

MHS5007 Counseling in Community Setting 3 Credits

This course will provide an overview of the many facets of community counseling. A brief history, philosophy, current trends, professional identity, counseling in various settings and ethical and legal issues in practice are explored. Focus will also be on the importance of self-awareness in becoming a successful community counselor through experiential learning.

MHS5060 Social & Cultural Foundations of Counseling Practice 3 Credits

This course addresses the needs and issues relevant to working with clients from diverse racial and ethnic groups. Diversity within these groups in the context of the counseling relationship as well as an understanding of ethnic psychology will be explored. Basic principles, sensitivities and knowledge that will lay a foundation for becoming a culturally competent professional will be examined.

MHS5200 Individual Evaluation and Assessment 3 Credits

The course provides general information about assessment, including basic concepts, ethical and legal implications, and test construction, as well as the selection, administration, scoring and interpretation of assessment instruments. A comprehensive exploration of the major areas of assessment will be incorporated. The role of clinical assessment as the main summary of all assessment will be emphasized. Tests and inventories in the areas of clinical, personality, behavioral, intelligence, aptitude, achievement, career, and couples and family assessment will be studied.

MHS5340 Career & Lifestyle Assessment 3 Credits

This course surveys the major theories of career development as well as standardized methods of assessing vocational interests and aptitudes. Practical application of concepts will be emphasized. Career counseling in educational settings, work settings and career transitions throughout life will be examined. Emphasis will be placed on individual and group career counseling skills across diverse populations and focus on balancing all life roles in an ever-changing world.

MHS5400 Counseling Theories & Practice 3 Credits

This course will cover the major counseling theories from Freud to the shorter-term therapies prevalent today. Emphasis will be placed on the important tenets driving each theory and how to put those to practical use. Students will be encouraged to identify the theories they are most comfortable with. The value of an eclectic theory base will be discussed.

MHS5500 Group Theories & Practice 3 Credits

This course is designed to give students an understanding of the role of theories in group counseling and the many process applications of groups with a variety of diverse populations and age groups. Emphasis will be placed on practical knowledge and techniques for effective group leadership. Both basic and advanced leadership skills for planning and implementing a group as well as specific strategies and skills for each stage of the group process will be covered.

MHS5895 Residency 3 0 Credits

The residency requirement provides the basis for students to develop their skills as scholar-practitioners. Through the residency experiences, students begin to apply the core skills and techniques introduced in the state licensing component coursework. Students also continue to develop the ethical practices, multicultural competencies, and professional identity needed to be an effective clinical mental health counselor. Per program requirements, students complete the residency in a face-to-face classroom setting. Students will receive specific information about their upcoming field experience and credentialing processes. (zero textbook cost)

MHS5896 Residency 4 0 Credits

The residency requirement provides the basis for students to develop their skills as scholar-practitioners. Through the residency experiences, students begin to apply the core skills and techniques introduced in the state licensing component coursework. Students also continue to develop the ethical practices, multicultural competencies, and professional identity needed to be an effective clinical mental health counselor. Per program requirements, students complete the residency in a face-to-face classroom setting. Students will receive specific information about their upcoming field experience and credentialing processes. (*zero textbook cost*)

MHS6071 Diagnosis and Treatment of Psychopathology 3 Credits

This course reviews current standards of diagnostic categorization and treatment options for each diagnosis. Students will use critical thinking in order to identify the differential diagnosis from the assessment data. Treatment options will be considered based upon effectiveness for that condition. Correct use of diagnosis requiring a split approach of use of diagnosis with professionals but reframing positively for clients will be discussed.

MHS6457 Advanced Addiction Treatment Methodologies 3 Credits

Substance abuse therapy theory and technique has gone through a revolution of change, with motivational enhancement and cognitive therapies demonstrating research-based effectiveness along with 12-step enhancement and harm reduction methodologies. Also, the increasing role of pharmacotherapy and the essential nature of including family treatment methodologies in substance abuse treatment will be reviewed. Prerequisite: MHS6450.

