And my book has a background, a perspective for everything, very precise. I’m almost sometimes amazed really, it’s a breakthrough. So, for example, when you talk about that point of awareness, I explain what
awareness is. When you talk about the unified field, the structure of the unified field, how then do mental or emotional or physical or atomic bodies and the higher self? The nature of our reality. So it’s really really amazing, I must say, it’s amazing because every night I, so I have this awful tremendous information. And it’s true what they say, sometimes I feel like I’m afraid of putting in the public, who’s going to be interested in that, it’s going to be maybe some specific people, but then I began to realize that if I have the impulse to write it, definitely there are people interested in reading it. So that’s, that’s certain now.

Now how I’m going to go about it? And this it goes into, all this came to me while doing the exercise, ok? So, once I got to that point of the thing, dollars, points, and then I went forward and looked back, and say well, the story came to me, this started when I just told you, a moment in time, I have to do this. And then, the other point was, I didn’t know if I do this alone really, but I need to get involved with people that are already involved in the media. And as you say, you can do whatever you want again, new fortune because you have the contacts, you have the people, you know a lot of people in the same area, the same field. So I projected that I need to be in touch with some of those guys, and well, lo and behold, I got an invitation to
be here. I say ok, Joe Vitale, and I heard and study you guys long before that, so ok, this is first step. I’m already getting in touch with this kind of people that I need to be able to open up and make available. Because for example, and when I say how I did it, it came to that point, because I got in touch with personally with you guys, that gave me the opportunity, they gave me one hour tomorrow of their time to pay attention to my material and say, well this really matches with everything they’re saying. It gives the different dimension to explaining why that works. So I’m hoping that, you know, our relations don’t end here because I can really give something extra to what you have been doing. So if you plan to be, to put this in a new course, and teach the other people, I’m more than willing, that also present a different dimension that I will explain why all that what you say works, works. And I’ll, the important thing for me is that it’s not a belief system, it’s not an idea how this, I think this works, it’s the scientific model based on everything that I see already known in quantum physics and energy physics, it’s more science explaining how this works. For example, how is that manifestation from nothingness, from the nothingness of consciousness, to the reflection through energy?
Attendee: I just woke up after sipping coffee in the morning and I looked up and I saw my phone, $2488 made that day and I smiled. As the realization, when he said that, that’s exactly what I do, I check my phone for my PayPal balance, and I smile realizing that another goal was accomplished, and I told my wife and we both celebrated. And then when I went further down into the future, it was a new house then, and then I was about to go into a new venture and that’s when I decided remembering, that first moment when I complete that goal. And it was in my own home office instead of my kitchen office right now, and I kept smiling, remembering how I went through that process before and what I thought that there were obstacles before were not really obstacles, and I had the certainty that I could do it again for other things.

Dr. Joe Vitale: There’s a word for that: done deal!

Attendee: It’s really weird that you just gave me the email address to contact you guys because I saw that in my vision. So starting from the end of it, and going forward, in the end of it, it was Joe and Steve and myself, we were all being promoted at the international training event, you guys were being promoted to regional directors in the business, which pushed me to
regional vice president in the business, so we were all getting promoted the same. We had about 30,000 people cheering us on for our accomplishment. The step going backwards for me into the beginning was a few months before that, you guys had made TC which pushed me into the RD area, you guys hit TC very very very very quickly, and that pushed me into the RD area, and we were all still getting a promotion at that point together as well. But before that, you had spoke with, the two of you spoke with a woman Oren who is the senior vice president right now, and that’s when you made your decision to partner with me, but that partnering decision came from the meeting with Oren, but before that you provided me with an email to contact you with pertinent information. And that’s how I was able to get to where I needed to be, and as a regional vice president, at that point, I was making about $400,000 a month. So I exceeded the $25,000, the $25,000 came when you guys made the ETL and everything, that would have been way back but I didn’t see all of that, I just saw the TC position, the RD position, and for me the RD and the RVP. So it was quite amazing how you just gave me the email.

**Dr. Joe Vitale:** I love the energy of what you described, I love the vividness of what you described. I didn’t love that it was about other people, because
you want to focus on the end result of what you want, and not try to have particular people bring it to you. This goes back to when you were making the goal yesterday with the intention about raising so many, much money out of this room, which is actually possible. But by focusing on individuals, not that that can’t happen, you’re putting a limitation on what’s possible, because the universe in the field of all possibilities could surprise you with what you want coming to you more quickly, more easily, from people that may be right now in this moment you don’t even know. So the only thing that I’m saying is, what you’ve just described is so beautiful, and your energy is so wonderful about it, it feels so good. The thing is, you’ve got he and I involved in it, which may not be the case, and so I always want to respect people’s free will, and it goes again back to yesterday when we were talking about the people that write to me and they want to attract their next door neighbor or a movie star or something, and I’m thinking that’s such a limitation. Focus on what you want, the qualities of the person you admire. In your case, focus on the end result financially what you’re looking for, and allow the players, whoever they may be, to appear. And it could be Dr. Steve and myself, but I don’t want you to limit what’s possible by you writing us into it.
Attendee: But I’m imagining, I’m imagining based off of where I’m at in the moment based on what’s going on. So it may not necessarily be you and Dr. Steve, it may be someone else, but for the vision that I had here, it was the two of you and how it manifested. So it was still based on what I wanted, and again, not necessarily, doesn’t necessarily have to be the two of you, but it did get me where I wanted to go, and it did, it actually seeded what I originally wanted to bring into another area.

Dr. Joe Vitale: That’s beautiful.
Module 14: HyperWealth Fourth Dimension, Part A

Dr. Joe Vitale: I want to make sure that you right now, in this point in time, grasp how different this is than anything else Steve or I have ever done before, and probably anything else that you ever done before. Certainly you’ve heard about affirmations, you know about affirmations, and certainly you know about visualization, you may or may not know about or didn’t know about feeling it real, and remembering process, and Nevillizing, probably didn’t have it all as a system in place, including this fourth dimension that I keep referring to, and you already have a sense of what that is.

So I want to make sure at this point you know this has been called a wealth transformation event. That you’ve already gone through that transformation. Do you get that? You agreed to that. We’ve got yeses back there and behind the camera, and those watching, yes yes yes.

Alright, I’m going back to the famous whiteboard. This is the representation of the fourth dimension right here. At least from a metaphor standpoint. And the fourth dimension is talked about mathematically and the fourth
dimension is talked about mystically, I have this one book called *Geometry, Relativity and the Fourth Dimension*. We’re going to let everybody see that. Lots of books out there on the fourth dimension, when this one talks about the fourth dimension, it goes back to the drawings on the board with, says right there, that’s the first dimension. For our purposes, that’s where we write our affirmations. It’s fill in the blank, right?

The second dimension, very square, right? Well we use that for our visual that we were talking about, you used the term distant visual which I liked, so we use that for the visual.

And then I’m going to copy this, as best I can, so something like this, which is the representation of, if I’m doing this right, I think I am, so far so good, I think I’m doing it, that is supposed to be – well that’s a third dimension. So it’s trying to show you a cue, but again, this is the third dimension. You’re the third dimension, you, and right there, everything is third dimension right here in this reality.

I think it’s really cool to think of it in those terms because now think of your visualizations. The visualizations that you’ve been having in your mind
have been very one-dimensional, two-dimensional, and as of today, three-dimensional, but if you started adding all of the sides to it? So you could almost see it from space, or you could almost get in it and walk around in it, your visualization now takes on a completely different feeling.

I want to point out something, who has a big denomination bill on them, that they don’t mind loaning? I don’t want a million dollar whatever, but $50 is good! A nice crisp one, and I’ve got a $100 bill, and it goes like this. So I just punctured your $100 bill, but in the fourth dimension, there is no hole.

