

## The Art of Practicing Empathy

## With Josh Novo

In this one hour lecture, you will learn about the strategies for using empathy in your professional and social environment. You will identify the verbal and non-verbal cues to look for when delivering an empathetic responses and the holistic tools to empower others. This topic will be illustrated through the presenter's experience working with adult learners in higher education. Learners will walk away with tangible skills for building relationships and empowering others.

Josh Novo has over a decade worth of experience in higher education. Known as the "student whisperer," he has worked with at-risk learners to empower their academic and professional development. Josh continues to bring his knowledge and expertise as the Assistant Director of Student Success at Hodges University. He is an avid movie lover and loves to be near the water.