MHS6423 Adolescent Therapy 3 Credits

This course will identify the importance of knowledge of adolescent development stages and how to assess current development and the appropriateness of parenting strategies utilized for that stage. Family stress will be explored as a real and significant amplifier of negative symptom display for adolescents. Age based theory approaches and teachings will be identified, discussed and analyzed. Typical issues which bring adolescents to treatment will be discussed in order to enhance assessment and intervention strategies. Pre-requisite: 24 course credits in the program completed.

MHS6402 Strength Based Assessment and Counseling 3 Credits

Current therapy modalities emphasize shorter term solutions and therapy length. Identification of client strengths and use of the principle of Occam's razor both shorten the time necessary to assist a client to find solutions. This course will emphasize finding "solution talk" instead of "problem talk," and will assist the student to find ways to creatively and credibly identify client strengths. Work with client emotions and behaviors will be emphasized also. Prerequisite: 24 course credits in the program completed. *(zero textbook cost)*

MHS6424 Child Therapy 3 Credits

Work with children and adolescents demands a specialized knowledge base and skill set. Problems of childhood and adolescence will be studied, and counseling techniques geared to the developmental level of the child will be outlined. Special emphasis will also be place on the engagement of parents in their child's therapy to avoid falling into the "identified patient" trap. Cultural factors in children and adolescent therapy will be stressed. Prerequisite: MHS6486 and 24 course credits in the program completed.

MHS6435 Family Treatment 3 Credits

Family therapy skills require an awareness of the family as a system. Basic methodologies of systems therapy will be discussed and emphasized through discussion, videotape and other methods. Methodologies stemming from the original communication school, through the structural and insight approaches, to the strategic systems approach will be explored. Awareness of family diversity and cultural competence will be strongly emphasized. Prerequisite: MHS5060 and 24 course credits in the program completed. *(zero textbook cost)*

MHS6446 Couples Therapy 3 Credits

Research from Gottman will be utilized to present how happy couples function, and Gottman's psychoeducation and techniques for couples will be explored. The stages of EFT system will be presented and analyzed in a step-by-step approach. Approaches and techniques for couples, including the best basic counseling skills for couple's sessions will be explored. The best intervention systemic strategies and couple dynamics with which to use them will be outlined. Pre-requisite: 24 course credits in the program completed.

MHS6450 Substance Abuse Theory & Prevention Methodology 3 Credits

This course will focus on the history of substance abuse in our society, how it is defined, perceived, and accommodated. The various methods of prevention will be examined from a medical, psychological and social perspective. Student will conduct a case study using one of these methods to determine the efficacy of each.

MHS6466 Trauma Therapy 3 Credits

This course will integrate and apply foundational skills treatment with those critical skills needed for both disaster response and trauma treatment. It will include a review of theories, stages, and practice methods of crisis intervention and trauma treatment, as well as how psychological first aid strategies differ. How counseling professionals interact as part of an emergency management interdisciplinary team will be examined. Training activities in the methods of assessment for diagnosis, treatment planning, and developmental purposes including suicide prevention, additions, and aggression to self and others are implemented. Also covered are vicarious trauma and focus on self-care. Pre-requisite: 24 course credits in the program completed.

MHS6470 Human Sexuality 3 Credits

This course presents an investigation of sexuality within the larger context of the human experience. Emphasis is placed on the study of human sexual development, dimensions of sexual behavior, sex education, health issues, sexually transmitted diseases and ethical and legal aspects of sexuality.

MHS6486 Human Growth & Development 3 Credits

The focus of this course will be on human biopsychosocial development and change through the passages of life. There will be a focus on how this information applies to assessment and counseling throughout the lifespan. The developmental needs of each stage and community resources that can support these needs will be discussed. Applications to practice with children, adolescents, adults and older adults will be emphasized.

