



Spinach Fettuccine Supersized with Zucchini Ribbons

PER SERVING (entire recipe, about 2 1/2 cups): 230 calories, 1.5g fat, 53mg sodium, 45g carbs, 4g fiber, 4.5g sugars, 9.5g protein -- **PointsPlus™** value 6*



Prep: 5 minutes

Cook: 15 minutes

Ingredients:

1 serving (2 oz.) uncooked spinach fettuccine

1 medium zucchini, ends removed, thinly sliced lengthwise into wide flat strips

Directions:

Prepare pasta per package instructions.

Meanwhile, steam squash strips until soft, about 7 - 8 minutes. (If you don't have a stovetop steamer, place squash strips in a microwave-safe bowl with 2 tbsp. water. Cover, microwave until soft, and drain.)

Toss with cooked pasta and your sauce of choice!

MAKES 1 SERVING



Check out Hungry-Girl.com for TONS more **guilt-free recipes, food finds, and tips 'n tricks!** And don't forget to **sign up for FREE daily emails!**

*The PointsPlus™ values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the PointsPlus™ registered trademark.