Use a pigma pen to draw the increments on your measuring tape and the "strands" of your embroidery floss.

Press each "letter" piece down in order, i.e. piece #1, #2, #3, etc. Place an applique press sheet over this pattern guide to assemble each letter. Then peel each letter off of the press sheet and iron to your background fabric. If you press a base line into your background fabric, it will help you line up the letters in a row.

If you increased the size of your original pattern sheet, be sure to increase the size of this pressing guide as well.

The piece for the straight pin (3) is very small. You may want to draw it in with a pigma pen or stitch it using your machine or hand stitching.

This is your pressing guide. Do not trace your pattern pieces from this sheet.

Place this pattern sheet underneath your background fabric for easy alignment prior to pressing.

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Stitch it Up!
by
Sandy Fitzpatrick

This applique design would be great to add to a pillow, apron, tote bag, or use as a quilt block.

If you need a little help with the applique process, here you go...

1. Trace the applique design onto fusible web leaving approximately ½" between each pattern piece. Be sure to number your pieces accordingly. It’s also helpful to write the fabric color on each piece along the inside edge.

2. Roughly cut your fusible web pieces apart, leaving about ¼" outside the drawn line, and separate them into the colors you will be using.

3. Lay each piece on the wrong side of the appropriate fabric and fuse.

4. Cut each of your pieces out on the drawn line and place in a ziplock bag. This will make things so much easier when it’s time to fuse the pieces together as you won’t be searching for elusive pattern pieces.

Since you are dealing with an applique design that has numerous pieces, an applique press sheet will make your life so much easier. It has a surface that allows your applique pieces to be ironed to it and then peeled off when it has cooled. It’s also slightly transparent so that your drawn applique design can be placed under the press sheet and still be visible to place your pieces in the exact spot.

Be sure to use the pattern sheet that has been reversed for you to trace your pattern pieces onto fusible web. When you are ready to fuse your “letters” to your background fabric, you should use the pattern sheet that is labeled “pressing guide”. You can place this under your applique press sheet as a guide for fusing.

5. Lay your applique press sheet on your ironing board and place the pressing guide sheet underneath so that your design can be seen through the press sheet. Remove the paper backing from your pieces and begin layering the design by placing the #1 piece down first, lightly press in place. Continue to add pieces in the numbered order. Make sure your pieces overlap so no gaps are showing.

6. When all the pieces have been fused in place, let your design cool and then peel it from your press sheet.

7. Fold your background block into quarters and finger press to mark the center of the fabric. You may want to press a base line into your fabric to keep your letters aligned.

8. Now center the design on your fabric and press in place along your base line.

9. Applique your design using a blanket stitch, a satin stitch, or raw edge stitching.

If you would like more detailed instructions, along with photos of the applique process, visit my blog, www.sandyfitzpatrick.wordpress.com. Click on “Tutorials” on the right hand side and choose, “How to Use an Applique Press Sheet.”

Thanks for signing up for my newsletter. You can also be the first to find out about my newest designs by “liking” me on Facebook at...
www.Facebook.com/HissyfitzDesigns

I’d love to see a photo of how you chose to use this design and would like to post it on my website or blog. If you would like to share, please email a photo to me at hissyfitz@earthlink.net

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Use this sheet to trace each of your pattern pieces.

Dotted lines represent overlap of two or more fabrics.

You may take this to your local copy shop to increase the size of your pattern. Or you may simply increase it on your computer and print it out on legal size paper. My finished wallhanging was increased to print out at 125%.

If you increase the size of this pattern sheet, be sure to increase the size of your pattern pressing guide sheet as well.

This design will be reversed when ironed to your background fabric.

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