Abstraction. The process of separating out details that are not needed in order to concentrate on the things that are needed.

Fill the Lunchbox

Cut out the lunch items from the back of the book. Classify the food in two groups based on color, shape or some other feature, like food group. You don’t need to use all the food.

All of these foods...

Compare what kind of rules you came up with to classify the lunch.

Find something else to sort and categorise according to shape, color, size or some other way.