From the fourth dimension, you can have, do or be anything. That was the playful magic trick to show that there’s no hole in your $100 bill. Are you all familiar with the 1955 Mercedes SL300 Gullwing? You are from the report, did you know about it before hand? Nobody?

It is considered one of the greatest cars of all time. Came out in 1954, they made 1500 of them before they stopped around 1957. They are the cars that are the first of the James Bond cars before James Bond was even written about, the first of the sexiest super cars that were winning races at the time, Mercedes was winning races and getting all kinds of attention. The first of a
high powered car that is still lusted after today, like not just me, by a whole lot of people. And of course it has the doors that open up and they say like gull wings, they look like a seagull. I had been wanting that car for 10 years. And I was doing all the things that we know to do. I was writing affirmations: I now own the vintage Gullwing SL300. I was doing the second dimension visualizing, you saw from the report I had a vision board and the Gullwing was in the lower left hand corner. And I was starting to do, because it’s fairly recent for me to do, the feel it real and the Nevillizing, but starting to do that. But I didn’t have the car. I didn’t have the car.

And I was thinking about all of this a couple of month ago and going through the processes in my head, and I’m the kind of guy that goes through everything, that tries out everything that I teach people on myself first, so I’m the guinea pig, and when I find that something works, I then turn around, turn it into a product and sell it to them. Very often with Steve’s help, which is a lesson to you, thank god I’m an entrepreneur. When you solve a problem you now have a solution to put on the marketplace.

And I was going through all the belief work too, because I started coaching, because I knew that when you have a coach you can accelerate the process
of finding your beliefs, dissolving your beliefs, replacing them if necessary. I was just doing this on myself, so I was feeling like I was in this place where I welcome this car. And this is an important line. I told myself, “I welcome the experience of this car.” No desperation. You hear that? No need, no attachment, not dependency. It’s not going to make me happy, it’s not going to make me unhappy, it would just be cool to have in my life experience. I would welcome that car in my life. That was the turning point, that statement alone, and that statement is just up on that first level, it’s a first dimensional thought. I welcome the Mercedes Gullwing to my life. Felt great!

So whatever it is that you’re thinking about right now, I welcome it in my life is an important set of words that you can use. But I don’t want to stop there. I already knew about feeling it real, already was teaching that to people, and then I thought, Neville Goddard, and Nevillizing, he had written an article called Out of This World, it’s in one of his books. And he was referring to the idea that everything we want in this third dimensional reality actually arises from the fourth dimension.
It got me thinking, like, “what is the fourth dimension?” That’s when I bought all of the books trying to understand the quantum physics and the quantum mechanics and they can’t even make them understand each other. And they come up with mathematical formulas that are in books like this that are just totally confusing, trying to represent what the fourth dimension is. So I go back to Neville, and Neville, I so love that man, he just broke it down to say that when you can experience that what it is, this is the third dimension, as if it’s already real, as if it’s in the third dimension, it will arise out of the fourth dimension. So if you’re tracking with me, what I did is I sat down and I started to do a kind of a meditation, so I’m going through this whole experience visualizing all of this and then I went beyond just visualizing the car, because I can already visualize the car. I even moved into the third dimension there where I can visualize driving the car and owning the car and writing about the car and adding it to my collection and showing it off and selling tickets to have rides in it or something, but I would have fun with it. And then I thought, that’s still not it.

From the fourth dimension, and here’s the big breakthrough, in the fourth dimension I and the car are one. I and the car have merged. I am the car are of the same molecular energized structure. On one level this is pure
quantum mechanics and quantum physics, which I am not a quantum scientist, I can’t explain all that to you. On another level this is very deep mysticism and metaphysics. Well I am a metaphysics guy, I am a marketer, a spiritual marketer even, I am a mystic in the marketplace, I have no problem standing here and saying, “I merged with that car on an energy level going through a kind of self hypnosis thing, sitting by myself, I actually felt like the car and myself were one.”

So here’s where it gets even juicier, and I know you read the reports, you know the punch line and everything, but I go through this whole experience of being one with the car, which is kind of a freaky wonderful experience, because it’s the sci-fi world. Why can’t I be one with the car, who’s preventing me? Because it’s just my thoughts. So for my own entertainment, I am now one with the Mercedes Gullwing. I swear, the next morning, I was inspired to look on eBay. And I’ve always told people, follow your inspirations, your inspirations are coming from that other dimension, fourth dimension if you will, coming in to your life, directing you in the direction of what you already said you wanted. It’s bumping you along, but you’ve got to follow the inspiration.
So it said to look in eBay to see if anybody was selling a Gullwing. Well that’s like the longest shot from hell you can imagine, because a Gullwing sells for $2 million, one that’s still in good shape, there’s one in California right now as we make this recording, it’s for sale, and I call him up and it’s $1,999,000. Pristine car, and I thought, that doesn’t quite feel right, I don’t think that’s the one. And I let it go, and that’s before I did the fourth dimension process; after I did the fourth dimension process and became one with the car – not that particular car, but a Mercedes Gullwing – I wanted to allow it to come into my life from wherever it was, I looked on eBay and I was so stunned, shocked, that there was a replica. I didn’t know that they made replicas! I didn’t know anybody ever made a replica of the car.

In 2007, a company in Florida made an exact copy of the ’55. It gets better. The problem with the ’55 original Gullwings is they don’t have air conditioning. When those doors come down, you’re sealed shut, sitting on top of a hot engine, with no air circulating. I live in Texas! It’s hot! And humid, even with air conditioning. There are photos, there’s a famous photo of Clark Gable, the famous actor who had a Gullwing, and whenever he would stop somewhere he would open the doors to get air so he wouldn’t pass out.
And so there was reasons not to have the original car. I still wanted it, but remember what I always said, “this or something better.” So I’m focused on getting the Gullwing, but I’m also open to the idea of this or something better, whatever the world might be better than the original Gullwing. And on eBay is this replica that has air conditioning, that has roll down windows, even though it’s still the Gullwing it has the roll down windows in the Gullwing, it also has venting system, it also has better breaks and better equipment, all modern because it was built in 2007 so if there was a problem it would be easier to work on it. The steering is better because the original one had steering problems, so this one is better.

And I thought, “I didn’t even know, this is like the answer to a miracle, this is like the answer to a prayer.” I did the fourth dimension process the night before, the next day there it is?! And it’s even my color, it’s this dark blue to black, which is one of my all time favorites, it’s like, how did this happen? And then I looked and the auction was already going crazy, there were already a half dozen bids on the thing and it was still a week out before it would close, so I knew this thing would go for a couple thousand dollars or more. Because the way eBay works, the closer you get to the end that’s when the frenzy takes place, and it was very clear with a half a dozen bids,
this thing was going to have a wildfire. So, next inspired thought: contact the seller.

And I wrote to the seller, had a few questions about the car, and then I said, “what would you want to end the auction right now and take off of eBay?” Because he would get his money now, he could take off eBay and he wouldn’t pay eBay fees, and if he had a minimum that he wanted and he would be happy to get it, he would get his money, I would get the car, and we would be done. It’s one of my favorite things in business, I’m always looking for a win-win, and that would be a win-win. So I wrote to him, he wrote back, and he said he’s had over 100 offers from all over the world for this car, in fact he was shocked, he didn’t know. He’s a car collector, he had hundreds of cars and he was just starting to get rid of a few to make room for whatever it next for him, and he said, “if I can get $85,000 for the car I would be glad.” And I wrote back and I said how about $80,000? All I’m doing, I’m just playing at this point, I’m negotiating for negotiating’s sake. He wants $85,000? I would’ve gladly given him $185,000! So he comes back saying he wants $85,000, we go back and forth, I ended up buying that car for $81,000. And I got it a week later, you saw a photo of it in the back of the report that you have.
So I went from a ten year manifestation process that didn’t look like it was going anywhere, spinning my wheels, doing all the things you know to do and I know to do and I even teach people to do, but the turning point was barely 12 hours later after merging with the car in what we’re calling the fourth dimension. Are you grasping how powerful this is? It’s like I collapsed time, I collapsed limitations, I collapsed beliefs, I took away everything that would prevent me from having what I wanted by merging energetically with what I wanted.

