How much water do I use?

1. Use this table to keep track of the number of time you do each thing in one day! Put a "I" (tally) each time you do one of the tasks. Then add up the marks to figure out about how much water you used.

Action	Day 1	Day 2	Day 3	Day 4	Day 5
Washing hands					
Brushing teeth					
Showering/Bathing					
Washing dishes					
Flush the toilet					
Total "gallons" used					

*Questions for after Day 5 on next page/back

Questions to do after Day 5

2. Next, figure each tally mark= 1 gallon of water. One gallon of water equals 16 cups of water. If that is the case, how many cups of water did you use:

    a. In one day? _____

    b. In all five days? _____

    c. Did you use more water one day then another? Why?

3. If one person in India used 14 gallons of water in one day and another person in Nicaragua used 200 cups, which person used more water? What is the difference between the two?

4. Last but not least, this is your space to create a line graph, showing your water usage from Day 1 to Day 5.

Ways to Save Water

So, how much water did you use? Can you use less water? Here are some ways to save water:

★ Shut off the water while you are putting soap on your face or hands. Turn the water back on when you are ready to rinse.
★ Take shorter showers.
★ Turn off the water while you are brushing your teeth. Turn the water back on when you are ready to rinse.
★ Fill up one side of your sink with water, and use that to wash your dishes instead of letting the water run.
★ Only run your dishwasher when it is full.
★ Use the same glass every time you drink water throughout the day, so that there are less dishes to clean later.
★ Only fill up your pet's water bowl when it is completely empty.

My Water Goals

What are some ways that you can use less water? Read the water-saving tips above. Talk to your classmates, friends, and family about ways that you can save water. Then, use the space below to set three water-saving goals that you will try to reach in the next few weeks.

1. _____

_____

_____

2. _____

_____

_____

3. _____

_____

_____