



## The Costs of Spinal Cord Injury

### Total Average Yearly Expenses<sup>1</sup>

TYPE OF INJURY	1ST-YEAR	SUBSEQUENT YEARLY
High Tetraplegia (C1-C4)	\$1,163,425	\$202,032
Low Tetraplegia (C5-C8)	\$840,676	\$123,938
Paraplegia	\$567,011	\$75,112

Estimated lifetime costs due to spinal cord injury can range from \$2.5 million to more than \$5.2 million for a 25 year old, depending on the severity of the injury.

### Average Yearly Expenses for Specific Items<sup>2</sup>



Minor Home Modification Projects:	\$5,000–\$15,000
Major Home Modification Projects:	\$50,000–\$380,000
A Vehicle Modified with Adaptive Equipment:	\$35,000–\$56,000
One Year of Physical Rehabilitation:	\$21,000–\$38,000
One Year of Home Health Care:	\$65,000
One Year of Home Medical Supplies:	\$3,400
Specialized Equipment:	



Standing Frame:	\$2,300–\$5,200
Power Wheelchair:	\$26,000
Functional Electrical Stimulation (FES) Bike:	\$15,000
Customizable Bed:	\$3,450



Sources: 1. National Spinal Cord Injury Statistical Center (NSCISC) located at The UAB Department of Physical Medicine and Rehabilitation 2. Based on Help Hope Live client expenses paid in FY 2021

Help Hope Live supports community-based fundraising for people with unmet medical expenses and related costs due to cell and organ transplants or catastrophic injuries and illnesses.

Since 1983, Help Hope Live has helped thousands of people raise millions of dollars to pay for a wide range of vital but often uncovered expenses.

