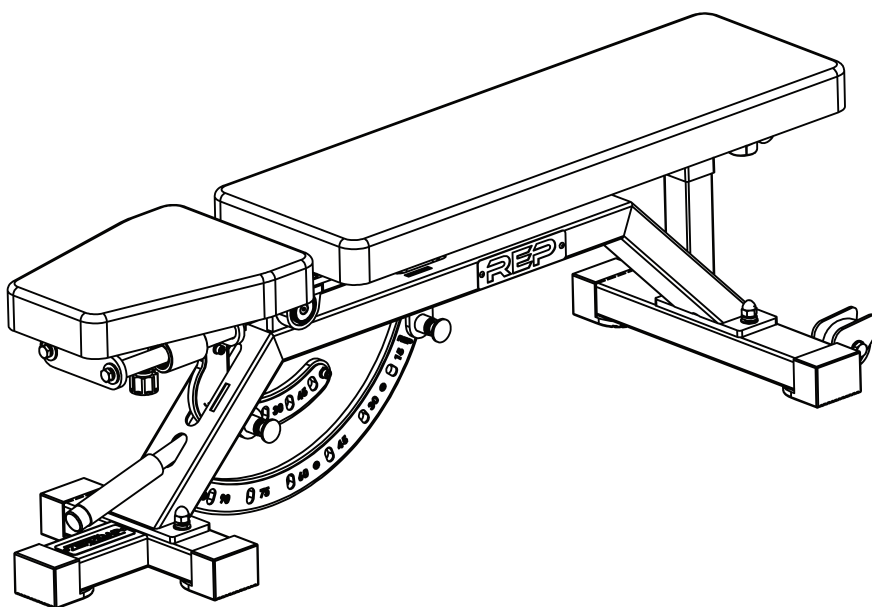


# REP

## ASSEMBLY INSTRUCTIONS

# AB-5000



1x NOT INCLUDED



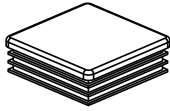
1x INCLUDED  
(6 MM)

DO NOT FULLY TIGHTEN  
HARDWARE UNTIL STEP 4

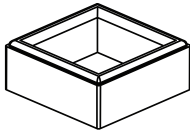


**STILL NEED HELP WITH ASSEMBLY?**  
VISIT OUR ASSEMBLY LIBRARY HERE:  
[HELP.REPFITNESS.COM](http://HELP.REPFITNESS.COM)

