



# Horse Happiness

## ACTIVITY CHECKLIST

*This list contains simple activities that will make your horse very happy.  
Try to include some whenever you spend time with your horse.  
Check each activity off when you have tried them.*



### FIND A FAVORITE SCRATCH SPOT

*Try different areas and notice your horse's reaction.  
Find the place that they LOVE to be scratched.*



### FIND A FAVORITE TREAT

*Find a treat that your horse really craves. Something  
simple like carrots or bake a special treat.*



### FIND A FAVORITE TOY

*Find a toy that encourages your horse's playful nature.  
Strong dog toys can make good horse toys.*



### SAY HI TO YOUR HORSE

*Spend a little time greeting your horse before you  
catch them or ask them to do anything.*



### GO EXPLORING

*Each week go for a short walk and explore your local  
area together.*



# Horse Happiness

## ACTIVITY CHECKLIST

### DO NOTHING

*Spend some time each week just hanging out with your horse. No work. No agenda. Just relax together.*



### HELP YOUR HORSE TO LEARN

*Think about ways you can make it easier for your horse to learn new tasks by breaking them into simple steps.*

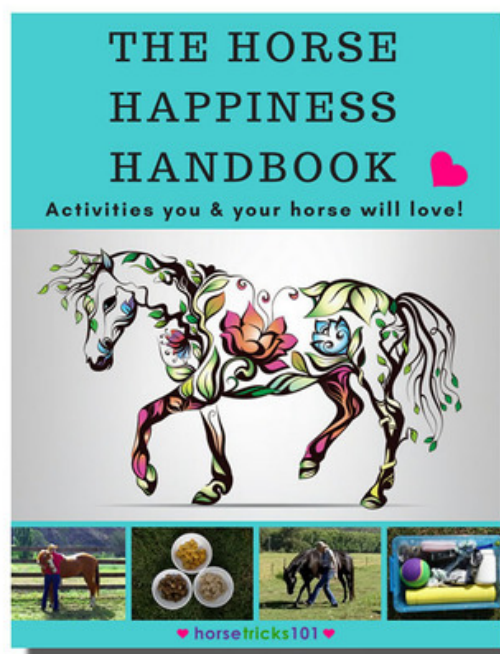


### BE INTERESTING

*Try to do something new together every day, even for just a few minutes.*



**For new, fun and interesting activities  
that you and your horse can do together  
get your copy of The Horse Happiness Handbook**



**[CLICK HERE TO GET YOUR COPY](#)**