

Keynote Address: John Lord 9:00am to 10:00am

Workshop 'A' Choices 10:30am - Noon

A1 - The Right Way...For People with Developmental Disabilities: Josh Dion-Broadley, Salvation Army Lawson Ministries and Tanya Sizer, Community Living Hamilton

The presentation provides education on individual's rights and the associated responsibilities. Also included, the video titled, "The Right way", is based on the established 16 Rights. This video is used as a tool to generate discussion on Rights and Responsibilities and allows individuals with developmental disabilities to reflect and visualize where their rights have been respected or broken.

A2 - Using Public Transportation Independently & Safely: Michelle Martin, Salvation Army Lawson Ministries—Community Access to Transportation

A summary of Community Access to Transportation teaching materials and segments of instructional videos used to explore pedestrian personal safety and problem-solving skills needed to use public transportation independently and safely. We will also talk about how families and caregivers can support the learning experience and what they can do to prepare a person for independent travel.

A3 - An overview of Developmental Services Ontario - Hamilton Niagara Region: Leanne Mione & Kelly Peart, Developmental Services Ontario - Hamilton Niagara Region

The Developmental Services Ontario Hamilton Niagara Region (DSO HNR) will provide an overview of access to adult developmental services and supports. From Intake to completion of the Application Package. Touching on many changes in the Developmental Services sector over the past 3 years, information regarding the DSO's principles, key responsibilities and learnings will be shared.

A4 - The Family Experience of Change - A Panel Discussion: Karen Moncrieff, Raymonne West and Frank Reid

This will be a panel discussion around some of the personal challenges of letting go of complete care-giving responsibility of a loved family member. Panel members will share personal stories of their feelings/thoughts then and now, which may range from guilt and fear to a new found freedom as they build their relationships differently, adjusting to a changed role with their loved one.

A5 - The Self-Advocacy Story: Speakers TBA

A session for self-advocates.

A6 - Friends and Inclusion: John Lord, Karen Lord and Peggy Hutchinson

Karen Lord, along with her parents, Peggy Hutchinson and John Lord, will present a workshop that highlights various approaches that family and facilitator have used to assist Karen in building relationships.

A7 - FASD - Understanding and Supporting Those with FASD: Rachel Saunders, Social Worker, Milestone Foster Homes and Arnold DeVries, Lynwood Charlton Centre

Dr. Sterling Clarren, a Fetal Alcohol Spectrum Disorder expert says that FASD is the most challenging disability an individual can have. Join us to learn more about this disability and some "FASD friendly" interventions and community supports.

A8 - Person Directed Planning: Joanne Markey, Rygiel Supports for Community Living

The session will address the requirement for Person Centred/Directed Planning for anyone who receives services within the Developmental Services sector. What is a PDP? What is the process? What difference will it make to the life of the person receiving support? These questions will be addressed.

Workshop 'B' Choices 1:00pm - 2:30pm

B1 - Using Public Transportation Independently & Safely: Michelle Martin, Salvation Army Lawson Ministries—Community Access to Transportation

A summary of Community Access to Transportation teaching materials and segments of instructional videos used to explore pedestrian personal safety and problem-solving skills needed to use public transportation independently and safely. We will also talk about how families and caregivers can support the learning experience and what they can do to prepare a person for independent travel.

B2 - MyDirectPlan - Hassnane Sajan, DARTS Solution Inc. and John Bedell, former ED of Woodstock Association of Community Living

MyDirectPlan is an easy to use online budgeting and reporting tool designed for individuals receiving Direct Funding. MyDirect Plan will track your expenses and provide personal budget forecasting. The application streamlines the administration of your Direct Funding and meets the reporting requirements of your Passport agency. The speakers will be accompanied by families who have adopted use of the tool.

B3 - An Overview of the Hamilton Niagara Region Regional Passport Program: Glenn Forrest, Contact Hamilton

Passport is a direct funding provincial program under the Ministry of Community and Social Services for persons that are 18 years of age or older with a developmental disability. The workshop will provide a knowledge-based overview of the Passport Program and what expenses are admissible. With the increase in recipients and funding, the Passport Program continues to grow. You will be given opportunities to connect with the staff that provides direct service delivery.

