A man with a mustache, wearing a black turtleneck and black pants, is climbing a large, reddish-brown rock formation. He is holding a large, orange power cord that is as thick as a tree trunk. The background is a bright blue sky with wispy white clouds. The title text is overlaid on the right side of the image.

Rev. Bil Unplugged and Unedited

Rev. Bil Holton, Ph.D.

*Author of The New Metaphysical Versions of
Matthew, Mark, Luke, John, and Revelation*

Rev. Bil

Unplugged & Unedited



*MetaSpiritual Truths that Challenge
Unquestioned Answers So You Can
Master the Art of Living in Skin School
by Walking the Spiritual Path on Practical Feet*

Rev. Bil Holton, Ph.D.

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Introduction

I've written this book for people who consider themselves more spiritual than religious, who recognize that their True Essence is divine, who have outgrown the need to worship a god 'out there' who punishes 'sinners' and keeps the faithful fearful and petitioning for the things they want. The content in this book is very definitely for people who are open-minded in matters that are spiritual, metaphysical, allegorical, metaphorical, scientific and spiritual.

I elaborate just a bit more on the term MetaSpirituality, which Cher and I coined to describe the ceilingless marriage between spirituality, metaphysics, quantum physics, philosophy, neuroscience, biology, Theosophy, Rosicrucian teachings, anthroposophy, gnostic teachings, genetics and epigenetics, positive psychology, Enochian teachings, epistemology and cosmology, the esoteric teachings of the world's major faith traditions, etc., and the spiritual insights gained from our own spiritual practices. (See our books entitled *Straight Talk About Spiritual Stuff* and *More Straight Talk About Spiritual Stuff*)

MetaSpirituality is a way of life. It invites you to 'leave your nets.' 'Leaving your nets' means subordinating your material interests to your spiritual growth. It means choosing to live at the speed of your enlightenment, so your Divine Nature can 'net' you the Self-Realization you seek as you strive for aligning (oneing) your human nature with your *Higher Spiritual Nature*.

It's the ceilinglessness, limitlessness and expansiveness of MetaSpirituality that interests Cher and I, and which we believe will interest you, too. It frees you to challenge all unquestioned answers in order to gain a broader realization of, and deepen your understanding of, your place in the universe. And as you gain new insights you'll feel a sense of awe and giddiness that tells you that you're on to something extraordinary.

With God (Pure Universal Consciousness, One Reality, Infinite Inness, Eternal Presence) expressing Itself through Its *Logos* Nature

in human form as you, you'll be able to disentangle yourself from your small 's' self (human self) by aligning (oneing) yourself with your capital 'S' *Self (Higher Spiritual Self)*. That means you must not repress your *Higher Spiritual Self*. Once you maintain a tight alignment (oneing) with your *Logos Nature*, you'll attract the Universal Truth Principles you need to guarantee your eventual illumination and Self-Realization. And that illumination—your Self-Realization—can be just a thought, an insight, an intuition away. It's a state of higher consciousness that you can achieve in this lifetime!

If you're like us, you've outgrown the dogmatic mindset of mainstream Christianity. Mainstream Christianity, including religious fundamentalism, is built on the belief of humankind's alienation from an anthropomorphic god meme in the sky who is separate from us. And this 'alienation complex' has birthed an atonement theology that reflects humankind's supposed 'fall from grace.' We prefer an 'at-one-ment' spiritual perspective that focuses on our *worship* as spiritual beings having a human experience and affirms our oneness as indivisible human extensions of the One Reality (Pure Universal Consciousness, Infinite Isness, Eternal Presence).

You'll find that my 'unplugged tone' in this book calls for the dismissal of the concept of a vengeful, amygdala-driven, anthropomorphic god in the sky. I advocate 'defriending' dogma and disowning a literal-only interpretation of sacred scripture. I propose growing beyond the embedded religious theology of your youth—in order to open your mind to the perennial wisdom and universal truths that reveal your True Divine Nature!

For example, in quantum physics terms, 'cosmic inflation' is the idea that, in the first split-second after the Big Bang, the universe underwent a fantastically fast (exponential) expansion driven by the vacuum of space. When it comes to spiritual growth, the same thing happens when you are introduced to a new MetaSpiritual teaching (Big Bang) that causes your awareness to expand exponentially into inner space (your thought universe).

You'll find throughout the pages of this book that I invite you to use a multiplicity of religious practices and turn them into

spiritual practices. I prescribe what I call ‘spiritual inoculations’ to help you build a solid spiritual practice. Here are some Cher and I use to inoculate ourselves from the world of outer appearances: meditation; affirmative prayer; spiritual visualizations; positive affirmations and resolute denials; the support of like-minded friends and family; a positive attitude; an optimistic spirit; a giving consciousness; affirming your alignment (oneing) with your innate divinity; and disciplined metaphysical study.

Your devotion to disciplined spiritual practice will produce in you a *Self Conscious* rhythm that will become so powerful that all unlike energies and vibrations are eliminated. The blight of error thoughts (kamikaze or intentional), egocentric choices and discordant actions will no longer contaminate your consciousness. Divinely alchemicalized currents will flow through every cell, atom and molecule of your physical, emotional and mental body making you a highly spiritualized container of divine audacity.

There’s one more thing you should know about my MetaSpiritual focus: MetaSpirituality generally interferes with dogmatic biases, denominational sparring, religious exclusivity, mainstream churches’ science phobia, and the denigration of women and same sex couples.

Welcome to the unplugged Rev. Bil, and I humbly invite you to allow what you read in these pages as teases to deepen and expand your own appreciation for your own innate wisdom as you continue your journey toward your own Self-Realization.

By the way, if you haven’t come across it yet, check out our online ministry, The Global Center for Spiritual Awakening.com—our cyber spiritual IP address, and hopefully your soon-to-be adopted cyber spiritual home!

Namaste.



Abacadabra-ing

Abacadabra-ing is using mindfulness meditation, affirmative prayer, visualization, open-mindedness, optimism, intuitiveness, mysticism, transcendentalness, metaphysical and esoteric teachings, and positive affirmations as the open sesame to happiness, healing and enlightenment.

Acceptance

Stop questioning the validity of your existence. If you weren't here, there would be a lot of other people, places and things that wouldn't be here.

Accepting things as they *are* is not the same thing as accepting things as they *come*.

Acupuncture

What if hugs, smiles, playful eye winks, compliments, kisses on the cheek, holding hands, rest, a soothing sip of hot coffee or tea, and mutual sharing of highly personal information are all forms of spiritual acupuncture!

Adamic Arsenic

The unenlightened ego is a form of Adamic arsenic. It is poisonous (arsenic) to your spiritual growth. The instability you feel when you refuse to acknowledge your Divine Core is the plight of an unenlightened ego. In a very real sense, an unenlightened ego is the antithesis of spiritual growth. An anti-spiritual growth mentality sees separation, breeds separation, and leads to a life of unnecessary isolation from your Higher Spiritual Self and literally cultivates a propensity toward darkness and despair. What makes your recalcitrant ego especially paranoid at any level of your spiritual development is that it realizes it must be totally subordinated (become totally selfless and accepting) by being absorbed into your Deeper Self (Divine Nature or Higher Spiritual Self) if you are to become a fully illuminated being.

Adept

MetaSpiritually speaking, an adept is a highly evolved spiritual idea, sacred spiritual principle or divine insight. It also refers to a highly enlightened, spiritually-attuned human being, or other intelligent highly conscious being, who has mastered his or her skin school, dimensional, interdimensional and/or intra-dimensional experiences.

