

Healthy IDEAS Training & Technical Assistance Package

The cost of the full Training and Technical Assistance Package is between \$4,000.00 plus travel expenses for a Healthy IDEAS Certified Regional Trainer to conduct the Healthy IDEAS hands-on, skills-based training for your staff and supervisors. There are two training models, and program costs vary, based on the training model chosen. Larger agencies training more than 22 staff and supervisors will need to plan for an additional fee of \$1,500.00 and travel expenses for a second trainer.

What is included?

- Telephone consultation about implementation, training, evaluation, fidelity and sustainability of the Healthy IDEAS program in your location
- Technical assistance call/s to the implementing agency and its local leadership team to address readiness for training and service delivery challenges and ensure quality assurance, ongoing training, and program fidelity methods have been instituted
- Use of all the Healthy IDEAS written program materials. This includes an agency manual and appendices to guide your agency through implementation, a staff intervention manual that includes valuable information about each program component, recommended language for worker-client interactions, and a Tools and Resources Manual with forms and tools for educating and supporting client activation
- Access to sections of an 80-minute Healthy IDEAS skills-training DVD, narrated by a geropsychologist, that uses various client scenarios to illustrate and demonstrate the key skills required to deliver Healthy IDEAS
- Locally provided group training done by one or more certified trainers, depending on group size. Intervention training is for front-line staff, case-management supervisors, and local coaches/trainers. Intervention training options are the traditional two-day workshop or a hybrid model, which includes online course completion plus a one-day skills-practice workshop. **Note:** There is an additional fee of \$1,500 and travel expenses for a second trainer if group size is larger than 22.
- If needed, an onsite consultation meeting with your local community leadership team during the onsite Healthy IDEAS Intervention Training.

How do I know if the Healthy IDEAS program is a good fit with my organization?

1. Interested organizations should first complete the Agency Self-Assessment Questions to help you consider:
 - Organizational readiness and capacity to embed Healthy IDEAS into their agency's current case-management system
 - Start-up resources, including personnel and funding, necessary to successfully implement the program
 - Local partners needed for the program's leadership team and the role of each partner
2. Complete and submit the Healthy IDEAS Inquiry Form found on the Healthy IDEAS website

For more information check the website: <http://www.HealthyIDEASprograms.org>