B4 - The Right Way...For People with Developmental Disabilities: Josh Dion-Broadley, Salvation Army Lawson Ministries and Tanya Sizer, Community Living Hamilton

The presentation provides education on individual's rights and the associated responsibilities. Also included, the video titled, "The Right way", is based on the established 16 Rights. This video is used as a tool to generate discussion on Rights and Responsibilities and allows individuals with developmental disabilities to reflect and visualize where their rights have been respected or broken.

B5 - The Family Experience of Change - A Panel Discussion: Karen Moncrieff, Raymonne West and Frank Reid

This will be a panel discussion around some of the personal challenges of letting go of complete care-giving responsibility of a loved family member. Panel members will share personal stories of their feelings/thoughts then and now, which may range from guilt and fear to a new found freedom as they build their relationships differently, adjusting to a changed role with their loved one.

B6 - RESPITESERVICES.COM: Ron Trajano, Rygiel Supports for Community Living

The session will provide an overview of the database and information for families and potential workers on how to register in the database and how families can find workers through this user-friendly tool.

B7 - Mindfulness in Everyday: Jo-Anne Kens, Hamilton Brant Behaviour Services

Mindfulness is not new, but interest has grown in recent years, making it more accessible for everyone. Learn simple techniques to reduce stress and promote well-being for yourself and others. See the world in a whole, new way.

B8 - A Conversation about Individualized Funding and Independent Facilitation: John Lord

A question and answer sessions that will build upon the keynote address, A New Day.

Keynote Speaker John Lord Presents "A New Story"

A New Story reflects the research and awareness of a new paradigm of support that include key elements, including individualized funding, independent facilitation, community engagement, strong family networks and person-centred approaches.



For decades, John Lord's mission has been to use research and education to create positive change in human services and communities, so that vulnerable citizens can achieve full citizenship, participation and equality. Inclusion and belonging are central to this mission.

The organizing committee would like to thank KKP for their generous sponsorship of this event.



Saturday May 9, 2015

8:00 am - 2:30 pm

Cost: **\$10.00** - parents, advocates,
self-advocates and guardians

\$25.00 - agency staff (**limited availability**)

Cost includes continental breakfast,
lunch and workshops

Location:

**St. Mary Catholic
Secondary School
200 Whitney Avenue
Hamilton, ON**

Free Parking in lot off
Rifle Range Road



Register by April 30, 2015

We advise everyone interested in
attending to register early to
avoid disappointment. Workshops
have limited space available.
Registrations will be processed on
a first-come-first-served basis.



Conference Day At A Glance

Saturday May 9, 2015

St. Mary High Catholic Secondary School, 200 Whitney Avenue, Hamilton, ON

Morning Workshops

8:00 - 9:00	Registration, Agency Booths and Breakfast
9:00 - 10:10	Greetings from the MCSS Hamilton Niagara Region Keynote Speaker
10:10 - 10:30	Morning Break
10:30 - noon	Workshop A Choices

Afternoon Workshops

Noon - 1:00	Lunch Break Agency Booths
1:00 - 2:30	Workshop B Choices
2:30	Evaluations

Continental Breakfast and lunch provided by:



Please note: We cannot guarantee that foods provided have not come in contact with food allergens.

List of Supporting Agencies

- Bethesda
- Beth Tikvah Foundation of Hamilton
- Catholic Family Services - Adult Protection Services
- CHOICES
- Christian Horizons
- Community Living Hamilton
- Developmental Services Ontario, Hamilton Office
- Family Counseling Centre of Brant - Hamilton Brant Behaviour Services
- L'Arche Hamilton
- Rygiel Supports for Community Living
- Salvation Army Lawson Ministries
- Woodview Mental Health & Autism Services
- YWCA Hamilton
- Ministry of Community & Social Services, Hamilton Office

Help for Today, Plan for the Future 2015

A conference for parents,
guardians, self-advocates
and advocates, of
individuals with
intellectual disabilities.

Keynote Speaker:

John Lord

Presents

"A New Story"

See inside for more information