



Commonly Requested Items

Food

Beef Jerky
Powder Drink Mix
Dried Fruit
Power Bar/Granola Bar
Microwavable Popcorn
Microwavable Cheesy Mac
Sunflower Seeds
Hard Candy
Twizzlers
Tuna Fish Packets
Instant Noodles, Soup
Coffee
Trail Mix

Hygiene

Baby wipes
Hand sanitizer
Deodorant Male/Female
Body Lotion
Sun block
Toothbrush/paste/mouthwash
Feminine Hygiene products
Lip balm
Tissues
Throat lozenges
Eye drops
Body Powder
Tums, Rolaids

Entertainment/Other

DVD/CDs Books, Puzzle Books
Pens, Pencils, Postcards
Drawing pads, journals
Magazines
Tupperware
Brown undershirts, socks

Please avoid sending:

Aerosol cans
Batteries