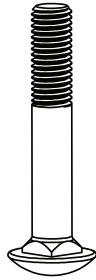
# PARTS LIST



10-0049  
STEP 3 x1



10-0268  
STEP 3 x1



10-0153  
STEP 1 x4



10-0281  
STEP 1 x4



10-0078  
STEPS 2 & 3 x10



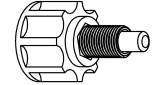
10-0098  
STEPS 2 & 3 x10



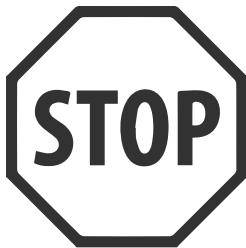
10-0008  
STEP 1 x4



10-0015  
STEP 1 x4



10-0272  
STEP 1 x1

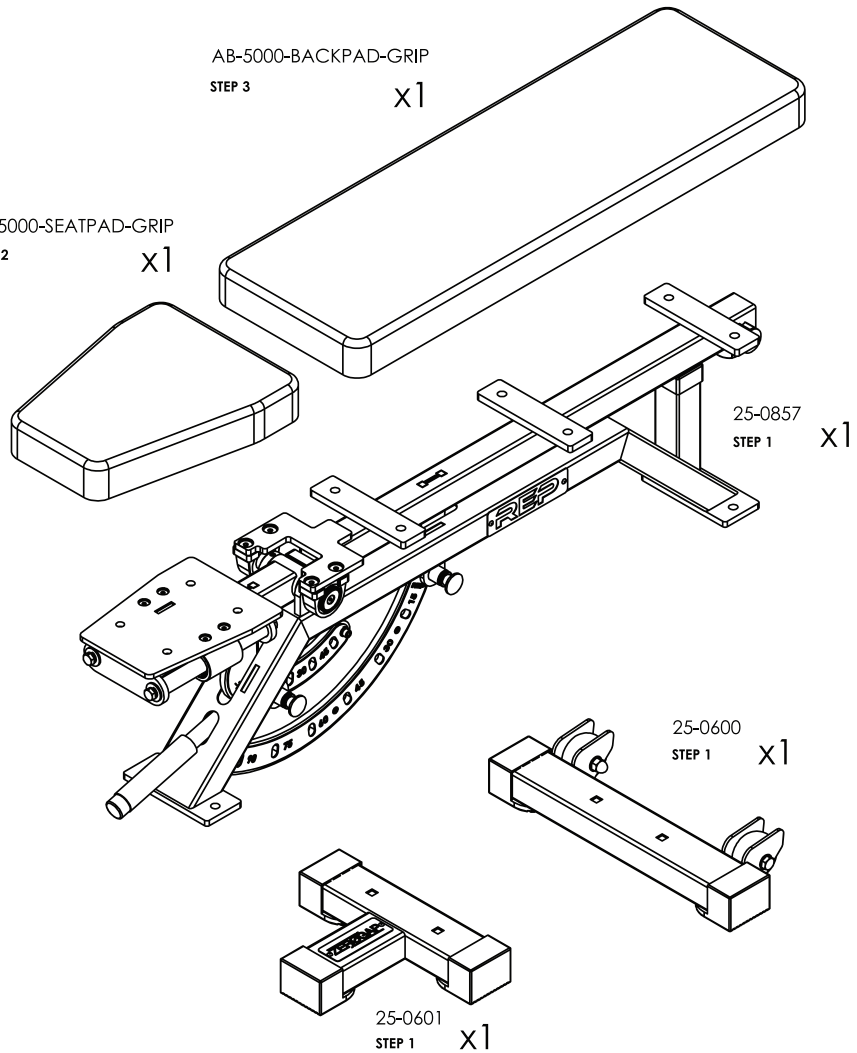


If you are missing  
any parts, or  
otherwise have  
any warranty issues,  
please file a  
**warranty claim**  
on our website:



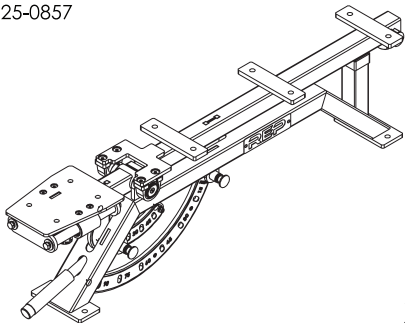


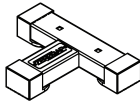
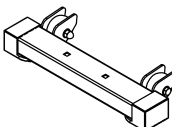
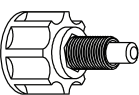


