



Stool Test Collection Instructions

To collect a stool sample:

- Label a clean, screw-top container with your name, date of birth and the date the sample is being collected. This is provided in the Access Medical Laboratory kit provided
- Place something in the toilet to catch the stool, such as an empty plastic food container, or spread plastic wrap over the rim of the toilet, then close the lid. Make sure the stool does not touch the toilet water or the toilet if possible. The plastic wrap should be loose enough to catch the stool BUT not touch the water
- Use a plastic spoon to collect the stool filling about a 1/3 of the way full. Make sure to screw the lid shut and the container shows your full name, date of birth and collection date. You can take a piece of paper on the container with this info, make a label or use a black sharpie. BUT it must have your info. On it.
- Put anything you used to collect the stool in a plastic bag, tie it up and put it the trash.
- Make SURE the **Specimen information** section on the requisition has the following: Date collected.
- Make SURE the **Patient information** section is COMPLETE with all the necessary info. You don't need to provide your social security number
- Pack up the sample make sure the requisition and the specimen collection container are in the box provided.
- Put the box in the prepaid mailing envelope and take to your UPS location. If you plan on collecting and sending the next day. Please refrigerate the samples.
- Results are completed within 7 to 10 business days and your provider will receive the results.

For questions, please contact your provider.