



THE SPA AT THE MAGEE HOMESTEAD

*Spa Menu*



## WELCOME TO THE SPA AT THE MAGEE HOMESTEAD

The moment you step onto the bridge over Elk Hollow Creek, the peaceful sound of the flowing water puts your mind at ease. The Spa at the Magee Homestead is the perfect place to breathe deeply, live slowly and fully experience the balancing harmony of a healing retreat. We invite you to swim in our pools, purify in our eucalyptus steam room and sauna, and completely let go with our personalized spa treatments.

### *Featuring*

TATA HARPER SKINCARE™  
dōTERRA®

## MASSAGE

### THE MAGEE SIGNATURE MASSAGE

This Swedish massage caters to the worn or weary traveler. Therapists use mild stretches and catered pressure to relieve stress and soothe the nervous system to leave you refreshed and relaxed.

60 MIN \$180 | 90 MIN \$270 | 120 MIN \$360

### SPIRIT OF THE WEST

The Magee Firm Therapeutic massage uses pressure to focus on specific points and areas of tension to deeply relax and unwind, address injuries and break up connective tissue. We utilize the healing effects of arnica muscle gel to soothe muscles, and recover from fatigue and over-exertion.

60 MIN \$210 | 90 MIN \$300 | 120 MIN \$375

### WIND RIVER HOT SALT STONE MASSAGE

Enjoy a deepened experience with the application of heated Himalayan salt stones to soothe aching muscles. Himalayan salt stones aid in respiratory health, digestion and detoxification. The therapist will apply hot salt stones to break down tension and address built up tissue, creating a deep sense of relaxation.

90 MIN \$280 | 120 MIN \$370

### WILDFLOWER FIELDS

Our signature aromatherapy massage includes the application of pure essential oils to address areas of imbalance. Choose your oil to refresh and renew, detox and recharge, or rest and relax. Therapeutic poultices of fresh, native plants and herbs are also applied to the skin and create a more balanced state.

90 MIN \$280 | 120 MIN \$370

### COUPLES MASSAGE

Reconnect and rekindle in our relaxing Couples Massage. Therapists will address the needs of each person while creating a cohesive and calming environment. Escape together!

60 MIN \$360 | 90 MIN \$540

### PRENATAL MASSAGE

This specialized massage offers the mother-to-be a chance to be relaxed and open to the new addition in her life. Your therapist will use appropriate techniques to deliver a relaxing and soothing massage. Gotu Kola, a healing balm, is applied to help decrease the signs of stretch marks on the mother's belly.

60 MIN \$180

## PRIVATE INSTRUCTION

### YOGA

Enjoy an hour of personalized yoga instruction that incorporates breathing techniques, targeted stretches and personalized, one-on-one posture adjustments. Enjoy privately or with a partner.

60 MIN \$145 | 120 MIN \$250

### PILATES MAT

Our Pilates instructor will guide you through a one-hour core-strengthening sequence to aid in corrective posture, balance and stability based on the classic Joseph Pilates method of strength training.

60 MIN \$145

### PRANAYAMA RAINDROP TREATMENT

Kindle your inner light as you taste the sweetness of your deepest breath. This 8-step aromatherapy journey combines gentle energy brightening massage with ancient yogic breathing techniques to revitalize the spirit and illuminate your truest self.

120 MIN \$400

## GROUP CLASSES

### PILATES MAT CLASS

Enjoy a group atmosphere for this challenging mat class that focuses on core strength and stability using resistance and stretching.

### SOLAR FLOW YOGA CLASS

Enjoy an invigorating heat-building Vinyasa yoga flow that uses strength, breath, and opposition to stretch and open the body. Create space and refreshment to all the senses. Set to grooving tunes and encouraging instruction.

### RESTORATIVE YOGA CLASS

Take a break with this therapeutic-yoga inspired practice that utilizes props and longer holds to encourage rest, relaxation and restoration for the body and mind.

### LABYRINTH YOGA CLASS

Balance your mind, body and spirit with a meditative labyrinth walk followed by a heart-opening yoga flow class.

## GUIDED MEDITATION

Whether you've practiced meditation for years—or this is your first time—we will guide you on a meditation inspired by the true spirit of the west.

60 MIN \$120

## ESSENTIAL OILS CLASS

Learn how to create a healthy natural lifestyle with aromatherapy. This class will focus on custom blending for immunity, muscle tension relief and emotional support. Students will take home their own aromatherapy bath salts, massage oil and healing balm.

60 MIN \$180 FOR 2 STUDENTS

\$40 PER ADDITIONAL STUDENT

*“To keep the body in good health is a duty, for otherwise we shall not be able to trim the lamp of wisdom, and keep our mind strong and clear. Water surrounds the lotus flower, but does not wet its petals.”*

—BUDDHA

## REFLEXOLOGY

Treat yourself with this effective foot treatment that focuses on energetic points within the feet. The therapist will address built up connective tissue that can cause pain in the body and help to release energetic blockages throughout.

30 MIN \$140 | 60 MIN \$180

## SUCH GREAT HEIGHTS

This scalp, head, neck and face treatment is meant to ease tension and symptoms of altitude adjustments. Using essential oils and pressure/cranial sacral techniques, the therapist will customize the treatment to alleviate disease, headaches from tension and/or congestion. Perfect for the avid traveler and hiker!

