

Ephesians 5:22-33 (New English Translation—NET)

¹⁵ Therefore be very careful how you live—not as unwise but as wise, ¹⁶ taking advantage of every opportunity, because the days are evil. ¹⁷ For this reason do not be foolish, but be wise by understanding what the Lord's will is. ¹⁸ And do not get drunk with wine, which is debauchery, but be filled by the Spirit,¹⁹ speaking to one another in psalms, hymns, and spiritual songs, singing and making music in your hearts to the Lord, ²⁰ always giving thanks to God the Father for each other in the name of our Lord Jesus Christ, ²¹ and submitting to one another out of reverence for Christ.

²² Wives, submit to your husbands as to the Lord, ²³ because the husband is the head of the wife as also Christ is the head of the church—he himself being the savior of the body. ²⁴ But as the church submits to Christ, so also wives should submit to their husbands in everything.

²⁵ Husbands, love your wives just as Christ loved the church and gave himself for her ²⁶ to sanctify her by cleansing her with the washing of the water by the word, ²⁷ so that he may present the church to himself as glorious—not having a stain or wrinkle, or any such blemish, but holy and blameless.²⁸ In the same way husbands ought to love their wives as their own bodies. He who loves his wife loves himself. ²⁹ For no one has ever hated his own body but he feeds it and takes care of it, just as Christ also does the church, ³⁰ for we are members of his body.

³¹ ***For this reason a man will leave his father and mother and will be joined to his wife, and the two will become one flesh.***³² This mystery is great—but I am actually speaking with reference to Christ and the church. ³³ Nevertheless, each one of you must also love his own wife as he loves himself, and the wife must respect her husband.

Sermon Notes:**Discovery Bible Study Questions (Focusing on v25-33)**

1. Who plays what role(s) in your family (now or growing up)? How do these roles help your family function?
2. What are husbands commanded to do within marriage (v25)?
3. How would you describe the ways that Christ loved the church & gave himself for her?
4. Verses 26-27 describe Christ's sanctification of the church. What details are provided?
5. How are husbands to love their wives according to v28? What could this entail (v29)?
6. How does Christ care for members of his church (v29b-30)?
7. What do v31-33 reveal about oneness in both the church and in marriage?

