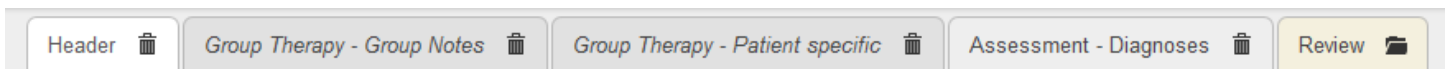# Group Therapy Note

What is it?

The Group Therapy Note is designed for the efficient documentation of group therapy sessions. What sets it apart is a new kind of section (called "Group Therapy – Group Notes") with special functionality that allows you to easily populate identical content to all patients in the group.

The Sections in the Group Therapy Note

Group Therapy Note contains the following sections:

- Header
- Group Therapy – Group Note NEW
- Group Therapy – Patient specific NEW
- Group Therapy – Last Session Homework NEW
- Assessment – Diagnoses
- Review

This document will discuss the two new sections: "Group Therapy – Group Notes" and "Group Therapy – Patient specific."

"Group Therapy – Group Notes" section

This new section consists of a free text box for your use in **documenting information that applies to every patient in the group**.
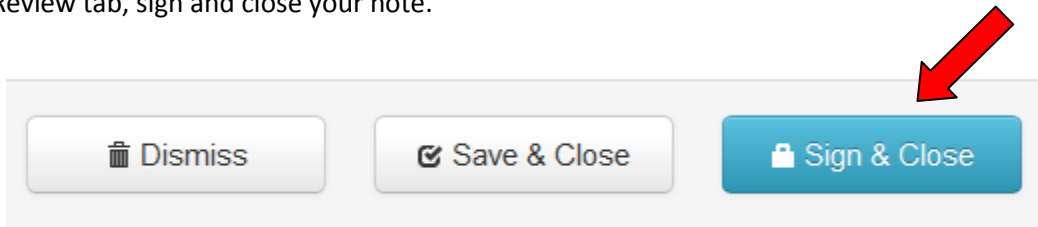
How to Use the "Group Therapy – Group Notes" section

First Instance of a New Group

1. In core EMR or in Mobile Notes, set up separate appointments for every patient in your group. These appointments may be recurring or not, and may even have different CPT codes, but they must have:
   a. the same day
   b. the same start time
   c. the same end time
   d. the same provider (i.e., you)
2. When you are ready to document your group therapy session, start the Group Therapy Note for one of the patients ("Patient 1"). Write the content that you want to appear in all patients' notes in the "Group Therapy – Group Notes" section. Write the content specific to Patient 1 in the "Group Therapy – Patient Specific" section (see below).
3. On the Review tab, sign and close your note.

4. Start the note for another of the patients in the group ("Patient 2"). You should find that the "Group Therapy – Group Notes section is pre-populated with the content from your note with Patient 1. Note: This content is not meant to be changed for each patient in the group. If you change the content in Patient 2's "Group Therapy – Group Notes" section, and then sign and close the note, it will not affect the content in Patient 1's note (since it is already signed), but the new content will be carried forward when you start Patient 3's note. The system always seeks the most recent version of content from this section to carry forward.
5. Proceed with the remaining notes for this session.

All Future Instances of the Group

When you document future sessions, the first note on a new day will pull content from the most recent signed "Group Therapy – Group Notes" section **for the patient whose note you are working on**.

Things to Note about the "Group Therapy – Group Notes" section

1. If a different provider attempts to document a group therapy session for an existing group (e.g., a substitute group leader), the content from the previous session **will not** pull forward because the functionality is provider-specific. The new provider will have to either access the past Group Therapy Note on the "Documents" tab in one of the patients' charts in core EMR and copy/paste the content, or start fresh.
2. If you are the provider for more than one group, and you have a patient that is in more than one of your groups, **do not** use this patient to create the first note on a new day. If you do, you will likely pull content from the other group. Note that this is only a problem if the patient in is more than one group with the **same provider**.
3. The system always pulls the most recently-created content. Consequently, if you document notes out of order (e.g., do notes for April 5 after doing notes for April 6), the first "Group Therapy – Group Notes" section you start on April 5 will pull from the signed April 6 section.

"Group Therapy – Patient specific" section

This new section consists of a free text box for your use in **documenting information specific to this patient**. It has "new note from last" functionality, so once you sign the note this content will carry forward to future "Group Therapy – Patient specific" sections *for this patient*.

Group Therapy - Patient Specific

The "new note from last" functionality is patient and provider-specific. That is, your content will only carry forward for you and for this patient; it will not carry forward to the notes of other providers in your practice who may also see this patient.

Note that the system always pulls the most recently-created content. Consequently, if you document notes out of order (e.g., do notes for April 5 after doing notes for April 6), each "Group Therapy – Patient specific" section you start on April 5 will pull from the that patient's signed April 6 section.

"Group Therapy – Last Session Homework" section

This section provides a worksheet for your use in **documenting the amount of homework completed by this specific patient.** It has "new note from last" functionality, so once you sign the note this content will carry forward to future "Group Therapy – Last Session Homework" sections *for this patient*.

Group Therapy - Last Session Homework

Worksheet Helps with generating narrative (it is not included in the signed note)

Amount of homework completed:

No (less than 10%)	Minimal (10-25%)	Partly (25-50%)	Mostly (50-75%)	Yes (75-100%)
☐	☐	☐	☐	☐

☐ Homework not assigned
Additional Comments:

[Generate Narrative]   [Clear Worksheet]