This is very powerful, and I want to make sure you get something here, besides the fact that this has never been shared anywhere. It was inspired by a comment by Neville by his Out of the World chapter, and that was inspired from there, and at that point I’m taking it really deep. And of course I shared it with Steve so we could have some fine tuning here to find out how precisely can I express this, and then I wrote the report, partly for myself so I can clarify all of this before I stood up here, and this is the first time ever for me to stand up and share this with anybody, in any sort of public way. You are the first to hear this. So I want you to understand, it’s not a mental technique. You can regard it as a mental technique, and that makes you feel
better then call it a visualization experience, and you are manifesting at an incredible rate. But you’ve been doing it unconsciously.

What I want to do from this point on, and we’ll anchor all of this with the hypnosis thing we’ll be doing shortly, is to realize that you can enter into this fourth dimension if it means doing it as a visualization technique, as a mental exercise, if that’s how you explain it to yourself that’s wonderful. But when you get so relaxed that you can start to ease into what actually makes the world, the artist of the world, and you merge with whoever it is that you’re trying to help, or in my case, with the car, or the sales, or whatever it is that you have individually that you want, you merge with that, you will accelerate the process at a staggering degree.

This is the fourth dimension. I tell people, and I told you this earlier, pretend you are a science fiction writer, because if you’re a science fiction writer, you make up your universe, right? You make up your universe. And if you’re a really good science fiction writer you’ll probably have it relate to some things that science has been known to have or discover, but you might use the fourth dimension, a book like that, and from there, take off.
Well I’m telling you that you can have, do or be anything you can imagine by merging with the fourth dimension and allowing it to animate it into your life.

**Attendee:** You express it very clearly, very clearly. I only have a suggestion. That is that you’re trying to explain the four dimension but it moves up, but actually the fourth dimension it’s not spatial, it’s not space. The fourth dimension is where the space comes from, ok, even though that’s a good analogy, the fourth dimension creates the hologram of space.

**Dr. Joe Vitale:** I like that. I like that.

**Attendee:** Because that’s the way it is. The other, the thing I can also in my book is that, by the way, and the other thing, you know, the idea that we are all one, which is a mystic teaching that we are all one. But it’s not philosophical, it’s literally physical reality.

**Attendee:** I and, the car in your case, are one. Is that the fourth dimension where you visualize yourself as being one or feel being one in the car?
Dr. Joe Vitale: It’s all of that. I’m hesitant to use that it’s a visualization because for me the fourth dimension is real, so what I’m doing, but I am doing it mentally, I’m doing it within myself, is imagining what it would be like if I morphed into it. Think of Star Trek for a minute, and Star Trek and their transporter machine. If the transporter machine was transporting me and the car at the same time and we went like this, I would be the car and the car would be me. That’s where I’m coming from.

Attendee: So along the same lines, you’re saying it’s not really, none of this is a thinking process, but are you describing this as more of an energetically a feeling process?

Dr. Joe Vitale: Yes. First of all, it’s energetic. It’s absolutely energetic. There is definitely feeling there, but it’s not the emotional rollercoaster that you might be experiencing when you go and imagine something in the third dimension and you’re feeling it real. This is more of a matter of fact. It’s more of, what I imagine, when I felt that the car and I morphed into existence and were one, I wouldn’t say that there was a joyous feeling, it was more of a matter of fact feeling. It was more like, “well, this is reality.”
I don’t even remember thinking things like that about it, it was just like, this is it, this is my car, this is my car and I welcome this car into my life.

That’s an important line. I welcome this car into my life. I remember that’s what I came out of this with. It’s like I and the car are one, so it’s going to be in my driveway soon, I don’t know how, but I and the car are one, and I welcome this car into my life.

**Attendee:** You say you and the car are one. It’s just like you said, it’s energetic and being that based off of what he said that we’re all one, there is a centralized energy which we call the divine. And because the divine stays steady, he’s blowing his breath of life into us, then therefore anything that moves or lives and breathes is considered one, but if you think about it at one point this table was a tree, which lived at some point. May not lived the life that we as humans live, but it lived at one point, and it did have its piece in that central energy spot, so therefore anything can morph into a specific being or area and occupy the same space. And basically what you’re saying is you and the car occupy the same space at the same time, and that is why it was able to come to you so quickly.
Dr. Joe Vitale: Yes. I locked in. No reason for it not to, comment, thought, Yes.

Attendee: Well this energy here that you’re talking about, I’m feeling it as we speak. There’s so many aspects, I’ve heard this audio before, you’re standing in front of me, I’m physically seeing you, but I’m going, “I’ve heard this.” Even the last part about you talking with the seller about the other options, I’ve heard that before. There’s no way possible I could have. I’m, you probably made me, saw me shaking my head a few times during this, I even got a little emotional because I was realizing that what you’re talking about I’m feeling. And I experienced that, I didn’t manifest a car from it, but I’m manifesting what I came here for. To learn this feeling, to what it is, you can’t explain it to necessarily put it in words. But that’s why the whiteboard that’s empty right now, we’ve shared everything on there, Steve and Joe have shared all this, all the steps with us that’s all in here, but the accumulation of it to the end where we get to a point where actually you have that car and you drive away, you have all those clients you’re wanting, it’s like, I’m feeling that. It’s a weird feeling, and you know, right before the camera came, I didn’t know if I’d be able to keep it together, but then all of a sudden I was like, “you’re good.”
**Dr. Joe Vitale:** All of you are at a different energy place. You’ve all transformed, you’ve admitted you’ve transformed. You’ve accelerated your energy, you’ve increased your energy, and I’m saying this to point it out for you so you can realize it yourself, but also so you can use it.
Module 15: HyperWealth Fourth Dimension, Part B

Dr. Joe Vitale: Now is the time for you to really focus on what you want to have, do or be. You can send it as a thought into the whiteboard, because you’re sending it into humanity if you will. You can actually merge with it energetically, which is what I’ve been talking about here, and play with this in your mind, be the science fiction writer, the god of your own life, the artist of your own life, the musician of your own life, and create this in a way that you would like to have it be, knowing that it can be anything that you want.

Attendee: There’s a very important part that I took about meditation. You said that you meditated on that, is there a special process or special…?

Dr. Joe Vitale: That’s a great question. My standard question is to how I meditate is I do cigar meditations. And in all seriousness, most of the songs I’ve written were cigar inspired. I’m thinking about writing an album and calling it Cohiba or Cuban Influence or Up in Smoke.

Attendee: So you take cigars to meditate or you meditate to take cigars?
Dr. Joe Vitale: So the important thing with relaxation for me, or for meditation, is making sure that my mind has a window to allow things to come up in it. So in other words, if I’m reading, I’m putting more things into my head. And I’m a book nerd, I read books all the time, so I have to take a break from that in order to allow something to come forth. What’s working for me is I will take a cigar, I’ll go out on my deck which is up in the trees outside of my office back in Texas, and I will have a cigar and I’m slowing down, my mind slows down, my body slows down, if I’m smart I didn’t bring my phone out there with me. If I did I’m screwing myself up. And in that open space is where inspiration can come through.

