



## World Rhythm 101 with Dave Holland

*Dave's artistry brings **a sense of energy, excitement and community** - the likes of which I've never seen! He makes drumming fun for all ages and backgrounds and is the part of any program that I look forward to!*

- Cathy Wilkins, Hospice Professional

*Dave is enthusiastic, energetic and exciting! **His ideas provide a jumping-off place to spur my own creative process.***

- Dr. Anthony Bernard

*Dave's drumming workshop gave me many activities that I can use immediately with my students. Dave is very engaging and the day just flew by. **I now feel more confident when facilitating percussion activities** in my classroom!*

- Lydia Lawrence, music teacher

**Description:** Drumming has become a very popular strategy among music therapists. Yet percussion, world music, and drum circle facilitation are still not core requirements of our studies. In addition, one of the most well attended events at every AMTA national conference is the drum circle.

Drum circle *facilitation* skills are essential for music therapists. But what may be even MORE essential is *basic drumming technique*. In order to facilitate confidently, a minimum level of basic technique competency is imperative.

In this course, you will learn playing styles and patterns for a variety of small percussions and hand drums.

Our World Rhythm 101 course includes an active forum where you can meet others in the learning community as you evolve throughout the training.

**Prerequisites:** Facebook profile is recommended, not required. The course forum is held in a Facebook group. Participants may submit insights via email in lieu of the Facebook forum.



### **Board Certification Domains:**

1. Participants will identify, describe, and share with the forum how he/she has used 3 distinct percussion techniques in practice throughout the course. (BCD IV.A.6)
2. Based upon the needs of the populations with whom the participant works, the participant will deduce at least one special adaptation of a basic world percussion technique used in practice and share with the forum. (BCD II.B.5)

**Instructor Qualifications:** The creative energy behind this course is world percussionist, teaching artist & drum circle facilitator Dave Holland.

Dave started his musical career as a Navy musician. He then studied theatre and television before launching into a career in tv news. In 2002, it was his love for children & world culture that lured him back into the professional music world as a teaching artist. Dave has traveled to Brazil, West Africa, the Caribbean and Turkey to study with masters of the percussive arts and weave that experience into his performances, workshops & residencies. Now, as founder of Interactive Rhythm, Dave shares his passion for 'all things rhythm' with music making professionals through his books, DVDs, CDs & live workshops.

Dave has presented at the International Orff Schulwerk Conference, the International Percussive Arts Conference, the National Drum Circle Facilitator Conference, the Early Childhood Music & Movement Conference, and numerous state and regional music education conferences and Orff Chapter workshops across the country.

### **Video Course Format:**

1. Overview
  - a. You are the Expert!
  - b. Types of Instruments/Timbre Groups
    - i. Idiophone – shape, resource, playing technique
    - ii. Membranophones-thin v. thick (goat/calf/synthetic)
  - c. Names of Instruments Covered in these Courses
  - d. General Techniques (hit, shake, scrape)
    - i. It's Gotta Move!
  - e. Drum Types
    - i. Hand v. Stick v. Mallet
    - ii. Hand Drums v. Frame Drums

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2. Small Percussion Part 1
  - a. Rattles
  - b. Shakers
  - c. Caxixi
  - d. Shaker/Caxixi Combo
3. Small Percussion Part 2
  - a. Ahatse/Shato
  - b. Shekere
  - c. Tambourine
4. Small Percussion Part 3
  - a. Bells
  - b. Blocks
  - c. Zils
  - d. IR Line / Choosing Instruments w/ Intention!
5. Hand Drum Basics
  - a. Choosing a Drum :: Goat v. Cow
  - b. Holding Your Drum! :: Tubano v. Djembe. v. Conga
  - c. Basic Sounds
    - i. Bass/Gun, Dun
    - ii. Tone/Go, Do
6. Demystifying the Slap!
7. Basic Hand Drum Rhythms Pt. 1 :: Bass & Tone Only
8. Basic Hand Drum Rhythms Pt. 2 :: Implementing the Ghost Stroke
9. Hand Drum Bass Drums
  - a. TanTan
  - b. Rebolo
10. Bongo Basics

**Total video time: 150 minutes**

**Number of CMTEs: 3    Price: \$85    Typical Access Period: 2 Months**

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**CBMT Relationship:** World Rhythm 101 is approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits. Sound Health Music, Approved Provider #P-110, maintains responsibility for program quality and adherence to CBMT policies and criteria.