30 MIN \$140 | 60 MIN \$180

## FACE

### FLAWLESS FACE

This facial treatment of pure bliss includes facial massage and products that expose newer and brighter skin. Within the consultation, the therapist will discuss skin concerns and use a blend of customized spa products to cleanse, exfoliate and rehydrate, plus leave skin clean, refreshed and radiant.

60 MIN \$185

### THE INFINITY

Using the most high-performance facial products, the therapist will work to uncover ageless skin, using facial massage and stimulation to encourage revitalization. This anti-aging facial will cater to dehydrated skin, fine lines and target areas of concern, leaving room for rejuvenation and age reversal.

90 MIN \$270

### MOUNTAIN AIR

Our most purifying facial. A chance to detox, cleanse and purify the skin with our rebalancing facial products. Perfect for that someone who wants to bring fresh circulation and oxygen to the skin's surface, exposing refreshed, hydrated and glowing skin.

60 MIN \$185

## ENHANCEMENTS

*Choose from these enhancements to create a longer, more fortifying experience within your treatment.*

ADD IN \$50 | ADD ON \$90

### ENHANCEMENT 1

#### Arnica Healing Balm:

An ancient homeopathic remedy to soothe muscle soreness, bruises and strains.

### ENHANCEMENT 2

#### Revitalizing Scalp Treatment:

Help bring circulation and stimulation to the scalp, increasing blood flow and oxygen.

### ENHANCEMENT 3

#### Such Great Heights:

This scalp, head, neck and face treatment can be added to any massage treatment. Meant to alleviate tension and symptoms of altitude adjustments using cranial-sacral techniques and essential oils.

## FEET

### LAVENDER FIELDS FOOT RESTORATION

After a long day—whether from exercise, hiking or biking—treat your feet to the ultimate in blissful relief. Enjoy a warm bath of lavender essential oils to soothe stress away, followed by a salt scrub for feet and legs. Exfoliated and moisturized feet come out emerged, ready for the perfect polish application, leaving your feet refreshed and radiant.

60 MIN \$120

### SWEET “SOLES”

Expect an infused bath to soak tired feet, followed by a scrub to soothe dry skin and leave skin soft. A mud mask is applied to soften the most hardened areas of the feet. Nails and cuticles are then meticulously tended to, creating the perfect palette for the most impeccable color nail lacquer.

90 MIN \$165

*“Live in the sunshine, swim in the sea, drink the wild air”*

—RALPH WALDO EMERSON

## BODY

### ALPENGLOW

This massage and body treatment focuses on stimulation and circulation techniques to invigorate the skin, increase blood flow and leave the skin feeling ageless and resilient. An invigorating scrub is applied to the skin to stimulate and exfoliate. After this treatment and shower, a stimulating lotion is applied to hydrate and leave the skin glowing with an hour massage included.

120 MIN \$380

### VEDIC BODY TREATMENT

Inspired by the ancient yogic art of Ayurveda, this body treatment starts with a dry exfoliation technique using silk gloves, followed by a warm, custom Ayurvedic oil massaged into the skin. Following the oil application, the guest is wrapped in a detoxifying Ayurvedic mud mask and left to relax with soothing meditational sounds and scalp massage.

90 MIN \$310

### THE SILVER SPUR

The ultimate treatment for the body and skin. The skin is exfoliated using a dry-brush technique, followed by an invigorating rosemary salt scrub. A deep penetrating seaweed mask is then applied and the guest is guided to the steam room to relax.

90 MIN \$310 | 150 MIN (WITH MASSAGE) \$490

## HANDS

### THE BASIC

Enjoy a catered manicure to clean, tidy and polish worn hands that need moisture and replenishment.

30 MIN \$70

### THE ULTIMATE MANICURE

Hands are treated with a polish to exfoliate and refresh, followed by a deeply moisturizing application of lotion and massage. Nails are tended to and cuticles neatly trimmed. To finish, the finest of polishes is applied.

60 MIN \$90

## HOURS OF OPERATION

The Spa at The Magee Homestead will be open from 9am to 7pm or by special appointment. Our Steam Room, Sauna, Fitness Center, Grotto and Pool are open 8am to 10pm.

## SPA RESERVATIONS

Reservations may be made through the concierge team or by visiting the spa during your stay.

Call 307.327.2032 or email [guestservices@mageehomestead.com](mailto:guestservices@mageehomestead.com).

All spa services can be scheduled in advance, and walk-ins are encouraged.

Private fitness, Pilates and yoga can be booked through the spa or concierge.

Ask about our Wellness Packages and Magee Candlelight Couples Experience.

## CHECK-IN

We encourage you to check-in 20 minutes prior to your appointment to unwind and enjoy our sauna, steam room and grotto pool, or to relax in our soothing lounge.

## CANCELLATION & RESCHEDULING POLICY

To change or cancel your appointment, please allow 24 hours advanced notice of your scheduled appointment to avoid being charged in full. Morning appointments must be canceled by 6pm the evening prior. Please note, prices and hours of operation are subject to change.

## EARLY MORNING OR LATE NIGHT APPOINTMENTS

Appointments may be made outside of normal operating hours for a 40% increase in treatment price.

## LATE ARRIVALS

Arriving late may interfere with your treatment time.

All appointments will end at their scheduled time so that the next guest's treatment can start on time.

## PAYMENT INFORMATION:

All spa services include 20% gratuity as well as local taxes and will be placed on your guest folio, unless otherwise requested.



TRANQUILITY *on the* RANGE