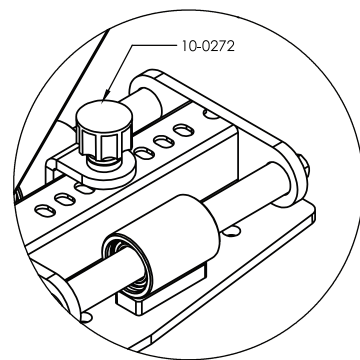
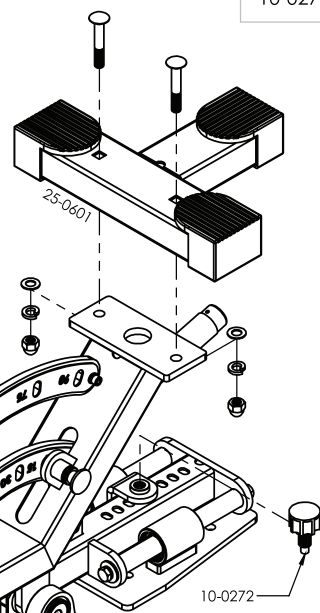
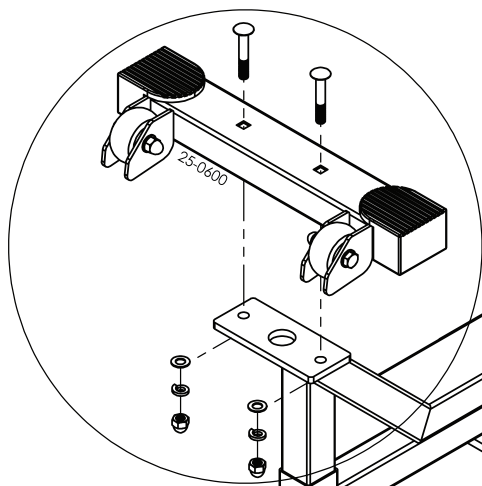
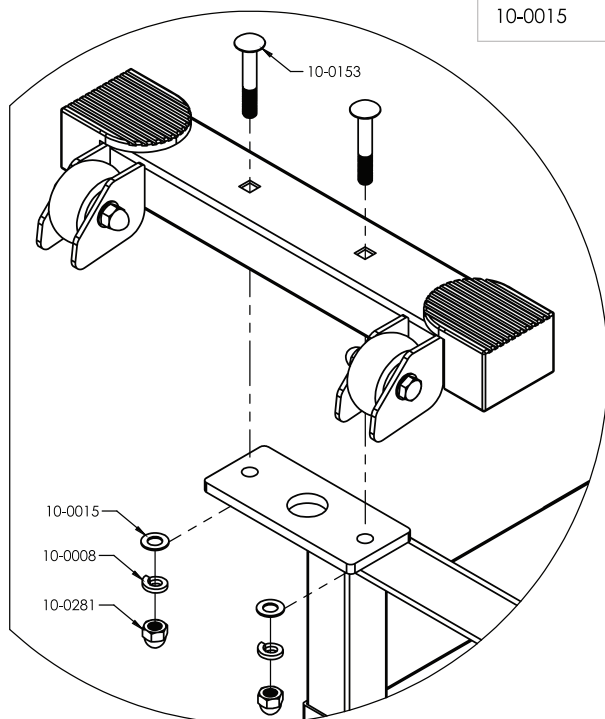
AB-5000-BACKPAD-GRIP  
STEP 3 x1