Affirmations

There's so much news out there now to depress us if we allow it, and create fear in our lives if we permit it! I reach out to you and boldly say: Do not give into anything that's the product of outer appearances! Face life with joy. Do it with every thought, each choice and every action. For example, when you wake up and feel grouchy, immediately affirm, "I greet this day with joy!" When you have to do some project that you're not looking forward to, simply affirm, "I do this with joy!" You'll be amazed at the difference. A great denial / affirmation is this: "No one or no thing can rob me of my joy! I face life with joy!" (A denial is an assertion that gives no power to outer appearances).

Affirmations are powerful, purposeful intentions to align (entrain) your human self with your Divine Nature (Cosmic Logos Nature) so you can achieve what you desire by right of consciousness as you move toward (unfold into) Self-Realization (become consciously one with your Logos Nature).

Say your affirmations like you mean them ... like you *believe* them! Affirm them with conviction! [*Finish this sentence: It's not only WHAT you say, it's ...*] Put your zeal and energy behind the words! And then become aware of the energy boost you feel as you affirm the truth of who you really are, and notice the change you experience in your ability to bring a sense of well-thought-out, sensible order – Divinely Ordering Your Good – to whatever you are doing. If you're not doing that, you're kidding yourself if you expect to get traction in your spiritual growth. I'm not kidding about that. You'll get the traction you need, because you're worth getting the traction you need! (See the TH Factor and *Worship* references.)

Affirmative Prayer

Pleasant thoughts, positive and optimistic inclinations, sitting meditations, and affirmative prayers are all dopamine triggers. Dopamine, the pleasure chemical, is produced when we see the world as a safe, life-enriching experience.

Make each affirmative prayer a doxology toward your health, wealth, happiness and Self-Realization. By the way, affirmative prayers are just a series of positive affirmations that you employ to underwrite your greater good.

Pray affirmatively for twelve minutes and exercise for twenty-one minutes today, unless you're too tired or too busy. In that case, double the time for each activity. Why? Because if you haven't done the '12-to-21' ritual today, your 'material lacticity' will slow both your spiritual practice and your happiness down.

Ahylozoics

Ahylozoics is a mouthful, isn't it? It's a term I've coined which means that all matter (including dark matter and dark energy) in the physical universe is a product of the Apeiron nature of Pure Universal Consciousness (the One Reality). (See the *Cosmic Logos* and *Word* references in this book and the Apeiron reference in our *More Straight Talk About Spiritual Stuff* book for a more detailed look.)

Akashic Records

The Akashic Records are believed to be an experiential body of timeless knowledge that contains the energetic signatures of the origin of sentient souls, previous lifetimes, soul intentions and purposes, and future points of choice and possibility. With billions of choices, thoughts and actions made by billions of people each-consecutive-moment-of-now throughout humankind's presence on earth – and our presence as spiritual beings in other dimensions - the Akashic Records change and are updated every nano-second.

The total information about you (your Book of Life, *Quantum Self*) includes many incarnations and reincarnations on the earth plane and in other dimensions of being. So, the information you

seek will come in bytes and bits, a little at a time. (See the Book of Life, Consciousness, Dweller on the Threshold, Lower Four Bodies, Noah's Ark, Soul Spelunking, and Xenoglossia references)

The Akashic Records are reported to be the collective brain dump, aggregate emotional energy and cumulative psychical prodigiousness of all of the sentient beings who have stepped into our universe.

Alpha and Omega

The world is your 'inn' and your physical body is your 'manger' in an incarnational experience. Out of your quantum beginning (Alpha Point) you have an opportunity to grow into an awareness of your Divine Nature. Once you attain that higher awareness of your divine stature by upping your consciousness, you can transform your earthly body (and any of your extra-dimensional bodies) into a highly alchemicalized vehicle of consciousness (Omega Point) and free yourself from the confines and limitations of physicality. The irony is captured by T.S. Eliot in *Little Gidding*: "And the end of all our exploring will be to arrive where we started. And know the place for the first time." And, I believe that place is the '*Higher Self-Centric You*' which is your True Spiritual Nature.

A-Musing

I love to live in the lateral, out-of-the-box thinking world, because there's a lot more room 'out there.' And that's the only place (state of consciousness) you're going to find the Muse who loves plenty of elbow room, too.

Angels

Adepts, ascended beings, celestial guides, divine messengers, supernatural beings, spiritual Samaritans, ascended spiritual masters, benevolent immortals, and advanced spiritual teachers can all be referred to as angels. They are Self-Realized spiritual beings who have mastered the human experience (and other

interdimensional experiences) and make themselves available to guide and assist highly conscious beings who are not as advanced spiritually. One day you, too, shall become ‘angelic’ and either help sentient beings on earth and/or in other dimensions.

Antahkarana Bridge

The *antahkarana* bridge (rainbow bridge, divine corridor, spinal column) describes the pathway of your entry into higher consciousness. This cosmic bridge (not to be confused with the beautifully written pet rainbow bridge) is built with the intent and mental substance of concentrated focus through many lifetimes. The quality of that focus becomes more refined as you achieve greater levels of Self-Realization.

Anthropomorphic God Meme

In my opinion, mainstream religious traditions worship an anthropomorphic God meme. A meme, as you know, is an idea, a belief, catch phrase, or pattern of behavior that goes viral and spreads throughout a culture like a virus. It’s a self-replicating theme that’s transmitted mindlessly from one person to another through written and spoken words, gestures, rituals, news and social media.

For example, the phrases ‘the good die young,’ fake it ‘till you make it,’ and ‘I didn’t have a choice’ are social memes. Santa Claus, the Easter Bunny, the Tooth Fairy and Mr. Clean are marketing memes—to name a very, very, very few of the thousands of memes. Memes are especially contagious to those who are highly impressionable and neglect to question unquestioned answers. Dogmatic religious beliefs are memes and infect tens of millions of people.

In the principles of unity, non-locality, and holographic wholeness which physicists, neuroscientists, and metaphysicians have set forth, you are not the creation of an anthropomorphic, white-bearded, white-clothed God meme in the sky, who molded and shaped you and set you on the path of life ‘down here’ in skin school. I believe humankind got that notion from a super-powerful

being (avatar, extraterrestrial, extremely adept spiritual teacher, etc.) who came to earth from another dimension eons ago and appeared godlike, because he had abilities that humankind had never seen before (agelessness, bilocation/multilocation, far superior intellect and mental power, psychic powers, telepathy, immense physical strength, levitation, disappearing and re-appearing abilities, etc. (I said ‘he’ because all of the god meme images are masculine)).

Humankind mistook that super being as the Creator of the Universe and our collective consciousness bought into that ‘creator god meme, which went viral. Here’s something else I believe and it’s the foundation of all of my subsequent MetaSpiritual beliefs: You are, we are—humankind is—the physical presence (localized actualization) of the Ultimate Reality (Pure Universal Consciousness, One Reality, etc.) expressing Itself as us. (See MetaSpirituality reference).

Anti-Semantic

When people tell me I’m playing *semantics* (the branch of linguistics and logic concerned with meaning) when it comes to my penchant for updating the language I use to describe Cher’s and my amped-up MetaSpiritual teachings, I generally respond that we’re not *anti-semantic*! I invent language all of the time in order to clarify our MetaSpiritual and metaphysical teachings.

