From Tragedy Comes Hope



In May of 2013 our daughter Lauren, had returned from her Freshman year at Penn State University. Life was good for the optimistic 19 year old. A month later, we received a life changing call telling us that Lauren had a tragic diving accident. She fractured 3 cervical vertebra and was diagnosed with a devastating Spinal Cord Injury; a Quadriplegic, and was paralyzed from the chest down.

We learned that being paralyzed was far worse than not being able to walk.

Lauren experienced some frightening setbacks. We were taught her 24/7 nursing care including neurogenic bowel and bladder programs. We then became her full time caregivers, rotating shifts around the clock. Lauren learned that improving her odds of recovery required intense workouts to reactivate her neurological systems. However, insurance provides only 20 hours of rehab PER YEAR. We knew that this was insufficient. Thus began her quest to maximize her recovery by working out 20+ hours PER WEEK! Lauren attends active therapies at



specialized centers who offer cutting edge technologies. The expense is 100% self-pay but is the only therapy that has regained movement for her. A recent trial showed that <u>Active Walking Therapy</u> for paralyzed participants was a key factor in regaining independence. Results showed 60% regained bowel & bladder function and 75% walked!

http://www.newmobility.com/2016/07/china-trials/



We remain passionate about teaching dive safety to help prevent this catastrophic injury. Lauren speaks publicly to local students because 28% of those paralyzed from diving accidents are between ages 10 and 19 and 45% are in their 20's.* Education and prevention are key! She aspires to raise awareness on a national level as well. Her tax exempt fundraising through HelpHopeLive also benefits

those in a regional SCI Fund, in which she is also a member.

Thank you for your compassion and support.

Janice & Mik Shevchek *Shepherd Center for SCI Prevention*



CONTESTS & ACTIVITIES INCLUDE:



Best Team & Best Individual Score, Longest Drive, Closest to the Pin, Putting Contest, Blind Poker Hand & Silent Auction.

Silent Auction Donations

AUCTION ITEMS NEEDED

To Donate, please contact:

LaurensAngelsTeam@gmail.com

Your Generosity is Greatly Appreciated



Thank you for being one of Lauren's Angels

Social Media Links:

https://helphopelive.org/campaign/3452 https://www.facebook.com/Lauren-Shevchek-629709670384944

Contributions are tax-deductible to the extent allowed by law. This campaign is administered by HelpHOPELive, a 501©3 non-profit providing fundraising assistance to transplant catastrophic injury patients.

Information: 800.642.8399 http://www.helphopelive.org/

A copy of the official registration and financial information of HelpHOPELive may be obtained from the Pennsylvania



LAUREN SHEVCHEK



4th Annual Golf Tournament

To Benefit the Mid-Atlantic Spinal Cord Injury Fund

Monday, July 24th 2017



Spring Mill Country Club

TOP RATED PRIVATE COURSE!

Spring Mill Country Club 80 Jacksonville Road Ivyland, PA 18974 (215) 675-6000

www.SpringMillCountryClub.com

Tournament Information

SCRAMBLE FORMAT

Schedule of Events:

8:00 a.m. - Registration followed by

Continental breakfast

9:00 a.m. - Shotgun Start

2:00 p.m. - Reception

2:30 p.m - Supper Station Buffets

Registration includes:

bag drop service, green fees, complimentary range balls, golf cart, continental breakfast, hospitality range carts, 2 hour deluxe open bar, hors d'oeurve station, gourmet diner and dessert buffets, contests, prizes and awards.

Individual: Same Price as 2016! \$155 (\$30 is tax-deductible)

Team:

\$620 / Team (\$120 is tax-deductible)

EARLY BIRD DISCOUNT

Register by March 25th and receive a \$20 discount per player

\$135 / golfer (\$10 is tax-deductible) \$540/team (\$40 is tax-deductible)

(online registration or postmarked by 3/25 to qualify)

Please note: There will be no refunds. All proceeds will be donated to HelpHOPELive in honor of Lauren. Substitutions for your team are welcome at any time. Single players will be paired with teams at random.

Contact Janice if you have any questions: @ 215-620-3700

or email: LaurensAngelsTeam@gmail.com

Golfer Registration

TEAM CAPTAIN: Golfer #1 * All emails required for registration Full Name Email * Phone _____ **Golfer #2** *email required for registration* Full Name Email * Phone Golfer #3 email required for registration Full Name Email* Phone Golfer #4 email required for registration Full Name Email * Phone Make Checks Payable to: HelpHOPELive Please note on memo line: In honor of Lauren Shevchek Lauren's Angels Mail to: P.O. Box 216 Richboro, PA 18954 For online registration or donation, please visit: http://bit.ly/4thannualgolftournamentls Can't attend but still want to help? I am enclosing a donation in the following

amount \$

Thank You!

Sponsorship Opportunities

Sponsorship for this event gives you the unique opportunity to support a great cause as well as gain exposure for your business. THANK YOU! All sponsorship levels include signage associated with sponsorship level and social media exposure. **Tournament Sponsor - \$6,000** (\$5008 tax-deductible) Includes two foursomes Dinner Sponsor - \$4,000 (\$3504 is tax-deductible) Includes one foursome 19th Hole Sponsor - \$2,000 (\$1752 is tax-deductible) Includes two golfers Prize or Gift Bag Sponsor - \$1,500 Check Option (\$1,380 is tax-deductible) Includes two dinner guests Platinum Sponsor - \$1,000 (100% is tax-deductible) Gold Sponsor - \$500 (100% is tax-deductible) Silver Sponsor - \$400 (100% is tax-deductible) **Bronze Sponsor—\$300** (100% is tax-deductible) Hole Sponsor - \$200 (100% is tax-deductible) Sponsor Information: (as you wish it to appear on all signage and acknowledgements): Name _____ Address _____ City _____ Zip _____ Email _____ Company Web ____

Payment MUST be received by 7/1/2017 for

inclusion in printed materials.