MHS6620 Direct Supervision & Administration 3 Credits

Supervision of therapists requires a new skill set and knowledge base due to the far-reaching ramifications of supporting other therapists clinically. Models of supervision will be explored, and the significance of differing levels of expertness between supervisor and supervisee will be reviewed. Supervision within an agency structure considering all attendants ethical and liability concerns will be covered at length. Prerequisites: MHS5400 and MHS6780.

MHS6710 Research & Program Evaluation 3 Credits

The focus of this course is to provide practical skills evaluation research that focuses on intervention results and improvements. Basic statistics, research designs, research ethics and program evaluation within the human services field is examined. Both qualitative and quantitative research methods will be explored. It also provides experience in performing data analysis. The emphasis will be on continuously improving practitioner and agency practice.

MHS6780: Legal, Ethical and Professional Standards of Counseling Practice 3 Credits

Standards for professional conduct in counseling are the focus of this course. Ethical and legal decisions that mental health counselors must make are explored. Professional issues in counseling from both an ethical and a legal point-of-view are examined. Difficult issues will be addressed and practical, realistic advice will be given through vignettes that showcase typical situations and dilemmas faced by practicing counselors.

MHS6800 Practicum 3 Credits

The practicum program provides the entry point for the internship program, utilizing classroom education in a practical setting. The student will be located on site at a human services placement for

at least 155 clock hours and will actively engage clients in a professional capacity for at least 40 clock hours of the internship under professional supervision by the agency and the Hodges University field placement coordinator. Students will be supervised at least one hour per week by the field supervisor (15hours), and will participate in Hodges University led group supervision for one class period every other week (24 hours). There will be an orientation class, and students will be responsible for purchasing malpractice insurance prior to the first day of placement. Corequisite: MHS6780
Prerequisites: 24 course credits in the program completed, and permission of the associate dean or their designee.

MHS6830 Internship Track 1/Level 1 4 Credits

The internship program provides the basis for utilizing classroom education in a practical setting. The student will be located on site at a human services placement for at least 200 clock hours and will actively engage clients in a professional capacity for at least 80 clock hours of the internship under professional supervision by the agency and the Hodges University field placement coordinator. Students will be supervised at least one hour per week by the field supervisor (15 hours), and will participate in Hodges University led group supervision for one class period every other week (24 hours). Students will be responsible for purchasing malpractice insurance prior to the first day of placement. Prerequisite: MHS6800. *(zero textbook cost)*

MHS6881 Residency 1 0 Credits

The residency requirement provides the basis for students to develop their skills as scholar-practitioners. Through the residency experiences, students begin to apply the core skills and techniques introduced in the state licensing component coursework. Students also continue to develop the ethical practices, multicultural competencies, and professional identity needed to be an effective clinical mental health counselor. Per program requirements, students complete the residency in a face-to-face classroom setting. Students will receive specific information about their upcoming field experience and credentialing processes. *(zero textbook cost)*

MHS6882 Internship Track 1/Level 2 4 Credits

The internship program provides the basis for utilizing classroom education in a practical setting. The student will be located on site at a human services placement for at least 200 clock hours and will actively engage clients in a professional capacity for at least 80 clock hours of the internship under professional supervision by the agency and the Hodges University field placement coordinator. Students will be supervised at least one hour per week by the field supervisor (15 hours), and will participate in Hodges University led group supervision for one class period every other week (24 hours). Students will be responsible for purchasing malpractice insurance prior to the first day of placement. Prerequisite: MHS6830. *(zero textbook cost)*

MHS6883 Internship Track 1/Level 3 4 Credits

The internship program provides the basis for utilizing classroom education in a practical setting. The student will be located on site at a human services placement for at least 200 clock hours and will actively engage clients in a professional capacity for at least 80 clock hours of the internship under professional supervision by the agency and the Hodges University field placement coordinator. Students will be supervised at least one hour per week by the field supervisor (15 hours), and will participate in Hodges University led group supervision for one class period every other week (24 hours). Students will be responsible for purchasing malpractice insurance prior to the first day of placement. Prerequisite: MHS6882. *(zero textbook cost)*