Here are a few of our favorite *semantics*: Internal Lotus of Control, insperiences, abracadabra-ing, authentegrity, cellular theology, chatter bombs, fundies (religious fundamentalists), dogmatic carcasses, duhology, errornami, formaldehyde beliefs, gourmet gospel, immaculate reception, intention deficit disorder, irritable vowel syndrome, karmic sludge, literalbots, low-voltage congregants, mental shampoo, metaphysical aikido, neocortex moments, one-channel religion, optical delusions, ouijing around, scarecrowology, sinnami, soul spelunking, spiritual emojis, spiritual URL, spiritual IP address, thought pharmacy, uppity nincompoop, etc. Wasn’t that a fun snippet! Hope you’re leaning toward not being *anti-semantic* too!

Anti-Semitism

According to the traditional interpretation of the Biblical account, when Pilate released Barabbas instead of Jesus, and then turned Jesus over to the crowd by ceremoniously washing his own hands, claiming “I am innocent of this man’s blood. It is your responsibility,” the crowd responded by shouting, “Let his blood be on us and on our children” (Matthew 27:24-25).

I believe those words “Let his blood be on us ...” have been used for centuries to justify the horrors of anti-Semitism. MetaSpiritually, I believe this is what these two verses mean: ²⁴.When the mortal mind (Pilate) senses that an interior spiritual transformation is at hand, we resist any change that might undermine our materialistic biases (our Barabbas tendencies) and refuse to embrace the soul-deepening implications of that transformation and so we neglect to take responsibility (Pilate washes his hands) for working toward our eventual Self-Realization (our capital ‘S’ *Self - Higher Spiritual Self, Logos-Self, Fully-Enlightened Self*). ²⁵. All of our riotous, unredeemed, mortal thoughts and encrusted patterns of error (the unenlightened throng of people) prompt us to declare our avowed attachment to sense appetites (His blood be on us...) and reinforce our resistance to actualizing our Divine Nature.

The whole scene I’ve just described in those two verses is humankind’s archetypal reaction for refusing to align our human self with our Higher Spiritual Nature. It’s time we stopped blaming someone and something else for our own poor choices, especially our penchant for denying our own innate divinity and the innate divinity in others! And it’s certainly time for us to stop using Jewish people as scapegoats for humankind’s divinity-denying error prone nature and for their ‘role’ in an allegorical New Testament story.

Apparitions

I believe the majority of reported apparitions that can’t be explained medically (extremely high body temperature, administered synthetic narcotic drugs such as morphine and Demerol that produce hallucinogenic reactions, and psychoactive agents that cause

perceptual anomalies and psychoses) may very well be karmic anomalies that arise from the interdimensional consciousness dynamics which the other versions of us experience since we are still connected psychically with those versions of us. There are also cosmic entanglements (interconnectiveness, nonlocal dynamics) that come into play due to the nonlocality of consciousness.

Apocalypse

The interesting thing about humankind's collective doomsday thinking, in my opinion, is that it's based on a hidden truth that's been corrupted by the genealogical guilt trip we've laid on ourselves since the beginning of our time on Earth! We've perpetuated it by concocting apocalyptic scenarios and producing movies that glamorize the end of the human race ad nauseam.

The good news is, there will be no, nor has there ever been a 'God-ordained' mass extinction of the human race! (You may want to read that sentence again, because there's no white-bearded, white-robed anthropomorphic god meme in the sky that does that sort of thing)! That kind of global apocalypse is a figment of our collective imaginations. That's not to say there couldn't be an anthropogenic extinction. We humans have been known to make a few poor choices throughout our skin school history.

The apocalyptic 'restoration' I predict will be humankind growing spiritually enough and enlightened enough to outgrow our egocentric worldly nature by remembering who we really are and becoming *Self-Realized* enough that we grow fully into and express our Divine Nature which has always been our birthright. It will be the end of the unenlightened ego's temporal rulership and the beginning of our Divine Nature's full expression. Peace will be established on earth (our unenlightened egocentric consciousness) like it is in heaven (our fully illuminated super-consciousness).

Apocalyptic Awareness

To continue to believe in a literalistic view of sacred scripture and not know that it is a corrosive, limited perspective, perpetuates

apocalyptic global suffering. It's one of the most debilitating forms of mainstream religious practice.

A literal interpretation of scripture is like carbon monoxide—it's pathological nature is undetectable and can poison the sensitivities of literabots who can't stomach the truth, get dizzy when they are forced outside of their dogmatic boxes, or suffer from headaches whenever they come across MetaSpiritual teachings.

Ark of the Covenant

The Ark of the Covenant is an age old religious artifact that means different things to different people. For some, the Ark is a mystical object that contains supernatural powers too terrifying to comprehend. For movie goers, it's the priceless treasure sought after by the fearless Indiana Jones in *Raiders of the Lost Ark*. To others, it's an ancient treasure that's highly coveted for its 'religious' significance. Taking into account all of the enticing myths surrounding the mysterious Ark, it's worthwhile to take a moment to give you a MetaSpiritual perspective which takes all of the characteristics associated with the literal Ark and uses them as metaphors for the thoughts, feelings, talents, skills and inclinations that are within us.

The conventional stories about the Ark of the Covenant (also called the 'ark of the Lord,' 'ark of God,' 'ark of the covenant of the Lord' and 'ark of the testimony') generally allude to three items of extreme significance to the Israelites. The first was two stone tablets bearing the divine inscription of the Ten Commandments which formed the foundation of the Jewish God's covenant with Israel. The second major item believed to have been in the Ark was the rod of Aaron. According to Jewish tradition, their God miraculously caused Aaron's rod to bud with blossoms to legitimize Aaron's being in charge of the Priesthood. The last 'treasure' was a golden pot of manna. According to the literal interpretation, manna was the starchy food their God miraculously provided for the Israelites during their 40 years of wandering in the wilderness.

The Ark was carried ahead of the Israelites wherever they traveled. Not only was it the centerpiece of worship when it was placed in the tabernacle, but its supernatural powers protected the Israelites in battle by defeating their adversaries.

Literalistic accounts bear the mark of folk-stories and contribute to the supernatural accounts of the Ark as having an other-worldly origin. However, in my opinion, although there are many theories of what the mysterious Ark of the Covenant was and what its purpose was, you'll find a very interesting perspective of both the Arks (Ark of Covenant and Noah's Ark) in a MetaSpiritual interpretation, which doesn't support its material (physical) form at all.

From a MetaSpiritual perspective our super-consciousness is the upper deck of the fabled Noah's Ark. Our physical body is the lower deck of the Ark! That makes the integration of our human consciousness and our Higher Spiritual Consciousness necessary for *Self Realization*. The two Cherubim (one on the right and the other on the left) that faced each other on top of the golden lid cover on the Ark of the Covenant represent our spiritualized left and right brain hemispheres respectively. The construction of both Arks is a symbol for the dynamic mental processes and psychic abilities that characterize our super-consciousness development.

Because we are born with two brain hemispheres that see the world in two different ways, this account clearly suggests that we have evolved the wherewithal to integrate both hemispheres to conceive a unified whole. MetaSpiritually, the pairs of animals that went into Noah's Ark represent the various polarities that make up our mental, physical and emotional bodies (positive/negative thoughts; right/left brain hemispheres; love/fear; sadness/happiness; ill will/goodwill; mindfulness/mindlessness; etc.). The pairs of animals could also refer to the two channels (ida and pingala) associated with the kundalini's rise through our chakras which are energy centers along the spinal column. We enter into the Sacred 72 Centimeter path (our spinal cord) every time we elevate our thinking, being and doing to a spiritual octave. The 72 centimeter path is called by the Hindus the 'razor-edged path' and by the Buddhists the 'Noble Eightfold Path.' (See the Straight Is the Gate and Narrow Is the Way reference in this book and the 72 Centimeter reference in our book entitled *More Straight Talk About Spiritual Stuff*.)

