

**Important Webinar for Parents, Teachers or Any
Adult Working With Youth!**

“Aren’t all Teenagers Moody?”

Helping Adults Recognize Mood Disorders in Youth

When: Friday Sept. 26th from 12-12:30

Take a moment over your lunch hour to learn more about how you can recognize and support a teen that is struggling with a mental health issue.

To register contact:

Leanne Needham, Coordinator of Family and Youth Programs

leannen@mooddisorders.ca

This program is brought to you by THE MOOD DISORDERS ASSOCIATION OF ONTARIO

www.mooddisorders.ca, 1-888-486-8236



Mood Disorders Association of Ontario