This is why it’s so important that we make sense for, we can call it meditation, we can call it something else, but we have to make space for inspiration to show up. If you’re so busy, you’re watching tv, you’re checking your email, you’re doing whatever you’re doing, and your mind is occupied, it’s a real tough thing to hear inspiration when it’s trying to squeak through all of the noise in your head.

So my favorite t-shirt is called “Meditation is not what you think.” Double meaning there? So whatever you think meditation is, that ain’t it, and then if
you’re thinking, that’s not meditation. What I do is remind myself of “get still.” Get quiet. I have my Cohiba moment. And believe me, some of the best ideas, best songs, I don’t remember if the paper came from the cigar moment or not, but the inspirations usually come to me from that. I’ve made space for it. So however you make space, it doesn’t need to be a cigar. I know you do cigars, but I don’t know about anybody else. However you make space, that’s what you want to do.

Attendee: So far you’ve been talking about just applying this to actual objects. Can you apply this to experiences?

Yes, absolutely. Great question of course, do you have an example you want to throw out there?

Attendee: Say a trip or a…

Dr. Joe Vitale: Yeah, you would do the same thing. Who was it that went to Machu Picchu? Yeah, I spoke in Peru to 20,000 people live, and in order for me to get my head around that, I was, in a way, I didn’t know about the fourth dimension process then, but in a way befriending the experience
before the experience, I just thought of that way of saying it, but it makes
sense. I was warming up to the experience so that when the reality was there
it was comfortable, it was real, and it went the way I wanted. I had a home
run of a presentation, 20,000 people, that was pretty big for me. And
probably is for anybody. So yes, you can do it for anything that I can
imagine.

The only thing I tell people is don’t try to control others, which is why I
gave you the polite reminders, and that was for all of us, not just you. Focus
on what you want to have, do or be, which includes the experience, but not
necessarily who is having it with you. That’s the free will.

Attendee: A few moments ago I had an a-ha moment on exactly what you
just said, and I was going to share this with you offline but I’ll do it now
since you brought it up. But when you said that you and the car were
merged and then you said you went on, you got the notion to go on eBay,
and then you said that you found out there was a replica. So it wasn’t the
original actual car, but it was still the same thing, still the same car, just not
the original car, but it was what you wanted. So it was this or something
better, exactly, but when you said that, it was like, ohhhh, ok, so now I get it.
So just because I don’t get this right here, doesn’t mean that I can’t have this in a different fashion.

That’s exactly right. Finding the car on eBay was very much a “this or something better” moment. For one thing, as much as I would like to have a Gullwing in my life, a $2 million car is an incredible investment, and there would be insurance, and where would a drive a $2 million car? And then there’s the idea of heat with the doors and everything, the upkeep on a car from 1955, finding parts for it, there was a whole long list of nightmares I never really thought about though. I was just willing to welcome the car, but I always had that “this or something better” mentality, it’s the tagline of everything I’ve done, I talk about it in the *The Attractor Factor*, and it came to life in the replica. Because the replica was basically saying, this is definitely something better. You can drive this one, you can work on this one, you can fix this one, you’ll be comfortable in this one, I mean, all of those wonderful things. And it turns out to be an investment anyways.

**Attendee:** But that’s basically what you wanted anyway. When you, your want is to be comfortable and satisfied with what you get, so, I mean, I know there have been times when you, when people get what they ask for, what
they say they want, and then once they get it it’s like, ok this is not what I
bargained for because you got all of those extra problems that came up that
you were thinking about. You were just thinking about I want this and I
want this and I want this.

Dr. Joe Vitale: And that’s an important, there’s a line out there, I forgot
who said it, but it’s to the effect of some things that don’t happen are
preventing catastrophes from happening. And that’s where trust has to come
in, it’s trusting that whatever is in front of you now is the this or something
better, and not insisting that it be the way you think it needs to be. Because
there could be a higher power or greater awareness that’s actually protecting
you.

Thank you for listening to me talk about that because it’s the first time that
I’ve explained the fourth dimension process, and if you’re aware of how I
present, I lead you to it, so you’re also experiencing it as you’re hearing it
being explained and articulated to you. So I saw all of you, you were pretty
much in a trance state, it’s called the waking hypnosis in some hypnosis
circles, so that you know you can have, do or be anything.
Module 16: HyperWealth Hypnosis Session to Solidify Knowledge About the Third and Fourth Dimensions

Dr. Steve G. Jones: As I said yesterday, you may be aware of everything that I say during the hypnosis session, that’s fine. You may be aware of everything Joe says, that’s fine. You may come in and out, that’s fine too, remember you can be in hypnosis without realizing it. The lightest state of hypnosis is alpha, where you’re just a little relaxed and you don’t realize you’re in it, but you’re driving a car or reading a book or watching tv, just waking up, just going to sleep, you’re actually in hypnosis but you may not realize it.

The only difference between those times and today, number one we’re causing you to go there by using words and metaphors, the second thing is we’re going to put positive thoughts in your head, Joe’s going to do that part, he’s going to handle the kind of making the incision, he’s going to do kind of the transplant, he’s going to change out your old thoughts for new thoughts fourth dimensionally. So a lot of what we’ve gone over today Joe’s going to incorporate into the hypnosis session so that you can really have
that at a deep level, the subconscious level. So we’re taking a lot of the work out of your way so that you can have the change that you want.

So without further ado, does everyone like the woods, does anybody have a problem with the woods?

**Attendee:** Snakes.

**Dr. Steve G. Jones:** Are you ok with the woods as long as there are no snakes?

**Attendee:** Yes.

**Dr. Steve G. Jones:** Ok, there are no snakes in your woods. We are ready. Everybody just go ahead and close your eyes if you want, just relax, get yourself very comfortable. And then take a deep breath, in through your nose, inhaling deeply, and hold it. Open your mouth slightly and when you’re ready exhale very slowly. And then when you’re ready, another deep breath, in through your nose. And hold it, and when you’re ready, open your mouth slightly and exhale very slowly. And then continue breathing easily,
effortlessly, and comfortably. Realizing that every breath you take is
relaxing you more and more deeply now.

As you listen to my voice, and soon as you listen to Joe’s voice, you just allow yourself to drift, relax and unwind. I’d like you to imagine yourself now in a beautiful, beautiful patch of scenery, you’re outside, it’s a large grassy field, around you in every direction are woods. You’re safe, relaxed and comfortable. You are protected. And you walk through the grass, just relaxing, as you do you find a pathway, you are so very, very relaxed as you walk and unwind on this beautiful day. Walking through this grassy area, walking along the path, walking slowly toward the woods where you are relaxed and at ease. The sun shines brightly through the woods, you are so very, very relaxed. It seems as though the more you walk, the more you relax. And the more you listen to my voice and Joe’s voice, the more you allow yourself to unwind. It’s a beautiful day with beautiful blue sky overhead, occasional white clouds in the sky. You can feel that gentle breeze on your skin, in between the warmth of the sun and the gentle breeze, you realize the temperature here is just right.
As you follow that path now into the woods, you notice the sun shines through them. You enjoy the bright wonderful beautiful woods, green trees, their leaves, somewhat turning color. The tall, brown trees are so beautiful and majestic as you walk along you hear birds off in the distance, and you are safe and protected. You smell the unmistakable earthly smell, it smells like nature. Smells like relaxation. You continue walking and relaxing your body from head to toe as you walk along this path, it goes into the woods, starting with the top of your head, that relaxes. Relaxation moves down, down around your eyes, relaxing all of those little muscles around your eyes, down to your cheeks. Relaxation moves down now to your neck, down to your shoulders as you walk, enjoying the beautiful colors of the woods, the beautiful sounds of nature, the beautiful smells of being outside. Relaxation moves down your shoulders now as you walk down to your arms, down to each and every fingertip, as you continue walking and relaxing, unwinding and letting go. Relaxation moves down now through your chest, relaxing all of the muscles in your chest, and down to your abdominal area as you continue walking. Enjoying the beautiful trees, noticing how wonderful the sun looks as it shines through the leaves. Feeling relaxed and safe and protected as you continue walking along this path. Your torso relaxes, your legs relax, all the way down to your calves, relaxation moves out to each of
the tips of your toes. You feel nature beneath your shoes as you walk, or perhaps you prefer to imagine yourself barefoot, it’s your choice. This is your imagination. As you walk, the leaves under your feet, you remember how relaxing it is to be out in nature, how normal and natural and beautiful it is, it relaxes you even more deeply now.