Ascension

At some point in our spiritual unfoldment we will not need a physical form as we Self-Realize into more suitable vibratory ‘quarters.’ The closer we get to Self-Realization the less need we’ll have for a ‘leased somatic vehicle.’

Attachments

Attachments are ornamental reactions to something we feel we need to complete us. They are prompted by an unenlightened ego which wants to surround itself with materialistic things and addictive sensory appetites.

Authentegrity

If you don’t believe in it, authentegrity won’t come out of your mouth, body language, promises, choices or actions.

We should all be more authentic than some of our smarts.

You can stand firm, stand tall and stand anything as long as you can stand yourself.

Generally speaking, where you stand usually depends on what you’ll fall for.

Professed adherence to spiritual principles that is clearly articulated, but not honored, is like writing on water.

Awakened Doing

Awakened doing is the kind of mindfulness that will bring you enlightenment. Consciously aligning (entraining) your humanness with your spiritualness is awakened doing.

Awakened being, awakened doing and awakened having constitute the mindfulness trinity that will set you free from the centrifugal force of materialism.

Babymoon

MetaSpiritually speaking, I refer to the period of time when neophytes enjoy basic esoteric teachings before they are introduced to more advanced teachings as a babymoon. (In social networking, a babymoon is a relaxing or romantic holiday taken by parents-to-be before their baby is born).

Badware

Bad habits and divinity-denying thoughts and actions (badware) ultimately lead to soul decay. They're tough to unravel and criticism about them usually leads to ill feelings and defensiveness. If you've ever tried to untangle a piece of string, you know that yanking on it or pulling too hard only makes unraveling it more difficult. Sometimes you can untie it with your fingers. Other times you have to use a sharp object to pry between the folds of the knot to loosen it. Occasionally cutting the knot is the only thing that works. The point is, the more entangled something is, the more effort it takes to free it from itself.

Freeing yourself from self-defeating thoughts and Self-negating habits (badware—and then staying free—may mean cutting yourself free before you use the same bad habit in the next crisis. Re-using habits that don't work is a yarn you need to unravel quickly and permanently.

When your bad habits zig at you today, zag.

Barbaric Theology

What humankind needs is not a barbaric religious theology of denigration, ridicule and defamation. What we need is a spiritual perspective that affirms our oneness with the Pure Universal Consciousness which is the Ground of All Being – and Non-being.

Beliefs

Did you know that living too high in the clouds can make you light-headed? Bringing lofty beliefs down to earth in a way they can be used – and understood—is what makes them valuable and

believable. Timing is important. Beliefs and values need clear runways and plenty of landing room. Otherwise your landing field will be cluttered with ideals, values and beliefs that crash and burn.

In order to grow spiritually you must leave formaldehyde beliefs and fossilized dogmas behind. You must be ready for a thought triage, a new calculus of belief, when you encounter an expanded perspective that's totally outside of your current conceptual and experiential bandwidth.

If your professed beliefs aren't being translated into action, I invite you to give yourself a mental shampoo, followed up with conditioners like the spiritual practices you'll find on our website, in our webinars, and during our highly popular spiritual cafés.

Beliefs are ego-generated filters that can cloud our perceptions and color our experience. We manufacture them to make sense out of our skin school experience.

One of the dangers of owning certain beliefs and professing particular values is that you have many opportunities to prove them by your actions. If you're un-true to your beliefs or fail to do what it takes to honor your beliefs, it's the same as not having that belief at all. You've heard the expression "faith without works is dead." The same thing applies to beliefs, no matter how lofty or noble they are. Beliefs without complementary choices and actions are only professed beliefs.

Biblical Literalism

Biblical literalism is the mindless weapon of choice of religious fundamentalists who use their scriptural literality to spread their poisonous hatred, vicious hurtfulness, and malicious cruelty in pandemic proportions to anyone who disagrees with their addiction to a literal interpretation of Biblical scripture.

Biblical literalism is dogma gone mad!

Historically, the Jewish people were held in captivity by the Assyrians, the Babylonians, and the Egyptians. And now the New Testament stories by Jewish writers 2,000 years ago are being held hostage by the fanatical literalism of what I call the 'Christian literalist captivity!'

Biblical literalism leaves you hanging in uncomfortable ecumenical space.

A scientist at Harvard Medical School, found that there's a mechanism in our cells that can recognize when things are going on and prevent cancer from breaking out. The mechanism is called 'DNA damage response' and it works like an intelligence agent that monitors when things go awry, and finds a way to deal with them. It's key to our body's ability to prevent diseases as we continue to age. MetaSpiritually speaking, when we outgrow our cancerous religious dogmatism and Biblical literalist biases, we sort of develop a 'Biblical literalism damage control response' that prevents damage to our spiritual growth. I'm just say'in.

I'm not allergic to Biblical literalism; however, I must confess, I take a metaphysical pill to strengthen my immune system whenever I read literalist scripture or am around people who read or recite it.

Literalist Bible studies tend to learn less and less about more and more. Covering the content in all sixty-six books from a literal-only perspective is more or less an exercise in what I call 'one channel' redundancy. If the only 'interpretive channel' is literalism, the hidden wisdom (*vidya*) in the scriptures never rises to the surface. If you don't dig deeper, all you're doing is hydroplaning. And if you've ever hydroplaned, the skid generally takes you somewhere you'd rather not go.

What's appealing to Biblical literalists is usually appalling to metaphysicians.

Stop trying to duct-tape your spiritual growth by interpreting all Biblical scripture literally.

The bizarre stories that characterize many literal interpretations of Biblical scripture, as well as the exoteric myths of a number of other faith traditions are carnival fun house and horror house distortions of reality. I believe you'd better serve your spiritual growth and human happiness if you would interpret them as

archetypical renditions of spiritual growth themes that have important metaphysical implications for human beings in general.

Biblical Literalist Memories Questioned

A frontal assault on Biblical literalism won't work, because volatile emotions always trump reason, common sense and facts.

According to psychologists there are three types of personal memories: episodic, semantic and procedural. The third kind, procedural, involves remembering to do things with your body like: how to breathe using meditation breathing techniques, how to hit a sand wedge, how to use a fitness tracker app, etc. I invite you to research this type of memory, but I'm not going to cover it for the purposes of this reference, because it has little relevance regarding the historical accuracy of the gospels and what they tell us about the historical Yeshua (Jesus).

However, the other two types of memory are relevant:

- Episodic memory is the kind of memory that allows you to recall things that actually happened to you personally, like: who was the recipient of your first kiss, where you went to high school and/or college, what your favorite frozen custard is, etc.
- Semantic memory involves factual information about things that you haven't personally witnessed, but know to be true, like: Duke won the NCAA basketball championship in 2015, Tiger Woods has won the Masters Golf Championship four times (1997, 2001, 2002, 2005), the Eiffel Tower is 1,063 feet tall, spider silk is used in bone repair, etc.

