## JESUS PRAYS IN GETHSEMANE

Matthew 26:36-46; Mark 14:32-42; Luke 22:29-46



## Mark 14:38

Watch and pray so that you will not fall into temptation. The spirit is willing but the body is weak.



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After the evening meal with His disciples (the Last Supper), Jesus went to a place called Gethsemane to pray. Jesus knew what was about to take place and what was going to be asked of him by his Father. He really needed to spend some time in communion with the Father to prepare his heart for what was about to happen.

Only Peter, James and John accompanied Jesus to the Mount of Olives. He asked the three to stay a while and keep watch. Meanwhile Jesus pleaded with the Father to let the cup pass from Him, but He wanted the Father's will, not His own will. Jesus went to

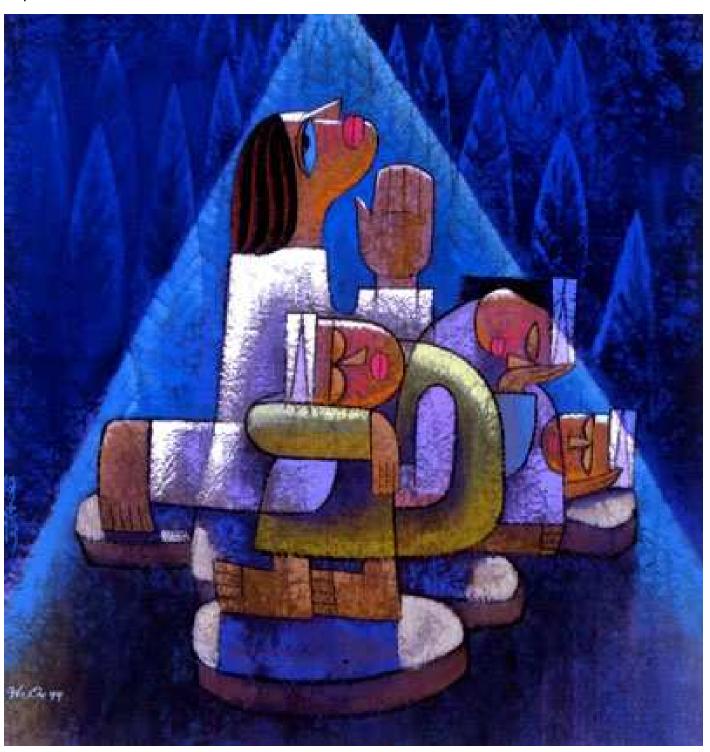
check on the disciples and found them asleep. He spoke to Peter, "Simon, are you asleep? Could you not keep watch for one hour? Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak" (Mark 14:37-38).

Jesus went away to pray once more the same thing. Coming back to the disciples, He found them asleep again. "They did not know what to say to him" (Mark 14:40).



Jesus went away a third time to pray and came back and again found them sleeping. He did not rebuke them this time. He merely pointed out that "the hour had come. Look, the Son of Man is betrayed into the hands of sinners. Rise! Let us go! Here comes my betrayer!" (Mark 14:41).

Gethsemane was a place where they crushed olives and made olive oil. They use a large stone press that squeezed the olives through and pressed out the oil. In like manner, Jesus was pressed and squeezed through the olive press. Enough so that He sweat drops of blood.





## Pray Like You Mean It

We take prayer for granted sometimes don't we? I mean, do we realize that we have access to the God of the universe through prayer?! That is amazing! We should really mimic Jesus' fervency and desire to pray. God loves it when his creation—us—chats with him on a regular basis. He loves to hear what is going on in our hearts. Talk with him often.

## Talk and Listen

In prayer, we should spend alone time with God talking to Him and listening to Him. God's will should prevail, not our will imposed upon His. Not my will, Lord, but your be done. How often do we TALK to God, but forget to LISTEN? We tell him stuff, but forget to allow him to speak into our lives. I wonder if we spent less time talking and talking and more time listening, what kind of words would God have for us?



- 1. Who was Jesus praying to in the Garden of Gethsemane? God the Father
- 2. Which three disciples went with Jesus to pray?

Peter James John

- 3. What did Jesus sweat because he was praying so hard? Drops of blood
- **4. What was Jesus talking/praying with God about?** Whether or not there was another way to redeem mankind from sin
- **5. What did people make in the Garden of Gethsemane?** Olive oil—Gethsemane means "olive press"
- 6. Do you pray to God like Jesus prayed to God in Gethsemane?





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