

StarKist Tuna Pouch



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Recipe of the Week

Simplify Friday meals with our easy pouch recipes – appetizers, wraps, casseroles and more. Check back for a delicious new idea every Friday.

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Hungry Girl's Sweet & Spicy Tuna Tacos
Created by: Hungry Girl

Ingredients

- 1 pouch (4.5 oz.) StarKist Tuna Creations®, Sweet & Spicy
- 1/4 cup salsa
- 4 corn taco shells (flat-bottomed shells, if available)
- 1 cup shredded lettuce
- 1/4 cup diced onion
- 1/4 cup diced tomato
- 2 tbsp. chopped cilantro

Directions

- In a medium bowl, mix Tuna Creations® and salsa.
- Evenly fill shells with lettuce, Tuna Creations® mixture, onion, tomato, and cilantro. Yum!!



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PER SERVING (2 tacos): 224 calories, 6g fat, 577mg sodium, 28g carbs, 3g fiber, 6g sugars, 15g protein

Prep Time: 5 minutes

Cook Time: 0 minutes

Servings: 2

For more recipes visit StarKist.com [CLICK HERE](#)

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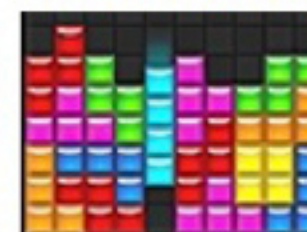
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