The fact is, all of us misremembers things in our past and even distorts factual information from time-to-time. You agree with that, right? Okay. In addition to the three personal memory categories, there's such a thing as what sociologists call 'collective memory,' which refers to how social and cultural groups remember past people, places, things and events. All four of these types of memory come into play to produce stories of Yeshua's (Jesus') life and teachings that are believed to be true or distortions of the truth, fact or fiction, doubtless or invented, authentic or apocryphal, etc.

Literalism is religious fundamentalism gone berserk! It overlooks common sense and sound judgment, discounts metaphysical and allegorical truths, represses and denies universal archetypal patterns, and has a phobic reaction to scientific evidence. If I wasn't concerned about the length of this book, I'd really tell you how I feel about over-cooked Biblical literalism!

If you haven't researched it, there's a coterie of non-canonical books and gospels about Yeshua (Jesus) written before the synoptic gospels that are filled with some rather interesting—and even bizarre—eyewitness, second-hand, third-hand ... tenth-hand, and widely circulated 'memories' about his life and teachings. Some of the most researched are: the Gospel of Peter, the Acts of Peter, the Coptic Gospel of Thomas, the Infancy Gospel of Thomas, the Proto-Gospel of James, the Gospel of Pseudo-Matthew, the Gospel of Nicodemus, the Correspondence With Abgar, the Acts of Pilate, the Letter of Pilate to Herod, the Report of Pilate, the Expositions of the Sayings of the Lord. These 'memories'—as well as false memories—do not seem to be based on, or related to, Jewish liturgy. What's really interesting—and telling—is that credible research has found that eyewitness accounts are notoriously inaccurate and unreliable AND 'group memory' tends to be even less reliable.

Literalism remains a sad inheritance for those who grow up in mainstream Christianity.

One of the saddest things about Biblical literalism is that it neuroticizes the faithful and brainwashes them into plunging headlong into a sort of collective hysteria.

According to highly credible research, it's often difficult to determine what we have actually witnessed and what commonsense tells us happened. As incredible as it sounds, commonsense, along with the details about someone or something we receive via hearsay from friends and people we don't know 'conspire' in distorting—and even fabricating—legitimate memories. The only writings we have about Yeshua (Jesus) between age 12 and 30 are non-canonical. They were not included in the canon – and quite frankly, for good reason. Some of the 'memories' are outlandish! The same 'memory leakage' occurs in every faith tradition when stories about its founder(s) and well-known followers are recollected.

According to highly reliable research (hope you're not getting tired of the research I'm tossing at you), people—even people who grew up in word-of-mouth cultures—'remember' all sorts of things (some of them in evocative, vividly fascinating detail), even though what they 'remembered' never happened! The power of suggestion, colorful storytelling, and the influence of an authority figure who is telling the story, more often than not can generate an 'alternate reality.'

Both real and fabricated events, if repeated often enough, can become part of the hearer's enduring memory. In the case of the stories about Jesus, we know that the word-of-mouth reliability and unreliability of eyewitness reports are suspect, and, if you add to that, the confusion that the editing, interpretation, translation, transliteration, and liturgical treatments have on the reliability of the written account, you can appreciate the concerns I – and a coterie of truth-seeking metaphysicians and Biblical scholars – have about the historicity and myths surrounding Jesus (Yeshua) of Nazareth and other religious luminaries.

One of the problems with eyewitness accounts is that they're all 'I' witness accounts.

Outside of the cushioned pews of conservative, evangelical and fundamental Christians, very few, if any, Bible scholars, or highly discerning people in the general populace, believe that all of the reported stories about Jesus—and in the Bible as a whole—are accurate and reliable. As credible research has shown, eyewitness accounts are not necessarily the guarantors of 'source reliability.'

Literalists who defend the oral tradition rarely let facts get in the way of their opinions. For example, they claim that people who grow up in oral cultures (non-literary cultures) have more reliable memories because they have to remember what was said and who did what. They tout that accurate memories and total recall are in their 'DNA' in order for them to pass down their shared history by word of mouth without changing a thing or missing anything that happened. However, the research says that people in oral cultures—which would have been Yeshua's (Jesus' era)—generally forget as much as people in literary cultures, or any other culture. In many instances they tend to be less accurate, because oral cultures have no way of checking the accuracy (chain of transmission) of their stories over time, and particularly over long spans of time.

In oral traditions, the recall of historical happenings depends on how accurate that recall is, and the recall of the people who hear the storyteller's story depends on the quality and accuracy of their recall—and so on, for as long as the story is told. How much is factual and how much is just a mirage (interpretive gymnastics) as the chain of transmission unfolds year after year? I'm just say'in!

Biblicist Babel

Some biblicists argue that Biblical chronology fixes the date of the Earth's creation at 4004 BCE. That suggests that the earth is a little over six thousand years old. Present-day creationists stubbornly believe in a young earth timetable in spite of overwhelming scientific evidence that the earth is well over 4.5 billion years old. Sounds like 'Biblicist Babel' is still on the rise.

Biosophy

Biosophy means the wisdom (*vidya*) of life' and fosters the science and art of intelligent living based on the biological awareness and practice of spiritual values, ethical-social principles, and character qualities essential to personal freedom and social harmony. Biosophy was most likely introduced by Swiss humanist, Ignaz Paul Vitalis Troxler in the early 1800s. (I mention him because he was a free-thinker who challenged unquestioned answers—our kind of guy!)

Blanket Pardon

Issue yourself a blanket pardon. Forgive yourself for any mistakes you have made, and forgive anyone who may have injured or harmed you in any way.

Blingology

An over-abundance of, and attachment to, bling is the 'minus' touch of materiality. "To bling or not to bling?" isn't really the question. The real question is: How much bling do you need before you don't feel the need for more bling?

If a pickpocket finds himself at a world conference of spiritual shakers and movers who represent all of the major faith traditions, all he sees are their pockets.

Book of Life

I believe the ‘Book of Life’ the scriptures mention is your ‘Quantum Self,’ which is the quantum record of every thought, feeling, choice, and action you make—in each of your states of being—so that each nano-step of your spiritual unfoldment (the conscious return to your *True Spiritual Self*) is recorded. Nothing is lost because your essence is Pure Universal Consciousness particularized as you. (See Akashic Records reference.)

Boot Camp

Each human incarnation and reincarnation experience, each level of a spiritual initiation, every skin school life lesson we face, each attempt we make to raise our egocentric awareness to its higher spiritual nature are all boot camps.

The consequences of our decisions are boot camps. And oftentimes our poor decisions turn out to be ‘kick-in-the-butt’ camps.

Each meditation experience is a boot camp because you enter it as a new you with the live ammunition of each day’s experiences coming at you at the speed of consciousness.

Both Human and Divine

Scholars debate whether Jesus was both human and divine or simply divine at birth. The opposing views are called *dyophysite* (the Christ as Jesus had two loosely united natures, one purely human and the other purely divine) and *monophysitism* (the Christ as Jesus had but a single nature, his human nature being absorbed into his divinity at birth). In my opinion, we like Yeshua (Jesus), have but a ‘single nature, our human nature being absorbed into our divinity at birth’—but because we are unaware of our divine genealogy, we have two loosely united natures, one purely human

and the other purely divine since we have not fully aligned our egocentric nature with our Divine Nature (Logos Nature).

