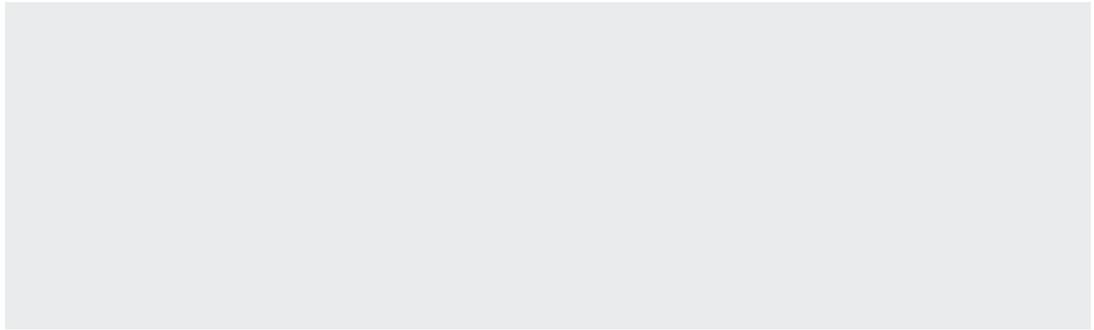
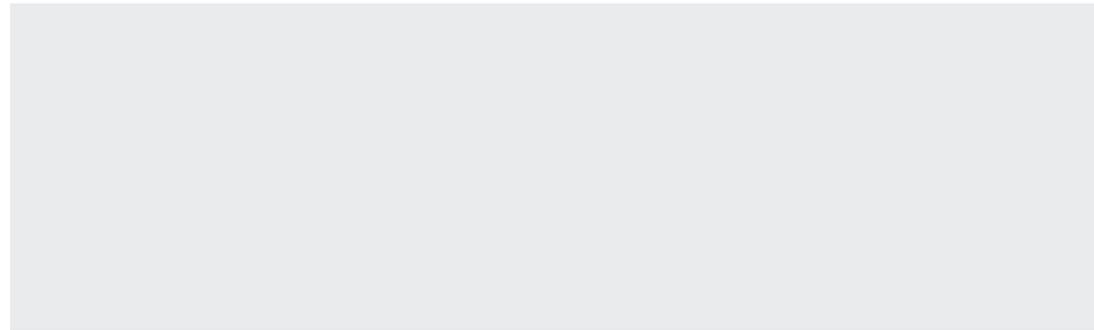


Over the next 4 weeks, you're going to focus on building 3 habits. This is where you'll track your habits.

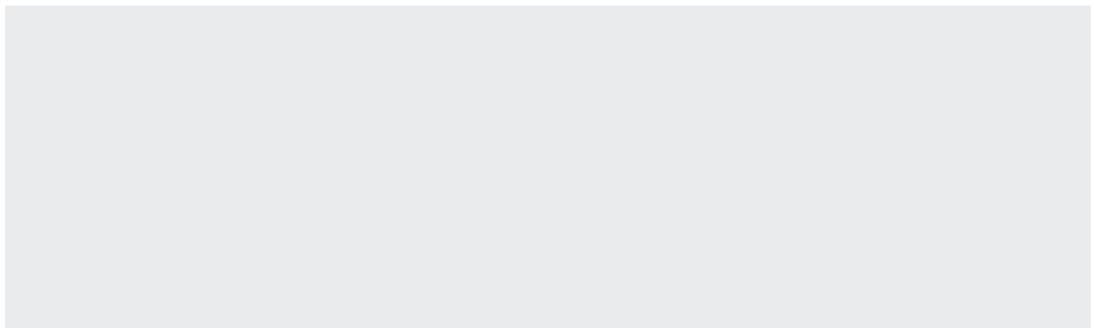
*My 3 Habits are:*



*This is why these are my habits:*



*My reward for accomplishing this is:*



HAYLEY HOBSON

*Week of:*

Use the checkboxes to mark each day as you work on your 3 habits

Monday

Tuesday,

Wednesday

Thursday

Friday

Saturday

Sunday



HAYLEY HOBSON

*Week of:*

Use the checkboxes to mark each day as you work on your 3 habits

Monday

Tuesday,

Wednesday

Thursday

Friday

Saturday

Sunday



HAYLEY HOBSON

*Week of:*

Use the checkboxes to mark each day as you work on your 3 habits

Monday

Tuesday,

Wednesday

Thursday

Friday

Saturday

Sunday



HAYLEY HOBSON

*Week of:*

Use the checkboxes to mark each day as you work on your 3 habits

Monday

Tuesday,

Wednesday

Thursday

Friday

Saturday

Sunday



HAYLEY HOBSON