



## Call for Posters

### 2<sup>nd</sup> Healthy Weight Research Network Symposium

### *Promoting Healthy Weight in Children & Youth with Intellectual & Developmental Disabilities: Current Research and Future Directions*

Friday April 5, 2019 ~ 9AM to 6PM  
Omni Parker Hotel, Boston, MA

### Poster Abstracts Due: February 15, 2019

The 2<sup>nd</sup> HWRN Symposium will provide a forum for researchers, practitioners, policymakers, people with disabilities, family members, and other interested individuals to learn about current research in the field related to promoting healthy weight for children with intellectual and developmental disabilities. Through knowledge translation and dissemination this interdisciplinary Symposium provides an opportunity to shine a light on the need for evidence-based health promotion programs, practices, and policies on behalf of this population.

The Symposium will include:

- talks by leading researchers on health disparities, nutrition, eating behaviors, physical activity, and weight management for children with ASD/IDD.
- a poster session to highlight innovative research activities that align with the HWRN's research agenda
- a networking reception to enable conference participants to meet and learn from one another.

#### **To Submit a Poster:**

Attendees are encouraged to submit proposals for the poster session; posters can feature new work or research that has been previously presented or published. At least one author must be present at their poster during the poster session and must register to attend the Symposium.

Posters should reflect the **HWRN's Research Agenda**, which focuses on the following topics relevant to children and youth with IDD and their families:

- **Eating patterns**, eating behaviors, and family practices around food/mealtimes,
- **Physical activity** and sedentary behavior patterns and their relation to weight status
- **The influence of school and community-based organizations** on children's food intake and physical activity, and how these environments may be modified to promote healthy weight in youth
- **Prevention or intervention programs and/or systems of care** that can be developed, adapted, and delivered in order to be responsive to the needs of youth with ASD/DD and yield the most positive outcomes possible
- **The characteristics, experiences, and/or priorities of individuals with ASD/DD and their families**, and how these factors may influence or inform the maintenance of a healthy weight
- **The development and/or assessment of dietary, physical activity, and other relevant obesity-related measures** for use in research with children and youth with ASD/DD

[Poster abstracts can be submitted online](https://tinyurl.com/HWRN2019-POSTERS) (<https://tinyurl.com/HWRN2019-POSTERS>)

#### **The following information is required:**

- Corresponding author's contact information
- Poster Title
- Author Information (full name, degree, affiliation)
- Structured Abstract (total of 500 words)
  - Introduction
  - Methods
  - Results
  - Discussion/Conclusions