Bronze Serpent

Although I'm going to mention the Israelite story of Moses' bronze snake, I'm not going to park there for very long. Why? It's a cute Old Testament religious story, but, MetaSpiritually speaking, there's soooo much more to serpent symbolism. For starters, according to the literal tradition, following their exodus from Egyptian captivity, the Israelites grew impatient and disrespectful of Moses' leadership and Yahweh's guidance. They complained and then rebelled. So, God (the anthropomorphic meme deity of the Old Testament) sent 'fiery serpents' to bite them! (God did that, of course, because He loved them!) For the sake of the ones who were repentant, Moses was instructed by the meme God to erect a 'serpent of bronze' on a pole to heal those who looked upon it (Numbers 21:4-9):

“Moses made a brazen snake (*nehushtan*) and placed it on a high pole. When anyone was bitten by a snake and looked at the bronze snake, they lived (*chaiah*)” (Numbers 21:9, *New International Version*).

MetaSpiritually, the bronze serpent mentioned in the *Book of Numbers* and in several of the subsequent references above is the serpentine kundalini energy and the pole is your spinal column. 'Nin Giz Zida' is another name for the Hindu concept of kundalini which is a Sanskrit word that means 'coiled up' or 'coiling up like a snake.' In its purely Sanskrit etymology, kundalini refers to the mothering intelligence behind yogic awakening and spiritual deepening that leads to altered states of higher consciousness. Actually, the symbolism of snakes coiled around a staff is an ancient representation of kundalini physiology, when you think about it. The staff represents our spinal column and the snakes (*ida* and *pingala*) being twin energy channels.

Buddha-ful

When it comes to validating the reliability of the truth of a claim, whether it comes from a religious leader or scientist, Buddhism gives the greatest credibility and authority to experience first, then sound reason and discernment, and finally to scriptural integrity. The Buddha himself invited his followers not to accept the validity of his teachings just because he shared them or even simply because they revered him.

Bumped-Up Theology

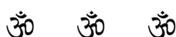
I invite you to leave the embedded religious theology and scriptural literalism of your youth behind. I encourage you to have the willingness – and good sense – to loosen your hold on an anthropomorphic god meme in the sky who is separate from your True Essence and get a grip on a greater reality: you are a human expression of the Eternal Presence (Pure Universal Consciousness) expressing Itself as you. So, I embolden you to ‘up your consciousness’ to the realization that you are divine at your core. And by all means, leave the fractured orthodoxy of pediatric, literalist religion behind since it has your servitude in mind. So, unplug yourself from pediatric theology.

Burn Notice

Based on the USA Network TV series *Burn Notice*, burn notices are issued by intelligence agencies to discredit or announce the dismissal of agents who are considered to have become unreliable. However, I use burn notices as metaphors for error thoughts, words and actions that discredit our professed spiritual growth. Their habitual use suggests that humankind is still living in a hellish state of consciousness, which makes our professed commitments to spiritual growth both suspect and unreliable.

Burnt Offerings

MetaSpiritually speaking, burnt offerings have absolutely nothing to do with sacrificing animals as part of unconscionable ceremonial worship to an anthropomorphic god meme in the sky who expects that type of subservience. Burnt offerings represent our disciplined self-purification and self-cleansing. As we advance toward *Self-Realization*, the spiritual truths we learn and build into our daily lives ‘burn’ the dross of error from our consciousness and physical form. The ‘fragrance’ of expiated karma is transmuted (offered up, raised) to its ethereal spiritual essence which underwrites our True Spiritual Nature.



Calling

If you want to experience terrifying, unsettling silence and raised eyebrows, tell the world you’re going full-time as a writer or a dancer or a speaker or a Unity minister. Or mention that you’re going to become a metaphysician or non-traditional healer. Looks of disbelief and concern for your welfare—not to mention your sanity—will register on the faces of those you have just shocked. They know, as well as you, that those who choose to write, speak, dance, paint, sculpt, heal, or represent a non-denominational spiritual ministry for a living have never had an easy time of it in all of recorded history. But do it you must in response to a deeply ingrained soul urge.

Cain and Abel

For centuries mainstream religion has missed the deeper spiritual meaning of this age old archetypical story by labeling it as the literal struggle between two brothers. However, the perennial struggle these archetypical brothers represent is *within each of us*. Cain and Abel, as well as all of the twins I mention below, represent two very different natures within us, and the grand struggle they

symbolize involves the unnecessary incompatibility between these two natures, one which is Logos-centric and the other egocentric.

As a matter of fact, all over the world, mythologies record the dissension between a pair of brothers, oftentimes twin brothers, who are at odds. For example, in Hindu mythology, the Ashvins were a pair of handsome Vedic gods who were twins and who were mythologized to be divine physicians and protectors. One twin symbolized sunrise and the other sunset, making them opposites.

In Egyptian mythology Seth murders his twin brother Osiris (the Egyptian Christ) and puts the body of Osiris in a chest on the river. When the boat arrives at the opposite shore, from that place springs up an acacia tree, which grows up around the chest to protect Osiris. It's also believed that Roman centurions cut the crown of thorns they placed around the head of Jesus of Nazareth from an acacia tree. According to ancient traditions acacia wood symbolizes the power and significance of sacrifice.

There were Ašvieniai twins, in Lithuanian lore, who were very similar to twin gods in Latvian and Baltic mythologies. Both of these brothers are reported to be modeled after Roman and Greek sibling deities.

Romulus and Remus, of Roman mythology, were twin sons of the god Mars and one of the Vestal Virgins. When the boys grew to adulthood, they decided to found a city. According to one story, Romulus began to lay out the walls of Rome, but the walls were only one stone high. His brother Remus mocked him by jumping over the 'curb-sized' walls, saying, "See how easily anyone can get over your so-called walls!" And Romulus is said to have replied, "But see what awaits anyone who does," and runs Remus through with a sword. (Looks like Remus got the point!)

Another pair of mythological twins are the Dioscuri twins, Castor and Pollux, who were sons of Zeus. They were horsemen and seafarers and were the origin of the Zodiacal sign Gemini. Their mother was Leda, but Castor was the mortal son of Tyndareus (the mortal king of Sparta) and Pollux was the divine son of the god Zeus, who had seduced Leda in the guise of a swan. The brothers later joined the crew of Jason and the Argonauts.

The tales of twin brothers who are at odds isn't over yet. Many scholars point to the similarities between the Sumerian tale of Emesh and Enten and the biblical tale of Cain and Able. The Emesh and Enten tale is 'the closest parallel to the Biblical Cain and Abel story' for a good reason. The Emesh and Enten tale is found on clay tablets from the 3rd millennium BCE while the oldest source of the Hebrew Bible is thought to have been written during the 1st century BCE. So, the Sumerian myth predates the Biblical account.

In the Sumerian tale, the god Enlil couples with the Earth, which gives birth to twin boys named Emesh and Enten. Emesh symbolizes the freshness of summer and Enten represents the dormancy of winter. Each brother brings an offering to Enlil, but Enten becomes angry with Emesh and the two brothers argue.

At this juncture, however, the similarities end. In the Sumerian tale, the boys' father god Enlil intervenes and decides in favor of Enten. Emesh accepts Enlil's ruling and the brothers reconcile. However, in the Hebrew Genesis account, Cain murders his brother Abel.

Before I describe the Cain and Able story in Genesis, Chapter 4, there's another Bible story about a pair of twin brothers who get into conflict with each other. It's the story of Jacob (also called Israel 'he who wrestles with God') and Esau (the hairy one). According to the Biblical account, Jacob flees from his twin brother Esau, whom he had tricked out of receiving their father Isaac's blessing which was customarily bestowed on the first-born.

