



Commonly Requested Items

Food

Beef Jerky
Powder Drink Mix
Dried Fruit
Power Bar/Granola Bar
Microwavable Popcorn
Sunflower Seeds
Hard Candy
Twizzlers
Tuna Fish Packets
Instant Noodles, Soup
Coffee
Trail Mix

Hygiene

Baby wipes
Hand sanitizer
Deodorant Male/Female
Body Lotion
Sun block
Toothbrush/paste
Feminine Hygiene products
Lip balm
Throat lozenges
Eye drops
Body Powder
Tums, Rolaids

Entertainment/Other

DVD/CDs Books, Puzzle Books
Pens, Pencils, Postcards
Drawing pads, journals
Magazines
Tupperware
Brown undershirts, socks

Please do not send

Aerosol cans
Batteries
Alcohol
Weapons
Cell phones
FM transmitters
Obscene material
Items that can spill