And up ahead in the distance, you notice that the path slopes downward slightly. In just a few moments you’ll be walking down, down a hill, you realize now that you are on the top of the hill and you will be walking down to the bottom. And as you walk you’ll relax more deeply because the lower you go down that hill the more you relax, and the lower I count in just a few moments, the lower you will go down that hill. So that by the time you reach the bottom of that hill you will be completely relaxed and at ease. Your mind will be open to positive suggestions from Joe. Alright now, starting with the number 10, you begin walking down the hill, along that path, feeling how good it feels to walk, feeling your clothes against your body, feeling your legs moving, smelling nature, hearing nature. Noticing how beautiful it all is, 9, down further, down that hill as you relax more deeply, with each number I count you go down lower on the hill, the lower you go on the hill the more you relax, deeper and deeper and more deeply
relaxed. 8, down, down, relaxing more and more, 7, 6, down, down, so very relaxed now. 5, 4, relaxing more and more deeply now. 3, so very, very relaxed on this beautiful day in the woods, 2, at the count of the next number you will be at the bottom of the hill and completely relaxed. 1.

**Dr. Joe Vitale:** The part of you observing your thoughts, feelings and body is called the witness. The witness is underneath all that is. The witness is the energy of the world, animating life in all of us. From the perspective of the witness, nothing is impossible. Anything you can imagine, you can have, be or do. From the core of all life, there are no limits at all. None.

Now allow something you want to bubble up into your awareness. It can be more money, or what you want money for, a home, a car, a trip, anything at all. Allow one thing to come to mind right now, accept it as the right thing for now.

As you imagine this one thing that you would welcome into your life, consider that it is made of just energy. At the core of it, whether money, a home, a car, a trip, or anything else, it is only in the material world because of energy you cannot see or touch. Consider that this energy making up
your desire is the same energy within you. You are both an energy field, and both come from an energy field.

This energy field, or field of all possibilities, is the fourth dimension. Allow yourself to consider that you can, from this perspective, merge with the thing you want. You can join in this fourth dimension of all possibilities and become what you desire.

Running along, imagine that you and your desire can morph into each other. See it, feel it. Really accept that this joining is possible and probable, after all, in the playground of your mind, anything goes. You direct the show. You can pretend you are a science fiction writer and create the world where you can have, do or be whatever you imagine. In the fourth dimension, there are no rules or limits, anything goes. From a science fiction standpoint, anything is possible. You make it all up.

Play along, pretend you can merge energetically with the item you want, the wealth you want, become it. Become wealth if you like. The energy of money is the same energy as anything else. Imagine you are money. Imagine you are the thing you want. Imagine you don’t need to attract
anything because you are already it. You welcome your desire because you and your desire are one.

For a moment, just enjoy the merging of the thing you want with the witness that is in the real you. And now turn your attention to Dr. Steve’s voice.

**Dr. Steve G. Jones:** As you continue relaxing and unwinding, drifting in your mind, you become very aware of the powerful information you have received. Your subconscious mind will act on every powerful positive suggestion you have received during this training. You will allow yourself to be successful, you will allow yourself to achieve your goals. And in just a few moments I’m going to bring you back up to full awakening consciousness. I’m going to do that by counting from 1 to 3, so that by the time I reach that final number you’ll be wide awake, completely out of hypnosis, and feeling wonderful. Alright now, starting with the number 1, coming up, feeling very good, full of natural energy, 2, beginning to move now, beginning to stir, becoming very aware of your surroundings, very aware of where you are, at the count of the next number you will be wide awake and completely out of hypnosis. Alright now, 3, eyes open, wide awake.
Module 17: HyperWealth Class
Discussion About the Third and Fourth Dimensions Hypnosis Session

Attendee: Well, basically, finishing the signs that I have already in work, for the, what’s the I started, then contact my existing partner to discuss ideas that we had for the future to make them happen. Now, and, there are some things I have to work with, start making some other phone calls to other people that I know, try to get to my goal.

Dr. Steve G. Jones: Excellent, very good, thank you. Anyone else want to share?

Attendee: I too felt and actual energy, but I think that’s because of the description that Joe gave ups earlier, so my mind went on its own, and I, it was like a, a feeling of an energetic sort of, lack of a better word, a quantum energy type of way, because everything is all one, it’s all coming from that same vastness of all possibilities, so I saw what I wanted to see as far as my life. I just felt an energy of merging with that same, the energy of that same possibility.
**Dr. Steve G. Jones:** Excellent, thank you very much. Anyone else want to share?

**Attendee:** Well with this one, again, there wasn’t like specific details, but it was a calmness of knowing that all of the details that I know that I have on paper other places have already happened and it was a continuation of what we had yesterday. I kind of went back to some of those colors and feelings and then Steve when you were explaining the merging with the, I can’t remember the words, but yourself to the, you know, the energies, I really felt that through my whole body when you’re talking about that. And in describing the different things, different aspects of it, I went pretty deep this time, I was like, I know I, I would find myself just like, ahhhh, I was totally out there for a second, so I wasn’t catching all the words, but just the feeling I was getting was, you’re there, you know, you’re there. You’ve been there and back and, well not really there and back but, you know what I mean, it’s just ah, a feeling that this moment is it, you know. It was a good feeling, a warm feeling.
Dr. Steve G. Jones: So you were so deep you didn’t know who was saying what, that’s fine, hey, it’s a tag-team approach. We are one! I am Joe Vitale! Who’s next?

Attendee: Yeah I found the great things experience, you know talking about energy, I immediately, the kind of natural, start visualizing you know, and kind of atoms and whirling energy here and there, so it became very easy when I felt myself like millions of similar atoms, and then the wall is the same thing, and then the money is the same thing, so one moment I couldn’t distinguish, wall, money, me, it was vibrating energy everywhere. So, and I was aware of it, so it was up to me to choose ok, now I’m going to form, you know, this shape, with this atom here, this atom here, this atom here, so it’s like just the plasticity of the energy that you can shape in any way you want. And in this particular case well I shape it like money, but it was money that have like my own body shape you know, I couldn’t distinguish you say, there’s miracle walking, but miracle was just money. And then the wall was just money too, so at a moment, all the atoms were around, were money atoms. Ten seconds later I want to change it, all the atoms are miracle atoms, and they were your atoms and Joe’s atoms and it’s a really fantastic how you can. So it’s malleable, the world we live and we experience,
extremely malleable. But we keep, kind of, lost consciousness of that during our normal days. It was good, extremely good, thank you.

**Attendee:** Well this time I actually got, I broke out of it again through my cough, but when I did finally get back under and I, the bottom of the hill, there were others, there was a lot of people coming, coming in. And what was really strange to me was that these people were walking into like my body and they never came out, so it scared me at first. But there were like thousands and thousands of people just showed up out of like mid-air, and started walking towards me and at first I was excited because I thought, well ok, maybe these are all the business partners that I’m hoping for, but then as they start talking about, you know, being one with things, it’s like they just started walking into me, and it just never came out. So I was just left there alone with this feeling of like expansion. I wasn’t going to burst or anything like that, it’s just the feeling of expanding and becoming bigger. Not painful, just a warm feeling of expansion. Just kind of scared me a little so.