MetaSpiritually, in all of these stories, the brothers are two sides of us (left and right hemisphere, head and heart, egocentric and Logos-centric) and aspects, thoughts, inclinations and propensities within us. Internal division and conflicting thoughts and feelings apply to all of us – men, women and children. We all have within our human personality both Cain and Abel, Emesh and Enten, Castor and Pollux, Romulus and Remus, Jacob and Esau, Ašvieniai and Ashvins.

So, let's take a look at the Biblical account of Cain and Abel. Abel's name literally means 'breath or spirit (*pneuma*),' our Higher Spiritual Nature. Cain's name means 'the personality that's created in each skin school lifetime and produces 'fruit of the sensory

experience,’ rather than of our Cosmic Spiritual Nature (Abel). Cain symbolizes our lower, sense-prone nature which is embodied in our earthly self. The story begins in Genesis Chapter 4. The scripture states:

“And Adam knew Eve his wife, and she conceived, and bare Cain, and said, I have gotten a man from the Lord.”

Adam symbolizes the archetypal movement in mind that epitomizes the reasoning, reductionist, objective, logical, deductive, methodical and judgmental nature of our make-up. Adamic energies underwrite our left hemispheric brain-ness and are very much tied to our thoughts when we incarnate into human form.

Eve represents the archetypal pattern in our heart-centered awareness that epitomizes the nurturing, highly intuitive, wisdom-centered, subjective, unconditional love-oriented, social and emotive nature of our make-up. Eve energies underwrite our right hemispheric brain-ness and are connected very psychically to our feelings when we incarnate into human form.

The archetypal mythical couple, Adam and Eve, show us that if the polarities between the head and the heart and left hemisphere and right hemisphere do not fully resonate, the products of their union (Cain and Abel, Romulus and Remus, etc.) will exhibit the disequilibrium and conflict that characterize the original disconnect. And that’s what happens in the story.

The Cain and Abel qualities within us - Cain (our incarnated left-brained hemisphere which is ego-centric and attached to the physical dimension) and Abel (our right-brained hemisphere that is Logos-centric and devoted to our spiritual dimension) must be in alignment. What’s interesting is that Abel is not the one who struggles in the story. In the original Hebrew Abel is written Habel, which means ‘empty of worldly or material attachments.’

On the other hand, the struggle comes from our Cain-ness because the unenlightened ego is always in a constant struggle to kill off our higher, more spiritual nature. The materialistic ego wants total control, because to sacrifice its temporal rulership is to die to our worldly self and let our Higher Spiritual Nature live through, in and as us!

“And in the process of time it came to pass, that Cain brought the fruit of the ground as an offering unto the Lord. And Abel, he also brought of the firstlings of his flock and of the fat thereof. And the Lord has respect unto Abel and to his offering: But unto Cain and to his offering he had not respect” (Gen. 4:3-6).

Our Cain-ness identifies solely with the physical senses. This is why we hesitate to sacrifice our egocentric personality (*persona*) to anything that seems spiritual. Given this mentality, the best things we can offer to our God Nature are the products of our physical senses.

When we offer up those kinds of worldly attachments, our Higher Spiritual Nature (God Essence) is vibrating at too high of a spiritual octave (is displeased) for the lower vibrational sensory attachments to register in our super-consciousness (Pure Universal Consciousness).

Since worldly offerings are left-brain generated ‘fallout’ based on earthy desires, we tend to feed our own selfishness first and what is left over—if anything—is relegated for our own spiritual growth and development: “First I’m going to have this career; first I have to win the lottery; first I must have a house; first I’ve got to finish my doctorate; first I’ve ... , then I’ll concentrate on my spiritual growth (give my offering to my God Nature).” That’s our Cain-ness talking!

When we look beneath the literal interpretation we discover that Cain’s fruits, the fruits of a worldly ego, have no lasting or permanent qualities and cannot provide us the lasting happiness, inner peace and joy that come from a disciplined and devoted truth walk.

In Genesis 4:8 Cain (our sense-addicted ego) kills (stifles, represses, denies) Abel (our spiritual tendencies)! Shortly after the ‘murder’ of our tendencies toward our Higher Nature, which symbolically represents our unenlightened ego reasserting its dominance over our human personality, our innate Divinity remains vital, but dormant (curses), and continues to underwrite our physical being (tells Cain that he will be ‘a fugitive and a vagabond in the earth).

A few verses later the author of Genesis tells us that Cain “went out from the presence of the Lord, and dwelt in the land of Nod...” (Genesis. 4:16). The Hebrew word for ‘Nod’ means to ‘wander, drift or stray.’ This is another clue that the Land of Nod symbolizes a special kind of conscious existence. MetaSpiritually, ‘to wander’ implies vacillating in and out of higher thought processes by going from ordinary awareness to super-conscious awareness and back again into an ordinary awareness. It could also suggest reincarnating again and again into the physical realm (skin school).

As you can see, allegorically, the twin brother’s battle takes place within us. It’s a well-known theme throughout antiquity. Although our Cosmic Logos Nature underwrites our human nature, it’s our human beingness that must choose to access our Divine Nature. You can stay stuck in your Cain-ness and repress your innate divinity (your Abel-ness) and awaken to who you really are—a very powerful spiritual being having a human experience.

Capital Punishment

Destructive human habits like over-consumption of alcoholic (ethanol) beverages, stress, over-exposure to the sun, meth (methamphetamines) and other illegal drug usage, consuming aspartame (artificial sugar in diet sodas), excessive caffeine use, vaping (e-cigarette usage) and smoking, and chronic negative emotions such as anger, anxiety and hatred are all forms of capital punishment that cause soul death which causes cell death.

Cellular Consciousness

The cellular level of Pure Universal Beingness expresses Itself as nerve cells, bone cells, muscle cells, blood cells, adipose cells, pancreatic cells, etc. Each cell in your body is a localized ‘island of consciousness.’ Each of your trillions of cells is a sacred tabernacle of ‘frozen’ *Cosmic Logos*. And these sacred tabernacles are connected—consciously. There’s no denominational sparing because their biology is their theology, so to speak. From cell to soul and soul to cell, your cellular body is a highly-charged sacred ground of Pure Being.

What's interesting is that the *organelle* (any of a number of organized or specialized structures within a living cell) that coordinates the adjustments and reactions of a cell to its internal and external environments represents the cytoplasmic equivalent of a 'cellular brain.' At some point in your cellular unfoldment your cells formed cellular identities and 'intuited' the concept of 'self' and 'non-self' as a result of the 'separate self drive' of your egocentric mindset.

The Cellular Consciousness of Pure Universal Beingness is the allness of Pure Universal Beingness (the One Reality) being particularized as a cell. Essentially, your cells are carbon-based 'computer chips' that regulate cell functions and gene expression. Cells have a tensegrity structure that guides their decision-making abilities and shifts their energy. It doesn't take much of a leap in awareness to realize your 'cellular family' is composed of highly conscious beings.

Cellular Theology

Each cell, every molecule, each of your atoms is a sacred tabernacle of Pure Consciousness. These sacred tabernacles are connected and they're highly intelligent beings. There is no Interfaith posturing. Their biology is their theology. When you realize the significance of this invisible connection you'll honor your human soul's relationship to your *Higher Spiritual Self*. When you acknowledge this connection, from soul to cell and from cell to soul, your body becomes the highly-charged sacred ground of your being. When you achieve this perfect synchrony you'll experience the inner peace, joy, health, and wholeness which are the truth of you. So, *cell-eborate your cell power!*

Centered Periphery

The closer you get to *Self-Realization* (becoming consciously one with your *Higher Spiritual Self* which is the Cosmic Logos in human form as you), the clearer it becomes to you that the 'Still Point' at both Its center (your soul singularity) and Its omniscient periphery (your Divine Nature) are one.

