

# Custom Recipes & Photos



*Raspberry & White Chocolate  
Growing Oatmeal*



## Cheerios

*Double Chocolate  
Cereal Balls*





# Hungry Girl Double Chocolate Cereal Balls



PRODUCTS

RECIPES

Cheerios

COUPONS

SEARCHQ

FROM CHEERIOS



## Hungry Girl Double Chocolate Cereal Balls

Lisa Lillien aka **Hungry Girl** makes her delicious Hungry Girl Double Chocolate Cereal Balls. Recipe courtesy of Hungry Girl. Sign up for the free daily emails at hungry-girl.com.

30  
MIN

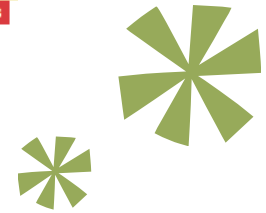
PREP TIME

30  
MIN

START TO  
FINISH

12

SERVINGS



Custom  
Recipes for  
use on  
client's site

### INGREDIENTS

- 3 cups miniature marshmallows
- 2 tablespoons light whipped butter or light buttery spread
- 4 cups Multi Grain Cheerios™ Dark Chocolate crunch cereal
- 3 tablespoons miniature semisweet chocolate chips
- 12 paper lollipop sticks, if desired

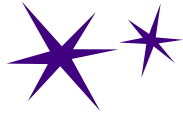
### DIRECTIONS

- 1 Line cookie sheet with waxed paper or cooking parchment paper.
- 2 In large microwavable bowl, microwave marshmallows and butter uncovered on High 45 seconds to 1 minute. Stir until smooth.\*
- 3 Immediately stir in cereal and chips until evenly coated. Let cool for 10 minutes, or until mostly cool. Press mixture firmly into 12 two-inch balls (if necessary, lightly spray hands with cooking spray to prevent sticking; wash hands occasionally, and re-spray). If desired, insert paper lollipop sticks into center of each cereal ball, pressing firmly around each stick. Store loosely covered. Best if served the same day.

#### TIPS

\*You can make the marshmallow mixture on the stovetop. In 3-quart saucepan, melt marshmallows and butter over low heat, stirring until marshmallows are melted and mixture is smooth. Remove from heat and continue as directed in step 3.





## Fiber One Custom Recipe & Photos

*HG mirrored the client's design style and produced beauty as well as de-constructed shots*



**FIBER  
One**

*Hungry Girl's*  
**NEAPOLITAN COOKIE PARFAIT**  
**275 CALORIES**

### *Hungry Girl's* **NEAPOLITAN COOKIE PARFAIT** **275 CALORIES**

**FIBER ONE DOUBLE  
CHOCOLATE SOFT  
BAKED COOKIE  
120 CALORIES**



**5.3-OZ. CONTAINER  
FAT-FREE VANILLA  
GREEK YOGURT  
115 CALORIES**



**3/4 CUP CHOPPED  
STRAWBERRIES  
40 CALORIES**

**FIBER  
One**

# Custom Recipes & Photos

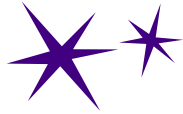


*Spicy Hummus Toasts*



*Sweet & Spicy Tuna Pasts Salad*





# Custom Recipes & Photos

HG created 4 custom Recipes for use on Old London/Melba's site, Social Media & Press




MELBA

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## Healthy Old London Foods Recipes for Snacks, Appetizers & Dinners

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### Strawberries & Cream Toasts

A sweet spread topped with fresh strawberries. Serve this as an appetizer or dessert. Entire recipe: 115 calories, 2g fat,

[View Recipe](#)



### Spicy Hummus Toasts

An appetizer with hummus and the right amount of spice atop Melba Toast. Entire recipe: 160 calories, 4g fat, 255mg sodium,

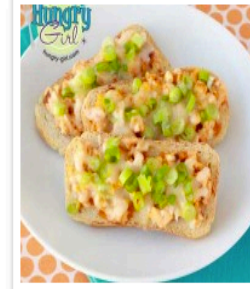
[View Recipe](#)



### Potato-Skin-Style Melba Snacks

A delicious and easy bacon appetizer your guests will love! Entire recipe: 160 calories, 8g fat, 437mg sodium, 13g carbs, 1.5g fiber,

[View Recipe](#)



### Buffalo Chicken Toasts

Chicken breast mixed with hot sauce and sour cream and topped with cheese. Enjoy this appetizer while watching the game or at

[View Recipe](#)