Creating Your Ideal Life
8 Categories Overview

For simplicity's sake we divide life into 8 categories. These are not 'real', simply useful in defining, managing, and maintaining a well-formed life. Later you will be able to tweak the 8 categories to adjust them to exactly how you want the world organized. For now, use the categories as we've established them.

Finances: The marketplace and economy define a great many of society's biases. They also play a major role in how most people feel (not enough money = terror, plenty of money = confidence and success). Your knowledge and skillsets within this arena are critical to your success, and ignorance of the system can be catastrophic. Your finances are about both how skilled you are at winning: earning, spending, saving, and amassing in the current economic system, as well as how you are positioning yourself and our society for the imminent shift into a "humanity-wins" post-capitalist system.

Career: The inevitable direction of our species is toward doing more with less. This will lead to more automation and a loss of jobs. The trend of unemployment will reorganize people toward following their fascination as their primary vocation. Unimpeded by the constraints of outdated capitalist systems of control, people will be able to explore their natural instincts -- allowing the urges of the superorganism of humanity to swell to the surface -- leading to systemic harmony. This is the natural result of a healthy, technologically advanced civilization. You can already see it happening throughout Western culture where more and more people are creating jobs that they love.

Passions & Hobbies: Your passions and hobbies are a major part of your life, both in terms of who you are and what you spend your time enjoying. This is where you get to explore and refine your fascinations and track what you love doing.

Health & Fitness: This is about the maintenance of your physical health and well-formedness, as well as providing yourself with proper input (nutrition, hydration, sleep patterns, exercise) to ensure optimal output and overall functioning.

Time & Space Management & Design: Your relationship with your surroundings and time are foundational to how you experience the world. You want to design and manage them so that they support and stabilize you in being centered and balanced. By developing your awareness of these dimensions of reality you become more powerful in shaping them.

Love: Your connection with your partner can energize and strengthen any aspect of you. Optimally, love is synergistic and stabilizing, amplifying the best in both of you. It changes the way you experience, interpret, and behave in the world for the best. The habits necessary to have a sustainable and mutually beneficial relationship are a powerful dimension of your life.

Friends & Family: You become more like those you are surrounded by. Your identity is made up in large part by who the people closest to you think you are. In that way, your friends and family are pillars of your identity. This is about the ways in which you are connected with the people you love the most.

Personal Evolution: Your ability to steadily upgrade and enhance yourself and your environment in order to improve success for yourself, the people you love, and the superorganism of humanity. This includes your decision making, self operation, performance, increasing scope of awareness, and in-the-moment experience.