Chakraology

The seven major chakras (ethereal centers or sheaths), representing the cosmic emanations or states of consciousness, symbolize the seven key realms of cosmic manifestation that we matriculate through when travel from our highest spiritual essence between incarnations and morph into physicality, our lowest form of Self-referent essence. These emanations are ‘cosmic superstrings’ of conscious existence which are connected to the different phases of our over-all awareness as we reclaim the conscious awareness of our Divine Nature (one of the human forms of the One Reality, Pure Universal Consciousness).

For example, the most transcendent emanation, the Crown Chakra (Shamballa) is the Realm of Infinite Potential, our super-conscious aspect. The Brow Chakra is the Realm of Cosmic Clarity, the All Knowing aspect of our evolving awareness. The Throat Chakra is the Realm of Calling Things Into Manifestation, the formative (wavicle) aspect of us. The Heart Chakra is the Realm of Om, the door between the manifest and unmanifest, existence and non-existence, the center and circumference of the universe. The Solar Plexus Chakra is the Realm of Causal Currents, the subtle and gross aspects of our beingness. The Sacral Chakra is the Realm of Astral Forces, the aspect of us that contains our Ethereal Double. The Base Chakra is the Realm of Gross Matter, the aspect of us that ensures our connection to the material universe.

Your 72 centimeter journey (the length of your spinal column) toward enlightenment is comprised of seven levels of spiritual unfoldment, or stages of initiation. Each of these levels is represented by a defining chakra (golden candlestick). As you open yourself up to higher esoteric learning you’ll find that the chakras are real – and that it’s possible for everyone to experience his or her tremendous spiritual power. These wheel-like vortices of super-charged energy rotate around the spinal column and are the super-physical highways to enlightenment. They’re the cosmic conduits of the powerful spiritual energies within you. (See *Straight Is the Gate and Narrow Is the Way* reference.)

Changeology

All change isn't necessarily growth, just like all movement isn't necessarily forward and activity isn't necessarily accomplishment.

Child Birth

In orthodox Jewish society, to refer to a son as the son of a woman is to cast public doubt on the legitimacy of his birth. It is a charge that implies being base-born (illegitimate).

Was Yeshua (Jesus) born in Bethlehem? Most likely not! According to Mark's Gospel he was born in Nazareth. To sell Jesus' messianic value, his birthplace was moved to Bethlehem.

Matthew refers to Yeshua's birth as a virgin birth and bases the story on an Isaiah 7:14 reference) The problem is, the word 'virgin' is not in the Isaiah scripture. The word Isaiah used was '*almah*' which means 'woman.' Isaiah doesn't use the Hebrew word '*bethulah*' which would refer to a 'virgin.' Isaiah was referring to Ahaz's wife who gave birth to Hezekiah who was to succeed Ahaz, his father.

Chiropractic Prayer

Chiropractic prayer (affirmative prayer) uses specific declarative statements that deny the illusionary power of outer appearances and follows up those declarations with positive affirmations that correct the sublaxations of error thinking.

Choices

Most people keep themselves so busy and have gotten themselves so far behind that the future is gone before they get there. Some people, on the other hand, dream of noteworthy accomplishments, but fail to turn their dreams into reality. Too many people lose opportunities because they've lost themselves. And too many people have lost themselves because they are beside themselves with doubt, fear or pride. It doesn't have to be that way. Opportunities are one choice away.

Do you know that some people change their choices as a result of their values, while others change their values as a result of their choices?

Has it occurred to you that most people aren't fast enough to keep up with their poor choices?

How much difference do you think there is between the will to change and the whim to change?

Believe it or not it takes less energy and less worry to make wise choices. That's the amazing thing about making prosperity-affirming choices—your life tends to be clutter-free, abundance-rich, and filled with unlimited prosperity. My beautiful wife, Cher, and I can honestly and joyfully report that the cumulative effects of prosperous choices are WONDERFUL. We're grateful every day and keep ourselves available as the *human continuations* of our Spiritual Nature. We take the words of the *Cosmic Logos* as Jesus very seriously when Jesus assured us 2,000 years ago that we “can have life, and have it more abundantly” (John 10:10). (See our *Cosmic Logos* reference.)

The **Christ**

The word ‘Christ’ comes from *Christos*, a Greek word meaning ‘the anointed one.’ It's the equivalent of the word Messiah (Mashiach in Hebrew). So the ‘Christ’ or Messiah in Biblical literature, was seen as the ‘anointed one of God’ (God's Only Begotten). Just so you know, in Biblical times, to be anointed by someone (generally a priest or religious leader) literally, was to have sacred oil poured on your head, because the God meme ‘out there’ has chosen you for ‘his’ special work on earth. Priests and kings, and occasionally prophets, were anointed. Kings were even anointed during their coronations rather than receiving the typical jeweled crown. The Jewish people were—are—expecting a great king to arise out of Israel who will be God's CEO (God's Chief

Executive Offspring) over the whole earth and that ‘anointed executive’ will come from the House of David.

The ‘anointed Christ’ (messiah) of the Christian and Jewish scriptures isn’t the same thing as the *Cosmic Logos*! The ‘Christ’ is a religious label that has been attached to Yeshua (Jesus) to support the claim that he’s the long-awaited messiah to free the Jewish people from repeated bondage and the world from ‘sin.’ The thing is, the *Cosmic Logos* did incarnate as Yeshua (Jesus). It incarnates as each one of us at our birth! The confusion is in the ‘messianic’ and ‘anointing’ terminology of the Jewish and Christian faithful. They misused the universal cosmic concept of the *Logoi Self (Cosmic Logos)* by localizing It, contextualizing It, as the ‘Christ’ who was born as the man Jesu—and no one else—in order to sell the prodigious carpenter’s son as the ‘anointed savior of the world’ for religious and political purposes.

The ‘Only Begotten’ emanation of the One Reality (Pure Universal Consciousness) is Its formative (quantum) aspect called the *Cosmic Logos* which ‘calls’ physicality into existence!

According to New Testament writers, Jesus was the long-awaited-for flesh and blood king. What’s interesting is, according to John’s Gospel, Jesus explained that his kingdom was *not* of this world (John 18:37). I believe the ‘kingdom’ Yeshua (Jesus) was talking about is our super-consciousness (the Field of Infinite Potential, the Timeless Divine Essence of the One Reality expressed as the *Cosmic Logos*, our *Higher Spiritual Self*).

The Christ idea (the anointed one, messiah) was emotional wishcraft for a savior by a people who had been subjugated for centuries by foreign powers. They pled for a flesh and blood ‘messiah,’ hand picked by an anthropomorphic ‘god in the sky’ to save them and deliver them from captivity! I totally empathize with them. Who wouldn’t want to be delivered from bondage, from centuries of suffering, from the darkness of captivity! I believe that emotionally-charged desire has been adopted by humankind, in general. The focus on an external ‘savior’ has caused us to look ‘out there’ for answers—and redemption—instead of inside of ourselves. Unfortunately, the vast majority of humankind has bought into a Self-negating script! There’s no ‘anointed one’ or