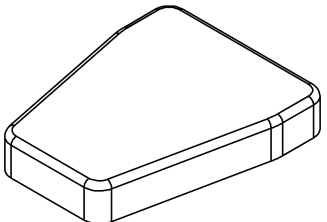

AB-5000-SEATPAD-GRIP  
STEP 2 x1



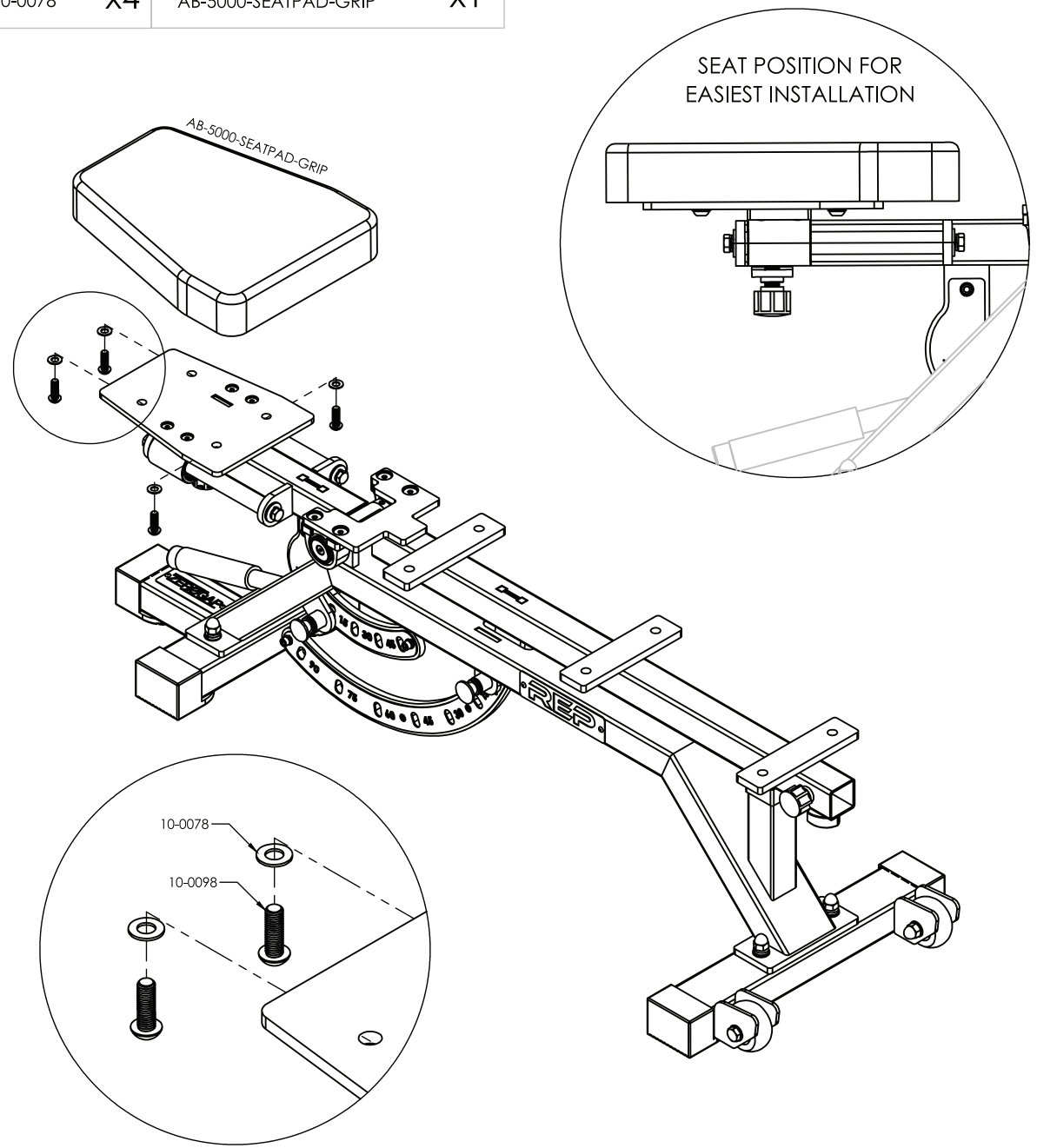
# STEP 1

 10-0281 x4	 10-0008 x4	 25-0857 x1
 10-0015 x4	 10-0153 x4	 25-0601 x1
		 25-0600 x1
		 10-0272 x1