**Dr. Steve G. Jones:** Very nice, thank you. No snakes though, right?

No snakes.
Dr. Steve G. Jones: Anyone else?

Attendee: I can understand why they were coming in to me, because I guess it’s the part of the fourth dimension where you’re actually merging together. But why was there still fear there? Because I felt a little fear, it wasn’t like a, I wasn’t in pain or anything, it was just the fact that they were coming in and I couldn’t see them anymore, they were like gone. So,

Dr. Steve G. Jones: I’ll answer first and then let Joe answer. My feeling is that fear is a natural part of anything you do, I mean, there’s a little bit of fear, if there weren’t fear, it wouldn’t be worth it, it wouldn’t be exciting. I mean, we went on the rollercoaster the other night and I was scared, apparently I was yelling like a little girl, I don’t remember that part. But yeah, if it wasn’t for that, it wouldn’t have been worth it. If we’re just sitting there and there’s no fear there at all, how exciting is that? You know, you can use that fear to your advantage, there should be fear in anything you’re doing, otherwise why do it if it’s not making you a little bit scared then how exciting can that be?
Dr. Joe Vitale: And I would definitely agree with that, when you stretch, you always have some fear as you’re doing something new. What do you think the fear means? Rather than asking me what it means, it’s actually your fear, it’s your projection, it’s coming from your beliefs, it’s coming from your consciousness, I would invite you to have a dialogue with either me or yourself or a coach and find out why do you think the fear is there?

Attendee: I guess the only thing I can think of right now that comes to mind is that maybe I’m afraid of succeeding. Maybe that’s what it is, you know, having the responsibility for all of those additional people besides myself.

Dr. Joe Vitale: Well that’s a great insight if that’s what’s coming up for you, that’s actually brilliant insight, very useful.

Attendee: Because it made sense to say that because when they came inside, it’s like I was expanding, which meant I had to contain them, I had to be responsible for everything that was in that expansion at that moment, and that’s when I noticed that like after the last person walked in it was like, ok, can I really handle all of this, that’s when I got scared. So maybe it is a fear of success.
Dr. Joe Vitale: Well that’s what it sounds like. And we wouldn’t have gotten there if we didn’t do a little coaching and you ask yourself the question instead of asking us. It’s great to get perceptions from us, but it’s really more useful to find out what do you think that means, and knowing there’s a fear of success there, now you can address it, now you can ask questions like do you really have a fear of success, and you can answer that, do you think you really have a fear of success? Yeah, I don’t think you do either. So that might be a leftover belief system, and that’s another thing to keep in mind, everything we’ve done over these two days has been intense, deep work, and you may not even know how deep and meaningful and lasting it’s been until you go back, and then when you go back you’re going to realize, “oh I’m thinking differently, I’m acting differently, wealth is coming in differently, and I’m taking actions now that I didn’t take before,” all because of these changes. So you may have had a fear of success as you walked in the door yesterday, but as you’re leaving today it sounds like your fear of success is gone and you had a ghost of a belief, it just kind of wandered in for you to take a look at. And maybe because of all of this dialogue now and all of this coaching you realize, “oh, I’m actually free of that belief!” And now you’ve actually documented it, you’ve put it out there
for all of us to acknowledge, and for you to accept, that that belief is gone.

You are free to be successful, yes!
Module 18: Final Thoughts

**Attendee:** You are so ready for this, you’re so in tune to the experience or to the fourth dimension or whatever we learned, that it feels as though you had seen it before because you’re so in tune and I do not particularly believe in past lives or something like that, but it felt to me like I had learned it before. So probably you experience something similar to that I’m thinking.

**Attendee:** Déjà vu.

**Attendee:** There’s even a one time drive to work and I was going through a lot of the issues of my life and I was listening to one of yours and it just happened to be the thing that you said at that moment and it was just like “ahhhh, cool, get into the day now.” I mean, you know, not, serious, you know, be in a good place where I can work and focus, because with my job I have to focus. When you’re treating radiation to a person it’s not like you can go, “whoops, I didn’t mean to do that,” so I have to be there, which I had a hard time with struggling, and then that’s, with the coaching and this program and other programs that I was led to, is all very very thankful for,
and thank you Steve too as well even though I was trying to give you guys cross credit for things when I’m in a trance like state, I don’t know.

**Dr. Steve G. Jones:** That’s fine with us.

**Attendee:** But that worked good though, thank you.

**Dr. Steve G. Jones:** Thank you.

**Attendee:** Well, mine is a, I’m glad that you always accept the crazy things, right. Because I came up with a crazy but very, very logical idea. Dr. doing the what we do this, merging you know, since all we are really is energy, consciousness, whatever it is, so I, if I see myself like an energy, I can be anything. I can become anything, I can become the money, can become the tv, can become anything, right. Well, it’s not that I become anything, I am actually everything, already, because I’m connected with anything, therefor wherever something exist that I’m aware of or unaware of my connection is there. So, the thing I conclusion say that I came to the deep realization, and the awareness, that we don’t, there’s not a universe or a world where we live in. Each one of us, I am, I am the universe and the world, I previously
thought I live in. My life, my experience, my universe, is always within my own consciousness. And your world is within your consciousness, and your world is within your consciousness, but since we have common beliefs, common ideas, you know, that we all live by, then we have a shared experience. We share, there’s a table here, you know, there’s a building here, there’s gravity. Those are like the common agreements, right. But I think it was when you look at this table here, there is actually one two three four five six seven different tables: my table, your table, your table. Kind of melting to one.

**Attendee:** When we were talking about the fact of how what we thought what we were feeling before we actually found out that we got chosen to be in this event, and I was thinking about how when I did my video, I was thinking, “oh he said it has to be between 3 and 5 minutes so I have to make sure I stay.” So me and my daughter we did like three different actual videos which I reduced by about 16 seconds, and I just wanted to make sure I stayed in the parameters because I wanted to make sure, I was like, “well you know he could have some strict criteria, or if you don’t stick to it you’re automatically out, so let’s just make sure we’re here just to be on the safe side so if anything else goes wrong then oh well.” So we did three different
takes of the actual video, and I didn’t want to put it on YouTube as a public thing, so it was ok, you know, because some of the stuff I put in my video was very personal and private. And I said, well, I don’t want to put it out there to the public just yet, so I had my daughter do it specifically for just you to be able to look at it because I didn’t know you were going to have a team of people viewing it. And then I thought about it and I was like well what if they can’t see it if it’s private, so I think I, well I don’t think, I know, I blew up your email account asking, “hey, did you see my video, can you see it?” and what was really weird was the next day we got a massive email that came out the next day that said, “hey, if your video is set to private, we can’t see it, you need to redo it.”

Attendee: Oh, that was me too.

Dr. Joe Vitale: I didn’t want it just to be information, and in fact in conversations that Steve and I had I kept saying I don’t want to just give information, I don’t want to just give inspiration, there’s nothing wrong with either one of them, but I wanted people to transform. I wanted a transformation. I wanted you to come in and then leave as different people
and consciousness, and out of that I thought, “how do we do that? What does that actually mean?”

And so that questioning, with the idea that we’re actually doing something here, and a cigar, led to the fourth dimension insight, with me just playing with the idea that I wrote about in the report, with what about this Gullwing, I’ve been wanting this thing for ten years. How do I merge with that? And then with the merging of it, the discovery of it, and then a car showing up virtually the next morning, barely 12 hours later, and then 7 days later it’s in my driveway, that was concrete reality that I had something different. So it was a process, but it was teased out of me by the desire of benefiting all of you.
Module 19: Program Review

Welcome to the module that’s going to share with you a review of the entire program and a conclusion. Congratulations for getting this far! You have learned a lot of information, but Dr. Joe Vitale and myself want to make sure that you really understand it, so let’s go ahead and start our review.