MHS6884 Residency 2 0 Credits

The residency requirement provides the basis for students to develop their skills as scholar-practitioners. Through the residency experiences, students begin to apply the core skills and techniques introduced in the state licensing component coursework. Students also continue to develop the ethical practices, multicultural competencies, and professional identity needed to be an effective clinical mental health counselor. Per program requirements, students complete the residency in a face-to-face classroom setting. Students will receive specific information about their upcoming field experience and credentialing processes. *(zero textbook cost)*

MHS6885 Internship Track 2/Level 1 6 Credits

The internship program provides the basis for utilizing classroom education in a practical setting. The student will be located on site at a human services placement for at least 300 clock hours and will actively engage clients in a professional capacity for at least 120 clock hours of the internship under professional supervision by the agency and the Hodges University field placement coordinator. Students will be supervised at least one hour per week by the field supervisor (15 hours), and will participate in Hodges University led group supervision for one class period every other week (24 hours). Students will be responsible for purchasing malpractice insurance prior to the first day of placement. Prerequisite: MHS6800. *(zero textbook cost)*

MHS6886 Internship Track 2/Level 2 6 Credits

The internship program provides the basis for utilizing classroom education in a practical setting. The student will be located on site at a human services placement for at least 300 clock hours and will actively engage clients in a professional capacity for at least 120 clock hours of the internship under professional supervision by the agency and the Hodges University field placement coordinator. Students will be supervised at least one hour per week by the field supervisor (15 hours), and will participate in Hodges University led group supervision for one class period every other week (24 hours). Students will be responsible for purchasing malpractice insurance prior to the first day of placement. Prerequisite: MHS6885. *(zero textbook cost)*

MHS6930 Special Topics in Counseling Practice 1 Credit

This course will focus on a current counseling topic. The topic area will be determined by its timeliness as a trend, educational need and interests of the student population. Students will be expected to master the curriculum concepts in cognitive, affective and psychomotor taxonomies of learning and knowledge/skill acquisition. Topics will rotate and students may take this course up to three times, but not more than once per session. Prerequisite: 24 course credits in the program completed.

MHS6931 Special Topics in Counseling Practice 2 Credits

This course will focus on a current counseling topic. The topic area will be determined by its timeliness as a trend, educational need and interests of the student population. Students will be expected to master the curriculum concepts in cognitive, affective and psychomotor taxonomies of learning and knowledge/skill acquisition. Topics will rotate and students may take this course up to three times, but not more than once per session. Prerequisite: 24 course credits in the program completed.

MHS6932 Special Topics in Counseling Practice 3 Credits

This course will focus on a current counseling topic. The topic area will be determined by its timeliness as a trend, educational need and interests of the student population. Students will be

expected to master the curriculum concepts in cognitive, affective and psychomotor taxonomies of learning and knowledge/skill acquisition. Topics will rotate and students may take this course up to three times, but not more than once per session. Prerequisite: 24 course credits in the program completed.

MHS6511 Group Therapy 3 Credits

This course will explore the therapeutic factors of group therapy such as group cohesiveness, experiential learning and transference work. Methods for design of the group and the formation of group rules and a trusting atmosphere will be explored. Issues in the formation of specific types of groups will be analyzed, and strategies for working with certain types of “problem” clients in groups will be presented. Prerequisite: MHS5500 and 24 course credits in the program completed.

MHS6960 MS in CMHC Comprehensive Examination 0 Credits

This is a non-credit requirement. Students need to pass the Master of Science in clinical mental health counseling (CMHC) comprehensive examination after completion of all CMHC courses and is a qualifying condition for graduation. MHS6960 is not a course of study but is an examination that is listed as a course number to assure documentation of successful completion. This examination also serves as preparation for taking the NCMHCE required for licensure as a mental health counselor in the state of Florida. *(zero textbook cost)*