# Flamborough Centre Parent Information Night

## Thursday, January 29, 2015 • 6 pm – 8 pm Flamborough Centre School, 922 Centre Road

6:00-7:00 pm



**Keynote:** 

"Understanding How Your Child's Brain Works"

**Cam Fraser,** Program Director, Additional Qualifications Courses School of Teacher Education, Charles Sturt University Ontario

Cam Fraser is passionate about helping students, educators and parents understand how the brain works. He believes that once we understand the workings of the brain we can engage children in meaningful experiences. Considering brain research and real-world examples he will offer practical and effective keys to success.

7:00–7:15 pm

7:15-8:00 pm

**Break** 

Attend one of three workshops/sessions

### Option 1: Understanding the Teenage Brain

Cam Fraser, Charles Sturt University

This workshop will follow up on the introduction provided in the keynote. The focus will be on the biology of the teen brain and how it impacts learning and reasoning.

### Option 2: Helping Kids Deal with Divorce

Theresa Groen, Counselor

This session focuses on the issues children face when parents decide to separate/divorce and the resources available to families.

#### Option 3: Prevention of Drug and Alcohol Abuse in Teens

Constable Drodzd/Officer Cronin Community Liaison Officer

This session will provide education, tools and information for parents on how to detect and/ or prevent and/or deal with drug and alcohol use with their early adolescent.

Last minute
Drop-ins
welcome!
FREE Childcare

on site!

This information night is made possible through a Ministry of Education Parents Reaching Out grant awarded to Flamborough Centre School Council.

To attend this FREE Information night, Call: 905-689-6636, Email: jgerrits@hwdsb.on.ca OR RETURN section below to your school by January 22, 2015.

Name	 ☐ Keynote: Child's Brain	Childcare required?	
Tel	PLUS	☐ Yes	□ No
	☐ Option 1: Teenage Brain	# childre	n
Email	 ☐ Option 2: Separation/Divorce		
School	☐ Option 3: Drugs and Alcohol		