We’ll start with the first dimension. The first dimension is a one dimensional approach to change, represented by a flat line. And in and of itself, this is very powerful, because if you just have a flat line and you understand that that represents the power that you have to change, that’s very powerful for you to understand. Even that little bit of information alone can change your life. But we’re going to build on that, so it’s very important for you to understand this first dimension as one flat line.

And think of it, this line can give you all kinds of insight into your life if you’ve never taken the opportunity to look at your life before in terms of just this one dimensional approach, then this alone can be revolutionary for you. But as you know from the program, we’re going to build on this and make something very powerful that you can use in a very efficient way.
Now I want you to understand that the first dimension manifestation occurs with affirmations. And you understand how to word affirmations. Certainly there are different thoughts on how to word them, but essentially we all agree on certain things. They need to be positive, they need to be specific, and, most importantly, they need to move you forward. These affirmations that you create need to be things that you really want to work on, that you really want to have in your life. So even if all you ever do are one dimensional affirmations, you’re going to have something very powerful that you can use in your life.

I use affirmations all the time when I want to work on something, when I want to create something in my life, I think about what it is that I want and I always word it as if I’ve already got it. And I make it very specific, and I say them several times a day. So affirmations, in and of themselves, are very powerful and can lead to manifestation.

Now I want you to realize that intentions are part of the first dimension. You have intentions for change, you have intentions to do things differently, you have intentions to live a life that you’re not living now. Let’s face it, we’re all always working on change. That’s why you’re a part of this program,
that’s why I’m excited about this program, that’s why Dr. Joe Vitale and myself have put together this program so that you can own up to your potential. Which is, having positive intentions all the time and moving into them, moving into those intentions. Not just thinking that you want to change, not just thinking that it would be nice if you changed, but having intentions and moving into them, making them happen, manifesting them.

So when we talk about intentions, the things that we want to do, the things that we want to be, the things that we want to change, the things that we don’t have that we want to have, those are all parts of the first dimension. So when we talk about the first dimension we want to give your brain direction. You can go through life just kind of circling around and doing things here and there and living life in a way that is kind of fun, “oh this gets my attention today, that gets my attention tomorrow, I think I’ll do this now, maybe I’ll do that, maybe I won’t.” That usually leads to going in circles. But when we talk about the first dimension, even though we’re in the first of four dimensions, we’re at a very basic starting point, we’re already talking about direction, we’re already talking about making some sort of a change. “I’m here, where do I want to go? I’m at point A, where is point B?”
So point B is different for everyone, and it also changes throughout your life.
You’re going to want to work your way all through the alphabet and beyond.
Now you want to be very specific about what you want to be a magnet for so
that the universe gives you what you want.

As you saw in the program, there are people who sometimes get a little bit
off track. They can be a magnet, drawing all kinds of things to them, but
you’ve got to get focused on the things that you really want, otherwise you’ll
just draw anything to you. So as Dr. Vitale and I showed, using real life
examples with real people and their real lives, you’ve got to focus on the
good things that you want. And by good, I don’t mean a judgment on
anything, I mean the things that are going to move you forward in life, the
things that are going to take you from that point A to point B and continue
moving you forward. You’ve got to be very clear about what your
intentions are so that the universe can provide this for you. If you’re vague,
or if you don’t really know, that can be ok to stay in that for awhile, but as
soon as you figure out what you want, state it, and get very clear about it.

So now let’s move on to the second dimension. If the first dimension can be
summarized with affirmations, the second dimension can be summarized
with visualizations. The second dimension involves the use of a vision board. And you know what vision boards are, vision boards are boards that you create and you put in a very obvious place where you live that have cut out pictures of the car that you want, the house that you want, the type of lifestyle that you want, perhaps a type of relationship that you want. Anything that you want, you can find a visual representation of it somewhere – in a magazine, on the internet, somewhere there’s a visual representation that signifies what you want.

If you want a specific house or a specific car, perhaps you can go to that house or go see that car and take a picture of yourself in front of that house or a picture of yourself in that car, and that’s going to help you get very clear on what you want. You’re going to be able to see it on a regular basis because it’s in your home and you’re going to be able to focus very clearly on it.

The second dimension is devoid of feeling. So, whereas you can have a vision board and you can see what you want, there’s not necessarily feeling in the second dimension. You’re just looking at something. You’re not necessarily feeling anything about it, so we have here a limitation, and one
of the main reasons why we also add a third, and of course the amazing fourth, dimension to this program, so that you can manifest. But that doesn’t mean that the second dimension is without value. Seeing something every day, being exposed to it, seeing yourself in that car or in that house or in front of that house or doing things that you want to do or seeing that dream vacation, that’s very powerful.

The fact that it doesn’t have feeling associated with it per se doesn’t mean it’s not powerful. The second dimension gives us a wonderful powerful tool that we can use. So visualization is very powerful, but also limiting. Think about it: you’re seeing something, you’re being exposed to it on a day to day basis, but because there’s not necessarily feeling associated with it, you’re not really getting all the juice that you should be able to get from it. So you’re seeing it on a day to day basis, but at the same time you’re being limited in your ability to get it.

Now again, it doesn’t mean that the second dimension is without value, because something is always better than nothing, but as Dr. Joe and I want to show you, and have shown you in this program, we believe that you can add to this. And we believe, from our own experience, that adding to this is
going to create more power and more value in your life, and help you move forward much more efficiently. So as you visualize your future, you find that you’re going to get some very clear distinctions. I mean, think of it right now, think of your future right now. As you think about your future and use visualization, just sort of in a whimsical way thinking about your future, you can start to get some clear distinctions.

First of all, you can think, “well I do want this and I don’t want that,” because when you think about your future you eliminate, hopefully, the things that you don’t want, and you only create the things that you do want. And then when you look at your current life, you may realize that there’s a vast difference between where you are and what you see around you now vs. that ideal image of your future.

So, visualization, as I’ve said, and as Dr. Joe says, visualization is very powerful. It does have its limitations, but just visualizing your future can give you some very clear distinctions and get you focused on what you want vs. what you don’t want. Your wealth is hiding behind the thing that you’re afraid to do. That’s something that Joe told me awhile back and it’s so very powerful. What you are afraid to do can be hiding your wealth, isn’t that
interesting. Maybe you’re actually a comedian at heart and you’d like to entertain people that way. Maybe you’re doing something right now at a professional capacity but you have other inklings in the back of your mind about things that you’d rather do. Maybe you’re a writer, maybe you’re a painter, maybe you’re a poet, maybe you’d like to travel the world. But maybe you’re afraid to do that because you think all these things you’ve built up, this thing you call your life, would just crumble if you dared to embrace the things that you really want to do, or that one thing that really draws you. So realize, it’s very possible that your greatest breakthrough is hiding behind something that you’re afraid to do.

And as we moved into the third dimension, we talked about feeling it real. So if the first dimension can be summed up with affirmations, the second dimension can be summed up with visualizations, the third dimension can be summed up with feeling it real. You’ve got to feel it real. When you look at that vision board, there are limitations. When you say that affirmation, there are affirmations. Unless you add the idea of feeling it, you’ve got to feel as if it’s real.
If you’re just looking at something, if you’re just saying something, what you lack is the real feeling, the emotion that’s going to push you forward and pull you toward the life of your dreams.

If you don’t feel it real, then you’re really not embracing the full power of what’s there. Because what’s there is something that drives you. In fact, if it doesn’t drive you, why are you focused on it at all? If you’ve got something on your vision board that doesn’t really inspire you, why is it there? If you’re doing something every day moving toward a goal that doesn’t inspire you, why are you doing it at all?