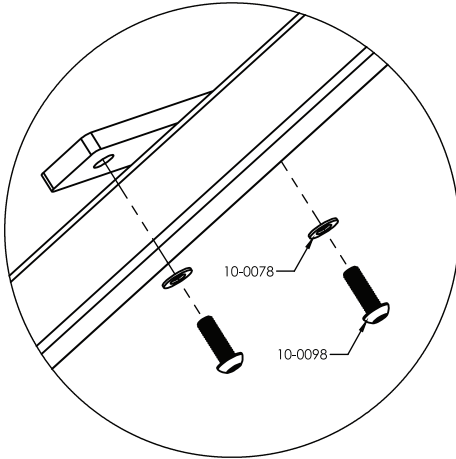



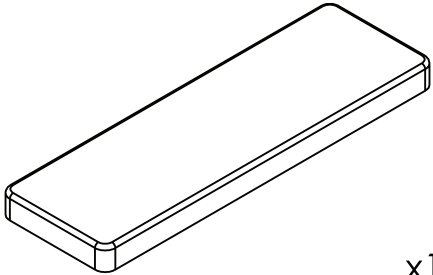

 10-0098    x4	 AB-5000-SEATPAD-GRIP    x1
 10-0078    x4	

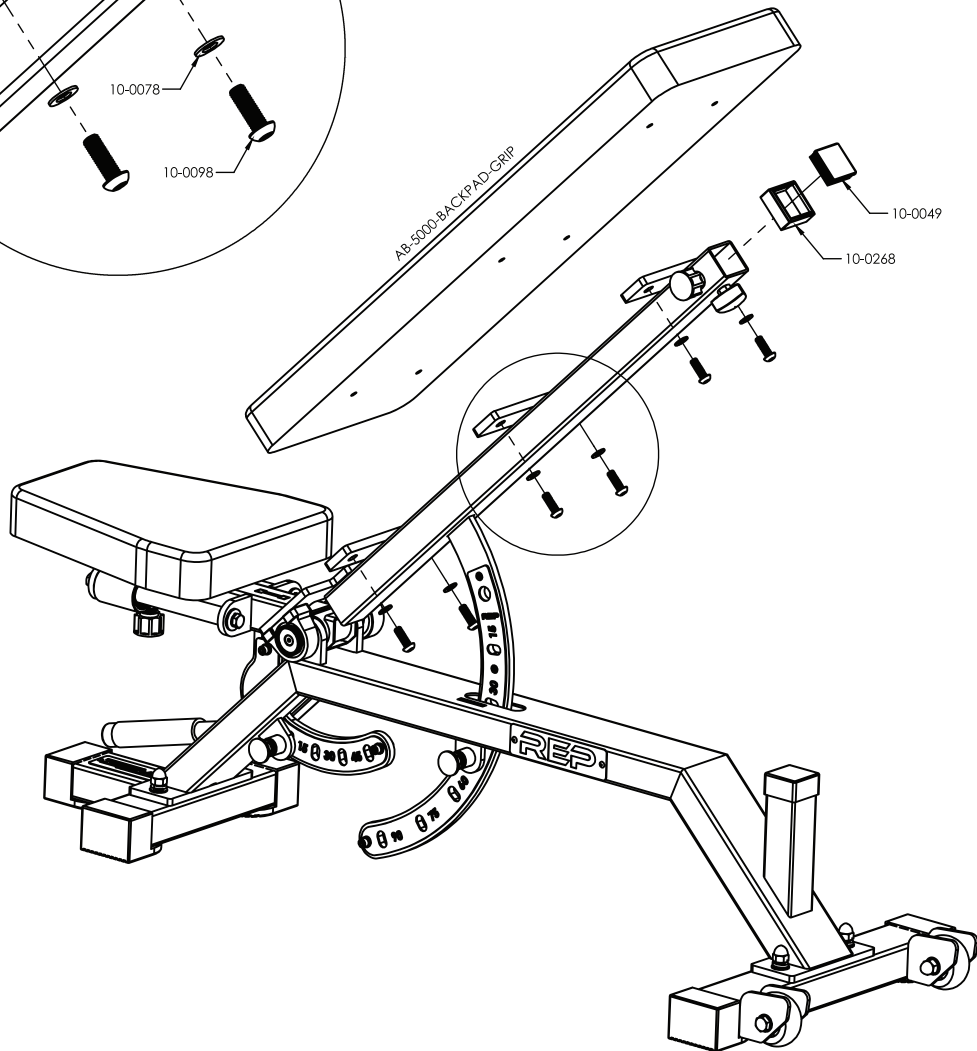
STEP  
2



**STEP  
3**



 10-0098 x6	AB-5000-BACKPAD-GRIP  x1
 10-0078 x6	



**STEP  
4**

FULLY TIGHTEN ALL HARDWARE