

THE BENEFITS OF FITNESS EQUIPMENT FOR YOUTH IN PARKS & SCHOOLS



DID YOU KNOW?

According to the CDC, **only 24% of American adolescents get the recommended 60 minutes of daily physical activity.** As a result, there is a concerning rise in anxiety, poor focus, and lower academic performance.

► INCREASED PHYSICAL ACTIVITY

- Promotes Lifelong Fitness Habits
- Accessible to All Fitness Levels
- Reduces Screen Time & Sedentary Behavior

► IDEAL FOR 9-12 YEAR OLDS

Children ages 9-12 often age out of traditional playgrounds but still need a solution for outdoor play. Our ExoKids line is designed to bridge that gap- keeping kids active, challenged, and engaged with equipment that matches their growing strength, coordination and confidence! By providing the right balance of fun and fitness, we can help pre-teens stay excited about movement while building healthy habits!

► BETTER MENTAL & EMOTIONAL HEALTH

- Reduces Stress and Anxiety
- Improves Focus & Academic Performance
- Boosts Mood & Confidence



FOR AGES 13 AND UNDER



2-Person Air Walker



2-Person Cross Skier



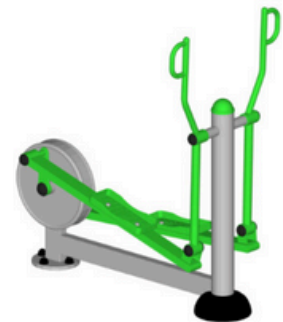
2-Person Leg Press



Air Skier



Balance Beams



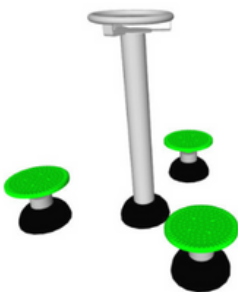
Elliptical Cross Trainer



Rider



Rowing Machine



Triple Twister



Tai Chi Spinners

