

Romans 8:1-11 (New English Translation—NET)

¹ There is therefore now no condemnation for those who are in Christ Jesus.² For the law of the life-giving Spirit in Christ Jesus has set you free from the law of sin and death. ³ For God achieved what the law could not do because it was weakened through the flesh. By sending his own Son in the likeness of sinful flesh and concerning sin, he condemned sin in the flesh, ⁴ so that the righteous requirement of the law may be fulfilled in us, who do not walk according to the flesh but according to the Spirit.

⁵ For those who live according to the flesh have their outlook shaped by the things of the flesh, but those who live according to the Spirit have their outlook shaped by the things of the Spirit. ⁶ For the outlook of the flesh is death, but the outlook of the Spirit is life and peace, ⁷ because the outlook of the flesh is hostile to God, for it does not submit to the law of God, nor is it able to do so. ⁸ Those who are in the flesh cannot please God.

⁹ You, however, are not in the flesh but in the Spirit, if indeed the Spirit of God lives in you. Now if anyone does not have the Spirit of Christ, this person does not belong to him. ¹⁰ But if Christ is in you, your body is dead because of sin, but the Spirit is your life because of righteousness. ¹¹ Moreover if the Spirit of the one who raised Jesus from the dead lives in you, the one who raised Christ from the dead will also make your mortal bodies alive through his Spirit who lives in you.

Sermon Notes:**Discovery Bible Study Questions**

1. What does condemnation mean? Why do you think a Christian would wrestle with condemnation?
2. Read v1-4. Why is there no longer any condemnation (and for whom)?
3. What does the 'law of the life-giving Spirit' mean and why was this language used?
4. Read v5-8. What does it mean to 'live according to the flesh' and what are the results?
5. What does it mean to 'live according to the Spirit' and what are the results?
6. Read 9-11. What does 'the Spirit of Christ lives in you' mean?
7. What does the resurrection of Jesus have to do with your Spiritual life according to v11?