You’ve got to feel it real in order to manifest it. And that goes for anything that you’re ever working on. Realize that the more you can feel what it is that you want to have, do or be, the more quickly you will accelerate the results of it while focusing on the third dimension. So what do I mean by that? I mean that the more you really get in tune with it emotionally, the more quickly you’re going to have it. The more you bring it into your emotional realm, the more you really get in touch with it on a deep emotional feeling level, the more quickly it’s going to happen.
You can look at something all day and have no emotions about it, you can say something all day and have no emotions about it, and really not manifest it. These are the limitations of the first dimension and the second dimension. Affirmations are great, visualizations are great, but if you lack feeling, if you really don’t feel what you’re doing, then you’re not going to manifest it.

So you’re going to find that you really step on the gas, you really accelerate your results, when you add this dimension of feeling to what you’re doing. So when we say feeling it real is how you can summarize the third dimension, this is the heart of it. You’ve really got to feel what you’re doing. So the idea is to mentally go into the future, past the creation of what you want, and to bring with you those feelings. So what we mean by that is, we want you to focus on the idea of going past where you are now to a point in your mind and in your life as you imagine it, past the time that you’ve already created it, you already have what you want. That’s very powerful. It’s a very powerful aspect of the third dimension.

So in the third dimension, not only do we get the idea of feeling it real, but we get the idea of going into the future and imagining already having it. We call this future pacing in the world of neurolinguistic programming and it’s
very powerful because if you can imagine yourself in the future, already
having what you want, you’re going to find this gives you even more
powerful distinctions.

For example, it allows you to feel what it’s like to have it. It allows you to
feel what it’s like not to have the things that you don’t want. So you’re
letting go of the negative things that maybe you were gravitating toward and
embracing the powerful future that you want, and feeling how wonderful
and amazing it is. So the idea is that you create something that you want in
your mind, you bring yourself with feeling past the point of already having
it, and you believe that you already do have it, and from there you move
forward. The idea is that the universe has already provided it, all you have
to do is move into that compelling future that you’ve created, the compelling
future that you’re emotionally invested in. You move into that future.
That’s going to give you the power and the strength that you need.

You know, on those days when you think, “why am I doing this, is this
going to work?” You’ve already created it in the future, you already know
how it’s going to feel, and so you just keep moving forward, you just keep
manifesting until you’ve created it. And then you move on from there.
Realize that there are no limits. You make everything up. Now as a child you may have been given arbitrary limits without even realizing it. Perhaps your parents made a certain amount of money so you think, “oh, that’s what grown ups make, they make a certain amount of money.” Maybe they had certain habits and you think, “oh that’s what grown ups do, they have those habits.” Maybe they talked in a certain limiting way, and hey, that’s ok, we’re not looking for excuses here, we’re not looking for people to blame. It’s really easy to blame your parents isn’t it? It’s really easy to blame everyone around you. But when you let go of that and you realize hey, the past is the past, whatever happened happened, right here, right now, there are no limits. I can make everything up, meaning, I can create the life of my dreams. There are no limitations on me. I can create anything that I want in any way that I want to create it. That’s very powerful.

So as we move on to the fourth dimension, if we were to summarize it, we would say you are one with what you want. Remember, the first dimension can be summed up with affirmations. The second dimension can be summed up with visualizations. The third dimension can be summed up with feeling it real. And the fourth dimension can be summed up with you are one with what you want.
Now, we have ascended. We have gone beyond, we are in the dimension that gives us total freedom of creativity. So as you can tell from that statement, you are one with what you want, the fourth dimension is energetic. We’ve taken the foundation of one dimensional affirmations, added on to that the second dimension of visualizations, and then we’ve added feeling in the third dimension. Now we’re in the energetic realm of the fourth dimension.

The fourth dimension is pure energy. You have total creativity here. You have a license to create whatever you want that’s powerful and compelling for you, and also serves as a wonderful powerful example for those in your life. So the fourth dimension is all about energy.

So as part of the power and responsibility in the fourth dimension, you have to follow your inspiration. You’re going to get these inspirational ideas every now and then. Like I talked about before earlier in this review, when I talked about the idea that maybe that inkling is maybe in the back of your mind that “maybe I should do this, but no, I don’t know if people would approve. I want to do that, but I don’t know if my parents would like that. I
think I might like to be this, but I don’t know if I can change my life that much to do that.”

You’ve got to start trusting yourself, you’ve got to start letting that energy flow, you’ve got to start trusting your inspiration and following it. When you follow your inspiration, that’s when you get to the really good parts of what we’re talking about. That’s where you really strike gold. If you follow your inspiration, you’re always going to be on the right track.

Doesn’t mean life’s always going to be wonderful for you and everything’s going to work out, but what it does mean is you’re on that trajectory to reaching your goals, and when those down times come you bounce right back because you believe in yourself, because you’re following your inspiration. You are one with what you want.

Remember the example of the Gullwing that Joe shared, you are one with what you want. You’ve got to realize that energetically you are one with what you want if you want to manifest it. This is so much more powerful than just an affirmation or a visualization or feeling it real. All of those are
powerful building blocks and bring you to the fourth dimension, but you’ve got to be one with what you want.

That requires you to really get in touch with this energy that the fourth dimension offers, and the inspiration that you bring to the situation. If you are one with what you want, then how can you possibly be separated from it, how can you possibly not get it? You are not only on track to get what you want, you already are one with what you want. Whether it’s that car, that house, or a vacation of your dreams, whatever it is, if you are one with that, then you already have it, and it’s going to happen.

So you’ve got to focus on what you want to have, do or be. But in this case, we’re employing the fourth dimension, so we’re not just thinking it might be a great idea, or looking at a picture of it, and we’re not just getting excited about it, we already know that it’s ours. We are focused on it in the sense that we realize that energetically we have merged with it. We are with that thing that we want. Whatever it may be, if it’s a vacation, we are one with the vacation, if it’s a car, we’re one with the car, if it’s a house, we’re one with the house, if it’s a new profession, we’re one with the new profession. And in addition to that, we’re one with everything that comes with that. We
are one with the powerful scenario that evolves as part of being one with whatever we want. As part of being one with what we want, we embrace the whole picture, because we are already one with it, and it’s just a matter of time before we realize that and see that in our lives.

And you’re probably going to find that you have a “this or something better” moment, just like Dr. Joe Vitale explained in the program. He was focused on the Gullwing and got that or something better. If you focus on what you want, you’ve got to be open to the idea that the universe may very well provide to you that, or something better. So one of the powerful ideas in the fourth dimension is keeping your mind open as you work with your energy and follow your inspiration and realize that you are one with what you want, keep in mind the way the universe works. You may very well receive what you want, or something better. And when that happens, you’ve got to embrace it. You’ve got to realize that the universe has delivered on its promise, and you must accept. That’s the power of embracing the fourth dimension.

Dr. Joe and I want to thank you for being here and being part of this fourth dimension process. And we hope that you’re transformed by this
experience. You can use affirmations in the first dimension, aligning your intentions with what you want will help you do, be or have anything you want. In the second dimension you can create a vision board to help you attract things or experiences into your life, visualizing your future is very powerful. In the third dimension, you will feel it real into your life, whatever you want to manifest, you will make it a physical reality by mentally feeling it real. And in the fourth dimension, you will become one with what you want to have, do or be. You will energetically merge with whatever it is that you want in your life.

Now, go forward in your life, understanding that it can be anything that you want it to be. I’m Dr. Steve G. Jones and on behalf of myself and Dr. Joe Vitale, we hope that you have an outstanding life!
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